

# Go!

Gaithersburg

**SPRING GUIDE 2016**

**Registration  
Begins:**

**February 29  
City Residents**

**March 2  
Open Registration**



**move, play, grow**



**From the Director**

Spring is here and it is the best time of the year to get out and go! Whether it is enjoying our new deep water workouts at the Gaithersburg Aquatic Center, a picnic at the Observatory, or a concert at Arts on the Green, there are so many reasons to enjoy the spring. If you're looking to get in a workout we have two great fitness facilities, one at the Activity Center and a newly installed workout room at the Benjamin Gaither Center. For those looking to see how fast they can run a mile, check out our new race, La Milla de Mayo. This one-mile race is family friendly and will have activities for all ages before and after you run. If you need a little motivation, why not try out one of our classes? From yoga, to Zumba, and all sorts of dance, there's truly something for every person at every fitness level. So what are you waiting for? We'll see you there!

Michele Potter, Director  
 Department of Parks, Recreation and Culture

**LA MILLA DE MAYO**  
 In Olde Towne Gaithersburg

**Saturday, May 7 at 6 p.m.**

1 mile run/walk  
 and 1/4 mile kids fun run (12 and under)

Festivities after the race

For registration information visit  
[gaithersburgmd.gov](http://gaithersburgmd.gov)

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The GO GAITHERSBURG GUIDE is a publication of the City of Gaithersburg Department of Parks, Recreation and Culture. It is produced four times a year, with distribution in February, May, July and November.

For additional City news and information, subscribe to inGaithersburg, our weekly e-mail newsletter. You can also find the City of Gaithersburg on Facebook, Twitter and YouTube.

For emergency communications register for Alert Gaithersburg. This service sends simultaneous emergency messages, including incident advisories, traffic and weather alerts, to your e-mail, and mobile devices. The service is free; however, text messaging fees from your carrier may apply.

Gaithersburg TV (GTV) keeps you informed with scrolling headline news, a calendar of events and informational programming. City residents can find it on Comcast and RCN channel 13, on Verizon FIOS channel 25, and online via streaming video.

- Mayor  
 Jud Ashman
- Council Members  
 Neil Harris  
 Henry F. Marraffa, Jr.  
 Michael A. Sesma  
 Ryan Spiegel  
 Robert T. Wu
- City Manager  
 Tony Tomasello



## BIRTHDAY PARTIES

Have a birthday coming up? Gaithersburg can help you celebrate with a variety of party packages. Enjoy indoor fun year 'round at our Youth Centers, or enjoy the great outdoors at the Skate and Miniature Golf Parks. Either way, it's sure to be a birthday worth remembering.

Contact the individual facilities or visit the City's website for information and registration forms.

### Skate Park

510 S. Frederick Ave.

[skatepark@gaitthersburgmd.gov](mailto:skatepark@gaitthersburgmd.gov)

Call Rachel Tailby at 301-258-6350 x144

Available April – September

Choose from one of three options:

#### 1. Park Rental

Rent the entire park for a private party!

Saturday or Sunday, 9:30 - 11:30 a.m. or 10 a.m. - 12 p.m.

- Admission for up to 30 participants
- 2 staff to assist with basic instruction
- In-line skates, skateboards, BMX bikes, scooters, or roller skates permitted

\$150 City Residents/\$225 Nonresidents

#### 2. Party Pack

Bring a group for a great rate during open hours!

2-hour minimum

- Admission for up to 20 participants
- One staff to assist with basic instruction
- In-line skates or skateboards ONLY

\$60 City Residents/\$80 Nonresidents

Additional hours:

\$30/hour City Residents/\$40/hour Nonresidents

#### 3. Combo Platter

Experience the best of both worlds with a split package!

One hour of exclusive and one hour after opening.

Saturday or Sunday, 11 a.m. - 1 p.m.

- Admission for up to 25 participants
- 2 staff to assist with basic instruction for the first hour
- In-line skates, skateboards, BMX bikes, scooters, or roller skates for the first hour; in-line skates and skateboards ONLY during the second hour

\$105 City Residents/\$155 Nonresidents

### Miniature Golf

514 S. Frederick Ave.

[minigolf@gaitthersburgmd.gov](mailto:minigolf@gaitthersburgmd.gov)

Call Demetria Good at 301-258-6350 x133

Available May – October

- One round of golf
- Drinks and ice cream
- Basic decorations
- A special surprise for the guest of honor
- Option to purchase pizza for an additional fee

\$12 per child (minimum of 10 children)

### Youth Center – Robertson Park

801 Rabbitt Rd.

[YC-Robertson@gaitthersburgmd.gov](mailto:YC-Robertson@gaitthersburgmd.gov)

Call Jake Hersom at 301-258-6350 x165

Available Throughout the School Year

- Billiards, Table Tennis, PlayStation 4, Xbox One, WiiU, sports equipment
- Tables, chairs, refrigerator
- Maximum guests – 50

\$65 City Residents/\$80 Nonresidents

### Youth Center – Olde Towne

301 Teachers Way

[YC-oldetowne@gaitthersburgmd.gov](mailto:YC-oldetowne@gaitthersburgmd.gov)

Call Maura Dinwiddie at 301-258-6350 x168

Available Year-Round

- Billiards
- Table Tennis
- PlayStation 3 and 4
- Xbox
- Wii
- Tables and chairs available
- Maximum guests – 50

\$65 City Residents/\$80 Nonresidents

**Host your next meeting, event, party or social gathering at one of these fine facilities:**



**Activity Center at Bohrer Park**

506 S. Frederick Ave.  
 301-258-6350 x160  
 Gail Velez  
[gvelez@gaitthersburgmd.gov](mailto:gvelez@gaitthersburgmd.gov)

Planning a company meeting, training or luncheon? Graduation, birthday party or reception? Athletic event, team practice or game? The Activity Center at Bohrer Park is the place for you.

- Three meeting and party rooms that can be rented individually or combined
- Two gymnasiums with multi-purpose floors
- WiFi access and audio-visual and presentation equipment
- Hourly rentals

**Hours**

Monday – Friday 6 a.m. – 10 p.m.  
 Saturday 8 a.m. – Midnight  
 Sunday 8 a.m. – 5 p.m.



Call or e-mail for registration form, fees, park policies and brochures, and ask about our special rates for Miniature Golf and Water Park admission on the day of your event.



**Casey Community Center**

810 S. Frederick Ave.  
 301-258-6366  
 Katie Gleeson  
[kgleeson@gaitthersburgmd.gov](mailto:kgleeson@gaitthersburgmd.gov)

The Center is perfect for birthday and family parties, wedding receptions, Bar and Bat Mitzvahs, and business meetings.

- Meeting and party rooms for 10-135 people
- Kitchen facilities
- WiFi access
- Hourly rentals

Prices for the largest room are:

	<b>Private Function</b>	<b>Business Function</b>
City Residents	\$90/hour	\$110/hour
Nonresidents	\$135/hour	\$165/hour

\$250 deposit required for all rentals

Reservations are taken on a first come, first served basis and may be made up to nine months in advance. All rentals serving alcohol will be charged a \$130 alcohol fee in addition to rental fees.

**Picnic Pavilions**

506 S. Frederick Ave.  
 301-258-6350 x127  
 Sondra Unkenholz  
[sunkenholz@gaitthersburgmd.gov](mailto:sunkenholz@gaitthersburgmd.gov)

The Picnic Pavilions are located at Bohrer Park at Summit Hall Farm. Other amenities at the Park include an Activity Center, Miniature Golf Course, Water Park and Skate Park.

Reservations for the 2016 season are currently being accepted. A security deposit is required to reserve a pavilion for a specific date and time.



### Arts Barn

311 Kent Square Rd.  
301-258-6394  
Shellie Williams  
swilliams@gaithersburgmd.gov

The Arts Barn is a unique, culturally rich setting for corporate events, trainings and social gatherings.

- Recitals - two hours  
\$150 Residents/\$175 Nonresidents
- Hourly rates for rentals
- Audio-visual and presentation equipment
- WiFi access
- 99 seat theater/auditorium



### Kentlands Mansion

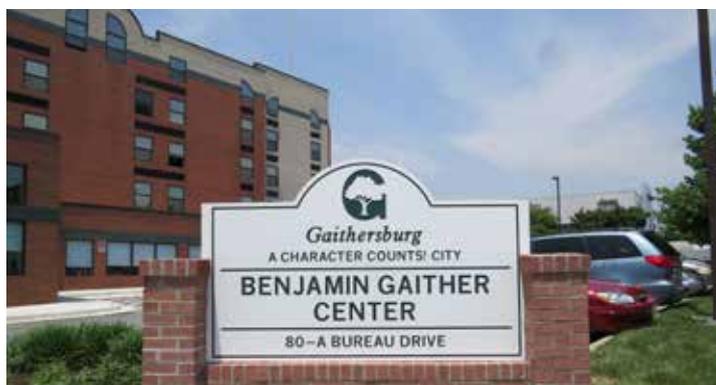
320 Kent Square Rd.  
301-258-6425  
Kristy King  
kking2@gaithersburgmd.gov

Kentlands Mansion, built in early 1900, provides the perfect setting for weddings, receptions and other special events.

- Weddings, receptions, retirement parties, Bar & Bat Mitzvahs, business meetings and conferences
- Indoor and outdoor accommodations for up to 150 people
- Audio-visual and presentation equipment
- WiFi access

	Resident	Nonresident	Block of Time
Friday & Sunday	\$1,400	\$1,875	7 hours
Saturday	\$1,875	\$2,500	8 hours
Business Rates	\$150-450	\$175-525	8:30-4:30 M-F

Additional Fees: \$130 to serve alcohol  
\$200 to hold a ceremony (indoors or outdoors)



### Benjamin Gaither Center

80A Bureau Dr.  
301-258-6380  
Grace Whipple  
gwhipple@gaithersburgmd.gov

When not in use for programming on weekdays, the Benjamin Gaither Center is available for private use.

- Four rooms available for up to 250 people
- Entire Center can be rented
- WiFi access
- Alcoholic beverages allowed with permit (\$130), beer and wine only



### Gaithersburg Community Museum

9 S. Summit Ave.  
301-258-6160  
Nansie Wilde  
nwilde@gaithersburgmd.gov

When not in use for programming, the Museum offers unique spaces for parties and meetings. Rental of the Caboose, Budd Car (RDC passenger car) and the Freight House are available individually and as a whole complex.



## SKATE PARK

510 S. Frederick Ave  
301-258-6359

### Opens Friday, March 26

The Skate Park is again opening its doors this spring with FREE ADMISSION! The park offers more than 12,000 square feet of new and old-school ramps and structures for your skating pleasure. Open to skateboarders, in-line skaters and BMX bikers (bikes permitted every day except Wednesdays & Saturdays). Take advantage of lessons, clinics, party rentals, competitions and other special events.

Participants are required to have a signed waiver on file (parent/guardian signature if under 18) before skating.

#### SPRING HOURS OF OPERATION

Park closes in the event of rain, snow, or excessive heat.

#### March 26 – April 30

Monday – Thursdays	CLOSED
Friday	3 p.m. – Sunset
Saturday & Sunday	Noon – Sunset

#### May 1 - June 17

Weekdays	3 p.m. - Sunset
Saturday & Sunday	Noon – Sunset

#### Special Days of Operation

See website for hours  
March 28 – April 1, April 26, May 30 & June 17

#### PARTY RENTALS

Book the Skate Park for your special day.

Available April – September

#### PRIVATE SKATEBOARDING LESSONS (all ages)

1-lesson package	\$30 (R) / \$35 (N)
3-lesson package	\$80 (R) / \$85 (N)

#### SPRING GROUP SKATEBOARDING LESSONS

Age: 7-14 years Length: 2 hours

Following an assessment by our instructors, participants are assigned to a unit with skaters of the same skill-set. Beginner instruction is designed for skateboarders who can maneuver on open flat surfaces. Intermediate instruction is intended for skaters who have some experience in a skate park. Students are encouraged to progress at their own pace through a combination of group and one-on-one instruction. A waiver must be signed prior to the first lesson. Nonresidents pay an additional \$7 fee.

#### Beginner/Intermediate – Mixed levels 1 & 2

44437	5/7	Sat	10:00am	1	\$20(R)/\$27(N)
44438	5/14	Sat	10:00am	1	\$20(R)/\$27(N)
44439	5/21	Sat	10:00am	1	\$20(R)/\$27(N)

## MINIATURE GOLF

514 S. Fredrick Ave.  
301-258-6350

### Opens Friday, May 6

Spring is the perfect time to visit the Miniature Golf Course at Bohrer Park. Our water features and beautifully landscaped course make for an ideal spot to enjoy the first days of warm weather

#### Come Play a Round!

#### May 6 – June 17

Friday (New this Year)	6 - 10 p.m.
Saturday	11 a.m. - 10 p.m.
Sunday	11 a.m. - 8 p.m.
Monday – Thursday	Closed
Monday, May 30 (Holiday)	11 a.m. - 7 p.m.

#### June 18 – August 26

Sunday – Thursday	11 a.m. - 9 p.m.
Friday and Saturday	11 a.m. - 10 p.m.
Monday, July 4 (Holiday)	11 a.m. - 7 p.m.

#### August 27 – October 2

Saturday	11 a.m. - 10 p.m.
Sunday	11 a.m. - 7 p.m.
Monday – Friday	Closed
Monday, September 5 (Holiday)	11 a.m. - 7 p.m.

We have rates that make it attractive to play more than one round. We also have package rates that make it lots of fun to get a group of friends or the entire family together for evening of putting around.

#### Admission Fees

Per game	\$6 (R) /\$7(N)
Unlimited Play	\$8 (R) /\$9(N)
Seniors (55+)	\$5 (R) /\$6(N)
Group rate (10 or more)	\$5 per person for one round \$7 per person for unlimited play

More Information: Demetria Good at 301-258-6350 x133 or minigolf@gaitthersburgmd.gov



# GAITHERSBURG COMMUNITY MUSEUM & GIFT SHOP



9 South Summit Ave  
301-258-6160  
museum@gaitthersburgmd.gov

**Tuesday – Saturday**  
**10 a.m. – 3 p.m.**  
Free. Donations gratefully accepted.

## GAITHERSBURG STORYTIME STATION

Gaithersburg StoryTime Station - Read aloud story time at the Gaithersburg Community Museum for children ages 3 - 6. The 45-minute readings take place the fourth Tuesday of each month at 11 a.m. Admission is \$3 per child; adults and infants in arms are free.

**Age: 3 - 6 years**  
**Length: 45 minutes**

### Chicks

43066 3/22 Tu 11:00am \$3

### Spring

43067 4/26 Tu 11:00am \$3

### Trains

43068 5/24 Tu 11:00am \$3



## DISCOVERY DAY

Discovery Day programs at the Community Museum spotlight a single topic with activities for all ages.

**Age: 5 years and up**  
**Length: 2 hours**

### Bird Watching

44206 3/31 Th 10:30am \$3

### Morse Code and the Telegraph

44207 3/19 Sa 11:00am Free

### Trains

44208 4/17 Su 10:00am Free

## OBSERVATORY PROGRAMS

Historically, the observers at the Latitude Observatory studied the stars to better understand the Earth. Programs scheduled at the Observatory explore the skies above us and the world beneath our feet. Programs are for audiences of all ages and free unless otherwise advertised. Stargazing events are weather permitting (last minute announcements will be posted on the Museum's Facebook page). There are no restrooms available at the Observatory. Handicapped parking is available at the park, with general parking in the field at the corner of DeSillum Ave and Rt 355.

**All Ages**  
**Length: 2 hours**

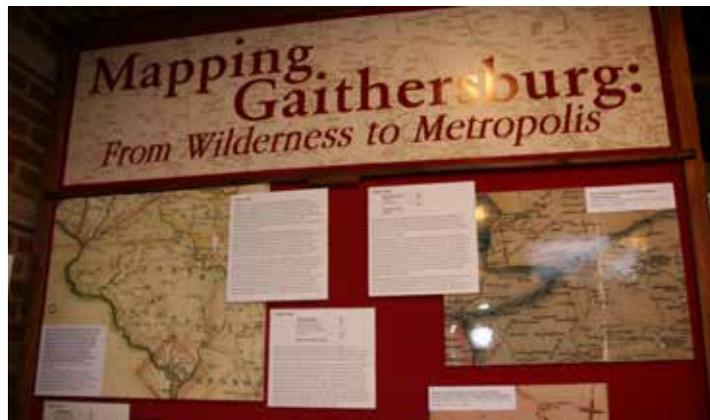
### Mercury in Transit Across the Sun

44209 5/9 M 10:00am Free

#### KEY:

Activity	Start	Day	Time	Classes	Cost
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)

(R) Resident / (N) Nonresident



## MUSEUM AFTER HOURS

Grow your mind with Museum After Hours, an enlightening speaker series presented by the Gaithersburg Community Museum.

**Age: 15 to Adult**  
**Length: 1 hour**

### Flashes on the Map: Forgotten/Shorted Lived Places

43111 3/8 Tu 7:00pm \$5

It is said that as soon as a map is published, it's obsolete, and certainly change is a constant in the world of cartography. In the lifetime of some still among us, dozens of republics, enclaves, colonial outposts, puppet states, and dubious islands appearing on reputable maps have come and gone. Join Leo Dillon, a cartographer with the U.S. Department of State, as he takes you across the world over more than a century to have a look at these footnotes in the history of cartography.

### Cartography in Children's Literature

44170 4/19 Tu 7:00pm \$5

Beloved books like "The Phantom Tollbooth," "The Hobbit" and "The Princess Bride" all feature engaging maps that serve as gateways to imaginary lands. "Here," say these maps, "leave your cares behind. You're in this other world now." From the Hundred-Acre Wood to the Land of Oz, maps have enchanted young readers and enhanced their reading experience. In this presentation, Victoria Johnson will cover a selection of maps found in classic and popular children's literature, delve into their origin, design process, and impact on the story, then compare each map to examples of real-world cartography (she will also cover a few unofficial/fan-created maps for books and series like The Hunger Games). Johnson is a cartographer with United States Agency for International Development.

## GAITHERSBURG-WASHINGTON GROVE VOLUNTEER FIRE DEPARTMENT MUSEUM

13 E. Diamond Ave., Gaithersburg, MD 20877

301-646-1222 • www.gwgdfd.org

**Open Saturday, 10 a.m. – 2 p.m.**

Free admission, donations gratefully accepted.

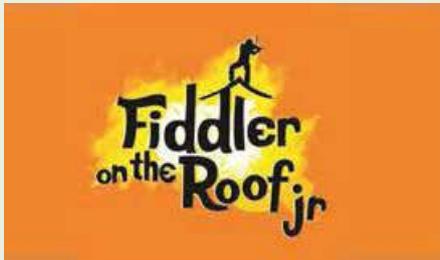
FUN & PLAY

# SPRING SEASON AT A GLANCE



Arts on the Green is the City of Gaithersburg's premier center for the performing and visual arts. Enjoy concerts, magic, dance, and professional and community theater at the Arts Barn, unique chamber performances in the elegant surroundings of Kentlands Mansion, and outdoor events and festivals on the park-like Green. Our historic buildings recall the charm of a bygone era, but our activities are anything but old fashioned!

## JUST FOR FAMILIES



### FIDDLER ON THE ROOF JR.

Music by Jerry Bock  
Presented by KAT-2nd Stage  
March 5 – 20  
Saturday & Sunday at 11 a.m. & 2 p.m.  
Arts Barn  
\$15 (general); \$12 (14 & under)

Teve the milkman tries to protect his daughters and his way of life from a changing world. *Fiddler On The Roof Jr.* is a special one-hour adaptation of the classic Broadway musical, which tackles the universal theme of tradition in ways that reach across barriers of race, class, nationality, and religion. KAT-2nd Stage features youth performers. Recommended for ages 7 & up.

## DAYTIME PERFORMANCES

### In Concert – Jazz a cappella: Redhot & Blue of Yale

Wednesday, March 16

1 p.m., Arts Barn

\$20 (10% discount for groups of 10 or more); \$12 (18 & under)

Redhot & Blue has won national recognition for its innovative arrangements of jazz standards that blend American songbook classics with the fresh, upbeat flair of the collegiate a cappella tradition.

## YOUNG ARTIST AWARDS CONCERT



**Friday  
March 11  
7:30 p.m.**  
Arts Barn  
\$12

Enjoy the 15 talented teenaged winners of the Young Artist Awards as they perform classical music on a variety of instruments and voice. An inspiring treat for all ages.



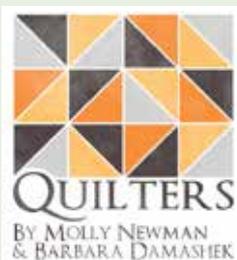
## Gaithersburg Chorus Spring Concert

**May 14, 5 p.m.**  
City Hall Concert Pavilion  
**May 22, 7:30 p.m.**  
Gaithersburg Presbyterian Church  
601 S. Frederick Ave.

Enjoy a free concert by the Gaithersburg Chorus, now in its 28th year and under the direction of a new conductor! With the theme *For the Beauty of the Earth*, the concert includes songs in a variety of genres, embracing the glory of nature and the beautiful music it has inspired. Learn more at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov).

For Tickets & Information call 301-258-6394

## THEATRE & DANCE



### QUILTERS

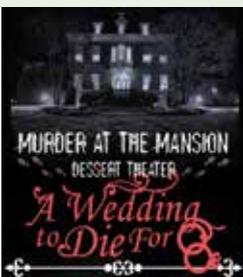
Music & Lyrics by Barbara Damashek  
Presented by Rockville Musical Theatre

April 1 – 17

Friday & Saturday at 8 p.m., Sunday at 2 p.m., Arts Barn  
\$22

Combining music, dance and scenes of vivid dramatic intensity, *QUILTERS* pays eloquent tribute to the courage and spirit of our nation's pioneer woman. The story features Sarah and her six daughters as they face the many challenges and joys of frontier life. The play unfolds in short "patches," creating a rich mosaic of scenes about girlhood, marriage, childbirth, spinsterhood, twisters, fire, illness and death. The patches are ultimately sewn together into one splendid quilt. Recommended for ages 15 & up.

### MURDER AT THE MANSION DESSERT THEATRE: *A Wedding to Die For*



April 8 - 10

Friday & Saturday at 8 p.m., Sunday at 2 p.m.  
Kentlands Mansion

\$35 single/ \$60 couple

Madison planned the perfect wedding. Will someone have to die to keep it from spiraling into chaos? This murder mystery comedy is set during a wedding reception in the beautiful and historic Kentlands Mansion. Guests will enjoy a fun evening with a buffet of sweet treats.



### THE FOREIGNER by Larry Shue

Presented by Sandy Spring Theatre Group

May 13 – 29

Friday & Saturday at 8 p.m., Sunday at 2 p.m., Arts Barn

\$20 (general); \$12 (14 & under)

An inspired comic romp, the *NY Post* called *The Foreigner* "devilishly clever." A fishing lodge in rural Georgia provides a needed holiday for Charlie, a painfully shy British gentleman. However, his plan for solitude turns hilariously awry when his friend introduces him as an exotic foreigner who doesn't understand any English. Recommended for ages 12 & up.

### CIRQUE DU DANCE by VF DanceTheater

May 6 at 7 p.m., May 7 at 3 p.m. & 7 p.m.

\$22 (general); \$12 (12 & under)

*Cirque du Dance* combines the artistry of dance with the zaniness of circus in a rollicking performance featuring clowns, jugglers and contemporary dance. The performers find magic in every moment and bring it to life in imaginative, athletic and beautiful dance pieces for all ages! VF Dance Theater has performed at the Kennedy Center, BlackRock, and Joe's Movement Emporium, among other venues. Recommended for ages 5+.

301-258-6425



## SPRING BRIDAL SHOWCASE AT KENTLANDS MANSION

Sunday, March 20, 2016

Noon – 4 p.m.

Admission: \$5 at the Door

CATERERS • PHOTOGRAPHERS • VIDEOGRAPHER • EVENT COORDINATORS  
HOTEL REPRESENTATIVES • MUSICIANS AND MORE!



### ARTS BARN

March 4 – April 25

Contemporary Quilters:  
A Modern View of Life

April 29 – June 25

Jewels of the Earth:  
Mark Reeder, Donna Baron  
and Arts Entwine



### KENTLANDS MANSION

January 8 – March 18

The Art League of Germantown  
3rd Annual Exhibit

March 25 – June 10

Gaithersburg Fine Arts  
Association 30th Annual Exhibit

### ACTIVITY CENTER

February 26 – March 24

Young Artist Exhibit

April 1 – June 5

In Celebration of:  
Asian/Pacific  
American Heritage:  
Harmonious Art Group



## ARTS ON THE GREEN

KENTLANDS MANSION &amp; ARTS BARN

## MUSIC

## sfz SALON SERIES

The engaging sfz salon series presents a fusion of classical, contemporary and experimental chamber music in an intimate salon setting. Great music. Lively conversation. Featured wines.



**THE VIOLIN** – Shiozaki Duo, featuring Alex Shiozaki, violin and Nana Shi, piano

March 19

7:30 p.m., Kentlands Mansion

\$25 (general); \$12 Youth (18 & under)

Music for the violin including Gabriel Fauré, Aaron Copeland and Somei Satoh. The Shiozaki Duo, a highly acclaimed husband and wife team, has been performing together since they met in 2008. Praised by *The New York Times* as “Spellbinding,” the duo has performed from venues such as Carnegie Hall’s Stern Auditorium to less conventional venues such as Eye-beam and Dillon Gallery in NYC. Both are passionate about chamber music and at home with music new and old.



## JAZZ

**Rochelle Rice**

June 4

8 p.m., Arts Barn

\$25 (general); \$12 Youth (18 & under)

Rochelle Rice is a dynamic and compelling vocalist and songwriter, and has been named Best Jazz Vocalist by *Washington City Paper* Jazz Awards. Rochelle sings with a profound and flawless sound that is a woven tapestry of jazz, influenced by contemporary folk and soul. Rochelle shares music from her incredible new CD, *Wonder*.



## SINGER SONGWRITER SERIES

Presented by O’Hair Salon + Spa

**Rod Picott**

Saturday, March 5

3 p.m. workshop, Kentlands Mansion; 7:30 p.m. concert, Arts Barn

\$45 workshop & concert; \$25 concert only

Master songwriter and soulful singer, Rod Picott carries with him one of the finest suitcases of songs around. Listening to Rod Picott you can smell the gasoline on a mechanic’s hands and the perfume of lovers in dark corners. “Mesmerizing” (*Rolling Stone*)



**Marti Jones and Don Dixon**

Saturday, April 30

3 p.m. workshop, 7:30 p.m. concert, Arts Barn

\$50 workshop & concert; \$30 concert only

Husband and wife duo, Marti Jones and Don Dixon, rock the stage with their unique blend of Americana, including jangle pop, southern style soul, and alternative rock. Jones began her career in music with the Ohio band Color Me Gone, toured with singer Amy Rigby as The Cynical Girls, and has released multiple solo albums produced by Don Dixon. Dixon has devoted his entire life to the popular song as a singer, songwriter, musician and producer. In addition to his own projects,

Dixon produced the landmark R.E.M. album *Murmur*, along with records by James McMurtry, The Smithereens and many others. (Dixon also moonlights as the bassist for Mary Chapin Carpenter.)

## ARTS BARN

311 Kent Square Rd.  
301-258-6394

**Class registration fees are non-refundable.  
Registration is ongoing.**



### PRESCHOOL

#### SHAKE, RATTLE & ROLL LITTLE HANDS

Sing, play instruments, dance and have fun! Children and their parents or guardians enjoy music and movement using drums, sticks, bells, shakers and more. Complimentary Little Hands CD of songs is included. No class April 26. No charge for parent/guardian.

**Age: 6 months - 4 years**

**Length: 45 minutes**

44190 4/12 Tu 11:00am 6 \$81(R)/\$90(N) Carvell

#### ARTFUL SATURDAYS

Families can explore art as youngsters, together with their parent or guardian, create projects using an array of media. Discover colors and shapes while developing fine motor skills and expanding creativity. Each session explores a different theme. No charge for parent/guardian. A \$10 supply fee is due at first class.

**Age: 3 - 5 years**

**Length: 45 minutes**

44061 4/16 Sa 3:45pm 7 \$68(R)/\$79(N) Donnelly

#### PARENT AND ME STORY THEATRE

Take your little one out to the Arts Barn for some dramatic play! Each week there will be a different story to explore. Through stories like Harold and the Purple Crayon your child will learn storytelling using voice and body. Enjoy a fun filled class with your child and watch them grow into young artists. No charge for parent/guardian.

**Age: 4 - 6 years**

**Length: 45 minutes**

44174 4/14 Th 10:00am 7 \$68(R)/\$79(N) Phelan

44181 4/11 M 10:00am 7 \$68(R)/\$79(N) Phelan

#### PARENT AND ME ART: PAINT AND CLAY

Welcome spring with an interactive art class with your little one. Everyone will have something to learn about the fundamentals of hand-building, watercolor and artistic self-expression. Create everything from animals to hand crafted bowls. A \$12 supply fee due at first class. No charge for parent/guardian.

**Age: 4 - 6 years**

**Length: 1 hour**

44178 4/13 W 10:30am 7 \$91(R)/\$105(N) Prinsloo

### YOUTH & TEEN

#### HOME AND GARDEN FAMILY ART

Have a chance to do art as a family and on your own. Inspired by the beauty of spring, you'll create works in clay and paint working together and individually. Learn the techniques of sculpting as well as the fundamentals of bringing a painting to life. No charge for parent/guardian. A \$12 supply fee is due at first class.

**Age: 7 years and up**

**Length: 1 hour and 15 minutes**

44176 4/15 F 4:30pm 7 \$114(R)/\$132(N) Prinsloo

#### IMAGINATIVE ART

Create art projects inspired by fine and folk art. A variety of media will be explored, including paints, pencils, pastels, ink and non-traditional art items. Please wear clothes that can get messy or bring a smock. A \$12 supply fee is due at first class.

**Age: 7 - 9 years**

**Length: 1 hour**

44506 4/11 M 4:30pm 7 \$91(R)/\$105(N) Parris

#### GO GREEN: THE ART OF UPCYCLING

Get creative in this fun-filled class. Explore a variety of new and recycled materials to create unique projects based on the four seasons. Students will explore color, line and texture in two and three dimensional art.

##### Go Green: 'Spring' into Fashion

A \$20 supply fee is due at first class.

**Age: 7 - 11 years**

**Length: 1 hour and 15 minutes**

44094 4/13 W 4:30pm 7 \$114(R)/\$132(N) Yuen

##### Go Green: Crazy Beads

A \$10 supply fee is due at first class.

**Age: 4 - 6 years**

**Length: 1 hour and 15 minutes**

44095 4/14 Th 4:30pm 7 \$114(R)/\$132(N) Yuen





## SPRING BREAK CAMPS

MARCH 28 – APRIL 1

Explore the magic of art during Spring Break. Get creative with the visual and performing arts. Camps culminate in a gallery exhibit or performance.

- \* Camps may include some outdoor activity.
- \* Please bring a nut-free bagged lunch, water bottle and snack.
- \* All camps are 9 a.m. - 3 p.m. unless otherwise noted.

### EXPLORING THE WORLD THROUGH ART

Explore art from across the continents! Visit Russia, China, Australia and Africa and create unique pieces of art using a variety of media.

**Age: 7 - 11 years**

**Length: 6 hours**

44200 3/28 MTuWThF 9:00am 5 \$260(R)/\$310(N) Parris

### ON YOUR TOES IMPROV

Develop Improv acting skills and add them to your actor's toolbox. Learn how to turn a word into a hilarious skit and perform it on the Arts Barn Stage. Join us for a week of energy and fun.

**Age: 12 - 15 years**

**Length: 6 hours**

44199 3/28 MTuWThF 9:00am 5 \$260(R)/\$310(N) TBD

### TRASH TO TREASURE

A camp geared for independent, creative young artists! Through a variety of projects, students use recycled materials to bring art to life. From page popping artwork to animal creations, students have fun. Camp 9 a.m. - 1:30 p.m.

**Age: 4 - 6 years**

**Length: 4 hours and 30 minutes**

44201 3/28 MTuWThF 9:00am 5 \$195(R)/\$232(N) Yuen

*See page 18 for additional School's Out! activities.*

### SCHOOL'S OUT! DAY CAMP

Join us for a fabulous day of visual and performing art as we create a mini play-in-a-day! Each School's Out session explores art and theater with hands-on activities, creative writing, stage craft and performance. The day culminates in a performance for families and friends. Bring a nut-free bagged lunch and a water bottle.

**Age: 7 - 14 years**

**Length: 6 hours**

44205 3/25 F 9:00am 1 \$55(R)/\$60(N) Kay & Phelan  
44203 4/26 Tu 9:00am 1 \$55(R)/\$60(N) Kay & Phelan

### SATURDAY IN THE STUDIO

Saturday afternoon is the perfect time to get creative. Each week students explore different art media and themes (historic art periods, types of art, master artists, etc.). Young artists are encouraged to use their imagination and creativity to develop their own artwork, with guidance from our very own resident artist instructor. This class builds on skills throughout the year and is designed for those who truly LOVE art and want to spend time every week making something uniquely their own. Please wear clothes that may get messy. A \$10 supply fee is due at the first class.

**Age: 8 - 11 years**

**Length: 1 hour and 15 minutes**

44105 4/16 Sa 2:00pm 7 \$114(R)/\$132(N) Donnelly

### YOUNG ARTISTS IN THE STUDIO

Young artists explore the basic elements of art and work on fundamental skills while using a variety of media. This class emphasizes creativity and personal expression. Stories, seasons, holidays, and other fun themes are used for inspiration, with each session unique throughout the year. These sessions are in the Arts Entwine studio, led by our own Arts Barn resident artist, Jaree Donnelly. Please wear clothes that may get messy or bring a smock. A \$10 supply fee is due at the first class.

**Age: 5 - 7 years**

**Length: 1 hour**

44119 4/16 Sa 12:30pm 7 \$91(R)/\$105(N) Donnelly

### DISCOVERING ART

Discover the wonders of art by exploring a variety of media while learning and developing basic drawing skills. Over the course of several sessions, work in pencil, colored pencils, oil pastels, watercolor, gouache, acrylics and printmaking. Learn fundamental art concepts, including color theory, perspective, and composition. Each session explores different projects and themes. A \$10 supply fee due at first class. No class April 26.

### Discovering Art for Homeschoolers

**Age: 8 - 14 years**

**Length: 1 hour and 15 minutes**

44080 4/12 Tu 3:00pm 7 \$114(R)/\$132(N) Kay

### Discovering Art

**Age: 8 - 12 years**

**Length: 1 hour**

44078 4/12 Tu 4:30pm 7 \$91(R)/\$105(N) Kay

### FAIRY TALE THEATRE

Good Guys & Bad Guys in Fairy Tale Land: a modern look at fairy tale characters. Spend the day being a good guy or a bad guy fairy tale style. Be part of an ensemble and create an amazing magical show! Final day will culminate in a performance.

**Age: 8 - 12 years**

**Length: 1 hour and 30 minutes**

44172 4/11 M 4:15pm 7 \$137(R)/\$158(N) Phelan



### BEST OF BROADWAY

Students learn beloved Broadway hits and develop vocal techniques, musicality and the art of telling a story through song. Sing Broadway staples such as 'In My Own Little Corner' 'Never Smile at a Crocodile' and more. Final day culminates in a performance on the Arts Barn stage.

**Age: 8 - 12 years**

**Length: 1 hour and 15 minutes**

44173 4/14 Th 4:15pm 7 \$114(R)/\$132(N) Phelan

### PAINTING WITH WATERCOLOR: COMIC STRIPS

Learn the fundamentals of watercolor painting and elements of design. Bring comic strips to life with watercolorrrs. A \$15 supply fee due at first class. No class April 26.

**Age: 11 - 14 years**

**Length: 1 hour and 15 minutes**

44122 4/12 Tu 4:15pm 7 \$114(R)/\$132(N) Mason



### STARS OF TOMORROW: OLIVER!

A 6-week musical theatre intensive designed for the young artist ready to develop as a triple threat performer. Sing, dance and act while learning from industry professionals with regional and national stage experience. No audition required, but prior stage experience recommended. Program culminates in a performance on the Arts Barn stage. Wednesdays 4:30pm-6pm and Saturdays 10am-1pm.

**Age: 11 - 18 years**

**Length: W 1 hour and 30 minutes, Sa 3 hours**

44179 4/6 W Sa 4:30pm 13 \$400(R)/\$460(N) Andruski & Brown-Gorrell

### IPAD PAINTING WITH PIXELS

Students learn about art through the use of digital technology. While emphasis will be placed on traditional drawing and painting techniques, students will also learn how to create art digitally. Using a variety of digital drawing and painting tools, students explore the world of art using software on the iPad. Students must provide iPad and needed materials. Supply list available at the Arts Barn.

**Age: 12 - 16 years**

**Length: 1 hour and 30 minutes**

44123 4/13 W 4:15pm 7 \$137(R)/\$158(N) Mason

### ART MENTORSHIP

For the teen who would like to explore artistic creativity through personal and portfolio building projects. With guidance from a professional artist, students select, plan, and execute projects. With an emphasis on developing skills, exploration, and self-expression, new students should bring a selection of their artwork to date (their 'portfolio') to the first class. A \$10 supply fee due at first class. Special supplies should be brought to class.

**Age: 12 - 18 years**

**Length: 1 hour and 30 minutes**

44056 4/15 F 4:00pm 7 \$137(R)/\$158(N) Donnelly

## WORKSHOPS

### YOUTH

#### KID'S ADVENTURE GLASS FUSING

Explore the art of melting glass together. Each month offers a different project. Experiment with inclusions between glass as well as melting glass over forms. Students will be standing for the majority of the class. Please wear closed toe shoes. A \$20 supply fee due at workshop. Project may be picked up the following Saturday.

Age	Start	Day	Time	Classes	Cost	Instructor
8 - 12 years	4/9	Sa	1:30pm	1	\$36(R)/\$40(N)	Glander
	5/14	Sa	1:30pm	1	\$36(R)/\$40(N)	Glander

#### KEY:

Activity	Start	Day	Time	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident



#### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.



## TEENS TO ADULTS

### ART ACROSS THE MEDIAS

A perfect class for the beginner to intermediate student. Learn about artists from across the continents and how their journey has influenced art. Create your own contemporary interpretation of these styles using traditional and non-traditional media. Supply list available at the Arts Barn.

**Age: 18 - Adult**

**Length: 2 hours**

44171 4/11 M 7:00pm 7 \$182(R)/\$210(N) Parris

### CREATIVE EXPRESSIONS IN OIL

Intermediate to advanced artists explore oil painting. Students learn fundamentals and theory. Individual attention is provided to improve skill and technique. Supply list available at the Arts Barn. No class April 26.

**Age: 18 to Adult**

**Length: 2 hours and 30 minutes**

44074 4/9 Sa 1:30pm 7 \$228(R)/\$263(N) Cohen

44075 4/12 Tu 10:00am 7 \$228(R)/\$263(N) Cohen

### PAINTING WITH ACRYLICS

Learn to paint with the easy and enjoyable acrylic medium. Students use painting and brush techniques to create still life paintings, landscapes, portraits and more. Supply list available at the Arts Barn. No class April 26.

**Age: 18 to Adult**

**Length: 2 hours**

44101 4/12 Tu 10:00am 7 \$182(R)/\$210(N) Borchert

### WATERCOLOR EXPERIENCE

Learn about the beauty of watercolor painting by understanding techniques such as color washes, composition, texture, and the use of paper and paints. Enjoy step-by-step guided classes that emphasize group collaboration. Supply list available at the Arts Barn.

**Age: 18 to Adult**

**Length: 2 hours**

44110 4/15 F 10:00am 7 \$182(R)/\$210(N) Sadeghi

#### KEY:

Activity	Start	Day	Time	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident

### OILS WITHOUT FEAR: INTRO TO OIL

Students are introduced to oil painting gradually, through short lectures, demonstrations and simple exercises. Topics include composition, value, and color, with a focus on how these are handled with oil paints. Supply list is available at the Arts Barn.

**Age: 18 to Adult**

**Length: 2 hours**

44121 4/14 Th 7:00pm 6 \$156(R)/\$180(N) Lewis

### BASICS OF WATERCOLOR

Learn the basics of watercolor painting. Unlock the mystery of making colors. Discover the power of the color wheel, a painter's most valuable tool. Use the classic method of making all your colors from primary ones. Learn the simple truth about soft edges and hard edges - how to make them and when to use them. Create a three dimensional optical illusion on a flat piece of paper by controlling value changes. Add four basic painting techniques and you will be prepared to paint a wide range of subjects. Supply list available at the Arts Barn.

**Age: 18 to Adult**

**Length: 2 hours**

44124 4/14 Th 7:00pm 7 \$182(R)/\$210(N) Niazi

### COLORED PENCIL: SPRING INSPIRATIONS

Explore the beauty of spring through colored pencils. Through step-by-step instruction, students create drawings using spring flowers, landscapes and more as inspiration. Students will incorporate shading, color blending, and other art and drawing techniques to develop their own style. Supply list available at the Arts Barn.

**Age: 18 to Adult**

**Length: 2 hours**

44125 4/11 M 7:00pm 7 \$182(R)/\$210(N) Niazi

### INTERMEDIATE WATERCOLOR PAINTING

Develop watercolor painting skills. Learn how to render clouds, water, trees, fields and more. Practice methods such as overlapping shapes, diminishing size, color temperature and soft backgrounds to achieve the optical illusion of deep space in your compositions. Apply the basic principles of good design. Supply list available at the Arts Barn. No class April 26.

**Age: 18 to Adult**

**Length: 2 hours**

44126 4/12 Tu 7:00pm 7 \$182(R)/\$210(N) Niazi

### SEEING WITH AN ARTIST'S EYE: DRAWING

This course is designed to help people learn to draw by focusing on five basic perception skills necessary to accurate drawing: seeing edges, spaces, the relationships between objects, angles, and light and shadow. The concepts and exercises are based on the work and book of Betty Edwards, Drawing on the Right Side of the Brain. Students will discover what they are capable of as they learn to observe and trust what their eyes see. Supply list available at Arts Barn. No class April 26.

**Age: 18 to Adult**

**Length: 2 hours**

44120 4/12 Tu 7:00pm 6 \$156(R)/\$180(N) Lewis

### WILDLIFE PAINTING IN ACRYLICS

Perfect for beginner to intermediate artists. Discover how to render accurate proportions and build dimensional form as you create your own unique wildlife images. Integrate textural medium with delicate acrylic washes for captivating contrast, and bring expressive, life like, energy to your creations. Supply list available at the Arts Barn.

**Age: 18 to Adult**

**Length: 2 hours**

44180 4/13 W 7:00pm 7 \$182(R)/\$210(N) Borchert

## WORKSHOPS TEEN TO ADULT

### GIRLS NIGHT OUT

An evening of 'charming' fun where beginners create beautiful pieces of jewelry! Each session learn another technique such as wirework, wire wrapping and beading to create earrings, wine charms and more. Lead by a professional artisan jeweler, you will leave with works of beauty. A \$15 supply fee is due at workshop.

**Age: 14 to Adult**      **Length: 2 hours**

#### Wine Charms

44192 4/29 F 7:00pm 1 \$36(R)/\$40(N) Cohen

#### Glitz Glam Earrings

44195 5/20 F 7:00pm 1 \$36(R)/\$40(N) Cohen

### GLASS FUSING FOR ADULTS

Learn the basics of melting glass together. Experiment with inclusions between glass as well as melting glass over forms. Project may be picked up the following Saturday. Students will be standing for the majority of the class. Please wear closed toe shoes. A \$40 supply fee is due at workshop.

**Age: 16 to Adult**      **Length: 2 hours**

43416 5/21 Sa 1:30pm 1 \$36(R)/\$40(N) Glander

### STAINED GLASS FOR ADULTS

Learn the basics of stained glass art. Spend a day learning how to cut, foil and solder your own stained glass panel, choosing from three designs. Students will be standing and need to wear closed toed shoes. For ages 16 and older. A \$40 supply fee due at workshop.

**Age: 16 to Adult**      **Length: 6 hours**

43427 4/30 Sa 10:00am 1 \$108(R)/\$120(N) Glander

### PHOTOGRAPHY FOUNDATIONS WORKSHOPS

For photographers who have an understanding of exposure and feel comfortable operating their camera in different modes. Join professional photographer Jaree Donnelly as she explores specific intermediate topics in photography. Prerequisite: Basics of Exposure or instructor permission.

#### Basics of Composition

Age: 16 to Adult

Length: 2 hours

43405 4/17 Su 2:30pm 1 \$36(R)/\$40(N) Donnelly

#### Beginning Portraiture

A \$20 model fee due at workshop.

Age: 16 to Adult

Length: 3 hours

43422 5/22 Su 1:30pm 1 \$54(R)/\$60(N) Donnelly

### WINE AND IMPROV

A night of fun & games! Lead by a theatre professional, dive into the world of improv theatre. No experience needed, so come enjoy a glass or two of wine and an evening of laughs. Must be 21 of age. Workshop includes one drink ticket; additional wine and beer for sale. ID required. New games and excitement each session!

**Age: 21 years and up**

**Length: 2 hours**

44187 5/27 F 7:00pm 1 \$36(R)/\$40(N) Phelan

44188 6/10 F 7:00pm 1 \$36(R)/\$40(N) Phelan

44189 6/24 F 7:00pm 1 \$36(R)/\$40(N) Phelan



### FLORAL MANDALA QUILT

Create a small 14"x14" floral mandala quilt made from fabric shapes of flowers, leaves and stems. Mandalas are beautiful, concentric designs that grow organically from the center out. Instructor-provided kit includes fabric, fusible interfacing and a background base fabric. Quilt and finish the piece at home. A \$10 kit fee due at workshop.

**Age: 14 to Adult**

**Length: 4 hours**

44507 4/9 Sa 10:30am 1 \$72(R)/\$80(N) Smyers

### QUILTING WITH YOUR OWN VOICE

Come join us for a master class in quilting. The instructor will share her own story-telling quilts and will present techniques for combining many fabrics in original designs in the morning. Students are encouraged to bring their own in-progress quilting project or ideas of personal story quilts for conversation and individual guidance during a working afternoon. Projects may be at any stage of completion. Please provide own materials.

**Age: 21 to Adult**

**Length: 6 hours**

43406 4/16 Sa 10:00am 1 \$108(R)/\$120(N) Kingsland

### TEA TIME ART PARTY

Join us for a Tea Time Art Party the 2nd Sunday of each month. Sample many different kinds of tea and goodies while creating beautiful works of art inspired by a different artist. Join Arts Barn professional artists as they explore many art media. Each time is a new inspiration!

**Age: 14 years and up**

**Length: 2 hours and 30 minutes**

#### Cherry Blossoms

43397 4/10 Su 1:30pm 1 \$45(R)/\$50(N) Kay

#### Celebrating Mom

43398 5/8 Su 1:30pm 1 \$45(R)/\$50(N) Sadeghi

### WINE AND ART PARTY

Join us for an art party, where you will learn a bit about an artist, be inspired by a style of art, enjoy a glass of wine and make your own masterpiece. All levels of artists are welcome and no need to bring supplies. We will have everything you need! Participants must be at least 21. Workshop includes one drink ticket. There will be additional wine and beer for sale. An ID is required. Register with a friend and receive a \$5 discount for each person!

**Age: 21 years and up**

**Length: 2 hours and 30 minutes**

#### Warhol in Acrylic

43400 4/15 F 7:00pm 1 \$45(R)/\$50(N) Donnelly

#### Abstracts in Colored Pencils

43401 5/20 F 7:00pm 1 \$45(R)/\$50(N) Donnelly



## GAITHERSBURG YOUTH CLUB

Search "GYC" at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)

### To Register for GYC Membership

Registration forms for students in Grades 6 – 8 are available at the Youth Center at Robertson Park, the Youth Center in Olde Towne and the Activity Center at Bohrer Park. Forms may also be downloaded from the GYC website. Students attending GMS, FOMS, GHS, LPMS and RVMS can obtain forms at their school.

### GYC - One Year Membership Fee

\$15 Residents / \$20 Nonresidents

*Membership is valid for one year from date of registration.*

### Membership Cards

GYC members will receive a membership card. The student MUST show his/her card to ride the GYC Shuttle and participate at the Youth Centers. There is an additional \$5 charge to replace a lost card.

### Youth Centers

GYC members who attend GMS and FOMS have City shuttle access to the Olde Towne Youth Center and students at LPMS and RVMS have City shuttle access to the Robertson Park Youth Center. These are Recreational Centers where members are required to sign in, but may leave at anytime during hours of operation.

### Club Friday

Club Fridays are held on select Fridays from 7 – 9 p.m. GYC members pay a \$5 admission fee. Activities may include a DJ, dancing, pizza, or field trips.

### GYC Trips on Half-Days and Holidays

Students have the opportunity to go on some great half-day and holiday trips. Pre-registration with registration fee is required. Space is often limited for these special trips, so register early!

*\*Only GYC members are eligible for trips!*



## HOLIDAY AND EARLY RELEASE DAY SCHEDULE (TENTATIVE)

*Please Note: Trips are subject to change.*

### March 24

No School  
GYC Open Noon – 6 p.m.  
Trip: Zava Zone 9 a.m. – noon  
Cost: \$25

### March 25 & 28

GYC Open Good Friday & Easter Monday  
No Trips 12 – 6 p.m.

### March 29 – April 1

GYC Open Spring Break  
Trips Noon – 6 p.m.  
March 29 Bowling  
March 30 Washington, D.C.  
March 31 Harper's Ferry  
April 1 Six Flags  
\*Trip times & fees vary

### April 26

No School  
GYC Open Noon – 6 p.m.  
Trip: Riverboat Tour 9 a.m. – 3 p.m.  
Cost: \$15

### May 30

GYC Closed Memorial Day  
No Trip

### June 17

GYC Open Early Release Day (Last Day of School)  
End of School Party! Noon – 6 p.m.

## HIGH SCHOOL STUDENT UNION

Students in grades 9 – 12 can register to join the High School Student Union! Membership includes:

- Student Services Learning (SSL) opportunities
- Participation in fundraising events
- Field trips
- Admission to the Olde Towne and Robertson Park Youth Centers during high school hours
- Access to the Music Studio at Olde Towne Youth Center
- Admission to after school high school recreation programs at the Activity Center at Bohrer Park

Registration forms are available at the Activity Center at Bohrer Park, Robertson Park and Olde Towne Youth Centers.

Student Union 1-Year Membership Fee:

\$5 Residents/\$10 Nonresidents

Questions?

Contact Maura Dinwiddie at [mdinwiddie@gaitersburgmd.gov](mailto:mdinwiddie@gaitersburgmd.gov) or 301-258-6350 x168.

## ROBERTSON PARK

801 Rabbitt Road  
301-258-6166  
YC-Robertson@gaitthersburgmd.gov

### Featuring a 30 Foot Rock Wall

#### Hours of Operation

Monday – Friday	2:45 – 7 p.m.
Half-days	Noon – 6 p.m.
Most Holidays	Noon – 6 p.m.

#### High School

Monday – Friday 4:30 – 7 p.m.  
High School hours are new this year for our Student Union Members from Quince Orchard High School.

### GYC Shuttle

A shuttle to the Youth Centers is provided after school for GYC members at the following locations:

Youth Center at Robertson Park  
Ridgeview MS and Lakelands Park MS

Youth Center in Olde Towne  
Forest Oak MS

Students from Gaithersburg MS are welcome to walk to the GYC at Olde Towne after school.

## OLDE TOWNE

301 Teachers Way  
301-258-6440  
YC-OldeTowne@gaitthersburgmd.gov

### Featuring a Professional Recording Studio

#### Hours of Operation

Monday – Friday	2:45 – 7 p.m.
Half-days	Noon – 6 p.m.
Most Holidays	Noon – 6 p.m.

#### High School

Monday – Friday 4:30 – 7 p.m.

#### Studio Hours

Monday – Friday 3:30 – 6:30 p.m.

For information about studio time email  
gycstudios@gaitthersburgmd.gov



## “Gaithersburg Green Week!” April 18 – 22

“Green” activities, environmental service projects and fun programs scheduled all week long!

## PROGRAM HIGHLIGHTS:

- **Homework Time** – Kids can get homework help every day. GYC staff will be available for anyone who needs help with assignments.
- **Community Service Program** – If any students need service learning hours, send them our way. The Youth Centers organize service projects for middle school students. GYC members have opportunities to earn SSL hours and have fun every month.
- **Environmental Fun** – The GYCs are GREEN BUILDINGS. Great learning activities come hand-in-hand with their environmentally-friendly features.
- **GYC Studios** – Educational programming introducing students to our music recording equipment and band room at the Olde Towne Youth Center.

Check out our website [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)  
Search “GYC”

Questions? Please contact Jake Hersom, Community Facility Manager (Robertson Park) at 301-258-6350 or [jhersom@gaitthersburgmd.gov](mailto:jhersom@gaitthersburgmd.gov) or Maura Dinwiddie, Community Facility Manager (Olde Towne) at 301-258-6350 or [mdinwiddie@gaitthersburgmd.gov](mailto:mdinwiddie@gaitthersburgmd.gov).

## OPPORTUNITIES

Available at our Youth Centers

*Sports/Games*  
*Arts and Crafts*  
*Holiday Events*  
*and Activities*  
*Billiards*  
*Video Game Consoles*  
*Foosball*  
*Table Tennis*  
*Cooking Classes*  
*Fitness Activities*  
*Computer/Study Room*  
*Mentoring Programs*  
*Community Service Projects*

## Elementary Aged Activities for No School Days!

Looking for something for your elementary school child to do when school is out? Look no further than the City of Gaithersburg.

On MCPS professional days and half days, the City of Gaithersburg offers a variety of activities and field trips for children in grades 1-5. Pre-registration and a fee are required.



### SPRING BREAK CAMP 2016

A four-day camp packed with fun activities and field trips for children in grades 1-5. Trips may include Bounce U, Pizza Party and the movies! Camp runs from 8:30 a.m. to 4:30 p.m. daily at the Activity Center beginning Tuesday, March 29 through Friday, April 1. Registration begins last week in February.

\*Trips are subject to change.

### SPRING HALF DAY HOOPLA

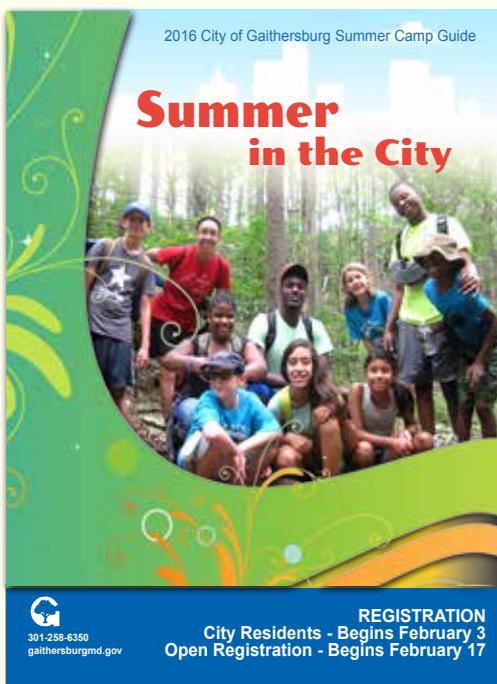
Friday, February 26  
12:30 p.m. – 5:30 p.m.  
Whole Foods Cookin'  
Departs from Summit Hall Elementary School

### SPRING BREAK BLAST

Thursday, March 24  
8:30 a.m. – 4:30 p.m.  
Activity Center at Bohrer Park  
Camden Yards Tour



### SUMMER CAMPS



*Summer camp registration is now open. Hurry to grab your spot.*

For detailed information about our 2016 Summer Camp Program, check out this year's "Summer in the City" brochure, available now.

For questions about summer camps or for a "Summer in the City" guide, please call 301-258-6350 or visit the Activity Center at Bohrer Park at Summit Hall Farm, 506 S. Frederick Ave.

For more information call Sydney Stasch at 301-258-6350 x 126 or email [sstasch@gaitthersburgmd.gov](mailto:sstasch@gaitthersburgmd.gov).

*See page 12 for Spring Break Camps at the Arts Barn.*

# CREATIVE TOT TIME

## CASEY COMMUNITY CENTER

810 S. Frederick Ave.  
301-258-6366

### SCHOOL YEAR 2016 - 2017

Creative Tot Time provides a warm, loving environment where three and four year old can enjoy music and story time, arts and crafts, show and tell, and fun field trips.

#### Registration Now Open

**25% of class fee is due at time of registration and there is a \$35 cancellation fee.**

#### 3-year old classes

(Children born between Sept. 1, 2012 – Sept. 1, 2013)

Class	Starts	Days	Time	Location
43593	8/30	T/TH	9:00 -11:30 am	CCC

Fees: \$700 Residents \$825 Nonresidents

#### 4-year old classes

(Children born on or before Sept. 1, 2012)

43595	8/29	M/W/F	9:00 -11:30 am	CCC
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Fees: \$975 Residents \$1,150 Nonresidents

### SUMMER 2016

Children three to five years of age are invited to sign up for our summer program. Classes begin the week of June 20 and there are 12 sessions.

#### Registration Now Open

#### 3-year old classes

Class	Starts	Days	Time	Location
43740	6/20	M/W	9:00 -11:30 am	CCC
43741	6/21	T/TH	9:00 -11:30 am	CCC

#### 4-year old classes

43742	6/20	M/W	9:00 -11:30 am	CCC
43743	6/21	T/TH	9:00 -11:30 am	CCC

Fees: \$160 Residents \$195 Nonresidents

**Fees for Summer Creative Tot Time are due in FULL at time of registration.**

More information: Katie Gleeson at 301-258-6366  
or kgleeson@gaitthersburgmd.gov



## MOM'S MORNING OUT

Tuesdays

9:30 a.m. – 1:30 p.m.

Registration begins June, 2016  
\$90/month (4 weeks) for City residents  
\$95/month (4 weeks) for nonresidents.



This program provides a safe, loving environment for children 2-5 years of age who have not yet attended Kindergarten.

Mothers may sign up to drop their child off and know they are free to run errands or relax by having lunch with a friend. Children must be potty-trained. Preregistration is required, so please watch for upcoming registration information on Casey Community Center's Facebook page or call for info at 301-258-6366.





## PHYSICAL ACTIVITIES

### PARENT AND ME GYMNASTICS

Parents and their little ones work together to crawl, climb, roll, balance, and play musical interactive games designed to promote development and body awareness.

**Age: 2 - 3 years**

**Length: 45 minutes**

43914 4/9 Sa 9:15am CCC 7 \$63(R)/\$70(N) Da Costa Lima

### PRE-K GYMNASTICS

This fun filled class introduces your child to basic gymnastics skills. While they tumble, crawl and balance they also develop self-esteem, social skills and listening skills. In this class the children learn how to use a wide range of gymnastics equipment as well as small props such as hoops, bean bags and balls. Parents do not attend, but are invited to observe the last class.

**Age: 3 - 5 years**

**Length: 45 minutes**

43912 4/9 Sa 10:00am CCC 7 \$63(R)/\$70(N) Da Costa Lima

43913 4/7 Th 3:00pm CCC 8 \$72(R)/\$79(N) Da Costa Lima

### GYMNASTICS

Learn skills on the bars and balance beam, in vaulting and tumbling. Skills are taught in a safe, progressive order to build strength, flexibility and confidence. Participants should wear a t-shirt and shorts or a leotard, and have bare legs and feet. Parents do not attend, but are invited to observe the last class.

**Length: 1 hour**

#### 5-7 years

43721 4/9 Sa 9:00am ACBP 8 \$79(R)/\$86(N) Mongelli

43722 4/9 Sa 11:00am ACBP 8 \$79(R)/\$86(N) Mongelli

43723 4/5 Tu 5:30pm ACBP 8 \$79(R)/\$86(N) Mongelli

43727 4/5 Tu 6:30pm ACBP 8 \$79(R)/\$86(N) Mongelli

#### 8-15 years

43724 4/9 Sa 10:00am ACBP 8 \$79(R)/\$86(N) Mongelli

43725 4/5 Tu 5:30pm ACBP 8 \$79(R)/\$86(N) Mongelli

43726 4/5 Tu 6:30pm ACBP 8 \$79(R)/\$86(N) Mongelli



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

## SUMMER GYMNASTICS CLINICS

Children will learn skills on the bars and balance beam, in vaulting and tumbling. Skills are taught in a safe progressive order to build strength, flexibility and confidence. Participants should wear a t-shirt and shorts or a leotard and have bare legs and feet. Clinics are open to new and continuing students.

### Ages 5 – 7 years old by the first day of program

5:30 – 7 p.m.

Activity: 43600

### Ages 8 – 15 years old by the first day of program

7 – 8:30 p.m.

Activity: 43601

June 27 – July 1

Clinic meets M-F for one week

\$79(R)/\$89(N)

Activity Center at Bohrer Park  
506 S. Frederick Ave.

Supervisor: Denise Mornini x119



## KARATE – TANG SOO DO YOUTH

Give your child the gift of confidence! Program can help your child improve self-discipline, develop better concentration and even improve school grades. Fee includes uniform. This is an introductory rate. Continuation after the trial session is only offered by Kicks Karate at an increased fee. Please note: Classes are held at the Flower Hill Shopping Center, 18226 Flower Hill Way and in Quince Orchard at The Shops at Potomac Valley, 12105 Darnestown Rd.

### 4-6 yrs, 30 minutes

43959 4/5 TuTh 4:00pm FH 10 \$85(R)/\$92(N) Kicks

43960 4/4 MW 6:00pm FG 10 \$85(R)/\$92(N) Kicks

43961 4/4 MW 6:00pm QO 10 \$85(R)/\$92(N) Kicks

43962 4/5 TuTh 5:10pm QO 10 \$85(R)/\$92(N) Kicks

43963 4/4 MW 3:45pm QO 10 \$85(R)/\$92(N) Kicks

43968 5/17 TuTh 4:00pm FH 10 \$85(R)/\$92(N) Kicks

43969 5/16 MW 6:00pm FH 10 \$85(R)/\$92(N) Kicks

43970 5/16 MW 6:00pm QO 10 \$85(R)/\$92(N) Kicks

43971 5/17 TuTh 5:10pm QO 10 \$85(R)/\$92(N) Kicks

43972 5/16 MW 3:45pm QO 10 \$85(R)/\$92(N) Kicks

### 7-12 yrs, 50 minutes

43964 4/5 TuTh 6:00pm FH 10 \$95(R)/\$102(N) Kicks

43965 4/4 MW 4:00pm FH 10 \$95(R)/\$102(N) Kicks

43966 4/4 MW 4:20pm QO 10 \$95(R)/\$102(N) Kicks

43967 4/5 TuTh 6:10pm QO 10 \$95(R)/\$102(N) Kicks

43973 5/17 TuTh 6:00pm FH 10 \$95(R)/\$102(N) Kicks

43974 5/16 MW 4:00pm FH 10 \$95(R)/\$102(N) Kicks

43975 5/16 MW 4:20pm QO 10 \$95(R)/\$102(N) Kicks

43976 5/17 TuTh 6:10pm QO 10 \$95(R)/\$102(N) Kicks

### CLASS LOCATION:

ACBP Activity Center at Bohrer Park

CCC Casey Community Center

DF Diamond Farms Park

FH Kicks Karate, Flower Hill Way

LMS Lakelands Park Middle School

MP Morris Park

QO Kicks Karate, Darnestown Road

**FITNESS**

**ZUMBA KIDS**

Zumba Kids is exercise in disguise! Kids love to crank up the music, shake, wiggle, and have a blast with their friends. This class keeps kids engaged, reduces stress, gets the heart pumping, and makes them smile. In every class we learn a new dance, play dance games, and learn steps from around the world. Please bring a water bottle.

**Age: 6 - 11 years**

**Length: 1 hour**

43711 4/6 W 6:15pm LMS 10 \$50(R)/\$57(N) Batista

**SPORTS**

**PEE WEE TENNIS**

Basic introduction through the use of eye/hand coordination drills and specially designed games, children learn the basic strokes and rules.

**Age: 5 - 7 years**

**Length: 45 minutes**

44146	4/13	W	4:45pm	MP	6	\$60(R)/\$67(N)	Harwood
44147	4/14	Th	4:45pm	DF	6	\$60(R)/\$67(N)	Raaf
44148	4/16	Sa	11:00am	MP	6	\$60(R)/\$67(N)	Raaf
44149	4/17	Su	12:00pm	MP	6	\$60(R)/\$67(N)	Harwood

**TENNIS - YOUTH**

The program teaches basic skills to those who have never had instruction or consistent practice.

**Age: 8 - 12 years**

**Length: 1 hour**

44150	4/13	W	5:30pm	MP	6	\$65(R)/\$72(N)	Harwood
44151	4/14	Th	5:30pm	DF	6	\$65(R)/\$72(N)	Raaf
44152	4/16	Sa	9:00am	MP	6	\$65(R)/\$72(N)	Raaf
44153	4/17	Su	12:45pm	MP	6	\$65(R)/\$72(N)	Harwood



**MUSIC**

**NEW PIANO FOR LITTLE FINGERS – PARENT AND CHILD**

Our youngest musicians will participate in instruction and age appropriate theory as well as musical games, listening excerpts, related projects and more! Each student will be issued a FREE rental instrument and materials to borrow for the duration of the class: materials are intended for in-class and at-home exploration. A rental agreement must be signed by the parent at the first class. Instruments must be returned at the end of the program on the last scheduled class day.

**Class registration fee is non refundable.**

**Age: 2 - 5 years**

**Length: 30 minutes**

44043 4/2 Sa 10:00am BGC 8 \$159(R)/\$166(N) TBA

**NEW GUITAR FOR LITTLE FINGERS – PARENT AND CHILD**

Our youngest musicians will participate in instruction and age appropriate theory as well as musical games, listening excerpts, related projects and more! Each student will be issued a FREE rental instrument and materials to borrow for the duration of the class: materials are intended for in-class and at-home exploration. A rental agreement must be signed by the parent at the first class. Instruments must be returned at the end of the program on the last scheduled class day.

**Class registration fee is non refundable.**

**Age: 4 - 7 years**

**Length: 30 minutes**

44044 4/2 Sa 10:45am BGC 8 \$159(R)/\$166(N) TBA

**DANCE**

**CREATIVE DANCE**

Introduces children to the three elements of dance - energy, space and time - in a fun, image-oriented environment. Motor, spatial, cognitive and social skills are taught. Parents do not attend, however are invited to observe the last class.

**Age: 3 - 5 years**

**Length: 45 minutes**

43907	4/9	Sa	9:15am	CCC	7	\$63(R)/\$70(N)	Foster
43908	4/4	M	5:00pm	LMS	8	\$72(R)/\$79(N)	Da Costa Lima
43909	4/6	W	10:40am	CCC	8	\$72(R)/\$79(N)	Meetze
43910	4/9	Sa	11:15am	CCC	7	\$63(R)/\$70(N)	Da Costa Lima
43911	4/7	Th	4:00pm	CCC	8	\$72(R)/\$79(N)	Da Costa Lima

Classes will not be held May 28 – 30  
(Memorial Day weekend)

**KEY:**

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

## SUMMER DANCE CAMPS



### BALLET INTENSIVE

Students will have a concentrated 90 minute ballet technique class. The program includes exploration of modern, Pilates, stretch and strengthen exercise, as well as pointe variations. Prerequisite is a minimum of four years of ballet training.

**Ages 11 – 18 by the first day of program**

Mon., June 20 – Fri., June 24

5:30 – 8:30 p.m.

\$149 (R)/\$159(N)

Activity: 43628

Casey Community Center  
810 S. Frederick Ave.

Supervisor: Denise Mornini x119

### DANCE CAMP

This innovative camp offers students an opportunity to sample ballet, tap, jazz, modern, and hip-hop. Students will learn some dance history and tales of various ballets. Camp is open to new and continuing students. Register early. There are a limited number of openings.

**Ages 6 – 11 by the first day of program**

Mon., June 20 – Fri., June 24

9 a.m. – Noon

\$139(R)/\$149(N)

Activity: 43599

Casey Community Center  
810 S. Frederick Ave.

Supervisor: Denise Mornini x119



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

## Dance Recital

On June 4, 2016 the City of Gaithersburg will present a dance recital at Gaithersburg High School.

Performing is an important part of dance training and students will have the opportunity to perform on stage before family and friends.

There is no admission fee and the public is welcome to attend.

**Note:**

*Most Youth dance classes are continuing from the winter. A selection of dance classes will be offered in the summer, and a full complement will be offered again in the fall.*

### BALLET, TEEN & ADULT

Class consists of barre work, center floor and combinations. Designed for new students and those refreshing their abilities after a few years away.

**Age: 16 to Adult**

**Length: 1 hour**

43915 4/ 6 W	9:30am	CCC 8	\$79(R)/\$86(N)/\$40(S)	Meetze
43916 4/ 7 Th	6:30pm	CCC 7	\$69(R)/\$76(N)/\$35(S)	Meetze

### BALLROOM ESSENTIALS

Don't just survive the dance floor...become comfortable on it! A seasoned instructor takes you through the basic art of leading, following and music recognition (which steps go with which music). Last class will be a dance party to apply what you've learned. Welcome singles!

**Age: 16 to Adult**

**Length: 1 hour**

43713 4/ 8 F	6:30pm	ACBP 10	\$99(R)/\$106(N)/\$50(S)	TBA
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### BELLY DANCE – BEGINNER

Learn to shimmy in style in this introduction to the beautiful art of belly dance. You'll practice foundation movements for the hips, torso, arms, and head, all while dancing to the latest music from the Middle East, North Africa, and the Mediterranean. Ananke breaks down each movement in easy to follow progressions. No experience required. Two left feet okay!

**Age: 16 to Adult**

**Length: 1 hour**

43950 4/4 M 8:00pm CCC 9 \$81(R)/\$88(N)/\$45(S) Ananke

### BELLY DANCE – ADVANCED BEGINNER

In this second level of belly dance, students will review foundation movements and begin to incorporate more advanced techniques such as layering and traveling. You will also study musicality, transitions, and stylistic interpretation, and be given the opportunity to perform in student recitals. Successful completion of Beginner level required.

**Age: 16 to Adult**

**Length: 1 hour**

43952 4/6 W 8:00pm CCC 10 \$89(R)/\$96(N)/\$50(S) Ananke

### BELLY (MID EASTERN) DANCING – INTERMEDIATE

Develop your own style in the practice and performance of dances from the Middle East, North Africa and the Mediterranean. Each semester focuses on an advanced topic such as the use of a prop, a folkloric style, improvisation techniques or performance skills. This is a class for experienced dancers who have completed Advanced Beginner Belly Dance, or who have otherwise gotten permission from the instructor.

**Age: 16 to Adult**

**Length: 1 hour**

43951 4/6 W 6:30pm CCC 10 \$89(R)/\$96(N)/\$50(S) Ananke

### BELLY DANCE PRACTICE

Take your study of belly dance to the next level in this 'bonus' cardio workout. Instructor-led drills are designed to increase your strength, flexibility, coordination and balance. It is a half hour of non-stop dancing that is guaranteed to improve your technique! Open to students who have completed or are concurrently enrolled in Advanced Beginner or Intermediate Belly Dance.

**Age: 16 to Adult**

**Length: 30 minutes**

43953 4/6 W 7:30pm CCC 10 \$50(R)/\$57(N) Ananke

**Appropriate dance footwear must be worn for dance classes. No rubber soles, flip flops, or slides please.**

### **NEW** BELLY DANCE – PERFORMANCE WORKSHOP

Learn how to 'own the stage' in this advanced topic, bonus workshop series for advanced dancers with performance experience. You'll learn how to have presence in performance even if you are an introvert, and how to look good improvising even when you have no idea what you're doing! Learn how to make conscience choices of emotion and master your transitions. This nine week course culminates in a performance in the spring student recital.

**Age: 16 to Adult**

**Length: 1 hour and 30 minutes**

43954 4/4 M 6:30pm CCC 9 \$122(R)/\$129(N)/\$61(S) Ananke

### COUNTRY WESTERN SAMPLER

Learn the basics of partner dancing to fast and slow country music. No partner required. No experience required. Just come to have fun! Dances covered may include Country 2-Step, Waltz, Polka, Swing, Cha Cha, Nightclub, or other dances by request and as time permits.

**Age: 16 to Adult**

**Length: 1 hour**

Beginner

43984 4/10 Su 2:00pm CCC 4 \$39(R)/\$46(N)/\$35(S) Stearns

### LATIN VARIETY – LEVEL 1

Latin Variety is an introductory dance course that gives a foundation of movement for students who have had little or no dance experience. Students will learn the basics in Salsa, Merengue, Cha Cha and Bachata. Emphasis will be on fun and the overall wellness dancing brings! The development of partnering skills, lead and follow, the basic principles of timing, and variations of simple turn patterns will be covered. Everyone welcome!

**Age: 16 to Adult**

**Length: 1 hour**

43989 4/6 W 6:30pm BGC 10 \$99(R)/\$106(N)/\$50(S) Wherry

### WEST COAST SWING

West Coast Swing is the smoothest form of Swing dance and has grown in popularity in the past decade. The DC area is teeming with places to jump, jive and wail on the dance floor. No partner is required. No experience necessary. Just come out, learn to dance, and be ready to have some fun.

**Age: 16 to Adult**

**Length: 1 hour**

Beginner

43985 4/10 Su 3:00pm CCC 4 \$39(R)/\$46(N)/\$35(S) Stearns

### CLASS LOCATION:

ACBP Activity Center at Bohrer Park

BGC Benjamin Gaither Center

CCC Casey Community Center

**Classes will not be held May 28 – 30  
(Memorial Day weekend)**

### KEY:

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

**(R) Resident / (N) Nonresident / (S) Senior Resident**

**BOLLYWOOD WORKOUT**

Move spectacularly and develop stellar abs! We combine Bhangra and Bollywood moves (expressively using your head, eyes, fingers, wrists, arms, and, of course, hips!) in one high-energy hour of stress-relieving fun. Bring your dance scarf!

**Age: Teen and Adult**

**Length: 1 hour**

43955 4/5 Tu 6:30pm LMS 8 \$63(R)/\$70(N)/\$45(S) Pavelle

**BONE BUILDERS**

Bone Builders is a free volunteer-led exercise program offered for ages 55+, in partnership with Montgomery County Department of Health and Human Services, Recreation, and the RSVP volunteer program. Participants lift ankle weights and hand weights to increase bone density in this evidence-based program. Bone Builders has a strict attendance policy: participants must consistently attend twice per week to maintain their places in class. Other similar, affordable, easily transitional offerings are available at the Benjamin Gaither Center and Montgomery County Recreation Centers.

**Age: 55 years and up**

**Length: 1 hour**

43614 4/4 MW 10:00am ACBP 18 Free(R)/Free(N) Snay

**CORE STRENGTH**

You think this is all sit-ups? Think again! This core workout develops, strengthens, and tones muscles attached to the hips, pelvis, lower back, and front and side abdominals. Bring a mat and towel. (The towel will be used as a tool during class.)

**Age: 16 to Adult**

**Length: 30 minutes**

43901 4/4 MW 6:25pm LMS 19 \$95(R)/\$102(N) Brouillette

43902 4/4 M 6:25pm LMS 9 \$45(R)/\$52(N) Brouillette

43903 4/6 W 6:25pm LMS 10 \$50(R)/\$57(N) Brouillette

**DYNAMIC ENERGY BOOST (DEB) WORKOUT**

Get charged by DEB! Safely challenge your body to its limit through interval drills, floorwork and resistance training. Bring your own large exercise ball.

**Age: 16 to Adult**

**Length: 45 minutes**

43620 4/7 Th 7:00pm ACBP 9 \$63(R)/\$70(N)/\$45(S) Moran

**NEW GROUP CIRCUIT**

Group Circuit combines cardiovascular fitness and resistance training and is an efficient and challenging method for working out. It's perfect for those seeking to develop strength, endurance (both aerobic and anaerobic), flexibility and coordination. A well-designed circuit can help correct imbalances and improve overall power while ensuring maximum results in a minimum amount of time. The workouts are challenging but suitable for all fitness levels. Includes machines, light plyometrics and agility enhancing exercise.

**Age: 16 to Adult**

**Length: 1 hour**

44050 4/6 W 4:15pm BGC 10 \$90(R)/\$97(N)/\$50(S) Williams

**CLASS LOCATION:**

- ACBP Activity Center at Bohrer Park
- BGC Benjamin Gaither Center
- CCC Casey Community Center
- FH Kicks Karate, Flower Hill Way
- LMS Lakelands Park Middle School
- QO Kicks Karate, Darnestown Road



**HIGH-INTENSITY INTERVAL TRAINING (H.I.T.)**

Interval endurance training for the athletic adult. Warm up, then go into high-intensity bursts (run or power walk, interspersed with recovery periods using other muscle groups) followed by balance challenges, flexibility with long sticks (provided) or floor work.

**Age: 18 to Adult**

**Length: 1 hour**

43716 4/5 Tu 9:15am ACBP 10 \$50(R)/\$57(N) Momini

43717 4/7 Th 9:15am ACBP 9 \$45(R)/\$52(N) Momini

**NEW KICK-BOXING**

Aerobics class combined with the self defense techniques of blocking, kicking and punching. Wear regular workout clothes. Boxing gloves included in fee. Please note: Quince Orchard classes are held at The Shops at Potomac Valley, 12105 Darnestown Road. Flower Hill classes are held at 18226 Flower Hill Way.

**Age: 16 to Adult**

**Length: 50 minutes**

43878 4/5 TuTh5:00pm QO 10 \$90(R)/\$97(N) Kicks

43879 4/4 MW 6:00pm QO 10 \$90(R)/\$97(N) Kicks

43880 4/5 TuTh8:00pm FH 10 \$90(R)/\$97(N) Kicks

43881 4/4 MW 6:00pm FH 10 \$90(R)/\$97(N) Kicks

43882 4/9 Sa 8:00am FH 10 \$90(R)/\$97(N) Kicks

43883 4/9 Sa 11:00am QO 10 \$90(R)/\$97(N) Kicks



**LOW IMPACT AEROBIC FITNESS & DANCE**

Become healthier and more fit while having fun and improving your cardiovascular fitness. Includes warm-up, stretching, dancing and cool-down. No previous dance experience necessary. Bring a mat and hand weights up to 2 lbs.

**Age: 18 to Adult**

**Length: 1 hour**

43922 4/5 Tu 9:30am CCC 10 \$69(R)/\$76(N)/\$50(S) Ford

**PILATES – BEGINNING**

Ever wanted to try Pilates, but weren't sure what it was all about? Get in on the ground floor with this introductory class.

**Age: 16 to Adult**

**Length: 1 hour**

43618 4/14 Th 7:00pm BGC/ACBP 9 \$81(R)/\$88(N)/\$45(S) Beck

43619 4/14 Th 10:00am CCC 9 \$81(R)/\$88(N)/\$45(S) Beck

**PILATES MAT CLASS**

System of exercises designed to dynamically strengthen and lengthen the body. Balance, flexibility, joint stability, and improved posture are achieved and maintained. Relaxation techniques are incorporated to enhance mind/body awareness.

**Age: 16 to Adult**

**Length: 1 hour**

43615 4/12 Tu 6:30pm ACBP 9 \$81(R)/\$88(N)/\$45(S) Beck

43616 4/12 Tu 11:35am CCC 9 \$81(R)/\$88(N)/\$45(S) Beck

43617 4/8 F 11:15am CCC 10 \$89(R)/\$96(N)/\$50(S) Lu-Weir

**PIYO**

PiYo combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility advantages of Yoga. By introducing you to dynamic, flowing sequences PiYo delivers a true fat-burning, low-impact workout that leaves your body looking long, lean, and incredibly defined. Bring a mat.

**Age: Teen and Adult**

**Length: 1 hour**

43956 4/5 Tu 7:35pm LMS 8 \$63(R)/\$70(N)/\$45(S) Pavelle

**NEW POWER STRETCH**

A stretching program designed to burn calories, elongate muscle fibers for better performance and increase flexibility, agility and dexterity.

**Age: 16 to Adult**

**Length: 1 hour**

44049 4/7 Th 4:00pm BGC 8 \$64(R)/\$71(N)/\$40(S) Williams

**STEP ROCKS!**

Athletic, high-octane combinations set to motivating, current music create a fun and effective full-body workout. Class consists of a warm up, upper body muscle toning using hand weights, cardiovascular work with specific training objectives, abdominals and a cool down/stretch sequence. Students are encouraged to bring their own steps, mats, and hand weights, though a limited number are available for loan by arrangement with Nancy at 301-990-1846.

**Age: 16 to Adult**

**Length: 1 hour**

43904 4/4 MW 7:00pm LMS 19 \$133(R)/\$140(N)/\$95(S) Brouillette

43905 4/4 M 7:00pm LMS 9 \$63(R)/\$70(N)/\$45(S) Brouillette

43906 4/6 W 7:00pm LMS 10 \$70(R)/\$77(N)/\$50(S) Brouillette

**STRETCH**

Increase flexibility and joint mobility in this alignment-oriented class. Work through stretches for the entire body as well as relaxation techniques to reduce stress.

**Age: 16 to Adult**

**Length: 1 hour**

43896 4/12 Tu 10:35am CCC 9 \$81(R)/\$88(N)/\$45(S) Beck

43897 4/8 F 10:15am CCC 10 \$89(R)/\$96(N)/\$50(S) Lu-Weir

**TAI CHI**

An ancient Chinese exercise form practiced by millions for both physical and spiritual development. It exercises the body, calms the mind and uplifts the spirit. Benefits the average person, athletes or those recovering from injuries or back problems. Wear loose clothing.

**Age: Teen and Adult**

**Length: 1 hour**

**Beginning**

43626 4/9 Sa 11:30am ACBP 8 \$72(R)/\$79(N)/\$40(S) Ostrove

43627 4/12 Tu 7:00pm LMS 8 \$72(R)/\$79(N)/\$40(S) Ostrove

**Continuing**

43625 4/9 Sa 10:30am ACBP 8 \$72(R)/\$79(N)/\$40(S) Shi

**TAI CHI PRACTICE CLASS I**

Students who register for this class should have learned Tai Chi 24 Form and wish to further refine their knowledge of that Form. Qi Gong Ba Duan Jin Form, which focuses more on relaxing and stretching, is also practiced. An instructor is available to lead and assist.

**Age: Teen and Adult**

**Length: 1 hour**

43714 4/9 Sa 11:30am ACBP 8 \$72(R)/\$79(N)/\$40(S) Shi

**TAI CHI PRACTICE II**

This class is for students who have learned the Tai Chi 24 Form and wish to learn additional Tai Chi Forms including the 42 Sword Competition Form and the Tai Chi 48 Form. Qi Gong Ba Duan Jin Form, which focuses more on relaxing and stretching, is also practiced.

**Age: 16 to Adult**

**Length: 1 hour**

43715 4/9 Sa 10:30am ACBP 8 \$72(R)/\$79(N)/\$40(S) Xu



**WERQ™**

WERQ™ is the intensely fun dance fitness workout based on pop, rock and Hip-Hop music taught by certified fitness professionals. The signature WERQ warm-up previews the dance steps used in class and the cool down includes balance and Yoga-inspired poses. Are you ready for a WERQout?

**Age: 16 to Adult**

**Length: 1 hour**

43957 4/7 Th 6:30pm LMS 8 \$63(R)/\$70(N)/\$45(S) Pavelle

**WORK SMART STRENGTH TRAINING**

Work smarter not harder with a dynamic, whole-body workout. Engage your core muscles in new ways, attend to flexibility and subtle alignment for safety, and release restrictions in your connective tissue. You'll leave with a workout you can do at home or on the road.

**Age: 16 to Adult**

**Length: 1 hour**

43731 4/5 Tu 10:00am ACBP 9 \$81(R)/\$88(N)/\$45(S) Thompson

**CLASS LOCATION:**

- ACBP Activity Center at Bohrer Park
- BGC Benjamin Gaither Center
- CCC Casey Community Center
- LMS Lakelands Park Middle School



**INCLEMENT WEATHER**

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

**YOGA**  
*in the Park*

**Tuesdays, May 3 – July 26 at 7 p.m.**

**Gaithersburg City Hall Concert Pavilion**

**Bring a yoga mat.**

**Free • All Ages**



**YOGA – GENTLE EXPLORATIONS**

Learn how to free muscle tension and stiff joints using movement explorations and Yoga poses that feel easy and relaxed. We'll look at how to apply effective alignment to everyday activities to increase your overall comfort and energy levels. Beginners and students with chronic pain welcome.

**Age: 16 to Adult**

**Length: 1 hour**

43728 4/5 Tu 9:00am ACBP 9 \$81(R)/\$88(N)/\$45(S) Thompson

43729 4/11 M 6:45pm BGC 6 \$54(R)/\$61(N)/\$35(S) Thompson

43730 4/7 Th 10:00am ACBP 9 \$81(R)/\$88(N)/\$45(S) Thompson

**YOGA – RESTORATIVE**

Fully relax and surrender layers of deeply held tension in this quieting, supportive and revitalizing Yoga practice. Restorative postures are done lying passively over props. The practice is therapeutic and helps with alignment and symptoms of chronic stress. Relax and find harmony with your body's natural rhythms.

**Age: 16 to Adult**

**Length: 1 hour**

43918 4/9 Sa 10:00am BGC 9 \$81(R)/\$88(N)/\$45(S) Potash

**YOGA – VINYASA**

Follow the flow of breath through sequences of asanas or postures in this Vinyasa Flow class. You will synchronize movement with breath to awaken strength, energy and flexibility. Open to all levels of practice. Options and modifications will be presented for all participants to work at their own levels.

**Age: 16 to Adult**

**Length: 1 hour**

43917 4/9 Sa 9:00am BGC 9 \$81(R)/\$88(N)/\$45(S) Potash

**YOGA CHALLENGE FOR REAL BODIES**

Prepare the body and attend to alignment so that you practice safely and experience the satisfaction of doing challenging poses with perfect balance of strength and relaxation. A nice workout for those who are physically fit and already familiar with Yoga.

**Age: 16 to Adult**

**Length: 1 hour and 15 minutes**

43737 4/11 M 5:30pm BGC 6 \$68(R)/\$75(N)/\$38(S) Thompson

43738 4/7 Th 5:30pm BGC 9 \$102(R)/\$109(N)/\$57(S) Thompson

**Classes will not be held May 28 – 30 (Memorial Day weekend)**

## YOGA CLINICS

### FOR NECK AND SHOULDER TENSION

Do you have pain in your neck? Tension in your shoulders? Learn techniques to relieve stiff muscles that contribute to neck pain and tension headaches. Learn Yoga poses to loosen your shoulders.

**Age: 16 to Adult**

**Length: 3 hours**

44167 4/16 Sa 9:00am BGC 1 \$27(R)/\$34(N) Thompson

### **NEW** SLEEP AND RELAXATION

Relax your body, calm your mind, and lull yourself to sleep. Learn gentle Yoga and movement sequences that you can do at home to ease away tension and prepare for a comfortable night of rest. Simple and effective breathing techniques help you to fall asleep quickly and improve the quality of your sleep.

**Age: 16 to Adult**

**Length: 3 hours**

44154 6/6 M 6:00pm BGC 1 \$27(R)/\$34(N) Thompson

### YOGA – ADAPTIVE

Participants include individuals with herniated discs and back pain, chronic pain, MS and those post-surgery and injury. Warm-ups and movement explorations guide participants to ease into poses. Students will gain a working knowledge of Yoga and also learn how to carry these approaches into everyday activities such as walking, bending and lifting. Chair Poses: All explorations are done sitting in chairs. Floor Poses: Explore postures and movements while sitting or lying on the floor.

**Age: 16 to Adult**

**Length: 1 hour**

#### Chair Poses

43733 4/5 Tu 11:00am ACBP 9 \$81(R)/\$88(N)/\$45(S) Thompson

#### Floor Poses

43732 4/7 Th 11:00am ACBP 9 \$81(R)/\$88(N)/\$45(S) Thompson

### YOGA FOR BACK PAIN

Gentle movement sequences release tight back muscles and restricted joints. Learn how to effectively use your core to protect your back. Directions include new ways to adjust alignment and distribute movement more evenly through the body in order to prevent strain and future injuries.

**Age: 16 to Adult**

**Length: 1 hour**

43877 4/7 Th 6:45pm BGC 9 \$81(R)/\$88(N)/\$45(S) Thompson

### YOGA FOR REAL BODIES

A pleasurable approach to Yoga. Alignment and movement adjustments allow you to gain a working knowledge of how to release tension and ease into poses. Beginners welcome. Monday and Thursday evenings are 75 minutes, Thursday mornings are 60 minutes.

**Age: 16 to Adult**

43734 4/11 M 7:45pm BGC 6 \$68(R)/\$75(N)/\$38(S) Thompson

43735 4/7 Th 9:00am ACBP 9 \$81(R)/\$88(N)/\$45(S) Thompson

43736 4/7 Th 7:45pm BGC 9 \$102(R)/\$109(N)/\$57(S) Thompson



## ZUMBA in the Park

**Fridays, May 6 – August 26 at 7 p.m.**

(No session May 20)

**Gaithersburg City Hall Concert Pavilion**

**Free • All Ages**

### ZUMBA

Our goal is simple: Love your workout! Zumba features interval dance sessions that combine fast and slow rhythms to maximize fat burning. Learn the Tango, Salsa, Cumbia and Reggaeton. We'll add some Latin flavor and international zest into the mix while you experience an hour of body-energizing, stress-relieving fun. Join the Zumba Fitness Party!

**Age: Teen and Adult**

**Length: 1 hour**

43621	4/9	Sa	9:00am	ACBP	9	\$45(R)/\$52(N)	Turner
43622	4/8	F	6:30pm	ACBP	4	\$20(R)/\$27(N)	Edghill
43623	4/6	W	6:45pm	ACBP	10	\$50(R)/\$57(N)	Ford
43624	4/6	W	7:15pm	LMS	10	\$50(R)/\$57(N)	Batista

### ZUMBA FUSION 101

Zumba and Toning all in one hour. Zumba Fusion 101 is an excellent introduction to Zumba! It features interval dance and toning choreography that combines slower rhythms and more basic choreography to maximize fat burning while building muscle. Zumba Fusion is for those new to fitness.

**Age: Teen and Adult**

**Length: 1 hour**

43920	4/4	M	11:00am	CCC	9	\$45(R)/\$52(N)	Ford
43921	4/6	W	10:35am	CCC	10	\$50(R)/\$57(N)	Ford

### ZUMBA TONING

Zumba Toning features interval dance and toning sessions that combine fast and slow rhythms to maximize fat burning while building muscle. Zumba Toning makes an excellent addition to your current Zumba dance fitness schedule, or provides a great workout on its own. Bring 1 or 2 pound hand weights.

**Age: Teen and Adult**

**Length: 1 hour**

43720	4/4	M	6:30pm	ACBP	9	\$45(R)/\$52(N)	Ford
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#### KEY:

Activity	Start	Day	Time	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident



**STEM (Science/Technology/Engineering/Math)**

**ROBOTICS: INTRODUCTION TO LEGO ROBOTICS**

Life is more FUN with robots! Learn by doing with a certified STEM educator from Get Into STEM. This STEM-based class is designed to provide students with an exciting, hands-on introduction to robotics using the LEGO® Mindstorms™ EV3 system. Participants (in groups of 2-3) will build and program an autonomous robot to complete a pre-designed task. Hardware and software needed for the class will be provided; participants can bring in a flash drive to save their programs for future use. **Class registration fee is non-refundable.**

**Age: 9 - 11 years**

**Length: 5 hours**

43991 4/30 Sa 10:00am BGC 1 \$89(R)/\$96(N) Adetoro

**ROBOTICS: INTERMEDIATE LEGO ROBOTICS**

This intermediate robotics class (progression from the Introduction to LEGO Robotics class) is designed to provide students with an exciting, hands-on experience with the LEGO® Mindstorms™ EV3 system. Participants (in groups of 2-3) will expand on the introduction curriculum and learn how to use sensors, loop blocks, switch blocks, and wait blocks. Students should have either taken the Introduction to LEGO Robotics class or have experience with programming using the LEGO Mindstorms EV3 software. **Class registration fee is non-refundable.**

**Age: 9 - 11 years**

**Length: 5 hours**

43992 5/21 Sa 10:00am BGC 1 \$89(R)/\$96(N) Adetoro

**NEW ROCKET SCIENCE**

Launching into space is an amazing feat. How do we know we can get where we want to go? Engineering design is important to helping us reach our goals. In this STEM class, students in small groups of 2-3 will design and build a straw rocket and maximize its flight time. Students will learn how launch angle, force and rocket length affect the flight distance of a straw rocket. **Class registration fee is non-refundable.**

**Age: 9 - 11 years**

**Length: 2 hours**

43993 4/23 Sa 10:00am BGC 1 \$30(R)/\$37(N) Adetoro



**INCLEMENT WEATHER**

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

**HEARTSAVER FIRST AID, CPR, AED**

This instructor-led, video-based course teaches students critical skills needed to respond to and manage a first aid, choking, or sudden cardiac arrest emergency in the first few minutes until an ambulance arrives. This course is for anyone with limited or no medical training who needs a course completion card in First Aid, CPR and AED use to meet job, regulatory or other requirements.

**Age: Teen and Adult**

**Length: 2 hours and 30 minutes**

44035	4/10	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA
44036	4/24	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA
44037	5/1	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA
44038	5/15	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA
44039	5/29	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA
44040	6/5	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA
44041	6/12	Su	9:15am	BGC	1	\$49(R)/\$56(N)	TBA

**MUSIC**

**NEW GUITAR – GROUP**

Students participate in musical instruction and theory as well as musical games, listening excerpts, related projects and more! Each student will be issued a FREE rental instrument and materials to borrow for the duration of the class: materials are intended for in-class and at-home exploration. A rental agreement must be signed by the parent at the first class. Instruments must be returned at the end of the program on the last scheduled class day. **Class registration fee is non-refundable.**

**Age: Teen and Adult**

**Length: 1 hour**

44045	4/3	Su	10:00am	BGC	8	\$192(R)/\$199(N)	TBA
44046	4/7	Th	7:00pm	BGC	8	\$192(R)/\$199(N)	TBA

**NEW PIANO – GROUP**

Students will participate in musical instruction and theory as well as musical games, listening excerpts, related projects and more! Each student will be issued a FREE rental instrument and materials to borrow for the duration of the class: materials are intended for in-class and at-home exploration. A rental agreement must be signed by the parent at the first class. Instruments must be returned at the end of the program on the last scheduled class day. **Class registration fee is non-refundable.**

**Age: Teen and Adult**

**Length: 1 hour**

44047	4/4	M	7:00pm	BGC	8	\$192(R)/\$199(N)	TBA
44048	4/6	W	6:30pm	BGC	8	\$192(R)/\$199(N)	TBA

**CLASS LOCATION:**

BGC Benjamin Gaither Center

Classes will not be held May 28 – 30 (Memorial Day weekend)

**KEY:**

Activity	Start	Day	Time	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

## BENJAMIN GAITHER CENTER

80A Bureau Dr.  
301-258-6380



### For Active Adults Age 55 and Better!

Open 8:30 a.m. – 4 p.m.  
Monday through Friday

**Fitness Center Hours**  
Monday – Friday, 8:30 a.m. – 4 p.m.  
Saturday, 9 – 11:45 a.m.

Discover the energy and vitality found at the Benjamin Gaither Center! If you are an active adult and would like to increase your fitness level, participate in trips, attend informative lectures, choose from a wide variety of classes, enjoy entertainment, and meet new people – we have it! Not sure if this is for you? Come try us out for one day for free.

#### Yearly Membership Rates

Gaithersburg City Residents – \$40 per person/\$70 per couple  
Nonresidents – \$120 per person/\$180 per couple

#### Or Try Us for a Month!

Gaithersburg City Residents – \$10 per person  
Nonresidents – \$25 per person

#### Fitness Center

Annual Membership – \$75 per person  
(Must be Benjamin Gaither Center Member)

Bus transportation available depending on your geographic location.

### NEW!

We are now offering Small Group Personal Training. Find the schedule in the latest copy of our monthly newsletter available under Services at [gaithersburgmd.gov](http://gaithersburgmd.gov)

Check out evening offerings at the Benjamin Gaither Center in the class listings beginning on page 28 of this Go! Gaithersburg Guide.



### SO MUCH TO OFFER

Aerobics/Exercise classes for all Levels, Weight Training, Flexible Strength, Power Stretching, Stability Ball, Computer Help, English Classes, Book Discussions, Watercolor, Cross Stitch, Quilting, Embroidery, Safe Driving Classes, Educational and Informative Lectures, Crochet, Bridge, Mah Jongg, Canasta, Billiards, Scrabble, Carrom, Ping Pong, Poker, Bingo, Private Music Lessons and so much more!

### TRIPS

The Visionary Art Museum, Woodrow Wilson House, Pentagon, Arena Stage, Weinberg Center, Museums in Baltimore and Washington, D.C. and many, many more. We offer at least 6 trips a month!

### ACTIVITIES

Musical Performances, Dances, Celebrations, Discussion Groups, Diversity Programs, Interesting Lectures and Presentations, Breakfasts and much, much more.

### ENHANCE YOUR HEALTH

Exercise classes, daily lunch through the Senior Nutrition Program, support groups for caregivers, case management services, health screenings and enrichment programs through local hospitals. **Come check out our new fitness center.**



### ACTIVE AGING EXPO

**Monday, May 2**  
**Activity Center at Bohrer Park**

Check out the varied speakers, wellness checks, free classes, entertainment, free lunch and local area vendors.  
Free massages, manicures and more!



## YOUTH & TEEN SPORTS

Youth and Teen Sports are offered in the fall, winter and spring of each year. A summary of the programs offered by season is listed below:

### SPRING

Registration: February – March 1

Start Smart Sports	Ages 4 – 6	Coed
T-Ball	Grades K – 1	Boys and Girls
Softball	Grades 2 – 8	Girls
JUGS Baseball	Grades 2 – 5	Coed
Volleyball	Grades 4 – 5	Boys and Girls
Soccer	Grades 1 – 6	Boys and Girls
Track & Field	Ages 7 – 14	Boys and Girls
Teen Volleyball	Grades 6 – 8	Boys and Girls

### SUMMER

Registration: February – May

Strokes & Strides	Ages 7 – 14	Coed
Ready, Set, Run	Ages 7 – 14	Coed
Soccer Camps & Clinics	Ages 3 – 14	Coed
Volleyball Clinics	Grades 4 – 12	Coed
Tennis Clinics	Ages 7 – 11	Coed
SportsFest – July 16, 2016		

### FALL

Registration: Middle of July – first week in September

Start Smart Sports		
Football & Soccer	Ages 4 & 5	Coed
Flag Football, Coed	Grades K – 5	Coed
Soccer, Boys and Girls	Grades 1 – 6	Boys and Girls
Volleyball, Boys and Girls	Grades 4 – 5	Boys and Girls
Cross Country, Coed	Grades 1 – 6	Coed
Flag Football, Coed	Grades 6 – 8	Coed
Volleyball Clinic, Coed	Grades 6 – 8	Coed

### WINTER

Registration: Middle of October – third week in November

Start Smart Sports Basketball	Ages 4 & 5	Coed
Basketball	Grades K – 8	Boys and Girls
Volleyball	Grades 6 – 12	Boys and Girls



## GAITHERSBURG SPORTS!

[www.gaithersburgmd.gov/leisure/sports](http://www.gaithersburgmd.gov/leisure/sports)

## ADULT SPORTS

### SPRING

Softball	Coed, Men's
Volleyball	Women's, Coed
Tennis	Senior, League
Senior Bowling	
Pickleball	
Sports Trips	
Golf Tournament	

### SUMMER

Volleyball	Reverse, Women's, Coed, Outdoor Doubles
Senior Bowling	
Senior Tennis	
Pickleball	
Sports Trips	

### FALL

Softball	Coed, Men's
Volleyball	Coed, Women's
Tennis	Senior, League, Tournament
Senior Bowling	
Pickleball	
Golf Tournament	

### WINTER

Volleyball	Men's, Women's
Senior Bowling	
Pickleball	



[www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)  
301-258-6350

*Spring  
Swing*

**Friday  
May 6, 2016**

**8:45 a.m.  
Shotgun Start**

**New Location  
Poolesville Golf Course  
16601 W. Willard Rd.  
Poolesville, MD**

**All proceeds  
benefit the youth coaches  
education program.**

**TENNIS**

Beginners: Starting to play and have never had lessons. Learn fundamental strokes and scoring. Advanced Beginners: Have had some lessons, have more dependable strokes and are learning to judge where the ball is going. Intermediate: Can place shots with moderate success and sustain a slow paced rally. Focus on stroke dependability, depth, ball placement and strategy. Play simulation is emphasized by use of a tennis ball machine. Students are coached in singles and doubles techniques and strategy.

**Age: Teen and Adult**

**Length: 1 hour**

**Beginner**

44155	4/13	W	6:30pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood
44156	4/14	Th	6:30pm	DF	6	\$72(R)/\$79(N)/\$36(S)	Raaf
44157	4/16	Sa	10:00am	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
44158	4/17	Su	1:45pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood

**Advanced Beginner**

44159	4/13	W	7:30pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood
44160	4/14	Th	7:30pm	DF	6	\$72(R)/\$79(N)/\$36(S)	Raaf
44161	4/16	Sa	12:00pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
44162	4/17	Su	2:45pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood

**Intermediate**

44163	4/13	W	8:30pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood
44164	4/14	Th	8:30pm	DF	6	\$72(R)/\$79(N)/\$36(S)	Raaf
44165	4/16	Sa	1:00pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
44166	4/17	Su	3:45pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood

**SENIOR TENNIS**

Six-week recreational tennis program for men and women 50 years of age and over.

Starts April 15

Fridays, 4:30 – 6:30 p.m. or 6:30 – 8:30 p.m.

Morris Park

\$25 Residents / \$30 Nonresidents

For more information and a registration form call Pam Truxal at 301-258-6350 x 121 or email at [ptruxal@gaithersburgmd.gov](mailto:ptruxal@gaithersburgmd.gov)

**ADULT TENNIS LEAGUES**

The Recreation Department is providing an opportunity for men and women (18 and over) to play tennis on a weekly basis. Registrants are placed in divisions based upon USTA ratings (if you don't have a rating call Pam for placement in the appropriate division) and are scheduled for a series of matches.

Starts the week of April 18 and last approximately 7 to 9 weeks.

Matches played on courts and at times that are convenient for and mutually agreed upon by the participants.

CATEGORIES: USTA ratings

Novice - 1.5 - 2.5

Intermediate - 3.0 - 4.0

Open - 4.0 & over

\$18 Residents / \$21 Nonresidents

**SENIOR "PIN BUSTERS" (Year Round)**

A year round social bowling group for men and women 50 years of age and over.

**Mondays, 3 – 5 p.m., Bowl America – 1101 Clopper Rd. Gaithersburg**

\$9 (paid to Bowl America) includes: 3 games, shoe rental, soda, tea, water and light snacks.

**FITNESS ZONE**

Activity Center at Bohrer Park

506 S. Frederick Ave.

301-258-6350

Maintaining a healthy routine couldn't be easier with our strength training and cardiovascular equipment, mats and locker rooms. We offer reasonable rates and a variety of membership plans. The Fitness Zone is open to everyone 16 years of age or older. Teens 13 – 15 are welcome after completing a fitness orientation. Membership and daily admission include use of fitness center and open gyms. All participants must check in at reception counter.

**FEES**

<b>Annual</b>	<b>Resident</b>	<b>Nonresident</b>
Adult	\$180	\$280
*2-Person	\$295	\$440
Family	\$350	\$525
Senior (55+)	\$150	\$225
Youth (under 18)	\$150	\$225

\* Must reside within the same household

<b>25-Admission</b>	<b>Resident</b>	<b>Nonresident</b>
Adult	\$100	\$130
Senior (55+)	\$75	\$110
Youth (under 18)	\$75	\$110

<b>3-Month Membership</b>	<b>Resident</b>	<b>Nonresident</b>
All	\$70	\$105

<b>Daily Admission</b>	<b>Resident</b>	<b>Nonresident</b>
Adult	\$5	\$6
Senior (55+)	\$4	\$5
Youth (under 18)	\$4	\$5

**RECREATION SUPER PASS**

A convenient, money-saving, all-inclusive membership plan that includes admission to:

- Water Park (seasonal)
- Gaithersburg Aquatic Center
- Fitness Center
- Open Gyms
- Miniature Golf Course (seasonal)

	<b>Resident</b>	<b>Nonresident</b>
Adult	\$305	\$500
*2-Person	\$455	\$685
Family	\$540	\$805
Senior	\$245	\$390
Youth (under 18)	\$290	\$450

\* Must reside within the same household



## WATER PARK

512 S. Fredrick Ave.  
301-258-6445



**Opens Saturday, May 28**

### HOURS OF OPERATION

#### May 28 – June 17

Weekends & Memorial Day	Noon* – 6:30 p.m.
Weekdays (May 31 – June 2)	Closed
Water Safety Day, June 3	3:30 – 6:30 p.m.
Weekdays (June 6 – 10, 13 – 17)	3:30 – 6:30 p.m.

#### June 18 – August 26

Monday – Friday	11 a.m. – 7 p.m.
Saturday & Sunday	Noon* – 7:30 p.m.

#### August 27 – September 5

Weekdays	Closed
Weekends (August 28 – September 6)	Noon* – 6:30 p.m.
Labor Day, September 5	Noon* – 5 p.m.

\* Water Park will be open at 11 a.m. on weekends for City residents.

Admission Fees	Weekdays	Weekends/Holidays
	Res**/Nonres	Res**/Nonres
All Ages (3 and above)	\$5.75/10.00	\$5.75/16.00
Putt-n-Pool Pass	\$9.25/13.50	\$9.25/20.00

Twilight Discount of \$1 off (per person) for admissions purchased after 5:30 p.m.

\*\* Proof of residency is required at the front desk for City residents to receive the discount. City Residents – please have ID ready.

## The City of Gaithersburg will be conducting an Aquathon! **STROKES & STRIDES**

**Saturday, June 4**  
**Bohrer Park at Summit Hall Farm**

**A competitive swimming and running event**

The race starts at the Water Park and finishes at the Hillside Pavilion.

Two age groups:

7 – 10 and 11 – 14 (age as of June 4, 2016)

Age group 7 – 10 competes in a 50 meter swim and a 1K Run. Age group 11 – 14 swims 100 meters and runs 2 kilometers.

**Registration is limited to the first 100 participants**

Fee: \$23 City Residents, \$30 Nonresidents

Age: 7 – 10 #44193

Age: 11 – 14 #44194

Check-in time will be at 8 a.m.

The meet starts with swim heats at 8:45 a.m.

Snacks and post-race celebration will be held at 10:30 a.m. at the Hillside Pavilion

For information contact Dave Ludington at 301-258-6350



**Gaithersburg Water Park**  
512 S. Frederick Avenue

**Friday, June 3, 2016**  
**3:30 – 6:30 p.m.**

**Stay safe at the pool this summer!**

#### Learn

- How to prevent drowning
- Proper use of life jackets
- Water rescue skills
- Skin cancer prevention
- Swim lessons (evaluations offered)

**Presentations every half hour**

**Free Admission**

For information visit  
[www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)



# GAITHERSBURG AQUATIC CENTER (GAC)

2 Teachers Way (next to Gaithersburg Middle School)  
301-258-6345 (evenings and weekends)

## Aquatics Administrative Office

Bohrer Park, Summit Hall Farm  
512 S. Frederick Ave.  
301-258-6445



Serving the Gaithersburg community since 1976.  
The Center is owned by  
Montgomery County Public Schools  
and operated by the City of Gaithersburg.

**Six 25-yard lap lanes • Two diving boards**  
**Shallow water “teach pool”**  
**Outdoor patio • Full-size lockers**

**Open evenings and weekends only**

## PUBLIC SWIM HOURS

### Family Recreational Swim

Entire pool is open for recreational use, including one to three lap lanes, shallow end of main pool, and teach pool. Visit the website for designated open deep water well and diving board times.

Monday & Wednesday	6:30 p.m. – 8:30 p.m.
Tuesday & Thursday	No Family Recreational Swim
Friday	6:30 p.m. – 9 p.m.
Saturday	3 p.m. – 8 p.m.
Sunday	1 p.m. – 6 p.m.

One to three lap lanes available during all recreational swim periods.

### Lap Swim Only

Teach pool and recreation areas unavailable for general use. Be prepared to “circle swim.” Lanes marked according to speed of swimmer – please choose appropriately.

Monday – Friday	5:15 p.m. – 6:30 p.m.
Tuesday (1 to 3 lanes only)	6:30 p.m. – 8:30 p.m.
Thursday (1 to 3 lanes only)	6:30 p.m. – 8:30 p.m.
Sunday	11 a.m. – 1 p.m.

## HOLIDAY SCHEDULE 2016

The Gaithersburg Aquatic Center will be CLOSED:

Easter	Sunday, March 27
Staff Training Days	Saturday & Sunday, May 21 & 22
Independence Day	Monday, July 4

Please check our website at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov) for information on weather related closings.

## MEMBERSHIP AND FEES

**Daily Admission** – Most Economical for Infrequent Use

Youth (3 –17)	\$4
Adult (18+)	\$5

**Pool Pass** – Most Economical for Frequent Use

Save money and time at the admission counter. Family, two person, or individual passes available. Non-transferable and non-refundable.

	Individual Res/Nonres	2-Person Res/Nonres	Family Res/Nonres
Annual (GAC & WP)	\$250/400	\$300/500	\$350/600
Annual (GAC only)	\$200/200	\$250/250	\$300/300
Summer (WP only)	\$150/200	\$200/250	\$250/300
Monthly (GAC only)	\$50/50	\$75/75	\$100/100

WP = Outdoor Water Park

### Benefits of membership include:

- Unlimited Entrance to Facility (Water Park included in some plans)
- Early registration for programs
- Discounts on youth and adult swim lessons, water exercise, and lifeguard training
- Guest admission fee at the resident rate

*Proof of residency is required at the admission counter for City residents to receive the discount.*

**The Aquatic Center will also be closed  
May 21 & 22 for staff training.**



## INCLEMENT WEATHER POLICY

The Aquatic Center will close and all programs will be cancelled in connection with Montgomery County Public School (MCPS) closings:

MCPS Early Closure  
MCPS Weekday Closure  
MCPS Weekend Closure

If you are unsure of closures, please call 301-258-6445 ext. 205 for a recorded message or check the website at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)



## SWIM CLASSES

GAC FEES:	MEMBERS	\$50
	NONMEMBERS	\$55
WP FEES:	MEMBERS	\$50
	RESIDENTS	\$55
	NONRESIDENTS	\$60

**All swim lessons meet six times for a half-hour each.**

### WATER ADJUSTMENT – BUBBLERS

This class is for children 6 months to 3 years old and a parent. Objectives: To teach parents how to work with their child in the aquatic environment, to create a positive water experience for young children, and to promote interest in participating in future swim lessons. Participants must have an adult companion and wear swim diapers under waterproof pants if they are not potty trained.

#### Age: 6 months - 3 years

43452	4/ 2	Sa	10:20am	GAC
43453	4/ 2	Sa	11:40am	GAC
43454	4/ 3	Su	10:20am	GAC
44211	6/18	Sa	9:00am	GAC
44212	6/18	Sa	10:20am	GAC
44213	6/18	Sa	11:40am	GAC
44214	6/18	Sa	12:20pm	GAC
44215	6/19	Su	9:00am	GAC
44216	6/19	Su	10:20am	GAC

### PRE-BEGINNER LEVEL I – BOBBERS

This class is for beginning 3 and 4 year olds. Students must function well in a group setting without parents, since parents DO NOT accompany children. Objectives: To orient young children to the aquatic environment by providing them a positive, developmentally appropriate learning experience.

#### Age: 3 - 4 years

43474	4/ 2	Sa	11:00am	GAC
43458	4/ 3	Su	11:00am	GAC
43470	4/ 5	TuTh	5:20pm	GAC
44237	6/14	TuTh	6:00pm	GAC
44223	6/18	Sa	9:00am	GAC
44235	6/18	Sa	11:00am	GAC
44236	6/19	Su	11:00am	GAC
44239	6/13	MW	7:15pm	WP
44240	6/14	TuTh	7:55pm	WP
44218	6/18	Sa	10:00am	WP
44238	6/19	Su	9:15am	WP

### PRE-BEGINNER LEVEL II – STROKERS

This class is for advanced 3 and 4 year olds. Students must function well in a group setting without parents, since parents DO NOT accompany children. On the first day of class, students must be able to: Enter water independently, blow bubbles, fully submerge their head, open their eyes underwater and retrieve submerged objects, kick on their front and back with support, and exit water independently. Objectives: To build upon basic aquatic skills taught in Bobbers course by providing the same positive, developmentally appropriate learning experience at a slightly more advanced degree. In this level students will begin to perform locomotion skills independently.

#### Age: 3 - 4 years

43481	4/ 2	Sa	10:20am	GAC
43478	4/ 2	Sa	12:20pm	GAC
43479	4/ 3	Su	10:20am	GAC
43493	4/ 3	Su	11:40am	GAC
43488	4/ 5	TuTh	4:40pm	GAC
44257	6/13	MW	6:00pm	GAC
44260	6/18	Sa	9:40am	GAC
44261	6/19	Su	9:40am	GAC
44328	6/19	Su	10:20am	GAC
44262	6/19	Su	11:40am	GAC
44529	6/14	TuTh	7:15pm	WP
44513	6/18	Sa	9:15am	WP
44521	6/19	Su	10:00am	WP

### YOUTH LEVEL I – GUPPIES

This is the beginning class for children ages 5 to 13 years old. Students must function well in a group setting without parents, since parents DO NOT accompany children. Objectives: To introduce beginning students to basic personal water safety and help them develop comfort in the aquatic environment by teaching them elementary swimming skills.

#### Age: 5 - 13 years

43526	4/ 2	Sa	9:40am	GAC
43527	4/ 2	Sa	10:20am	GAC
43529	4/ 3	Su	9:40am	GAC
43530	4/ 3	Su	10:20am	GAC
43531	4/ 3	Su	11:00am	GAC
43532	4/ 3	Su	11:40am	GAC
43535	4/ 5	TuTh	4:40pm	GAC
43536	4/ 5	TuTh	5:20pm	GAC
44296	6/13	MW	5:20pm	GAC
44297	6/14	TuTh	5:20pm	GAC
44298	6/14	TuTh	6:00pm	GAC
44290	6/18	Sa	9:00am	GAC
44292	6/18	Sa	10:20am	GAC
44291	6/18	Sa	11:00am	GAC
44293	6/19	Su	9:00am	GAC
44294	6/19	Su	10:20am	GAC
44295	6/19	Su	11:40am	GAC
44486	6/13	MW	7:15pm	WP
44487	6/13	MW	7:55pm	WP
44488	6/14	TuTh	7:15pm	WP
44489	6/14	TuTh	7:55pm	WP
44482	6/18	Sa	9:15am	WP
44483	6/18	Sa	10:00am	WP
44484	6/19	Su	9:15am	WP
44485	6/19	Su	10:00am	WP

#### KEY:

Activity	Start	Days	Time	Location
42356	9/10	Tu/Th	4:45pm	GAC

GAC	Gaithersburg Aquatic Center
WP	Water Park

## YOUTH LEVEL II – MINNOWS

This class is for children ages 5 to 13 years old. On the first day of class, students must be able to: Bob 5 times, float on their front and back and recover independently, and perform a front glide for a distance twice their body length. Objectives: To improve success in completing elementary water skills and develop simultaneous/alternating arm and leg actions, which will create a strong foundation for learning future strokes.

### Age: 5 - 13 years

43550	4/2	Sa	9:40am	GAC
43551	4/2	Sa	11:00am	GAC
43552	4/2	Sa	11:40am	GAC
43553	4/2	Sa	12:20pm	GAC
43554	4/3	Su	9:40am	GAC
43555	4/3	Su	11:00am	GAC
43556	4/3	Su	11:40am	GAC
43549	4/5	TuTh	5:20pm	GAC
44326	6/13	MW	6:00pm	GAC
44327	6/14	TuTh	5:20pm	GAC
44320	6/18	Sa	9:40am	GAC
44321	6/18	Sa	10:20am	GAC
44322	6/18	Sa	11:00am	GAC
44323	6/18	Sa	12:20pm	GAC
44324	6/19	Su	9:40am	GAC
44325	6/19	Su	11:00am	GAC
44480	6/13	MW	7:15pm	WP
44481	6/14	TuTh	7:15pm	WP
44478	6/18	Sa	9:15am	WP
44479	6/18	Sa	10:00am	WP

## YOUTH LEVEL III – SEAHORSES

This class is for children ages 5 to 13 years old who have successfully completed the Minnows class. On the first day of class, students must be able to: Bob 5 times, float on their front and back and recover independently, perform a front glide for a distance twice their body length, swim front crawl for 5 yards and swim on their backs for 5 yards. Objectives: To build on basic swimming skills by increasing knowledge of the technical aspects of swimming and teach students specific aspects of breath control. Students will learn skills necessary to increase their endurance in swimming front crawl and back crawl.

### Age: 5 - 13 years

43565	4/2	Sa	11:00am	GAC
43566	4/2	Sa	11:40am	GAC
43568	4/2	Sa	12:20pm	GAC
43567	4/3	Su	9:40am	GAC
44345	6/13	MW	5:20pm	GAC
44346	6/14	TuTh	4:40pm	GAC
44340	6/18	Sa	9:40am	GAC
44341	6/18	Sa	11:00am	GAC
44342	6/18	Sa	11:40am	GAC
44343	6/19	Su	9:40am	GAC
44344	6/19	Su	12:20pm	GAC
44492	6/13	MW	7:15pm	WP
44493	6/13	MW	7:55pm	WP
44494	6/14	TuTh	7:55pm	WP
44490	6/18	Sa	10:00am	WP
44491	6/19	Su	9:15am	WP

## YOUTH LEVEL IV – DOLPHINS

This class is for children ages 6 to 13 years old who have successfully completed the Seahorses class. On the first day of class, students must be able to: Swim the front crawl with rotary breathing for 15 yards, swim the back crawl for 15 yards and swim elementary backstroke for 15 yards. Objectives: To introduce the basics of breaststroke, continue strengthening endurance in swimming front crawl and back crawl and help students master the technical aspects of swimming.

### Age: 5 - 13 years

43573	4/2	Sa	9:40am	GAC
43574	4/2	Sa	11:40am	GAC
43575	4/3	Su	9:40am	GAC
44357	6/13	MW	4:40pm	GAC
44358	6/14	TuTh	4:40pm	GAC
44354	6/18	Sa	9:40am	GAC
44355	6/18	Sa	12:20pm	GAC
44356	6/19	Su	9:00am	GAC
44496	6/13	MW	7:55pm	WP
44497	6/14	TuTh	7:15pm	WP
44495	6/19	Su	10:00am	WP

## YOUTH LEVEL V – WHALES

This class is for children ages 6 to 13 years old who have successfully completed the Dolphins class. On the first day of class, students must be able to: Swim the front crawl, back crawl and elementary backstroke for 25 yards each, and swim breaststroke for 15 yards. Objectives: To improve breaststroke technique, introduce basic butterfly skills, refine the performance of previously learned strokes, and continue to build endurance to prepare students for the next swim lesson instructional level.

### Age: 6 - 13 years

43580	4/2	Sa	11:00am	GAC
43581	4/3	Su	10:20am	GAC
44365	6/13	MW	4:40pm	GAC
44363	6/18	Sa	10:20am	GAC
44364	6/19	Su	9:40am	GAC
44502	6/19	Su	10:00am	WP

## YOUTH LEVEL VI – SHARKS

This class is for children ages 6 to 13 years old who have successfully completed the Whales class. On the first day of class, students must be able to: Swim the front crawl, back crawl, and elementary backstroke for 50 yards each and swim breaststroke for 25 yards. Objectives: To master each stroke in its entirety, as well as prepare students for a future in various aquatic activities, such as stroke and turn clinics, swim team or lifeguard training courses.

### Age: 6 - 13 years

43584	4/2	Sa	10:20am	GAC
43583	4/5	TuTh	4:40pm	GAC
44367	6/18	Sa	9:00am	GAC
44368	6/18	Sa	11:40am	GAC
44369	6/19	Su	10:20am	GAC

## NOW HIRING

Applications are currently being accepted for aquatics staff, including lifeguards, pool attendants, swim instructors, pool operators, and cashiers. We train and certify. Applications are available online at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-258-6445 x205 for the recorded message pertaining to class cancellations or visit [gaithersburgmd.gov](http://gaithersburgmd.gov).

## ADULT BEGINNER SWIM LESSONS

This course is geared toward the non-swimming teen and adult. Prerequisite skills: No prior swimming experience is necessary. Objectives: To develop comfort in the water and learn the basics of swimming. Skills taught include floating, breathing and the fundamentals of swimming strokes.

### Age: Teen and Adult

43496	4/2	Sa	9:40am	GAC
44376	6/14	Tu	7:45pm	GAC
44375	6/16	Th	7:00pm	GAC
44373	6/18	Sa	12:20pm	GAC
44374	6/19	Su	9:00am	GAC
44500	6/13	MW	7:55pm	WP
44501	6/14	TuTh	7:55pm	WP
44498	6/18	Sa	9:15am	WP
44499	6/19	Su	9:15am	WP

## ADULT INTERMEDIATE SWIM LESSONS

This course is geared toward teens and adults who can already swim and are looking to expand or perfect their knowledge of the different strokes. Prerequisite skills: Comfort in deep water. Objectives: To help adults reach their personal swimming goals.

### Age: Teen and Adult

43500	4/2	Sa	12:20pm	GAC
44380	6/14	Tu	7:00pm	GAC
44381	6/16	Th	7:45pm	GAC
44377	6/19	Su	11:00am	GAC

## REFUND POLICY

Students withdrawn by Aquatic staff on the first day of lessons due to the wrong level will be issued a full refund or credit to be used at a later date without a written request. All other refund requests must be submitted in writing to the attention of the Aquatics Superintendent. Withdrawal/refund requests received before the start of the program will be refunded less a \$10 processing fee. Requests received on or after the start date will be prorated based on the date the request is received and a \$10 processing fee will be charged. The refund will be issued in the form of a check or charge, depending on the original payment method. Please allow 10 – 15 business days for processing. No refund or credit requests will be considered after the last scheduled date of the course – no exceptions.



## WATER EXERCISE

FEES:	MEMBERS	\$45
	NONMEMBERS	\$50

### DEEP WATER WORKOUT

A no-impact but challenging workout designed to burn fat, increase cardiovascular fitness, range of motion and muscle tone. This workout is perfect for anyone who prefers a no-impact workout that is physically challenging yet gentle on the joints. Participants use noodles (provided) and water flotation belts (to be purchased by participant). You do not have to be a strong swimmer; however a comfort level in deeper water is a must. Contact the instructor for flotation belt information, 301-990-1846.

#### Age: 16 to Adult

#### Length: 45 minutes

44241	4/5	Tu	7:45pm	GAC	8
44242	4/7	Th	6:45pm	GAC	8

### SHALLOW (CHEST DEEP) WATER WORKOUT

A low impact but high intensity water class where no swimming skills are needed. Exercises are performed in water that is chest deep and are designed to improve your fitness level from head to toe. Let the resistance of the water cushion your feet, knees and back while you improve your flexibility, strength, range of motion and muscle tone. These exercises are appropriate for all ages and are effective and easy to follow.

#### Age: 16 to Adult

#### Length: 45 minutes

44243	4/5	Tu	6:45pm	GAC	8
44244	4/7	Th	7:45pm	GAC	8

The Aquatic Center will also be closed  
May 21 & 22 for staff training.



# Lifeguard Training

## LIFEGUARD TRAINING & CPR/AED RE-CERTIFICATION

This course is a review course for those who need to renew their lifeguard training, CPR/AED and First Aid certification. The class is a very intense review. 100% attendance is mandatory. Participants must come to each class prepared with CURRENT lifeguard card, lifeguard book and CPR masks. (Books and masks are available for purchase at the first class.) Students registering for a re-certification class must present their American Red Cross certification card at the first class. Certifications must be current in order to participate in a re-certification class.

**Age: 15 to Adult**

43446	Monday	4/25	5-9pm	Activity Center Bohrer Park
	Tuesday	4/26	8-4pm	Gaithersburg Aquatic Center

FEES (materials available for purchase)  
\$115 Members/ \$125 Nonmembers



## LIFEGUARD TRAINING

The American Red Cross Lifeguard Training course certifies you in Lifeguard Training, CPR/AED for the Professional Rescuer, and First Aid. Students must be 15 years old by the last day of the course (proof of age required) and pass a pre-screen test (300 yard continuous swim with rhythmic breathing using either front crawl or breast; 10 lbs brick retrieval within one minute, forty seconds) and tread water using legs only for two minutes on the first day in order to take class. Contact The Aquatics Office (301-258-6445 or [aquatics@gaithersburgmd.gov](mailto:aquatics@gaithersburgmd.gov)) for more details. If you do not pass the pre-screen, you will be issued a full refund. Space is very limited. On certain days, class may be split between two locations. Transportation is the responsibility of the student. A detailed Course Schedule/Syllabus is provided on the first day of class. Students MUST attend all scheduled class sessions.

**Age: 15 to Adult**

43445	Wednesday	3/23	6-9pm	GAC
	Friday	3/25	8-4pm	
	Saturday	3/26	8-4pm	
	Monday	3/28	8-4pm	
	Tuesday	3/29	8-4pm	
	Wednesday	3/30	8-12pm	
	Thursday	4/1	8-4pm	

FEES (includes materials)  
\$185 Members/ \$195 Nonmembers



## CLASS REGISTRATION BEGINS

### City Residents: February 29

All resident internet, mail-in, fax and walk-in registrations will be processed in the order in which they are received beginning February 29. All resident registrations received prior to that time will be processed on March 3.

### Nonresidents: March 2

All nonresident (persons residing outside Gaithersburg corporate City limits) internet, mail-in, fax and walk-in registrations will be processed in the order in which they are received beginning March 2. All nonresident registrations received prior to that time will be processed on March 3.

**Who is a resident?** All persons who reside within Gaithersburg's corporate City limits are residents. Montgomery Village is not within the City. Nonresidents are invited to register at a higher fee.

### NOTIFICATION

If the class you registered for is full, you will be notified. Please put your name on the wait list. We may be able to form another class. Otherwise, you may assume you have been accepted and attend the first class. Many classes quickly fill to capacity. In other cases, classes are cancelled several days before the starting date if they appear to be under-enrolled. Therefore, please register during the registration period to allow for efficient organization of the classes.

### ENROLLMENT

All students enrolling in preschool and youth classes should be the age indicated by the start of the class. Department of Parks, Recreation and Culture reserves the right to remove any participant from a class who is not of proper age, maturity, skill level or who inhibits the progress of the class or its members in any way. In this case, refunds will be issued for remaining classes. Signature of parent or guardian is required for participants under 18 years old.

### SENIOR CITIZENS

City of Gaithersburg residents who are 55 or older are invited to take classes at the indicated Senior Resident (S) rate listed under select classes. The senior discount cannot be prorated.

### PAYMENT METHODS

- Cash or check payable to "City of Gaithersburg"
- Visa, Discover, Mastercard or American Express

### REFUNDS

Withdrawal/refund requests received before start of program will be refunded less a \$10 processing fee. For most classes, requests received on or after start date will be prorated based on the date written notice is received and a \$10 processing fee will be applied. Full refunds will be made when classes are cancelled due to insufficient registration.

**Note: There is a no-exchange and no-refund policy for Arts Barn ticket sales and Arts Barn camps and classes.**

### CANCELLATIONS

In the event of inclement weather conditions or emergencies, call 301-330-0050 x2430 for the recorded message pertaining to class cancellations. Classes held in schools will be cancelled on days schools are closed for holidays and emergencies. **For Aquatic class cancellations call the Aquatics Administration Office at 301-258-6445 x205 or check the website at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov).**

## CLASS LOCATIONS

### ARTS BARN

311 Kent Square Rd.  
301-258-6394

### AQUATICS

**Gaithersburg Aquatic Center (GAC)**  
2 Teachers Way  
301-258-6345 (evenings and weekends)

**Water Park at Bohrer Park (WP) (seasonal)**  
Administrative Office  
512 S. Frederick Ave.  
301-258-6445

### COMMUNITY CENTERS

**Activity Center at Bohrer Park (ACBP)**  
506 S. Frederick Ave.  
301-258-6350

**Casey Community Center (CCC)**  
810 S. Frederick Ave.  
301-258-6366

**Benjamin Gaither Center (BGC)**  
80A Bureau Dr.  
301-258-6380

### COMMUNITY MUSEUM

9 S. Summit Ave.  
301-258-6350

### KENTLANDS MANSION

320 Kent Square Rd.  
301-258-6160

### PARKS

**Diamond Farms Park (DF)**  
857 Quince Orchard Blvd.

**Morris Park (MP)**  
421 Summit Hall Rd.

**Lakelands Park (LP)**  
1368 Main St.

**Skate Park**  
510 S. Frederick Ave.  
301-258-6359

### SCHOOLS

**Lakelands Park Middle School (LMS)**  
1200 Main St.

### OTHER

**Kicks Karate**  
18226 Flower Hill Way (FH)  
12105 Darnestown Rd. (QO)  
(Quince Orchard in the Shops at Potomac Valley)

**AMERICANS WITH DISABILITIES ACT.** The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6350.

## MISSION STATEMENT

Provide quality parks, well-planned, sustainable facilities, and diverse cultural, artistic and recreational opportunities for all ages and interests to promote the health and well being of residents and visitors.

# CLASS REGISTRATION FORM

This registration form may be used to register for all classes listed in the Go Gaithersburg Guide. Multiple registrations may be included on one form for members of the same family. Unsigned forms will be returned and not processed.

## MAIN CONTACT

Check here if new address/phone since last time registered.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M  F

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ City Resident  Nonresident

Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Do you wish to receive quarterly E-newsletters?  Yes  No

## PARTICIPANTS

Name (Last, First)	Sex M/F	Birthdate M/D/Y	Age	Activity/ Class Name	Activity #	Start Date	Day	Time	Res. Fee	Non Res. Fee	Total
<i>Example: Smith, Mary</i>	<i>F</i>	<i>02/14/00</i>	<i>16</i>	<i>Healthy Living</i>	<i>12345</i>	<i>04/08</i>	<i>Thu.</i>	<i>5 p.m.</i>	<i>\$00.00</i>	<i>\$00.00</i>	<i>\$00.00</i>
<b>TOTAL \$</b>											

The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6350 to indicate what accommodations are needed.

*I hereby grant permission for me/my child to attend the activity sponsored by the City of Gaithersburg. I understand that I am responsible for me/my child's insurance in case of injury. Furthermore, I understand that although safety precautions will be observed, the City of Gaithersburg, employees and agents will not be responsible for any personal property lost by me/my child or for any injury sustained in the program. I also consent to the City's use of any photographs and/or video tapes made of the program.*

Print Participant or Parent/Guardian Name \_\_\_\_\_

Signature of Participant or Parent/Guardian \_\_\_\_\_

<p><b>PAYMENT</b></p> <p>Amount Paid \$ _____ Cash <input type="checkbox"/> Check # _____</p> <p>Visa/MC/DISC/AMEX# _____ Exp.Date ___/___</p> <p>Signature (name on card) _____</p> <p>Print Name _____</p>	<p><b>OFFICE USE ONLY:</b></p> <p>Rec'd: _____ Initials _____</p> <p>W M F Resident: Y N</p> <p>Pr: _____</p> <p>Date _____</p>
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## WAYS TO REGISTER

### 1. INTERNET: [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress)

Use the **RecXpress System** to register online the first day of registration. RecXpress may not be used to register once classes have started.

#### PREPARE AHEAD FOR ONLINE REGISTRATION

Go to [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress) to create an account. Click on Create New and complete the information. Your login ID will be sent to your email address within 1-2 business days.

#### ALREADY A MEMBER BUT FORGOT YOUR LOGIN AND PASSWORD?

Go to [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress) and click on Login tab, click the Forgot My Password/Login ID and enter your email address and the information will be forwarded to you.

**NOTE:** The numbers of participants registered and spaces open that are listed online DO NOT always reflect accurate counts. This is due to some classes being co-sponsored with other agencies.



### 2. FAX: 301-948-8364

Fax completed registration form with Visa, Discover, Mastercard or American Express information. Available 24 hrs. a day!

### 3. MAIL: Mail completed registration form and appropriate fee (include check or credit card information) to:

City of Gaithersburg  
506 S. Frederick Ave.  
Gaithersburg, MD 20877  
ATTN: Class Registration

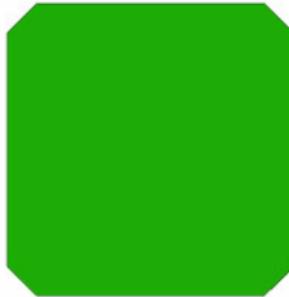
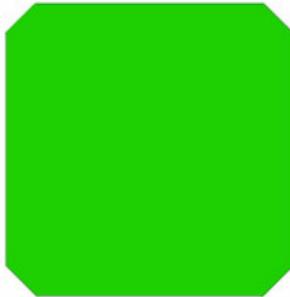
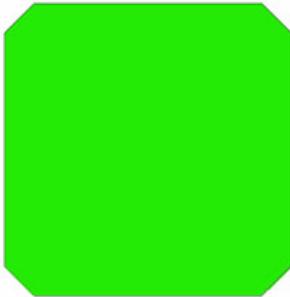
### 4. WALK-IN: Register in person at the Parks, Recreation & Culture office at the Activity Center at Bohrer Park, 506 S. Frederick Ave.

Monday-Friday 6 a.m. – 9 p.m.  
Saturday 8 a.m. – 9 p.m.  
Sunday 8 a.m. – 4 p.m.

Payment by cash, check or credit card is accepted for walk-in registrations.

ECRWSS  
POSTAL CUSTOMER

PRESORTED  
STANDARD  
U.S. POSTAGE PAID  
Suburban, MD  
Permit No. 55



**16th Annual St. Patrick's Day Parade**  
**Saturday, March 12, 2016 • 10 a.m.**  
**Rio Washingtonian Center**

[www.gaithersburgmd.gov](http://www.gaithersburgmd.gov) • 301-258-6350

