

SAFETY TRAINING
At the Gaithersburg Aquatic Center
Winter / Spring 2011 - 2012
Lifeguard Class Schedule

	Non-Residents	City Residents	Aquatic Members
Lifeguard Training (Books Included)	\$195.00	\$185.00	\$175.00
CPR Re-Certification (Books <u>NOT</u> Included) <i>*Course held @ The Activity Center at Bohrer Park*</i>	\$75.00	\$70.00	\$65.00
LGT Re-Certification – Includes CPR (Books <u>NOT</u> Included)	\$125.00	\$115.00	\$105.00

The American Red Cross Lifeguard Training course will certify you in Lifeguard Training, CPR/AED for the Professional Rescuer, and First Aid. Students **must be 15 years old by the last day of the course** (proof of age required) and **pass a pre-screen test** (300 yard continuous swim with rhythmic breathing – 100 front crawl, 100 breast stroke, and 100 choice, either front crawl or breast; and 10 lbs brick retrieval within one minute forty seconds) on the first day in order to take class. Remedial instruction is available. **The Pre-Screen may be re-scheduled for an alternate appointment if the student is unable to make the scheduled date.* Contact The Aquatic Administrative Offices for more details. * If you do not pass the pre-screen, you will be issued a full refund. Space is very limited. On certain days, class may be split between two locations. Transportation is the responsibility of the student. A detailed Course Schedule / Syllabus will be provided on the first day of class. Students MUST attend all class sessions as scheduled. **Re-Certification Class Note:** Students registering for a re-certification class must present their American Red Cross certification card on the first class session. Certifications must be current or expired only within the last year.



REGISTRATION INFORMATION:

Fill out the form on the reverse side of this flyer. You can register **in person** at the Aquatic Center (2 Teacher's Way) during its regular open hours (evenings & weekends) or the Activity Center (506 S. Frederick Ave.), **on-line** at www.gaithersburgmd.gov/recxpress, **by fax** (301-948-8364 or 301-258-6449), or **by mail** (512 S. Frederick Ave. Gaithersburg MD 20877). Payment is due at the time of registration. If you have any questions, please call the Aquatic Center at 301-258-6345 during its regular open hours (evenings and weekends) or the Aquatics Administrative Office at 301-258-6445 during business hours. Make checks payable to: "The City of Gaithersburg".

Lifeguard Training Courses (Includes CPR/AED and First Aid)

Lifeguard Training Course # 33531 - MCPS Winter Break

Thursday	12/22	6:30pm – 8pm
Monday	12/26	9am – 4pm
Tuesday	12/27	9am – 4pm
Wednesday	12/28	9am – 4pm
Thursday	12/29	11am – 2pm
Friday	12/30	9am – 4pm
Final Skills Test by Appointment		

Lifeguard Training Course # 34538 - MCPS Spring Break

Saturday	3/31	1pm – 3pm
Monday	4/2	9am – 4pm
Tuesday	4/3	9am – 4pm
Wednesday	4/4	9am – 4pm
Thursday	4/5	10am – 1pm
Friday	4/6	9am – 5pm
Final Skills Test by Appointment		

Lifeguard Training Course # 34536

Wednesday	1/25	6:30pm – 8pm
Sunday	1/29	9am – 4pm
Thursday	2/2	6:30pm – 9:30pm
Sunday	2/5	9am – 4pm
Sunday	2/12	9am – 4pm
Saturday	2/18	8am – 4pm
Final Skills Test by Appointment		

Lifeguard Training Course # 34539

Wednesday	4/11	6:30pm – 8pm
Saturday	4/14	9am – 4pm
Saturday	4/21	8am – 3pm
Saturday	4/28	9am – 4pm
Tuesday	5/1	6:30pm – 9:30pm
Saturday	5/5	8am – 4pm
Final Skills Test by Appointment		

Lifeguard Training Course #34537

Wednesday	2/22	6:30pm – 8pm
Saturday	2/25	9am – 4pm
Saturday	3/3	8am – 3pm
Saturday	3/10	9am – 4pm
Tuesday	3/13	6:30pm – 9:30pm
Saturday	3/17	8am – 4pm
Final Skills Test by Appointment		

Lifeguard Training Course # 34540

Wednesday	5/30	6:30pm – 8pm
Saturday	6/2	9am – 4pm
Sunday	6/3	6:30pm – 9:30pm
Tuesday	6/5	6:30pm – 9:30pm
Thursday	6/7	6:30pm – 9:30pm
Saturday	6/9	9am – 4pm
Saturday	6/16	8am – 4pm
Final Skills Test by Appointment		

See Next Page for Review / Re-Certification Classes



The City of Gaithersburg is currently hiring Lifeguards, Swim Instructors, Cashiers and support staff.

We offer great pay and a professional atmosphere. Safety training course fees are reimbursed to staff – ask for details.

Applications are available on-line at www.gaithersburgmd.gov/jobs or at any City facility.

Call 301-258-6445 for more information.

CPR/AED Re-Certification Courses

CPR/ AED Re-Certification Course # 33533

Course held @ The Activity Ctr. at Bohrer Park

Sunday	12/18	1pm – 5pm
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CPR/ AED Re-Certification Course # 34541

Course held @ The Activity Ctr. at Bohrer Park

Sunday	1/8	1pm – 5pm
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CPR/ AED Re-Certification Course # 34542

Course held @ The Activity Ctr. at Bohrer Park

Sunday	2/26	1pm – 5pm
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CPR/ AED Re-Certification Course # 34543

Course held @ The Activity Ctr. at Bohrer Park

Sunday	3/25	1pm – 5pm
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CPR/ AED Re-Certification Course # 34544

Course held @ The Activity Ctr. at Bohrer Park

Sunday	4/15	1pm – 5pm
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CPR/ AED Re-Certification Course # 34545

Course held @ The Activity Ctr. at Bohrer Park

Sunday	5/6	1pm – 5pm
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CPR/ AED Re-Certification Course # 34546

Course held @ The Activity Ctr. at Bohrer Park

Sunday	5/13	1pm – 5pm
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CPR/ AED Re-Certification Course # 34547

Course held @ The Activity Ctr. at Bohrer Park

Sunday	6/3	1pm – 5pm
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Lifeguard Training Re-Certification Courses (Includes CPR/AED and First Aid)

LGT Re-Certification Course # 33534

Sat. 12/18 session held @ The Activity Ctr. at Bohrer Park

Saturday	12/17	2pm – 10pm
Sunday	12/18	1pm – 5pm

LGT Re-Certification Course # 34548

Sat. 1/7 session held @ The Activity Ctr. at Bohrer Park

Saturday	1/7	2pm – 10pm
Sunday	1/8	1pm – 5pm

LGT Re-Certification Course # 34549

Sat. 3/24 session held @ The Activity Ctr. at Bohrer Park

Saturday	3/24	9am – 5pm
Sunday	3/25	1pm – 5pm

LGT Re-Certification Course # 34550

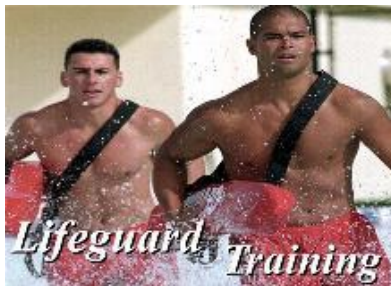
Sat. 5/12 session held @ The Activity Ctr. at Bohrer Park

Saturday	5/12	9am – 5pm
Sunday	5/13	1pm – 5pm

****During all day classes, make sure to bring a water bottle, snacks and a bag lunch.**

We will try to give you an extended break for lunch, but because of the intensity of the class, we cannot guarantee a lunch break.

You **MUST** be able to attend all classes as scheduled to be certified.**



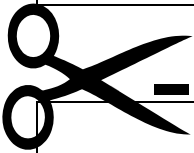
NOTIFICATION:

You will not be notified unless there is a problem with your registration or if the class is cancelled; otherwise you should attend the first class at the date, time, and location listed in the class schedule.



CONTACT INFORMATION

Administrative Offices at the Water Park 512 S. Frederick Ave. Gaithersburg, MD 20877 301-258-6445	Gaithersburg Aquatic Center <i>(open evenings & weekends)</i> 2 Teacher's Way Gaithersburg, MD 20877 301-258-6345
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REGISTRATION FORM

FAX REGISTRATION to 301-948-8364 or 301-258-6449

YES! I would like to be added to the Aquatic e-mailing list. (Please neatly print entire e-mail address below)

Check here if new address/phone since last time registered. **E-mail:** _____

Payer's Last Name: _____ Payer's First Name: _____ M F

Address: _____ City, State Zip: _____

Home Phone: _____ Work Phone: _____ City Resident Non-Resident

Participant's Name Last, First	Sex M/F	Birthdate M/D/Y	Age	Activity/Class Name	Activity #	Start Date	Day	Time	Cost	Total
<i>Example: Doe, John</i>	<i>M</i>	<i>11/16/96</i>	<i>15</i>	<i>Lifeguard Training</i>	<i>12345</i>	<i>2/15</i>	<i>MW</i>	<i>4pm</i>	<i>\$175</i>	<i>\$175</i>

Non-Residents, please add the NR fee. TOTAL: \$ _____

Through the registration process, I hereby grant permission for me/my child to attend the activity sponsored by the City of Gaithersburg. I understand that I am responsible for me/my child's insurance in case of injury. Furthermore, I understand that although safety precautions will be observed, the City of Gaithersburg, employees and agents will not be responsible for any personal property lost by me/my child or for any injury sustained in the program. I also consent to the City's use of any photographs and/or video tapes made of the program.

_____ **Print Participant Name(or Parent/Guardian if under 18)** _____ **Signature of Participant (or Parent/Guardian if under 18)**

The City of Gaithersburg is committed to making reasonable accommodations as required by the American with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6445 to indicate what accommodations are needed.

Amount Paid: \$ _____ <input type="checkbox"/> Cash <input type="checkbox"/> Check # _____ <input type="checkbox"/> Visa / MC / Disc # _____ Expiration Date: ____/____ Signature (name on card) _____ Print Name _____	OFFICE USE ONLY: Received: _____ Initials: _____ W P M F Resident? Y N Processed: _____ Date: _____
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