



Gaithersburg Aquatic Center

2 Teacher's Way
Gaithersburg, MD 20877

Gaithersburg Winter Swim 2011-2012



What: A **three**-practice per week competitive swim team **training** group.
Serving: Gaithersburg, Montgomery Village, Mid-County regions and beyond.
By Whom: City of Gaithersburg – Parks, Recreation, & Culture, Aquatics Division.

Where: Gaithersburg Aquatic Center (**GAC**)
 Located next to the Gaithersburg Middle School at *2 Teachers Way*
 (off Girard Street between Victory Farm Drive and East Diamond Avenue)

When: September 13, 2011 thru March 29, 2011.
NOTE: A pre-summer training session will be offered after Spring Break.

For Whom: Swimmers 9 yrs. through high school who have at least one season of summer swim league experience, good skills, and have a successful swim tryout. Swimmers are **REQUIRED** to be legal in all four strokes. Space is limited!

"Get Goals":

- *Get better for next summer MCSL swim season.
- *Get early training and supplementary practices for High School Swim Teams.
- *Get in shape while improving technique through training drills.

NOTE: Swim meets are not part of this training session but local competitions may be scheduled for those interested. Opportunities to swim in local USS meets can be arranged.

Coaching Staff: Jennifer Taylor, Jonathon Taylor, Lauren Kern and Nancy Luckhurst.

Practice Days & Times: (Note: Swimmers must be on deck, ready to dive in at the start of each practice!)

SENIORS	Tues & Thurs	3:45-5:00 PM	JUNIORS	Tues & Thurs	4:00-5:00 PM
	Sunday*	8:15-9:30 AM		Sunday*	8:15-9:30 AM

**Sunday practices will begin September 25th*

Cost: \$525.00 per swimmer (\$495 for City Residents) for the entire fall/winter program. (Any meet fees and other miscellaneous activities will be extra.) The entire fee must be paid in full before the first practice. As space is being reserved for all registrants and costs incurred, there will be no refunds. No prorated registrations.

Veteran Registration: To reserve their spot on the team, all swimmers from last Fall's GWS program must register in person on **Tuesday, Sept. 13th, from 4:00 to 5:00 PM**. Veterans who fail to register on the 13th will find their spot given to a Rookie on Thursday! (NOTE: The First Practice will be Sept. 20th)

Rookie Tryouts: All other swimmers (including those from the Pre-Summer Tune-Up Program) must tryout for available slots. Meet the coach, discuss the program, and show us your skills at the GAC on **Thurs., Sept. 15th, from 4:00 to 5:00 PM**. Selected swimmers must register that afternoon after tryouts to reserve their spot on the team. Others will be placed on a waiting list or directed to other available stroke & turn clinics. (Registered Veterans DO NOT practice on this day).

For more information, check the City website @ www.gaithersburgmd.gov/aquatics or call Jen or Adam at the Aquatic office- 301-258-6445.