



**City of Gaithersburg**  
 gaithersburgmd.gov  
 301-258-6350

**Registration Dates**  
**City Resident – begins August 3**  
**Open Registration – begins August 5**



**A guide  
 to recreational activities  
 for all ages**

**fall 2015**

# Leisure Times

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Like us on **facebook** at [www.facebook.com/GaithersburgRecreation](http://www.facebook.com/GaithersburgRecreation)

**Host your next meeting, event, party or social gathering at one of these fine facilities:**



**Activity Center at Bohrer Park**

506 S. Frederick Ave.

301-258-6350 x160

Gail Velez

[gvelez@gaitthersburgmd.gov](mailto:gvelez@gaitthersburgmd.gov)

Planning a company meeting, training or luncheon? Graduation, birthday party or reception? Athletic event, team practice or game? The Activity Center at Bohrer Park is the place for you.

- Three meeting and party rooms that can be rented individually or combined
- Two gymnasiums with multi-purpose floors
- WiFi access and audio-visual and presentation equipment
- Hourly rentals

**Hours**

Monday – Friday 6 a.m. – 10 p.m.  
 Saturday 8 a.m. – Midnight  
 Sunday 8 a.m. – 5 p.m.



Call or e-mail for registration form, fees, park policies and brochures, and ask about our special rates for Miniature Golf and Water Park admission on the day of your event.



**Casey Community Center**

810 S. Frederick Ave.

301-258-6366

Katie Gleeson

[kgleeson@gaitthersburgmd.gov](mailto:kgleeson@gaitthersburgmd.gov)

The Center is perfect for birthday and family parties, wedding receptions, Bar and Bat Mitzvahs, and business meetings.

- Meeting and party rooms for 10-135 people
- Kitchen facilities
- WiFi access
- Hourly rentals

Prices for the largest room are:

	Private Function	Business Function
City Residents	\$90/hour	\$110/hour
Nonresidents	\$135/hour	\$165/hour

\$250 deposit required for all rentals

Reservations are taken on a first come, first served basis and may be made up to nine months in advance. All rentals serving alcohol will be charged a \$130 alcohol fee in addition to rental fees.

**Picnic Pavilions**

506 S. Frederick Ave.

301-258-6350 x127

Sondra Unkenholz

[sunkenholz@gaitthersburgmd.gov](mailto:sunkenholz@gaitthersburgmd.gov)

The Picnic Pavilions are located at Bohrer Park at Summit Hall Farm. Other amenities at the Park include an Activity Center, Miniature Golf Course, Water Park and Skate Park.

Late summer and early fall are great times to enjoy the park! A security deposit is required to reserve a pavilion for a specific date and time.



### Arts Barn

311 Kent Square Rd.  
301-258-6394  
Shellie Williams  
swilliams@gaithersburgmd.gov

The Arts Barn is a unique, culturally rich setting for corporate events, trainings and social gatherings.

- Recitals - two hours  
\$150 Residents/\$175 Nonresidents
- Hourly rates for rentals
- Audio-visual and presentation equipment
- WiFi access
- 99 seat theater/auditorium



### Benjamin Gaither Center

80A Bureau Dr.  
301-258-6380  
Grace Whipple  
gwhipple@gaithersburgmd.gov

When not in use for programming on weekdays, the Benjamin Gaither Center is available for private use.

- Four rooms available for up to 250 people
- Entire Center can be rented
- WiFi access
- Alcoholic beverages allowed with permit (\$130), beer and wine only



### Kentlands Mansion

320 Kent Square Rd.  
301-258-6425  
Kristy King  
kking2@gaithersburgmd.gov

Kentlands Mansion, built in early 1900, provides the perfect setting for weddings, receptions and other special events.

- Weddings, receptions, retirement parties, Bar & Bat Mitzvahs, business meetings and conferences
- Indoor and outdoor accommodations for up to 150 people
- Audio-visual and presentation equipment
- WiFi access

	Resident	Nonresident	Block of Time
Friday & Sunday	\$1,400	\$1,875	7 hours
Saturday	\$1,875	\$2,500	8 hours
Business Rates	\$150-450	\$175-525	8:30-4:30 M-F

Additional Fees: \$130 to serve alcohol  
\$200 to hold a ceremony (indoors or outdoors)



### Gaithersburg Community Museum

9 S. Summit Ave.  
301-258-6160  
Nansie Wilde  
nwilde@gaithersburgmd.gov

When not in use for programming, the Museum offers unique spaces for parties and meetings. Rental of the Caboose, Budd Car (RDC passenger car) and the Freight House are available individually and as a whole complex.



# BIRTHDAY PARTIES

Have a birthday coming up? Gaithersburg can help you celebrate with a variety of party packages. Enjoy indoor fun year 'round at our Youth Centers, or enjoy the great outdoors at the Skate and Miniature Golf Parks. Either way, it's sure to be a birthday worth remembering.

Contact the individual facilities or visit the City's website for information and registration forms.

## Skate Park

510 S. Frederick Ave.  
skatepark@gaitthersburgmd.gov  
Call Rachel Tailby at 301-258-6350 x144

Available April – November  
Choose from one of three options:

### 1. Park Rental

Rent the entire park for a private party!  
Saturday or Sunday, 9:30 - 11:30 a.m. or 10 a.m. - 12 p.m.

- Admission for up to 30 participants
- 2 staff to assist with basic instruction
- In-line skates, skateboards, BMX bikes, scooters, or roller skates permitted

\$150 City Residents/\$225 Nonresidents

### 2. Party Pack

Bring a group for a great rate during open hours!  
2-hour minimum

- Admission for up to 20 participants
- One staff to assist with basic instruction
- In-line skates or skateboards ONLY

\$60 City Residents/\$80 Nonresidents

Additional hours:

\$30/hour City Residents/\$40/hour Nonresidents

### 3. Combo Platter

Experience the best of both worlds with a split package!  
One hour of exclusive and one hour after opening.  
Saturday or Sunday, 11 a.m. - 1 p.m.

- Admission for up to 25 participants
- 2 staff to assist with basic instruction for the first hour
- In-line skates, skateboards, BMX bikes, scooters, or roller skates for the first hour; in-line skates and skateboards ONLY during the second hour

\$105 City Residents/\$155 Nonresidents

## Miniature Golf

514 S. Frederick Ave.  
minigolf@gaitthersburgmd.gov  
Call Demetria Good at 301-258-6350 x133

Available May – October

- One round of golf
- Drinks and ice cream
- Basic decorations
- A special surprise for the guest of honor
- Option to purchase pizza for an additional fee

\$11 per child (minimum of 10 children)

## Youth Center – Robertson Park

801 Rabbitt Rd.  
YC-Robertson@gaitthersburgmd.gov  
Call Jake Hersom at 301-258-6350 x165

Available Throughout the School Year

- Billiards, Table Tennis, PlayStation 3, Xbox 360, Wii, sports equipment
- Tables, chairs, refrigerator
- Maximum guests – 50

\$65 City Residents/\$80 Nonresidents

## Youth Center – Olde Towne

301 Teachers Way  
YC-oldetowne@gaitthersburgmd.gov  
Call Maura Dinwiddie at 301-258-6350 x168

Available Year-Round

- Billiards
- Table Tennis
- PlayStation 3 and 4
- Xbox
- Wii
- Tables and chairs available
- Maximum guests – 50

\$65 City Residents/\$80 Nonresidents

## SKATE PARK

510 S. Frederick Ave  
301-258-6359

The Skate Park is open with FREE ADMISSION! The park offers more than 12,000 square feet of ramps and structures for your skating pleasure. Skateboarders, in-line skaters and BMX bikers (bikes permitted every day except Wednesdays & Saturdays) are welcome. Take advantage of lessons, clinics, party rentals, competitions and other special events.

Please Note: Participants are required to have a signed waiver on file (parent/guardian signature if under 18) before skating.

### HOURS OF OPERATION:

**April 4 – September 27**

Monday – Friday 3 p.m. – Sunset

Saturday & Sunday Noon – Sunset

Special Days of Operation (Noon – Sunset)

September 7 (Holiday)

\*The Skate Park closes in the event of rain, snow or excessive heat.

### PARTY RENTALS

Book the Skate Park for your special day!

Available July – September.

### PRIVATE SKATEBOARDING LESSONS

(all ages)

	Residents	Nonresidents
1-lesson package	\$30	\$35
3-lesson package	\$80	\$85

For more information or to book lessons or rentals, please visit [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov) or email [skatepark@gaitersburgmd.gov](mailto:skatepark@gaitersburgmd.gov)



### FALL SATURDAY SCHOOL OF SK8

Age: 7-14 years

Length: 2 hours

A waiver must be signed prior to the first lesson.

Following an assessment by our instructors, participants are assigned to a unit with skaters of the same skill-set. Beginner instruction is designed for skateboarders who can maneuver on open flat surfaces. Intermediate instruction is intended for skaters who have some experience in a skate park. Students are encouraged to progress at their own rate through a combination of group and one-on-one instruction.

Nonresidents pay an additional \$7 fee.

Beginner/Intermediate – Mixed levels 1 & 2

Activity	Start	Day	Time	Location	# Sess	Fee
42497	9/12	Sat	10 am	Skate Park	1	\$20
42498	9/20	Sat	10 am	Skate Park	1	\$20
42499	9/26	Sat	10 am	Skate Park	1	\$20



## MINIATURE GOLF

514 S. Frederick Ave.  
301-258-6350

It is the perfect time to visit the Miniature Golf Course at Bohrer Park. Our water features and beautifully landscaped course make for an ideal spot to enjoy a summer evening or fall weekend.

### Come Play a Round!

**June 13 – August 30**

Sunday – Thursday 11 a.m. - 9 p.m.

Friday and Saturday 11 a.m. - 10 p.m.

**August 31 – October 11**

Saturday 11 a.m. - 10 p.m.

Sunday 11 a.m. - 7 p.m.

Monday – Friday Closed

Monday, September 7 (Holiday) 11 a.m. - 7 p.m.

**All play must start one hour prior to posted closing time.**

We have rates that make it attractive to play more than one round. We also have package rates that make it lots of fun to get a group of friends or the entire family together for evening of putting around.

Admission Fees	Residents	Nonresidents
Per game	\$6	\$7
Unlimited Play	\$8	\$9
Seniors (55+)	\$5	\$6
Group rate (10 or more)	\$5 per person for one round, \$7 per person for unlimited play	

More Information: Demetria Good at 301-258-6350 x133 or [minigolf@gaitersburgmd.gov](mailto:minigolf@gaitersburgmd.gov)

# FALL SEASON AT A GLANCE



Arts on the Green is the City of Gaithersburg's premier center for the performing and visual arts. Enjoy concerts, magic, dance, and professional theater at the Arts Barn, unique chamber performances in the elegant surroundings of Kentlands Mansion, and outdoor events and festivals on the park-like Green. Our historic buildings recall the charm of a bygone era, but our activities are anything but old fashioned!

## JUST FOR FAMILIES



### **Cathy Fink & Marcy Marxer in Concert**

September 19, 11 a.m.

\$12

What a way to start the season! Two-Time Grammy® Award winners Cathy Fink & Marcy Marxer perform children's favorites for pre-school to elementary age children and their families.

### **Disney's Aladdin Jr.**

October 17 - 25

Fridays, 7:30 p.m.

Saturdays & Sundays, 11 a.m. & 2 p.m.

\$15/\$12 Youth (14 & under)

Enjoy this special one-hour stage adaptation of *Aladdin* featuring your favorite resourceful young hero, clever princess and a wise-cracking genie.

### **The Comedy & Magic Society**

November 27, 8 p.m.

\$18 /\$12 (14 & under)

The Comedy & Magic Society returns to the Arts Barn for ONE NIGHT ONLY for an evening of astounding magic and sleight of hand, dazzling card tricks, remarkable illusions and laugh-out-loud comedy. Recommended for ages 10 and up.



### **Open Mic: Spoken Word**

**@ the Arts Barn**

October 2, 8 p.m.

\$10

Tell jokes, recite poetry, weave a story, or perform a monologue! Or come watch your talented neighbors on stage. All are welcome.

### **Gaithersburg Chorus**

Tuesday evenings

Starting September 8

A desire to sing (and free time on Tuesday evenings) is all that is required to be a part of this non-audition community chorus, now in its 28th year! Join in welcoming a new choral director and prepare for concerts in December and May, as well as other possible performance opportunities.

For Tickets & Information call 301-258-6394



## THEATER

Fridays & Saturdays at 8 pm.  
Sundays at 2 p.m.

### *The Wiz*

August 7 - 23

\$22/\$12 Youth (14 & under)

"The Wonderful Wizard of Oz" set to a dazzling mixture of rock, gospel, and soul! The 1978 film starred Diana Ross, Michael Jackson, Lena Horne and Richard Prior.

### *The Musical of Musicals (The Musical!)*

September 11 - 27

\$22/\$12 Youth (14 & under)

A hilarious satire of musical theatre featuring the distinctive style of a different master including Andrew Lloyd Webber, Rodgers and Hammerstein, Stephen Sondheim and more.

### *Murder at the Mansion Dessert Theater*

October 30 & 31

\$35 (individual)/\$50 (for two)

Set in the beautiful Kentlands Mansion, the audience helps solve a crime during an interactive murder mystery. Enjoy a frightfully good time and a buffet of ghoulish sweet treats.

### *Painting Churches*

November 6 - 22

\$20

Meet Gardner and Fanny Church, an elderly WASP couple in Boston, and their artist daughter, Mags. This endearing comedy explores prickly family relations.



## DAYTIME THEATER

### *Mark Twain and Mr. Clements, Tonight!*

September 16, 1 p.m. & 8 p.m.

\$20

This one-man show gives the audience a look at the man and the myth, by having Mark Twain and Samuel L. Clemens on stage at the same time! Enjoy Twain's hilarious tall tales and witty humor.

### *Finding the Light*

October 22, 1 p.m.

\$20

A one-woman show about Pulitzer Prize-winning photographer Marissa Roth's personal and professional journey examining of women's lives in war torn countries around the globe and in the United States.

### *Time Travel with Emily Dickinson*

November 19, 1 p.m.

\$20

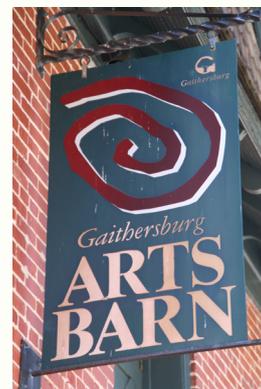
This one-woman play focuses on Dickinson's relationship with Colonel Thomas Wentworth Higginson, Civil War soldier, literary critic, writer, abolitionist, minister and co-publisher Dickinson's poetry after her death.



## 24th Annual Oktoberfest at the Kentlands

Sunday, October 11  
Noon - 5 p.m.

The expanded festival now covers Kentlands Village Green, the grounds of Kentlands Mansion, Main Street and Market Square, all connected by marked walking paths and a festival-wide trolley route. Admission and parking are free.



## OPEN HOUSE

Visit the Arts Barn during Oktoberfest to explore all aspects of art, with ongoing entertainment from local artists.

10% discount for groups of 10 or more

Arts on the Green  
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# ARTS ON THE GREEN

KENTLANDS MANSION & ARTS BARN

## MUSIC



### MUSIC – CLASSICAL

sfz salon series – Art Songs  
November 7, 7:30 p.m., Kentlands Mansion  
\$22/\$12 Youth (18 & under)

Award winning mezzo-soprano, Kate Jackman, sings art songs from Schubert to Schoenberg with fascinating background provided by sfz curator, Alex Peh. Experience a fusion of classical, contemporary and experimental chamber music with featured wines in an intimate setting.

### MUSIC – SINGER SONGWRITER

Presented by O'Hair Salon + Spa

#### Betty Soo

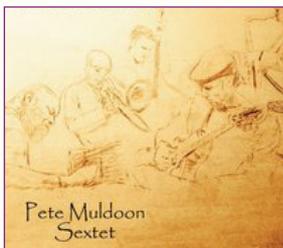
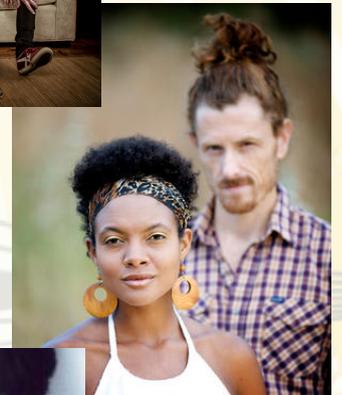
September 12, workshop 3 p.m., concert 7:30 p.m.  
\$45 Concert & Workshop / \$25 Concert Only  
Straight outta Austin! Betty Soo is a little gospel, some straight-ahead folk, a bit of twang, a taste of pop, and maybe even a familiar oldie with a new twist.

#### Birds of Chicago

October 10, workshop 3 p.m., Arts Barn  
October 11, concert on Main Street Stage, Oktoberfest  
\$20 Workshop / Free Concert  
Built around husband and wife duo, Birds of Chicago are an Americana-songwriter group from Chicago/Montreal that perform "original rootsy songs that elegantly blend folk, old-time, country, blues, gospel, and soul, and highlight their earthy yet ethereal lead vocals and harmonies." (Straight.com) Special songwriting workshop October 10 at 3 p.m. Concert at Oktoberfest on October 11.

#### Kieran Kane

November 28, workshop 3 p.m., concert 7:30 p.m.  
\$45 Concert & Workshop / \$25 Concert Only  
Kieran Kane has the special ability to combine old-timey, blues, country, acoustic, and a smidgen of rock n' roll into a musical package that is the very essence of modern Americana.



### MUSIC – JAZZ

#### Pete Muldoon Sextet

October 24, 8 p.m.  
\$15/\$12 Youth (14 & under)

The amazing Pete Muldoon Sextet represents the unique and soulful sound that is the DC jazz tradition – the best of jazz, soul and funk. Catch them at the Arts Barn (a reputable venue)!

IN THE GALLERY

**ARTS BARN**

July 14 – October 4, 2015  
 Arts Barn Faculty Exhibit  
 Mixed Media

October 9 – November 15, 2015  
 Shades of Geometry  
 This exhibit features fiber art, mixed media, and polymer clay and glass art.  
 Invitational Gallery: The student work of Vian Borchert.

November 20 – December 27, 2015  
 Magical Realism in photography, watercolor, oil painting and mixed media.  
 Featured Richardene Forrest-Thweatt, Stone Sculpture.  
 Invitational Gallery: The student work of Firouzeh Sadeghi

**KENTLANDS MANSION**

July 24 – September 11, 2015  
 Montgomery Portrait Artists  
 Mixed Media

September 18 – October 30, 2015  
 Washington Metropolitan Artists Society  
 Mixed Media

November 15, 2015 – January 1, 2016  
 "Sacred Places"  
 Mixed Media

**ACTIVITY CENTER**

September 4 – October 25, 2015  
 Maria de Pilar Ortiz, Cuba Ricsi  
 Celebrating Hispanic-Latino Heritage Month

October 30 – December 20, 2015  
 Karen Lynch Harley  
 Celebrating Native American Heritage Month

**GAITHERSBURG CHORUS**

Explore the joy of music with the Gaithersburg Chorus,  
 now in its 28th year!

Annual performances include concerts in December and May, as well as other community events. There are no auditions, and anyone age 16 and older can join. This session, we welcome a new choral director.

Rehearsals:  
 Tuesdays, 7:30 - 9:30 p.m., beginning September 8  
 Activity Center at Bohrer Park  
 \$100 Residents/\$120 Nonresidents  
 Register online or at first rehearsal

Questions? email [llevy-page@gaitersburgmd.gov](mailto:llevy-page@gaitersburgmd.gov) or call 301-258-6394.

**YOUNG ARTIST AWARD COMPETITION**

A wonderful opportunity for music students who want a chance to perform! Young solo musicians ages 12-18 are invited to apply in the vocal, wind, brass, string or piano categories. The focus is on having a positive experience and getting helpful feedback from music professionals.



Participants will perform a closed audition before a live jury on Saturday, February 6, 2016. Top prize winners will perform in the Young Artist Award Concert on Friday, March 11, 2016. Information and application at [www.gaitersburgmd.gov](http://www.gaitersburgmd.gov). Applications due by December 20, 2015.

Questions? email [llevy-page@gaitersburgmd.gov](mailto:llevy-page@gaitersburgmd.gov) or call 301-258-6394.

Sponsored by the City of Gaithersburg and the Kentlands Community Foundation.

# GAITHERSBURG COMMUNITY MUSEUM & GIFT SHOP

Museum hours:

**Tuesday – Saturday, 10 a.m. – 3 p.m.**

Free. Donations gratefully accepted.

9 South Summit Ave  
301-258-6160  
gaithersburgmd.gov  
museum@gaitersburgmd.gov



## StoryTime Station

**11 to 11:45 a.m. - 4th Tuesday each month**

\$3/child

A themed read aloud program for children ages 3 – 6. Space is limited. For information and reservations please call 301-258-6160 or email museum@gaitersburgmd.gov

## Discovery Day: TRAINS!

**Saturday, August 8, 11 a.m. – 2 p.m.**

**Sunday, September 27, 11 a.m. – 2 p.m.**

**Free**

The Gaithersburg Community Museum celebrates Gaithersburg's long and storied history with the railroad with a Discovery Train Day. Visitors are invited to view BANTRAK N-Gauge model train displays, explore a caboose and RDC rail car, visit and take a photo with the 1918 steam locomotive on display in the adjacent History Park, enjoy the hands-on learning centers in the museum and shop for train-related items in the Museum gift shop. With luck visitors can also enjoy the sights and sounds of the actual trains that frequently rumble past the Museum.

## After Hours at the Museum

**October 13, 7 p.m.**

**\$5/person**

**Welcome to Chestnut Lodge . . . The Story of Frieda Fromm-Reichmann**

Speaker: Karen Webber Gilat

Maverick psychotherapist Frieda Fromm-Reichmann is brought to life with a first person portrayal. A pioneer of the therapeutic relationship, she took the road "less traveled" from Nazi Germany to Rockville MD. Freida served as the chief psychiatrist at Chestnut Lodge Sanitarium until her death in 1957. The most famous of her patients, Joanne Greenberg, penned her memoir "I Never Promised You a Rose Garden" of her time with Frieda at the Lodge. A contemporary of Freud and briefly married to Erich Fromm, this charming, feisty, fiercely private Jewish woman took on the "Establishment" at every turn. A question and answer session will follow the program.

## Discovery Day – Maps & Globes

**November 15, 1 – 4 p.m.**

**\$2/family (materials fee to make globe)**

**Free to visit Museum**

In recognition of Geography Awareness Week and GIS Day on Nov. 18, the Museum staff invite you to visit the Mapping Gaithersburg exhibit, talk with GIS staff about the mapping process and make a paper globe. Materials are limited and reservations are encouraged for the globe activity. Call 301-258-6160 or email museum@gaitersburgmd.gov

Many other programs are planned. To find out more please visit the Gaithersburg Community Museum Facebook page, the City web page at gaithersburgmd.gov, or download the new Gaithersburg Arts & Events App on your phone or mobile device.



## SKY WATCHING

**Observatory Park, 100 DeSellum Ave.**

**Free**

Weather permitting (check the museum's Facebook page)

The park will be dark, but please don't use a bright flashlight. You may bring a red light which is less intrusive to watchers. Limited red cellophane will be available to cover flashlights. Parking is limited, please park in the Father Meyer Field (Corner of DeSellum and Rt. 355) and walk into the park (approximately .2 miles). There are no restrooms available in the park.

## Perseids Meteor Shower

**Thursday, August 13, 9:30 – 11 p.m.**

The Perseids meteor shower is an annual astronomical event, so called because it appears as if the meteors are coming from the constellation Perseus. This year it will peak on August 13 with 50-100 meteors crossing the night sky every hour. Join us that night at Observatory Park to watch. No telescopes are needed, just a comfortable blanket or lawn chair and you can watch as meteors streak past.

## Total Eclipse of the Moon

**Sunday, September 27, 9:30 – 11 p.m.**

A total eclipse of the closest supermoon of the year will occur on the night of September 27-28. This is the Northern Hemisphere's Harvest Moon (the full moon nearest the September equinox.) This September full moon is also called a Blood Moon, because it presents the fourth and final eclipse of a lunar tetrad: four straight total eclipses of the moon, spaced at six lunar months (full moons) apart. Join us at Observatory Park to watch. No telescopes are needed, just a comfortable blanket or lawn chair and you can watch as the eclipse of the moon occurs.

## GAITHERSBURG-WASHINGTON GROVE VOLUNTEER FIRE DEPARTMENT MUSEUM

13 E. Diamond Ave., Gaithersburg, MD 20877

301-646-1222 • www.gwgvfd.org

**Open Saturday, 10 a.m. – 2 p.m.**

Free admission, donations gratefully accepted.



77<sup>th</sup> ANNUAL GAITHERSBURG  
**LABOR DAY PARADE**

**MONDAY, SEPTEMBER 7**

1 – 3 PM

**OLDE TOWNE**

(EAST DIAMOND, RUSSELL & ODEND'HAL AVENUES)

This rain-or-shine event includes marching bands, equestrian units, vintage cars & fire trucks, costumed characters, clowns, food vendors, and much more fun.

For more information, call 301-258-6350.



**Fall Golf Classic**  
 Friday, September 25, 2015

Rain Date: October 2  
 8:45 a.m. Shotgun Start

**Clustered Spires**  
 Frederick, Maryland

**4 PLAYER SCRAMBLE**  
 Limited to the first 30 foursomes.  
*A limited number of foursomes are available.*

**\$85 PER PLAYER**  
*Pre tournament payment is required!*

**REGISTER NOW**

**FALL  
 BRIDAL  
 SHOWCASE**

**Sunday, October 25**

Noon – 4 p.m.  
 Kentlands Mansion  
 320 Kent Square Rd.  
 \$5 admission

Experience the elegance and charm of historic Kentlands Mansion while meeting one-on-one with a variety of wedding vendors.

For more information, call 301-258-6425.

**301-258-6350**  
[www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)



## BENJAMIN GAITHER CENTER

80A Bureau Dr.  
301-258-6380

### For Active Older Adults Age 55 and Better!

Open 8:30 a.m. - 4 p.m.  
Monday through Friday

Discover the energy and vitality found at the Benjamin Gaither Center! If you are an active older adult and would like to increase your fitness level, participate in trips, attend informative lectures, choose from a wide variety of classes, enjoy entertainment, and of course, meet new people – we have it! Not sure if this is for you? Come try us out for one day for free.

#### Yearly Membership Rates

Gaithersburg City Residents – \$40 per person/\$70 per couple  
Nonresidents – \$120 per person/\$180 per couple  
Monthly Membership – \$15 per person

#### Or Try Us for a Month!

Gaithersburg City Residents – \$10 per person  
Nonresidents – \$25 per person

#### Fitness Center

Annual Membership – \$75 per person  
(Must be Benjamin Gaither Center Member)

Bus transportation available depending on your geographic location.

### Drop-In Ballroom Dance Class

Tuesdays at 2:30 p.m., Benjamin Gaither Center  
\$5 Benjamin Gaither Center Members/\$7 City Residents/\$9 Nonresidents

Join anytime! People of all ages are encouraged to attend. This class is for beginners as well as intermediate dancers. Call 301-258-6380 with questions and to verify the class schedule.

Check out the evening offerings at Benjamin Gaither in the Teen and Adult class listings of the Leisure Times!

### WE HAVE SO MUCH TO OFFER:

Aerobics/Exercise classes for all Levels,  
Weight Training, Flexible Strength, Stability Ball,  
Ballroom Dance, “Get With the Flow,”  
Computer Classes, English Classes, Book Discussions,  
Watercolor, Cross Stitch, Quilting, Embroidery,  
Safe Driving Classes,  
Educational and Informative Lectures, Crochet,  
Bridge, Mah Jongg, Canasta, Billiards, Scrabble,  
Carrom, Ping Pong, Poker, Bingo,  
Private Music Lessons and  
**SO MUCH MORE!**

#### TRIPS

Cruise to St. Michaels, Arena Stage, Kennedy Center, Galloping Gourmets to Delicious Restaurants, Museums in Baltimore and Washington, D.C. and many, many more. We offer at least six trips a month!

#### ACTIVITIES

Trips, Classes, Exercise, Birthday Celebrations, Musical Performances, Dances, Parties, Discussion Groups, Diversity Programs, Informative Lectures and Presentations, Breakfasts and much, much more.

#### HEALTHY SENIORS

Exercise classes, daily lunch through the Senior Nutrition Program, support groups for caregivers, case management services, health screenings and enrichment programs through local hospitals. Come check out our new Fitness Center!

# SCHOOL'S OUT:

but the City of Gaithersburg has fun things to do!



Looking for something for your elementary school child to do when school is out?

Look no further than the City of Gaithersburg. On MCPS professional days and half days, the City of Gaithersburg offers a variety of activities and field trips for children in grades 1-5. Pre-registration and a fee are required.

## HALF DAY HOOPLAS

12:30 p.m. – 5:15 p.m.  
Departures specified below:

Friday, October 2  
South Mt. Creamery  
Departs from Fields Road ES

Wednesday, November 11  
Movie at Kentlands  
Departs from Brown Station ES

Thursday, November 12  
Gaithersburg Aquatic Center  
Departs from Gaithersburg ES

## FALL BREAK BLAST

8:30 a.m. – 4:30 p.m.  
Departs from the Activity Center  
at Bohrer Park

Friday, October 16  
Summer's Farms in Frederick, MD

Monday, November 2  
Air and Space Museum  
at Udvar Hazy Center, Dulles, VA



*Please be advised that trip locations and times are subject to change.*

Registration forms are available at the Activity Center at Bohrer Park (506 S. Frederick Ave) about one month prior to the trip date.

For more information please call Sydney Stasch at 301-258-6350 x 126 or email [sstasch@gaithersburgmd.gov](mailto:ssstasch@gaithersburgmd.gov).



## GAITHERSBURG YOUTH CLUB (GYC)

### To Register for GYC Membership

Registration forms for students in Grades 6 – 8 are available at the Youth Center at Robertson Park, the Youth Center in Olde Towne and the Activity Center at Bohrer Park. Forms may also be downloaded from the GYC website. Students attending GMS, FOMS, GHS, LPMS and RVMS can obtain forms at their school.

### GYC - One Year Membership Fee

\$15 Residents / \$20 Nonresidents

*Your membership is good for one year from the date you sign up*

### Membership Cards

GYC members will receive a membership card. The student MUST show his/her card to ride the GYC Shuttle and participate at the Youth Centers. There is an additional \$5 charge to replace a lost card.

### Youth Centers

GYC members have access to the Olde Towne and Robertson Park Youth Centers. These are Recreational Centers where members are required to sign in, but may leave at anytime during hours of operation.

### Club Friday

Club Friday events are held on select Fridays from 7 – 9 p.m. GYC members pay an additional fee to attend. Activities may include a DJ, dancing, pizza, video games, and prizes or a local field trip.

### GYC Trips on Half-Days and Holidays

Students have the opportunity to go on some great half-day and holiday trips that may include Adventure Park USA, laser tag, movies, bowling, and more. Pre-registration with registration fee is required.

*\*Only GYC members are eligible for trips!*

### CHARACTER COUNTS!

## Community Service Week

**October 16 – 22**

Service projects, competitions and fun activities will be scheduled all week long!

## HOLIDAY AND EARLY RELEASE DAY SCHEDULE

*Please Note: Trips are subject to change.*

August 31 – September 4	GYC Open House Week Cookout – Friday, September 4 4 p.m. FREE
September 7 Labor Day Holiday	No School/No Trip GYC Closed
September 14 Rosh Hashanah	No School/No Trip GYC Open 12 – 6 p.m.
September 23 Yom Kippur	No School/No Trip GYC Open 12 – 6 p.m.
October 2 Early Release Day	GYC Closes at 6 p.m. Golf & Grub/\$10
October 16	No School GYC Open 12 – 6 p.m. Horseback Riding/\$35
October 30 Friday Fun Night	GYC Open Regular Hours Club Friday Halloween Party/ Haunted House, 7 – 9 p.m./\$5
November 2	No School GYC Open 12 – 6 p.m. Monster Mini Golf & Munchies/\$20
November 11 Early Release Day	GYC Closes at 6 p.m. Swimming & Pizza/\$15
November 12 Early Release Day	GYC Closes at 6 p.m. Movies & Mall/\$15
November 25 Early Release Day	GYC Closes at 6 p.m. Gobble Bowl Flag Football Game
November 26 & 27 Thanksgiving	No School/No Trips GYC Closed

## HIGH SCHOOL STUDENT UNION

Students in grade 9 – 12 can register to join the High School Student Union! Membership includes:

- Student Services Learning (SSL) opportunities
- Participation in fundraising events
- Field trips
- Admission to the Olde Towne and Robertson Park Youth Centers during high school hours
- Access to the Music Studio at Olde Towne Youth Center
- Admission to after school high school recreation programs at the Activity Center at Bohrer Park

Registration forms can be obtained at the Activity Center at Bohrer Park, Robertson Park and Olde Towne Youth Centers.

Student Union 1-Year Membership Fee:  
\$5 Residents/\$10 Nonresidents

Questions?

Contact Maura Dinwiddie ([mdinwiddie@gaitHERSBURGMd.gov](mailto:mdinwiddie@gaitHERSBURGMd.gov) or 301-258-6350 x168) or Jake Hersom ([jhersom@gaitHERSBURGMd.gov](mailto:jhersom@gaitHERSBURGMd.gov) at 301-258-6350 x165).

## ROBERTSON PARK

801 Rabbitt Road  
301-258-6166  
YC-Robertson@gaitthersburgmd.gov

### Featuring a 30 Foot Rock Wall!

#### Hours of Operation

Monday- Friday	2:45 – 7 p.m.
Half-days	Noon – 6 p.m.
Most Holidays	Noon – 6 p.m.

#### High School

Monday – Friday 4:30 – 7 p.m.

High School is new this year for our Student Union Members from Quince Orchard High School!

Check Out Our Website

Find us under the Leisure tab at [gaitthersburgmd.gov](http://gaitthersburgmd.gov)

Search word "GYC"

## OLDE TOWNE

301 Teachers Way  
301-258-6440  
YC-OldeTowne@gaitthersburgmd.gov

### Featuring a Professional Recording Studio!

#### Hours of Operation

Monday- Friday	2:45 – 7 p.m.
Half-days	Noon – 6 p.m.
Most Holidays	Noon – 6 p.m.

#### High School

Monday – Friday 4:30 – 7 p.m.

#### Studio Hours

Monday – Friday 3 – 6 p.m.

For information about studio time email [gycstudios@gaitthersburgmd.gov](mailto:gycstudios@gaitthersburgmd.gov)

### GYC Shuttle

A city shuttle to the Youth Centers is provided after school for GYC members at the following schools:

Youth Center at Robertson Park - Ridgeview MS and Lakelands Park MS

Youth Center in Olde Towne - Forest Oak MS.

\* Students from Gaithersburg MS are welcome to walk to the GYC at Olde Towne after school.

### PROGRAM HIGHLIGHTS:

- **Computer/Study Room** – This quiet computer/study room is available for kids doing homework or research.
- **Hour of Power** – *Kids can get homework help every day!* GYC staff are available for anyone who needs help with assignments.
- **Community Service Program** – If any students need service learning hours, send them our way! The Youth Centers organize service projects for middle school students. GYC members have at least one opportunity to earn SSL hours and have fun each month!
- **Environmental Fun** – The GYCs are GREEN BUILDINGS! Great learning activities come hand-in-hand with their environmentally friendly features.
- **Studio Fun-0-One** – This educational program introduces students to our Pro-Tools and Studio equipment at the Olde Towne GYC.
- **Local Trips** – We plan fun trips to local restaurants, parks, and other city recreational facilities.



### OPPORTUNITIES

Available at Our Youth Centers

- Sports
- Games
- Arts and Crafts
- Special Holiday Events and Activities
- Billiards
- Video Game Consoles
- Foosball
- Table Tennis
- Cooking Classes
- Fitness Activities
- Mentoring Programs
- Community Service Projects



### "GAITHERSBURG SKIS"

- A ski and snowboarding program for middle & high school students
- Every Saturday in January and February at Liberty and Whitetail Ski Resorts
- Registration begins late October
- Prices vary depending on package purchased
- Email Jake at [jhersom@gaitthersburgmd.gov](mailto:jhersom@gaitthersburgmd.gov) for more information

Questions? Please contact Jake Hersom, Community Facility Manager (Robertson Park) at 301-258-6350 or [jhersom@gaitthersburgmd.gov](mailto:jhersom@gaitthersburgmd.gov) or Maura Dinwiddie, Community Facility Manager (Olde Towne) at 301-258-6350 or [mdinwiddie@gaitthersburgmd.gov](mailto:mdinwiddie@gaitthersburgmd.gov).

# Gaithersburg Sports!



## FALL YOUTH SPORTS PROGRAMS

Youth sports are programmed for Youth in Grades K – 6 and Teen Sports are conducted for grades 6 – 8. Not all sports are held for each grade. A summary of the programs offered this fall is listed below.

Start Smart Soccer	Ages	4-5
Start Smart Football	Ages	4-5
Flag Football	Grades	K-8
Cross Country Running	Grades	1-6
Soccer	Grades	1-6
Youth Volleyball	Grades	4-5
Volleyball Clinic	Grades	6-8
Cricket	Grades	3-8

Registration starts July 15 and the deadline is September 8, 2015. Please contact the Department of Parks, Recreation and Culture for more detailed information at 301-258-6350 or visit our website: [www.gaithersburgmd.gov/leisure/sports](http://www.gaithersburgmd.gov/leisure/sports)



## FALL ADULT SPORTS PROGRAMS

Adult sports are offered throughout each year; programmed for men and women 18 years of age or older. Our mission is to provide a safe environment where men and women can participate and enjoy the spirit of friendly competition.

- Coed Volleyball
- Women's Volleyball
- Men's Tennis
- Women's Tennis
- Men's Softball
- Coed Softball
- Pickleball
- Senior Tennis
- Senior Bowling
- Senior Men's Softball – 58+ Draft League

Registration fees vary and are dependent upon the cost of providing each particular sport. Please contact the Department of Parks, Recreation and Culture for more detailed information at 301-258-6350 or visit our website: [www.gaithersburgmd.gov/leisure/sports](http://www.gaithersburgmd.gov/leisure/sports)

## FALL SENIOR TENNIS

A six-week recreational tennis program for men and women 50 years of age and over.

Fridays, 4:30 – 6:30 p.m. or 6:30 – 8:30 p.m.  
Morris Park  
Starts September 11, 2015  
\$20 Residents/ \$25 Nonresidents

Registration information and a form will be mailed.  
For more information call 301-258-6350.

## FALL ADULT TENNIS LEAGUES

The Recreation Department is providing an opportunity for men and women (18 and over) to play tennis on a weekly basis. Registrants are placed in divisions based upon USTA ratings (if you don't have a rating call Pam for placement in the appropriate division) and are scheduled for a series of matches.

League play will begin the week of September 14 and last approximately 7 to 9 weeks.

Matches will be played on courts and at times that are convenient for and mutually agreed upon by the participants

CATEGORIES: USTA ratings

Novice	1.5 - 2.5
Intermediate	3.0 - 4.0
Open	4.0 & over

\$18 City Resident/ \$21 Nonresident  
Activity: #42705

## FALL TENNIS TOURNAMENTS

Each match will consist of the best two out of three sets with a 12 point tiebreaker in effect. Balls will be provided and all participants will receive a complimentary t-shirt. Some divisions may be cancelled due to lack of sufficient registration. Various locations.

### DATES

Activity: #42703  
Doubles September 12 & 13 8 a.m. – 8 p.m.

Activity: #42704  
Singles September 19 & 20 8 a.m. – 8 p.m.

### FEES

Doubles	\$36 per Team for 2 City Residents
	\$41 per Team for 1 City Resident/1 Nonresident
	\$46 per Team for 2 Nonresidents
Singles	\$18 City Resident/ \$23 Nonresident

Registration forms will be available the beginning of July. Forms will be sent to last year's participants. For more information and a registration form call Pam Truxal at 301-258-6350 x121 or [ptruxal@gaitersburgmd.gov](mailto:ptruxal@gaitersburgmd.gov).

## PEE WEE TENNIS

Basic introduction. Through the use of eye/hand coordination drills and specially designed games, children learn the basic strokes and rules.

**Age: 5 - 7 years**

**Length: 45 minutes**

42586	9/9	W	4:45pm	MP	6	\$60(R)/\$67(N)	Harwood
42587	9/10	Th	4:45pm	DF	6	\$60(R)/\$67(N)	Raaf
42588	9/12	Sa	11:00am	MP	6	\$60(R)/\$67(N)	Raaf
42589	9/20	Su	12:00pm	MP	6	\$60(R)/\$67(N)	Harwood

## TENNIS - YOUTH

The program teaches basic skills to those who have never had instruction or consistent practice.

**Age: 8 - 12 years**

**Length: 1 hour**

42594	9/9	W	5:30pm	MP	6	\$65(R)/\$72(N)	Harwood
42595	9/10	Th	5:30pm	DF	6	\$65(R)/\$72(N)	Raaf
42596	9/12	Sa	9:00am	MP	6	\$65(R)/\$72(N)	Raaf
42597	9/20	Su	12:45pm	MP	6	\$65(R)/\$72(N)	Harwood

## TENNIS

Beginners: Starting to play and have never had lessons. Learn fundamental strokes and scoring. Advanced Beginners: Have had some lessons, have more dependable strokes and are learning to judge where the ball is going. Intermediate: Can place shots with moderate success and sustain a slow paced rally. Focus on stroke dependability, depth, ball placement and strategy. Play simulation is emphasized by use of a tennis ball machine. Students are coached in singles and doubles techniques and strategy.

**Age: Teen and Adult**

**Length: 1 hour**

### Beginner

42598	9/9	W	6:30pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Harwood
42599	9/10	Th	6:30pm	DF	6	\$72(R)/\$79(N)/\$36(R)	Raaf
42600	9/12	Sa	10:00am	MP	6	\$72(R)/\$79(N)/\$36(R)	Raaf
42601	9/20	Su	1:45pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Harwood

### Advanced Beginner

42602	9/9	W	7:30pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Harwood
42603	9/10	Th	7:30pm	DF	6	\$72(R)/\$79(N)/\$36(R)	Raaf
42604	9/12	Sa	12:00pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Raaf
42605	9/20	Su	2:45pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Harwood

### Intermediate

42606	9/9	W	8:30pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Harwood
42607	9/10	Th	8:30pm	DF	6	\$72(R)/\$79(N)/\$36(R)	Raaf
42608	9/12	Sa	1:00pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Raaf
42609	9/20	Su	3:45pm	MP	6	\$72(R)/\$79(N)/\$36(R)	Harwood

## ACTIVITY CENTER AT BOHRER PARK

506 S. Frederick Ave.  
301-258-6350  
www.gaithersburgmd.gov



## FITNESS ZONE

Maintaining a healthy routine couldn't be easier with our strength training and cardiovascular equipment, mats and locker rooms. We offer reasonable rates and a variety of membership plans. The Fitness Zone is open to everyone 16 years of age or older. Teens 13 - 15 are welcome after completing a fitness orientation. Membership and daily admission include use of fitness center and open gyms. All participants must check in at reception counter.

### FEES

Annual	Resident	Nonresident
Adult	\$180	\$280
*2-Person	\$295	\$440
Family	\$350	\$525
Senior (55+)	\$150	\$225
Youth (under 18)	\$150	\$225

\* Must reside within the same household

### 25-Admission

	Resident	Nonresident
Adult	\$100	\$130
Senior (55+)	\$75	\$110
Youth (under 18)	\$75	\$110

### 3-Month Membership

All	Resident	Nonresident
	\$70	\$105

### Daily Admission

	Resident	Nonresident
Adult	\$5	\$6
Senior (55+)	\$4	\$5
Youth (under 18)	\$4	\$5

### RECREATION SUPER PASS

A convenient, money-saving, all-inclusive membership plan that includes admission to:

- Water Park (seasonal)
- Gaithersburg Aquatic Center
- Miniature Golf Course (seasonal)
- Fitness Center
- Open Gyms

	Resident	Nonresident
Adult	\$305	\$500
*2-Person	\$455	\$685
Family	\$540	\$805
Senior	\$245	\$390
Youth (under 18)	\$290	\$450

\* Must reside within the same household



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

Activity	Start	Day	Time	Location	# Sess	Fee	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

# CREATIVE TOT TIME

## CASEY COMMUNITY CENTER

810 S. Frederick Ave.

Creative Tot Time provides a warm, loving environment where children three to five years of age will enjoy music, story time, arts & crafts, show & tell and fun field trips.

A copy of the child's birth certificate is required at time of registration.

### SCHOOL YEAR 2015 – 2016

#### Registration is ongoing.

50% of class fees will be due on August 1.

There is a \$35 cancellation fee.

#### 3-Year Old Classes:

(Children born between Sept. 1, 2010 – Sept. 1, 2012)

\$700 Residents/\$825 Nonresidents

41209	9/8	T/TH	9:00-11:30 am	Casey-B
41208	9/8	T/TH	9:00-11:30 am	Casey-D

#### 4-Year Old Classes:

(Children born on or before Sept. 1, 2011)

\$975 Residents/\$1,150 Nonresidents

41210	9/9	M/W/F	9:00-11:30 am	Casey-B
41211	9/9	M/W/F	9:00-11:30 am	Casey-D

More information: Katie Gleeson at 301-258-6366 or kgleeson@gaitthersburgmd.gov



PRESCHOOL CLASSES

## PHYSICAL ACTIVITIES

### NEW PARENT AND ME GYMNASTICS

Parents and their little ones work together to crawl, climb, roll, balance, and play musical interactive games designed to promote development and body awareness.

Age: 2 - 3 years

Length: 45 minutes

42510 9/12 Sa 9:15am CCC 10 \$89(R)/\$96(N) Da Costa Lima

### PRE-K GYMNASTICS

This fun filled class introduces your child to basic gymnastics skills. While they tumble, crawl and balance they also develop self-esteem, social skills and listening skills. In this class the children learn how to use a wide range of gymnastics equipment as well as small props such as hoops, bean bags and balls. Parents do not attend, but are invited to observe the last class.

Age: 3 - 5 years

Length: 45 minutes

42488 9/12 Sa 10:00am CCC 10 \$89(R)/\$96(N) Da Costa Lima

42489 9/17 Th 3:00pm CCC 10 \$89(R)/\$96(N) Da Costa Lima

## DANCE

### CREATIVE DANCE

Introduces children to the three elements of dance - energy, space and time - in a fun, image-oriented environment. Motor, spatial, cognitive and social skills are taught. Parents do not attend, however are invited to observe the last class.

Age: 3 - 5 years

Length: 45 minutes

42471 9/12 Sa 9:15am CCC 10 \$89(R)/\$96(N) Foster

42472 9/21 M 5:00pm LMS 10 \$89(R)/\$96(N) Da Costa Lima

42473 11/ 4 W 10:40am CCC 6 \$54(R)/\$61(N) Meetze

42486 9/12 Sa 11:15am CCC 10 \$89(R)/\$96(N) Da Costa Lima

42487 9/17 Th 4:00pm CCC 10 \$89(R)/\$96(N) Da Costa Lima

### CLASS LOCATION:

ACBP Activity Center at Bohrer Park

CCC Casey Community Center

LMS Lakelands Park Middle School

### CLASSES WILL NOT BE HELD:

Rosh Hashanah: Monday 9/14

Yom Kippur: Tuesday evening 9/22, and Wednesday 9/23

Thanksgiving Holiday: 11/26 – 11/29

Please check with your instructor for election-related or other cancellations or relocations.



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

**Students should register for the appropriate level of ballet, but may be changed at the instructor's discretion.**

## DANCE

### BALLET - INTRODUCTION

Class introduces young children to ballet. It begins to teach an understanding of body movement, alignment, expression, grace and deportment.

**Age: 5 - 6 years**

**Length: 1 hour**

42468	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Meetze
42469	9/12	Sa	10:00am	CCC	12	\$119(R)/\$126(N)	Foster
42470	9/21	M	5:45pm	LMS	12	\$119(R)/\$126(N)	Da Costa Lima

### BALLET

Classes provide the opportunity to learn or further one's knowledge of the academic and classical ballet. An understanding of body movement, alignment, expression, grace and deportment are gained. Ballet training provides the foundation for tap, jazz and other theatrical dance forms.

**Length: 1 hour**

#### Level 1 (6.5-10 yrs)

42437	9/12	Sa	11:00am	CCC	12	\$119(R)/\$126(N)	Foster
42438	9/10	Th	5:45pm	CCC	12	\$119(R)/\$126(N)	Meetze
42439	9/21	M	6:45pm	LMS	12	\$119(R)/\$126(N)	Da Costa Lima

#### Level 2 (7-12 yrs)

42675	9/21	M	4:45pm	CCC	12	\$119(R)/\$126(N)	Meetze
42676	9/9	W	4:45pm	CCC	13	\$129(R)/\$136(N)	Meetze

#### Level 3 (8-14 yrs)

42677	9/21	M	5:45pm	CCC	12	\$119(R)/\$126(N)	Meetze
42678	9/9	W	5:45pm	CCC	13	\$129(R)/\$136(N)	Meetze

#### Level 4/5 (9-16 yrs)

42440	9/21	M	6:45pm	CCC	12	\$119(R)/\$126(N)	Meetze
42442	9/9	W	6:45pm	CCC	13	\$129(R)/\$136(N)	Meetze

#### Beginner Pointe (12-16 yrs) Length 1 1/4 hrs

42449	9/18	F	4:45pm	CCC	12	\$149(R)/\$156(N)	Horner
42445	9/29	Tu	4:45pm	CCC	11	\$138(R)/\$145(N)	Horner

#### Intermediate/Advanced Pointe (12-18 yrs) Length: 1 1/2 hrs

42446	9/29	Tu	6:00pm	CCC	11	\$165(R)/\$172(N)	Horner
42679	9/18	F	6:00pm	CCC	12	\$179(R)/\$186(N)	Horner



### NEW BALLET FOR TEENAGE BEGINNERS

Did your desire to dance just blossom? It's never too late to learn barre exercises, basic floor combinations and dance terminology. Ballet is the foundation for many theatrical dance forms.

**Age: 13 - 19 years**

**Length: 1 hour**

42680	9/12	Sa	12:00pm	CCC	12	\$119(R)/\$126(N)	Foster
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### NEW HIPHOP

This class focuses on building technical skills, freestyle ability, and mastering Hip-Hop choreography. Students are challenged to improve their coordination, musicality, and groove. Also, students learn foundation moves in other urban dance styles such as Popping, Locking and House. For more information visit [www.Esperonto.com](http://www.Esperonto.com).

**Length: 1 hour**

**Age: 8 - 10 years**

42134	9/10	Th	5:00pm	ACBP	13	\$129(R)/\$136(N)	Bean
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**Age: 11 - 16 years**

42937	9/10	Th	6:00pm	ACBP	13	\$129(R)/\$136(N)	Bean
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### NEW TAP

Tap is a style involving rhythm, dynamics, and varying sounds. Tappers will have a graduated warm-up to loosen their ankles and knees for proper execution of skills, across the floor progressions and have center floor work to learn and perfect new skills.

**Age: 9 - 12**

**Length: 1 hour**

42934	Tu	5:00pm	LMS	12	\$119(R)/\$126(N)	Hayes
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### NEW JAZZ

Jazz classes are fun and energetic. They include such elements as kicks, leaps, turns, splits, and isolations. Classes include stretch and strengthening exercises, floor work, and across the floor progressions in addition to a center floor combinations.

**Age: 9 - 12**

**Length: 1 hour**

42934	Tu	6:00pm	LMS	12	\$119(R)/\$126(N)	Hayes
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## DANCE RECITAL

**On May 21, 2016 the City of Gaithersburg will present a dance recital at Gaithersburg High School.**

Performing is an important part of dance training and students will have the opportunity to participate if they desire.

## PHYSICAL ACTIVITIES

### BATON

Participate in a fun class where you learn the fundamentals of baton twirling. This is a unique sport that emphasizes performance skills through dance and movement, increases hand-eye coordination, flexibility and strength, and is a great way to get fit while having fun. Classes are taught by a former twirling champion and coach of many years. Bring \$25 to the first class to purchase a baton.

**Length: 1 hour**

#### 6-8 years

42138 9/10 Th 5:00pm ACBP 8 \$79(R)/\$86(N) Samuels

#### 9-12 years

42139 9/10 Th 6:00pm ACBP 8 \$79(R)/\$86(N) Samuels

### GYMNASTICS

Learn skills on the bars and balance beam, in vaulting and tumbling. Skills are taught in a safe, progressive order to build strength, flexibility and confidence. Participants should wear a t-shirt and shorts or a leotard, and have bare legs and feet. Parents do not attend, but are invited to observe the last class.

**Length: 1 hour**

#### 5-7 years

42119 10/3 Sa 9:00am ACBP 8 \$77(R)/\$84(N) Mongelli

42120 10/3 Sa 11:00am ACBP 8 \$77(R)/\$84(N) Mongelli

42121 9/29 Tu 5:30pm ACBP 8 \$77(R)/\$84(N) Mongelli

42125 9/29 Tu 6:30pm ACBP 8 \$77(R)/\$84(N) Mongelli

#### 8-15 years

42122 10/3 Sa 10:00am ACBP 8 \$77(R)/\$84(N) Mongelli

42123 9/29 Tu 5:30pm ACBP 8 \$77(R)/\$84(N) Mongelli

42124 9/29 Tu 6:30pm ACBP 8 \$77(R)/\$84(N) Mongelli

### KARATE - TANG SOO DO YOUTH

Give your child the gift of confidence! Program can help your child improve self-discipline, develop better concentration and even improve school grades. Fee includes uniform. This is an introductory rate. Continuation after the trial session is only offered by Kicks Karate at an increased fee. Please note: Classes are held at the Flower Hill Shopping Center, 18226 Flower Hill Way and in Quince Orchard at The Shops at Potomac Valley, 12105 Darnestown Rd.

#### 4-6 yrs, 30 minutes

42685 9/29 TuTh 4:00pm FH 10 \$85(R)/\$92(N) Kicks

42686 9/28 MW 6:00pm FH 10 \$85(R)/\$92(N) Kicks

42687 9/28 MW 6:00pm QO 10 \$85(R)/\$92(N) Kicks

42688 9/29 TuTh 5:00pm QO 10 \$85(R)/\$92(N) Kicks

42689 9/28 MW 3:00pm QO 10 \$85(R)/\$92(N) Kicks

42694 11/3 TuTh 4:00pm FH 10 \$85(R)/\$92(N) Kicks

42695 11/2 MW 6:00pm FH 10 \$85(R)/\$92(N) Kicks

42696 11/2 MW 6:00pm QO 10 \$85(R)/\$92(N) Kicks

42697 11/3 TuTh 5:00pm QO 10 \$85(R)/\$92(N) Kicks

42698 11/2 MW 3:00pm QO 10 \$85(R)/\$92(N) Kicks

#### 7-12 yrs, 50 minutes

42690 9/29 TuTh 6:00pm FH 10 \$95(R)/\$102(N) Kicks

42691 9/28 MW 4:00pm FH 10 \$95(R)/\$102(N) Kicks

42692 9/28 MW 4:00pm QO 10 \$95(R)/\$102(N) Kicks

42693 9/29 TuTh 6:00pm QO 10 \$95(R)/\$102(N) Kicks

42699 11/3 TuTh 6:00pm FH 10 \$95(R)/\$102(N) Kicks

42700 11/2 MW 4:00pm FH 10 \$95(R)/\$102(N) Kicks

42701 11/2 MW 4:00pm QO 10 \$95(R)/\$102(N) Kicks

42702 11/3 TuTh 6:00pm QO 10 \$95(R)/\$102(N) Kicks

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident



## FITNESS

### ZUMBA KIDS

Zumba Kids is exercise in disguise! Kids love to crank up the music, shake, wiggle, and have a blast with their friends. This class keeps kids engaged, reduces stress, gets the heart pumping, and makes them smile. In every class we learn a new dance, play dance games, and learn steps from around the world. Please bring a water bottle.

**Age: 6 - 11 years**

**Length: 1 hour**

42436 9/30 W 6:15pm LMS 10 \$50(R)/\$57(N)

Batista

42467 9/12 Sa 9:00am ACBP 13 \$65(R)/\$72(N)

McManaman



### CLASS LOCATION:

ACBP Activity Center at Bohrer Park  
 CCC Casey Community Center  
 FH Kicks Karate, Flower Hill Way  
 LMS Lakelands Park Middle School  
 QO Kicks Karate, Darnestown Road

## TEEN AND ADULT CLASSES

### BALLET, TEEN & ADULT

Class consists of barre work, center floor and combinations. Designed for new students and those refreshing their abilities after a few years away.

**Age: 16 to Adult**

**Length: 1 hour**

42407 9/9 W 9:30am CCC 12 \$119(R)/\$126(N)/\$60(S) Meetze  
42408 9/10 Th 6:45pm CCC 12 \$119(R)/\$126(N)/\$60(S) Meetze

### COUNTRY WESTERN SAMPLER

Country 2-Step, Country Waltz, Country Cha Cha...and more. Put your boots on and join our new dance instructor, Amanda Stearns, on the dance floor. You don't need a twang to get the hang of Country Dancin'! Welcome singles!

**Age: 16 to Adult**

**Length: 1 hour**

**Beginning**

42453 9/13 Su 2:00pm CCC 6 \$59(R)/\$66(N)/\$35(S) Stearns

**Continuing**

42454 10/25 Su 2:00pm CCC 6 \$59(R)/\$66(N)/\$35(S) Stearns

### LATIN SOCIAL DANCE - INTRODUCTION

Learn the basics of Merengue, Cha Cha Cha and Salsa with simple turns and footwork. Successive classes build upon previous week's work. Neither experience nor partners are necessary. Instructor Eileen Torres has taught thousands to dance over a 35 year career. Welcome singles!

**Age: 16 to Adult**

**Length: 55 minutes**

42412 10/20 Tu 7:35pm CCC 8 \$79(R)/\$86(N)/\$40(S) Torres

### SALSA - INTERMEDIATE

Achieve the look of a lifetime native dancer as you learn the footwork, turns, and patterns appropriate for the energy of each song. Successive classes build upon previous week's work. Instructor Eileen Torres has taught thousands to dance over a 35 year career. Welcome singles!

**Age: 16 to Adult**

**Length: 55 minutes**

42413 10/20 Tu 8:35pm CCC 8 \$79(R)/\$86(N)/\$40(S) Torres

### WEST COAST SWING

The DC area is teeming with places to jump, jive and wail on the dance floor. Want to get that happy elastic connection moving with your partner to blues, pop, hip-hop, country, or rock and roll? Learn the fundamental patterns, the etiquette of dancing on a crowded floor, and when to cut loose and improvise. Welcome singles!

**Age: 16 to Adult**

**Length: 1 hour**

**Beginning**

42455 9/13 Su 3:00pm CCC 6 \$59(R)/\$66(N)/\$35(S) Stearns

**Continuing**

42456 10/25 Su 3:00pm CCC 6 \$59(R)/\$66(N)/\$35(S) Stearns

#### CLASSES WILL NOT BE HELD:

Rosh Hashanah: Monday 9/14

Yom Kippur: Tuesday evening 9/22, and Wednesday 9/23

Thanksgiving Holiday: 11/26 – 11/29

Please check with your instructor for election-related cancellations or relocations.



### BALLROOM ESSENTIALS

Don't just survive the dance floor...become comfortable on it! A seasoned instructor takes you through the basic art of leading, following and music recognition (which steps go with which music). Last class will be a dance party to apply what you've learned. Welcome singles!

**Age: 16 to Adult**

**Length: 1 hour**

**Beginning**

42673 9/10 Th 6:30pm LMS 8 \$79(R)/\$86(N)/\$40(S) Wherry

**Continuing**

42674 9/10 Th 7:40pm LMS 8 \$79(R)/\$86(N)/\$40(S) Wherry

**Appropriate dance footwear  
must be worn for dance classes.  
No rubber soles, flip flops, or slides please.**



### BELLY DANCE - BEGINNER

Learn to shimmy in style in this introduction to the beautiful art of belly dance. You'll practice foundation movements for the hips, torso, arms, and head, all while dancing to the latest music from the Middle East, North Africa, and the Mediterranean. Ananke breaks down each movement in easy to follow progressions. No experience required. Two left feet okay!

**Age: 16 to Adult**

**Length: 1 hour**

42492 9/24 Th 7:30pm CCC 9 \$81(R)/\$88(N)/\$41(S) Ananke

### BELLY DANCE – ADVANCED BEGINNER

In this second level of belly dance, students will review foundation movements and begin to incorporate more advanced techniques such as layering and traveling. You will also study musicality, transitions, and stylistic interpretation. Successful completion of Beginner level required.

**Age: 16 to Adult**

**Length: 1 hour**

42493 9/16 W 8:00pm CCC 9 \$81(R)/\$88(N)/\$41(S) Ananke

### BELLY (MID EASTERN) DANCING – INTERMEDIATE

Develop your own style in the practice and performance of dances from the Middle East, North Africa and the Mediterranean. Each semester focuses on an advanced topic such as the use of a prop, a folkloric style, improvisation techniques or performance skills. This is a class for experienced dancers who have completed Beginner Belly Dance, or who have otherwise gotten permission from the instructor.

**Age: 16 to Adult**

**Length: 1 hour**

42491 9/16 W 6:30pm CCC 9 \$81(R)/\$88(N)/\$41(S) Ananke

### BELLY DANCE FOR SELF-EXPRESSION

Honor and celebrate your feminine beauty exactly as you are! Dancers of all shapes and sizes learn how to combine traditional moves with Middle Eastern and pop music to joyfully entertain. Beginners welcome. Belly baring is optional.

**Age: 16 to Adult**

**Length: 1 hour**

42671 9/15 Tu 7:30pm LMS 11 \$99(R)/\$106(N)/\$50(S) Basane

**There will be a Belly Dance recital on November 22 at the Arts Barn.**

**Appropriate dance footwear must be worn for dance classes. No rubber soles, flip flops, or slides please.**

### **NEW** BELLY DANCE PRACTICE

Take your study of belly dance to the next level in this cardio workout. Instructor-led drills are designed to increase your strength, flexibility, coordination and balance. It is a half hour of non-stop dancing that is guaranteed to improve your technique. Open to students who have completed or are currently enrolled in Advanced Beginner or Intermediate Belly Dance.

**Age: 16 to Adult**

**Length: 30 minutes**

42485 9/16 W 7:30pm CCC 9 \$41(R)/\$48(N)/\$35(S) Ananke

### ZUMBA

Our goal is simple: Love your workout! Zumba features interval dance sessions that combine fast and slow rhythms to maximize fat burning. Learn the Tango, Salsa, Cumbia and Reggaeton. We'll add some Latin flavor and international zest into the mix while you experience an hour of body-energizing, stress-relieving fun. Join the Zumba Fitness Party!

**Age: Teen and Adult**

**Length: 1 hour**

42131 9/12 Sa 9:00am ACBP 13 \$65(R)/\$72(N)/\$35(S) Turner

42132 9/11 F 6:30pm ACBP 13 \$65(R)/\$72(N)/\$35(S) Edghill

42133 9/9 W 6:45pm ACBP 13 \$65(R)/\$72(N)/\$35(S) Ford

42435 9/30 W 7:15pm LMS 10 \$50(R)/\$57(N)/\$35(S) Batista

### ZUMBA FUSION 101

Zumba and Toning all in one hour. Zumba Fusion 101 is an excellent introduction to Zumba! It features interval dance and toning choreography that combines slower rhythms and more basic choreography to maximize fat burning while building muscle. Zumba Fusion is for those new to fitness.

**Age: Teen and Adult**

**Length: 1 hour**

42432 9/21 M 11:00am CCC 12 \$60(R)/\$67(N)/\$35(S) Ford

42433 9/9 W 10:35am CCC 13 \$65(R)/\$72(N)/\$35(S) Ford

### ZUMBA TONING

Zumba Toning features interval dance and toning sessions that combine fast and slow rhythms to maximize fat burning while building muscle. Zumba Toning makes an excellent addition to your current Zumba dance fitness schedule, or provides a great workout on its own. Bring 1 or 2 pound weights.

**Age: Teen and Adult**

**Length: 1 hour**

42434 9/21 M 6:30pm ACBP 12 \$60(R)/\$67(N)/\$35(S) Ford

### CLASS LOCATION:

ACBP Activity Center at Bohrer Park

CCC Casey Community Center

LMS Lakelands Park Middle School



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

**NEW BOLLYWOOD WORKOUT**

Move spectacularly and develop stellar abs! We combine Bhangra and Bollywood moves (expressively using your head, eyes, fingers, wrists, arms, and, of course, hips!) in one high-energy hour of stress-relieving fun. Bring your dance scarf!

**Age: Teen and Adult**

**Length: 1 hour**

42409 9/29 Tu 6:30pm LMS 10 \$50(R)/\$57(N)/\$35(S) Pavelle

**BONE BUILDERS**

Bone Builders is a free volunteer-led exercise program offered for ages 55+, in partnership with Montgomery County Department of Health and Human Services, Recreation, and the RSVP volunteer program. Participants lift ankle weights and hand weights to increase bone density in this evidence-based program. Bone Builders has a strict attendance policy: participants must consistently attend twice per week to maintain their places in class. Other similar, affordable, easily transitional offerings are available at the BGC and Montgomery County Recreation Centers.

**Age: 55 years and up**

**Length: 1 hour**

42126 9/28 MW 10:00am ACBP 24 Free Snay

**BOOTCAMP FOR BOOMERS**

No Frills Drills - Safely challenge your body to the limit with a high-energy mix of resistance training, floorwork, and cardio training without fancy choreography. Work all major muscle groups in a no-fuss, no-excuses format. Bring a large exercise ball.

**Age: 16 to Adult**

**Length: 45 minutes**

42406 9/10 Th 7:00pm ACBP 13 \$91(R)/\$98(N)/\$60(S) Moran

**CORE STRENGTH**

You think this is all sit-ups? Think again! This core workout develops, strengthens, and tones muscles attached to the hips, pelvis, lower back, and front and side abdominals. Bring a mat and towel. (The towel will be used as a tool during class.)

**Age: 16 to Adult**

**Length: 30 minutes**

42400 9/16 WM 6:25pm LMS 23 \$115(R)/\$122(N)/\$75(S) Brouillette

42401 9/21 M 6:25pm LMS 12 \$60(R)/\$67(N)/\$39(S) Brouillette

42402 9/16 W 6:25pm LMS 11 \$55(R)/\$62(N)/\$36(S) Brouillette

**HIGH-INTENSITY INTERVAL TRAINING ( H.I.T.)**

Interval endurance training for the athletic adult. Warm up, then go into high-intensity bursts (run or power walk, interspersed with recovery periods using other muscle groups) followed by balance challenges, flexibility with long sticks (provided) or floor work.

**Age: 18 to Adult**

**Length: 1 hour**

42681 9/8 Tu 9:15am ACBP 14 \$70(R)/\$77(N)/\$35(S) Mornini

42682 9/10 Th 9:15am ACBP 12 \$60(R)/\$67(N)/\$35(S) Mornini

**CLASSES WILL NOT BE HELD:**

Rosh Hashanah: Monday 9/14

Yom Kippur: Tuesday evening 9/22, and Wednesday 9/23

Thanksgiving Holiday: 11/26 – 11/29

Please check with your instructor for election-related cancellations or relocations.



**NEW WERQ™**

WERQ™ is the intensely fun dance fitness workout based on pop, rock and Hip-Hop music taught by certified fitness professionals. The signature WERQ warm-up previews the dance steps used in class and the cool down includes balance and Yoga-inspired poses. Are you ready for a WERQout?

**Age: 16 to Adult**

**Length: 1 hour**

42410 9/10 Th 6:30pm LMS 10 \$50(R)/\$57(N)/\$35(S) Pavelle

**WORK SMART STRENGTH TRAINING**

Work smarter not harder with a dynamic, whole-body workout. Engage your core muscles in new ways and attend to flexibility and subtle alignment for safety, and release restrictions in your connective tissue. You'll leave with a workout you can do at home or on the road.

**Age: 16 to Adult**

**Length: 1 hour**

42148 9/22 Tu 10:00am ACBP 11 \$99(R)/\$106(N)/\$50(S)Thompson

**STEP ROCKS!**

Athletic, high-octane combinations set to motivating, current music create a fun and effective full-body workout. Class consists of a warm up, upper body muscle toning using hand weights, cardiovascular work with specific training objectives, abdominals and a cool down/stretch sequence. Students are encouraged to bring their own steps, mats, and hand weights, though a limited number are available for loan by arrangement with Nancy at 301-990-1846.

**Age: 16 to Adult**

**Length: 1 hour**

42403 9/16 WM 7:00pm LMS 23 \$161(R)/\$168(N)/\$105(S) Brouillette

42404 9/21 M 7:00pm LMS 12 \$84(R)/\$91(N)/\$55(S) Brouillette

42405 9/16 W 7:00pm LMS 11 \$77(R)/\$84(N)/\$50(S) Brouillette





### LOW IMPACT AEROBIC FITNESS & DANCE

Become healthier and more fit while having fun and improving your cardiovascular fitness. Includes warm-up, stretching, dancing and cool-down. No previous dance experience necessary. Bring a mat and handweights up to 2 lbs.

**Age: 18 to Adult**

**Length: 1 hour**

42482	9/8	Tu	9:30am	CCC	14	\$112(R)/\$119(N)/\$56(S)	Riggs
42483	9/10	Th	9:30am	CCC	14	\$112(R)/\$119(N)/\$56(S)	Riggs
42484	9/8	TuTh	9:30am	CCC	28	\$224(R)/\$231(N)/\$112(S)	Riggs

### PILATES - BEGINNING

Ever wanted to try Pilates, but weren't sure what it was all about? Get in on the ground floor with this introductory class.

**Age: 16 to Adult**

**Length: 1 hour**

42399	9/10	Th	7:00pm	ACBP	12	\$108(R)/\$115(N)/\$54(S)	Beck
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**NEW**

### PILATES - GENTLE ADAPTATIONS

The strengthening and flexibility gained practicing Pilates sequences are modified for those needing gentler steps of progression and intensity.

**Age: 16 to Adult**

**Length: 1 hour**

42481	9/9	W	12:00pm	CCC	11	\$99(R)/\$106(N)/\$50(S)	Lu-Weir
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### PILATES MAT CLASS

System of exercises designed to dynamically strengthen and lengthen the body. Balance, flexibility, joint stability, and improved posture are achieved and maintained. Relaxation techniques are incorporated to enhance mind/body awareness.

**Age: 16 to Adult**

**Length: 1 hour**

42127	9/8	Tu	6:30pm	ACBP	12	\$108(R)/\$115(N)/\$54(S)	Beck
42128	9/8	Tu	11:35am	CCC	12	\$108(R)/\$115(N)/\$54(S)	Beck
42129	9/11	F	11:15am	CCC	12	\$108(R)/\$115(N)/\$54(S)	Lu-Weir

#### CLASSES WILL NOT BE HELD:

Rosh Hashanah: Monday 9/14  
 Yom Kippur: Tuesday evening 9/22, and Wednesday 9/23  
 Thanksgiving Holiday: 11/26 – 11/29  
 Please check with your instructor for election-related cancellations or relocations.

### STRETCH

Increase flexibility and joint mobility in this alignment-oriented class. Work through stretches for the entire body as well as relaxation techniques to reduce stress.

**Age: 16 to Adult**

**Length: 1 hour**

42397	9/8	Tu	10:35am	CCC	12	\$108(R)/\$115(N)/\$54(S)	Beck
42398	9/11	F	10:15am	CCC	12	\$108(R)/\$115(N)/\$54(S)	Lu-Weir

### TAI CHI

An ancient Chinese exercise form practiced by millions for both physical and spiritual development. It exercises the body, calms the mind and uplifts the spirit. Benefits the average person, athletes or those recovering from injuries or back problems. Wear loose clothing.

**Age: Teen and Adult**

**Length: 1 hour**

**Beginning**

42141	9/26	Sa	11:30am	ACBP	9	\$81(R)/\$88(N)/\$41(S)	Ostrove
42142	9/29	Tu	7:00pm	LMS	10	\$89(R)/\$96(N)/\$45(S)	Ostrove

**Continuing**

42140	9/26	Sa	10:30am	ACBP	9	\$81(R)/\$88(N)/\$41(S)	Shi
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### TAI CHI PRACTICE CLASS I

Students who register for this class should have learned Tai Chi 24 Form and wish to further refine their knowledge of that Form. Qi Gong Ba Duan Jin Form, which focuses more on relaxing and stretching, is also practiced. An instructor is available to lead and assist.

**Age: Teen and Adult**

**Length: 1 hour**

42143	9/26	Sa	11:30am	ACBP	9	\$81(R)/\$88(N)/\$41(S)	Shi
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### TAI CHI PRACTICE II

This class is for students who have learned the Tai Chi 24 Form and wish to learn additional Tai Chi Forms including the 42 Sword Competition Form and the Tai Chi 48 Form. Qi Gong Ba Duan Jin Form, which focuses more on relaxing and stretching, is also practiced.

**Age: 16 to Adult**

**Length: 1 hour**

42144	9/26	Sa	10:30am	ACBP	9	\$81(R)/\$88(N)/\$41(S)	Xu
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#### CLASS LOCATION:

ACBP	Activity Center at Bohrer Park
BGC	Benjamin Gaither Center
CCC	Casey Community Center
LMS	Lakelands Park Middle School



#### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

## YOGA - ADAPTIVE

Participants include individuals with herniated discs and back pain, chronic pain, MS and those post-surgery and injury. Warm-ups and movement explorations guide participants to ease into poses. Students will gain a working knowledge of Yoga and also learn how to carry these approaches into everyday activities such as walking, bending and lifting. Chair Poses: All of our explorations are done sitting in chairs. Floor Poses: We explore postures and movements while sitting or lying on the floor.

**Age: 16 to Adult**

**Length: 1 hour**

**Chair Poses**

42150 9/22 Tu 11:00am ACBP 11 \$99(R)/\$106(N)/\$50(S) Thompson

**Floor Poses**

42149 10/ 1 Th 11:00am ACBP 9 \$81(R)/\$88(N)/\$41(S) Thompson

## YOGA - GENTLE EXPLORATIONS

Learn how to free muscle tension and stiff joints using movement explorations and Yoga poses that feel easy and relaxed. We'll look at how to apply effective alignment to everyday activities to increase your overall comfort and energy levels. Beginners and students with chronic pain welcome.

**Age: 16 to Adult**

**Length: 1 hour**

42145 9/22 Tu 9:00am ACBP 11 \$99(R)/\$106(N)/\$50(S) Thompson

42146 9/21 M 6:45pm BGC 12 \$108(R)/\$115(N)/\$54(S) Thompson

42147 10/ 1 Th 10:00am ACBP 9 \$81(R)/\$88(N)/\$41(S) Thompson

## YOGA - RESTORATIVE

Fully relax and surrender layers of deeply held tension in this quieting, supportive and revitalizing Yoga practice. Restorative postures are done lying passively over props. The practice is therapeutic and helps with alignment and symptoms of chronic stress. Relax and find harmony with your body's natural rhythms.

**Age: 16 to Adult**

**Length: 1 hour**

42452 9/12 Sa 10:00am BGC 8 \$72(R)/\$79(N)/\$36(S) Potash

## YOGA - VINYASA

Follow the flow of breath through sequences of asanas or postures in this Vinyasa Flow class. You will synchronize movement with breath to awaken strength, energy and flexibility. Open to all levels of practice. Options and modifications will be presented for all participants to work at their own levels.

**Age: 16 to Adult**

**Length: 1 hour**

42451 9/12 Sa 9:00am BGC 8 \$72(R)/\$79(N)/\$36(S) Potash



## YOGA FOR BACK PAIN

Gentle movement sequences release tight back muscles and restricted joints. Learn how to effectively use your core to protect your back. Directions include new ways to adjust alignment and distribute movement more evenly through the body in order to prevent strain and future injuries.

**Age: 16 to Adult**

**Length: 1 hour**

42396 10/ 1 Th 6:45pm BGC 9 \$81(R)/\$88(N)/\$41(S) Thompson

## YOGA FOR REAL BODIES

A pleasurable approach to Yoga. Alignment and movement adjustments allow you to gain a working knowledge of how to release tension and ease into poses. Beginners welcome. Monday and Thursday evenings are 75 minutes, Thursday mornings are 60 minutes.

**Age: 16 to Adult**

**Length: 1 hour and 15 minutes**

42151 9/21 M 7:45pm BGC 12 \$135(R)/\$142(N)/\$68(S) Thompson

42152 10/ 1 Th 9:00am ACBP 9 \$81(R)/\$88(N)/\$41(S) Thompson

42153 10/ 1 Th 7:45pm BGC 9 \$102(R)/\$109(N)/\$51(S) Thompson

## YOGA CHALLENGE FOR REAL BODIES

Prepare the body and attend to alignment so that you practice safety and experience the satisfaction of doing challenging poses with perfect balance of strength and relaxation. A nice workout for those who are physically fit and already familiar with Yoga.

**Age: 16 to Adult**

**Length: 1 hour and 15 minutes**

42394 9/21 M 5:30pm BGC 12 \$135(R)/\$142(N)/\$68(S) Thompson

42395 10/ 1 Th 5:30pm BGC 9 \$102(R)/\$109(N)/\$51(S) Thompson



**NEW**

## YOGA CLINICS

### FOCUS ON TWISTS

Following a thorough warm up and a brief look at spine safety, we will explore a series of Yoga poses designed to lengthen the spine, release tension in the deep muscles of the back, rotate and wring out the torso.

**Age: 16 to Adult**

**Length: 1 hour and 30 minutes**

42476 9/10 Th 9:00am ACBP 1 \$14(R)\$15(N) Thompson  
42478 9/10 Th 5:30pm BGC 1 \$14(R)\$15(N) Thompson

### WORK SMART-ABDOMINAL CORE POWER

No sit-ups! Learn exercises to maximize abdominal strength while lengthening your spine, aligning your internal organs and pumping blood and lymph toward your heart.

**Age: 16 to Adult**

**Length: 1 hour and 30 minutes**

42475 9/8 Tu 10:30am ACBP 1 \$14(R)\$15(N) Thompson

### YOGA FOR HEALTHY HIPS

Do you feel pain in your hips when you move? Have you ever had a hip injury or hip replacement? Come learn what happens to your hips as you age, how to care for your hips and prevent injuries, safe Yoga exercises to practice on your own, and how to take care of your body so you can enjoy yourself and age gracefully.

**Age: 16 to Adult**

**Length: 1 hour and 30 minutes**

42474 9/8 Tu 9:00am ACBP 1 \$14(R)\$15(N) Thompson



### YOGA FOR NECK AND SHOULDER TENSION

Do you have pain in your neck? Tension in your shoulders? Learn techniques to relieve stiff muscles that contribute to neck and shoulder tension headaches. Learn Yoga poses to loosen up your shoulders.

**Age: 16 to Adult**

**Length: 1 hour and 30 minutes**

42477 9/10 Th 10:30am ACBP 1 \$14(R)\$15(N) Thompson

### YOGA FOR SLEEP AND RELAXATION

Relax your body, calm your mind, lull yourself to sleep. Learn gentle Yoga postures and movement sequences that you can do at home to ease away tension and prepare for a comfortable night of rest. Simple and effective breathing techniques help you to fall asleep quickly and improve the quality of your sleep.

**Age: 16 to Adult**

**Length: 1 hour and 30 minutes**

42479 9/10 Th 7:15pm BGC 1 \$14(R)\$15(N) Thompson



**NEW**

## YOGA THE PATH

Come and learn all about Yoga in this discussion-styled class. Learn the history of Yoga, from Patanjali to the poses. Want to know whether there is any religious aspect to Yoga? Learn the health benefits of Yoga and meditation. We will discuss the different paths of Yoga and the different styles. How is Yoga different in the west than in India? You will also learn about the chakras, prana, bandas, and much more. This class is a great accompaniment to your Yoga practice or other Yoga classes you're taking. Leave your mat at home because there is no physical Yoga practice. Denise is a certified Yoga teacher, coach and writer.

**Age: 16 to Adult**

**Length: 1 hour**

42571 9/21 M 6:00pm BGC 8 \$72(R)/\$79(N) Karson

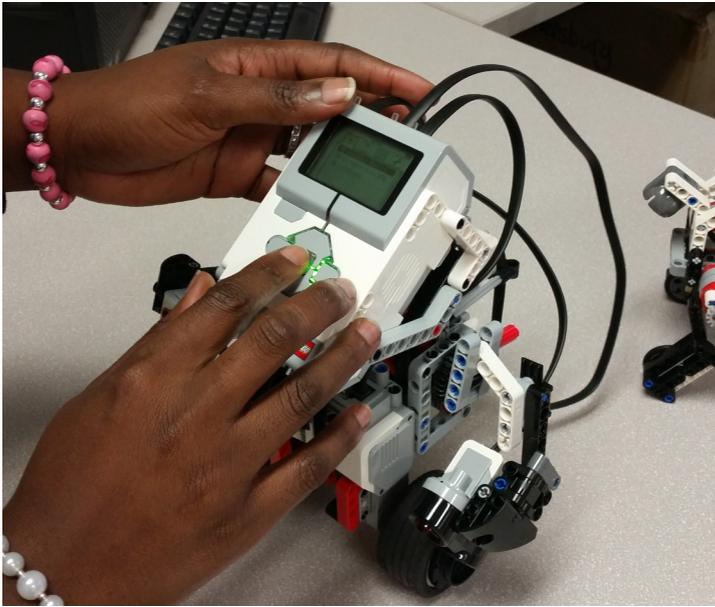
### CLASS LOCATION:

ACBP Activity Center at Bohrer Park  
BGC Benjamin Gaither Center  
CCC Casey Community Center  
LMS Lakelands Park Middle School



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.



**STEM** (Science/Tech/Engineering/Math)

**ROBOTICS: INTRODUCTION TO LEGO ROBOTICS**

Life is more FUN with robots! Learn by doing with a certified STEM educator from Get Into STEM. This STEM based class is designed to provide students with an exciting hands-on introduction to robotics using the LEGO® Mindstorms™ EV3 system. Participants (in groups of 2-3) will build and program an autonomous robot to complete a pre-designed task. Hardware and software needed for the class will be provided; participants can bring in a flash drive to save their programs for future use. **Class registration fees are non-refundable.**

**Age: 9 - 11 years**

**Length: 7 hours**

42666 10/ 4 Su 10:00am Arts Barn 1 \$140(R)/\$147(N) Adetoro

42667 10/25 Su 10:00am Arts Barn 1 \$140(R)/\$147(N) Adetoro

**NEW TEEN POETRY WORKSHOP**

Young writers, fine tune the voice in your verse. Learn poetry writing strategies, revise, present and even publish your work. There will be prompts for your imagination as well as feedback. The last session is a poetry reading for friends and family. Bring a laptop, tablet or paper notebook. If you are already writing poetry please bring a sample to the first session.

**Age: 12 - 16 years**

**Length: 1 hour**

42494 9/10 Th 6:30pm BGC 8 \$72(R)/\$79(N) Marshall

**CLASSES WILL NOT BE HELD:**

Rosh Hashanah: Monday 9/14

Yom Kippur: Tuesday evening 9/22, and Wednesday 9/23

Thanksgiving Holiday: 11/26 – 11/29

Please check with your instructor for election-related cancellations or relocations.

Activity	Start	Day	Time	Location	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	CCC	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident / (S) Senior Resident

**NEW ART OF LIVING-PEACE EDUCATION PROGRAM**

The Peace Education Program (PEP) helps participants discover their own inner resources, innate tools for living such as inner strength, choice, hope and the possibility of personal peace. This is an innovative educational program, facilitated by volunteers, with a curriculum consisting of 10 videos, each focusing on a particular theme. These customized, interactive workshops are non-religious, non-sectarian and based on excerpts from Prem Rawat's international talks. The themes include Peace, Appreciation, Inner Strength, Self-Awareness, Clarity, Understanding, Dignity, Choice, Hope, and Contentment.

**Age: Teen and Adult**

**Length: 1 hour**

42480 9/28 M 6:30pm BGC 10 Free Lopez

**CREATIVE WRITING**

This is your opportunity to explore the voice and writer within you. In a supportive environment, we will discuss story structure, unlock creativity and apply other techniques, so that your prose shines. If you are looking to be published or just love to write, this class will help you get there. Bring your laptop or tablet.

**Age: 18 to Adult**

**Length: 1 hour**

42506 9/21 M 7:00pm BGC 8 \$72(R)/\$79(N) Karson

**MAH JONGG - BEGINNING**

American Mah Jongg is such an exciting, stimulating and challenging game, it's easy to become almost addicted to it. Become familiar with the rules of play and strategies while making Mah Jongg buddies. No senior discount for registration fee.

**Age: 16 to Adult**

**Length: 2 hours**

42572 9/12 Sa 9:00am BGC 4 \$100(R)/\$107(N) Heffner

**SOCIAL MEDIA IMMERSION**

Befuddled by social media? Don't know where to begin? This class teaches you how to blog, use Facebook, Twitter, Instagram, Pinterest, YouTube, and others. By the end of the session you will be proficient and able to effectively use social media however you desire. This class benefits private users as well as business owners. Bring your own laptop or tablet.

**Age: 16 to Adult**

**Length: 1 hour**

42508 9/24 Th 6:00pm BGC 8 \$72(R)/\$79(N) Karson

**NEW SOUL WRITING**

Do you want to discover who you really are, let go of things that keep you stuck in the same patterns, open yourself to creativity and possibilities? In this class, you will learn to connect with your inner wisdom using a specific style of writing and prompts. It takes 30 days to create good habits and break old ones; this class is designed around those 30 days to keep you on task and focused. By the end of October, there could be a new you. Your writing is private, there will be no sharing. Denise is a published writer, coach and teacher.

**Age: 16 to Adult**

**Length: 1 hour**

42579 10/ 1 Th 7:00pm BGC 5 \$45(R)/\$52(N) Karson

## ARTS BARN

311 Kent Square Rd.  
301-258-6394  
www.gaithersburgmd.gov

*Class registration fees are non-refundable.  
Registration is ongoing.*



### PRESCHOOL

#### ARTFUL SATURDAYS

Families can explore art as youngsters, together with their parent or guardian, create projects using an array of mediums. Discover colors and shapes while developing fine motor skills and expanding creativity. Each session explores a different theme. No charge for Parent/Guardian. A supply fee of \$10 is due at the first class. No class October 3 and November 28.

**Age: 3 - 5 years**

**Length: 45 minutes**

42279	9/12	Sa	3:45pm	7	\$59(R)/\$68(N)	Donnelly
42280	11/7	Sa	3:45pm	6	\$49(R)/\$57(N)	Donnelly

#### FAIRY TALE THEATRE

Come join the fun and bring a stories to life! Students will have a chance to not only be those characters they know so well but to create a WHOLE play. Sing, dance, act and explore the world of theatre. All this hard work culminates in a final performance on a professional stage. Everyone has a part, so come on join us for a chance to take the stage in the Arts Barn's 'Fairy Tale Theatre.' No class November 11 or November 26.

**Age: 3 - 6 years**

**Length: 1 hour**

##### Family Storybook: Fairy Tale Theatre

42644	9/22	Tu	10:00am	6	\$78(R)/\$90(N)	Phelan
42645	11/10	Tu	10:00am	6	\$78(R)/\$90(N)	Phelan
42651	9/24	Th	10:00am	6	\$78(R)/\$90(N)	Phelan
42652	11/12	Th	10:00am	5	\$65(R)/\$75(N)	Phelan

##### Story of the Big Bad Wolf: Fairy Tale Theatre

42643	9/23	W	4:00pm	9	\$208(R)/\$240(N)	Phelan
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## YOUTH

### ART EXPLORERS

Learn how to create in the style of famous artists by using household items, recycled items and food. Explore different media; watercolor, pastel, tempera paint and colored pencils. Have fun mixing them to create your own unique artwork. Please wear clothes you can get messy or bring a smock. A supply fee of \$10 is due at the first class. No class November 26.

**Age: 7 - 11 years**

**Length: 1 hour**

42625	9/21	M	4:00pm	6	\$78(R)/\$90(N)	Parris
42626	11/9	M	4:00pm	6	\$78(R)/\$90(N)	Parris
42627	9/24	Th	4:00pm	6	\$78(R)/\$90(N)	Parris
42628	11/12	Th	4:00pm	5	\$65(R)/\$75(N)	Parris
42629	9/24	Th	2:30pm	6	\$78(R)/\$90(N)	Parris
42630	11/12	Th	2:30pm	5	\$65(R)/\$75(N)	Parris

### DISCOVERING ART

Discover the wonders of art by exploring a variety of media while learning and developing basic drawing skills. Over the course of several sessions, work in pencil, colored pencils, oil pastels, watercolor, gouache, acrylics and printmaking. Learn fundamental art concepts, including color theory, perspective, and composition. Each session explores different projects and themes. A supply fee of \$10 is due at the first class.

**Age: 8 - 14 years**

**Length: 1 hour and 30 minutes**

42320	9/22	Tu	4:00pm	10	\$195(R)/\$225(N)	Kay
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### GO GREEN THE ART OF UPCYCLING

Get creative in this fun-filled class. Explore a variety of new and recycled materials to create unique projects based on the four seasons. Students will explore color, line and texture in three- and two- dimensional art. A supply fee of \$10 is due at the first class.

**Age: 7 - 11 years**

**Length: 1 hour and 15 minutes**

42664	9/23	W	4:00pm	6	\$98(R)/\$113(N)	Yuen
42665	11/18	W	4:00pm	5	\$82(R)/\$94(N)	Yuen

### INTRODUCTION TO DRAWING

Learn the fundamentals of drawing. Use pencils, conte crayons, charcoal and your imagination. A supply fee of \$15 is due at the first class.

**Age: 8 - 14 years**

**Length: 1 hour**

42648	9/26	Sa	12:00pm	9	\$117(R)/\$135(N)	Mason
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### PAINTING WITH WATERCOLOR

Learn the fundamentals of watercolor painting and elements of design with Brian Mason. Create your own masterpieces. A supply fee of \$15 is due at the first class.

**Age: 7 - 12 years**

**Length: 1 hour and 30 minutes**

42649	9/21	M	4:00pm	10	\$195(R)/\$225(N)	Mason
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Activity	Start	Day	Time	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

## SATURDAYS IN THE STUDIO

Saturday afternoon is the perfect time to get creative! Each week students explore different art mediums and themes (historic art periods, types of art, master artists, etc.). Young artists are encouraged to use their imagination and creativity to develop their own artwork, with guidance from our very own resident artist instructor. This class builds on skills throughout the year and is designed for those who truly LOVE art and want to spend time every week making something uniquely their own. Please wear clothes that may get messy. A supply fee of \$10 is due at the first class. No class October 3 and November 28.

**Age: 8 - 11 years**

**Length: 1 hour and 15 minutes**

42631	9/12	Sa	2:00pm	6	\$98(R)/\$113(N)	Donnelly
42632	11/7	Sa	2:00pm	5	\$82(R)/\$94(N)	Donnelly

## STORYMAKERS

Learn to create your own special illustrated storybook. Begin by defining characters, develop the story, and finally illustrate it to create a finished children's book. A perfect fit for young artists who love art, reading and writing. There will be assignments given between class sessions, and students will need access to a computer and a printer. There will be an author's reading for family and friends at the last class. A supply fee of \$10 is due at the first class. No class October 3.

**Age: 8 - 11 years**

**Length: 1 hour and 30 minutes**

42366	9/12	Sa	10:00am	9	\$176(R)/\$203(R)	Donnelly
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## YOUNG ARTISTS IN THE STUDIO

Young artists will explore the basic elements of art and work on fundamental skills while using a variety of mediums. This class emphasizes creativity and personal expression. Stories, seasons, holidays, and other fun themes are used for inspiration, with each session unique throughout the year. Please wear clothes that may get messy or bring a smock. A supply fee of \$10 is due at the first class. No class October 3 and November 28.

**Age: 5 - 7 years**

**Length: 1 hour**

42633	9/12	Sa	12:30pm	6	\$78(R)/\$90(N)	Donnelly
42634	11/14	Sa	12:30pm	5	\$65(R)/\$75(N)	Donnelly



## SCHOOL'S OUT CAMP

### SCHOOL'S OUT!

Come join us on the MCPS days off from school to create a play in a barn. Students will have a chance to explore many aspects of the world of theatre while creating and performing a theatre production. Each session will feature a different play such as Aladdin, The Wiz or our own musical theatre showcase. Create the props, sets, costumes and more. Students will be guided by theatre professionals and have a chance to develop their craft.

**Age: 8 - 16 years**

**Length: 6 hours**

42646	9/14	M	9:00am	1	\$108(R)/\$120(N)	Phelan
42647	10/16	F	9:00am	1	\$108(R)/\$120(N)	Lewis

## YOUTH WORKSHOPS

### KID'S ADVENTURE GLASS FUSING

Explore the art of melting glass together. Each month offers a different project. Experiment with inclusions between glass as well as melting glass over forms. Students will be standing for the majority of the class. Please wear closed toe shoes. A supply fee of \$20 is due at workshop. Project may be picked up the following Saturday.

**Age: 8 - 12 years**

**Length: 2 hours**

42350	9/12	Sa	1:30pm	1	\$36(R)/\$40(N)	Glander
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### ROBOTICS: INTRODUCTION TO LEGO ROBOTICS

Life is more FUN with robots! Learn by doing with a certified STEM educator from Get Into STEM. This STEM-based class is designed to provide students with an exciting, hands-on introduction to robotics using the LEGO® Mindstorms™ EV3 system. Participants (in groups of 2-3) will build and program an autonomous robot to complete a pre-designed task. Hardware and software needed for the class will be provided; participants can bring in a flash drive to save their programs for future use.

**Age: 9 - 11 years**

**Length: 7 hours**

42666	10/4	Su	10:00am	1	\$140(R)/\$147(N)	Adetoro
42667	10/25	Su	10:00am	1	\$140(R)/\$147(N)	Adetoro

## TEENS

### ART MENTORSHIP

For the teen who has a love for the fine arts. In this weekly mentorship class, students explore their creativity through personal projects. Students should bring a selection of their artwork (their 'portfolio') to the first class for review with the instructor. A supply fee of \$10 is due at the first class. No class October 2 and November 27.

**Age: 12 - 18 years**

**Length: 1 hour and 30 minutes**

42272	9/11	F	4:00pm	6	\$117(R)/\$135(N)	Donnelly
42273	11/6	F	4:00pm	5	\$98(R)/\$113(N)	Donnelly

## TEENS TO ADULTS

### ART AROUND US

Learn how to create in the style of famous artists. Students will explore drawing and painting with watercolors, pastels and acrylics. Recycled items may be incorporated into the artwork. Create beautiful art with imagination and guidance. A supply fee of \$10 is due at the first class. No class November 26.

**Age: 14 to Adult**

**Length: 2 hours**

42621	9/24	Th	12:00pm	6	\$156(R)/\$180(N)	Parris
42622	11/12	Th	12:00pm	5	\$130(R)/\$150(N)	Parris
42623	9/21	M	7:00pm	6	\$156(R)/\$180(N)	Parris
42624	11/9	M	7:00pm	6	\$156(R)/\$180(N)	Parris

### CREATIVE EXPRESSIONS IN OIL

New and developing artists explore oil painting. Students learn fundamentals and theory. Individual attention is provided to improve skill and technique. Supply list available at the Arts Barn. Please bring supplies to first class. For ages 14 and older.

**Age: 14 to Adult**

**Length: 2 hours and 30 minutes**

42309	9/26	Sa	1:30pm	6	\$195(R)/\$225(N)	Cohen
42310	9/22	Tu	10:00am	6	\$195(R)/\$225(N)	Cohen
42311	11/14	Sa	1:30pm	6	\$195(R)/\$225(N)	Cohen
42312	11/10	Tu	10:00am	6	\$195(R)/\$225(N)	Cohen

### DRAWING

Students of all levels will learn the fundamentals of drawing. Explore charcoal, pencils, pen and ink, and colored pencil to create dynamic drawings. Demos of all types of line-contour, gesture, variable and hatched lines are presented. Art themes such as still life, landscape, portraits and images from your own inspiration are covered. Supply list available at the Arts Barn. Please bring supplies to first class.

**Age: 16 to Adult**

**Length: 2 hours**

42327	9/16	W	10:00am	6	\$156(R)/\$180(N)	Borchert
42650	11/18	W	10:00am	5	\$130(R)/\$150(N)	Borchert

### HAVING FUN WITH ACRYLICS

Learn to paint with the easy and enjoyable acrylic medium. Students use painting and brush techniques to create still life paintings, landscapes, portraits and more. Supply list available at the Arts Barn. Bring supplies to first class.

**Age: 16 to Adult**

**Length: 2 hours**

42345	9/22	Tu	10:00am	6	\$156(R)/\$180(N)	Borchert
42653	11/10	Tu	10:00am	6	\$156(R)/\$180(N)	Borchert



### MIXED MEDIA PAINTING

Create beautiful paintings with acrylic and watercolor paint. Students of all levels will learn painting and brush techniques through teacher demonstrations. Highlights of art history will be discussed. Supply list available at the Arts Barn. Bring supplies to first class. No class September 23.

**Age: 16 to Adult**

**Length: 2 hours**

42654	9/16	W	7:00pm	6	\$156(R)/\$180(N)	Borchert
42655	11/18	W	7:00pm	5	\$130(R)/\$150(N)	Borchert

### PHOTOGRAPHY FOUNDATIONS: BASICS OF EXPOSURE

The key to creating beautiful photographic imagery is understanding the fundamentals of the camera and how it relates to light. This 4-part class is designed to help beginning photographers develop a solid understanding of the basics of exposure: aperture, shutter speed and ISO, and how they work together to create sound imagery. Each session will consist of discussion, along with hands-on application, making the technical aspects of photography both easy and fun. There will be assignments given between sessions, with a final review session putting everything together. Class dates 9/20, 10/18, 11/22 & 12/13. An equipment list is available at the Arts Barn.

**Age: 16 to Adult**

**Length: 2 hours**

42637	9/20	Su	2:30pm	4	\$104(R)/\$120(N)	Donnelly
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### WATERCOLOR EXPERIENCE

Learn about the beauty of watercolor painting by understanding techniques such as color washes, composition, texture, and the use of paper and paints. Enjoy step-by-step guided classes that emphasize group collaboration. Advice on framing and matting and purchasing art supplies will be shared. No class November 27.

**Age: 14 to Adult**

**Length: 2 hours**

42373	9/25	F	10:00am	6	\$156(R)/\$180(N)	Sadeghi
42663	11/13	F	10:00am	5	\$156(R)/\$180(N)	Sadeghi

Activity	Start	Day	Time	Classes	Cost	Instructor
42356	9/10	Th	4:45pm	12	\$119(R)/\$126(N)	Jonson

(R) Resident / (N) Nonresident



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

## WORKSHOPS

### TEEN TO ADULT

#### GLASS FUSING FOR PARENT AND CHILD

Parent and child learn the basics of fused glass and work together to create a fused glass pumpkin plate. Students will be standing for the majority of the class. Please wear closed toe shoes. Project may be picked up the following Saturday. A supply fee of \$20 is due at workshop.

**Age: Teen and Adult**

**Length: 1 hour**

42659	10/17	Sa	1:30pm	1	\$18(R)/\$20(N)	Glander
42660	10/17	Sa	3:00pm	1	\$18(R)/\$20(N)	Glander

#### GARDEN NECKLACE

Create a stunning necklace using Swarovski crystals and pearls. Students are taught basic bead weaving techniques (using a needle and beading thread) to create a lovely and soft necklace perfect for any occasion. This class is suitable for all levels. No prior beading experience is necessary. Please contact the teacher no later than one week prior to the beginning of class to select kit colors, otherwise a neutral color palette will be offered. A supply fee of \$20 is due at workshop.

**Age: Teen and Adult**

**Length: 3 hours**

42662	10/18	Su	1:00pm	1	\$54(R)/\$60(N)	Cohen
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#### GLASS FUSING FOR ADULTS

Learn the basics of melting glass together. Experiment with inclusions between glass as well as melting glass over forms. Project may be picked up the following Saturday. Students will be standing for the majority of the class. Please wear closed toe shoes. A supply fee of \$40 is due at workshop.

**Age: 16 to Adult**

**Length: 2 hours**

42656	11/7	Sa	1:30pm	1	\$36(R)/\$40(N)	Glander
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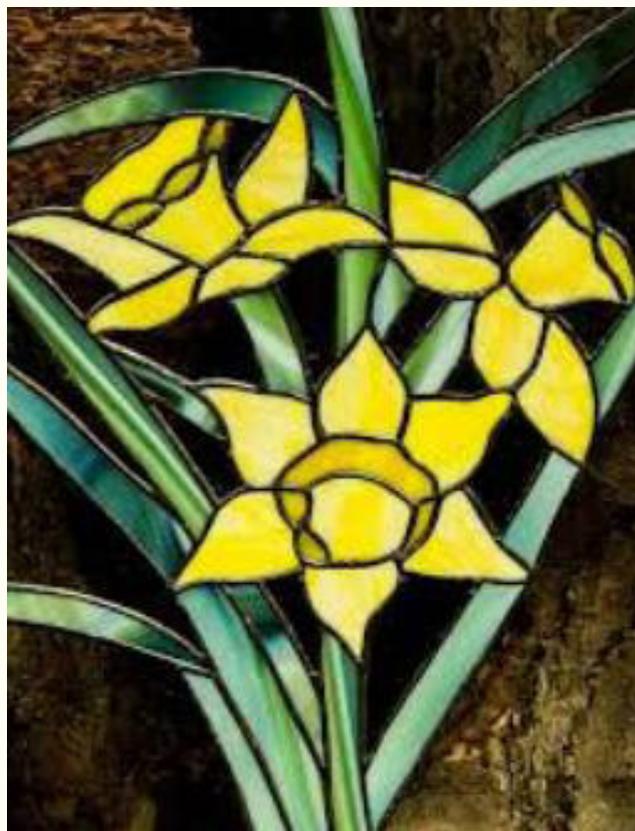
#### GLITZY AND GLAM EARRINGS

Students will learn basic wire wrapping techniques and will focus on wire wrapped loops, the basis for earrings and dangles that can also be used to make bracelets and necklaces. This is a great way to be introduced to beadwork. Students will make 3 pairs of earrings using glass and crystal beads and various earring components. Basics of wire, tools, wrapping and finishing will be covered in class. Supply fee due at workshop: \$12 for steel and \$20 for sterling silver.

**Age: Teen and Adult**

**Length: 2 hours**

42661	10/4	Su	1:00pm	1	\$36(R)/\$40(N)	Cohen
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#### STAINED GLASS FOR ADULTS

Come learn the basics of stained glass art. Spend a day learning how to cut, foil and solder your own stained glass panel, choosing from three designs. Students will be standing and need to wear closed toed shoes. For ages 16 and older. A supply fee of \$40 is due at workshop.

**Age: 16 to Adult**

**Length: 6 hours**

42658	10/10	Sa	10:00am	1	\$108(R)/\$120(N)	Glander
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#### TEA TIME ART PARTY

Join us for an Art Time Tea Party the 2nd Sunday of each month. Sample many different kinds of tea and goodies while creating beautiful works of art inspired by a different artist. Join Arts Barn professional artists as they explore many art mediums. Each time is a new inspiration!

**Age: 14 to Adult**

**Length: 2 hours and 30 minutes**

42635	11/8	Su	1:30pm	1	\$45(R)/\$50(N)	Donnelly
42636	12/13	Su	1:30pm	1	\$45(R)/\$50(N)	TBA



## GAITHERSBURG AQUATIC CENTER (GAC)

2 Teachers Way (next to Gaithersburg Middle School)

301-258-6345 (evenings and weekends)

### Aquatics Administrative Office

Bohrer Park, Summit Hall Farm

512 S. Frederick Ave.

301-258-6445

## FEATURES

*Six 25-yard lap lanes • Two diving boards*

*Shallow water "teach pool"*

*Outdoor patio • Full-size lockers*

*Open evenings and weekends only*

## PUBLIC SWIM HOURS

### Family Recreational Swim

Entire pool is open for recreational use, including one to three lap lanes, shallow end of main pool, teach pool, and one diving board.

Monday & Wednesday	6:30 p.m. – 8:30 p.m.
Tuesday & Thursday	No Family Recreational Swim
Friday	6:30 p.m. – 9 p.m.
Saturday	3 p.m. – 8 p.m.
Sunday	1 p.m. – 6 p.m.

One to three lap lanes available during all recreational swim periods.

### Lap Swim Only

Teach pool and recreation areas unavailable for general use. Be prepared to "circle swim." Lanes marked according to speed of swimmer – please choose appropriately.

Monday – Friday	5:15 p.m. – 6:30 p.m.
Tuesday (1 to 3 lanes only)	6:30 p.m. – 8:30 p.m.
Thursday (1 to 3 lanes only)	6:30 p.m. – 8:30 p.m.
Sunday	11 a.m. – 1 p.m.

Serving the Gaithersburg community since 1976.

The Center is owned by  
Montgomery County Public Schools  
and operated by the City of Gaithersburg.

## MEMBERSHIP AND FEES

### Daily Admission – Most Economical for Infrequent Use

Youth (3 –17)	\$4
Adult (18+)	\$5

### Pool Pass – Most Economical for Frequent Use

Save money and time at the admission counter. Family, two person, or individual passes available. Non-transferable and non-refundable.

	Individual Res/Nonres	2-Person Res/Nonres	Family Res/Nonres
Annual (GAC & WP)	\$250/400	\$300/500	\$350/600
Annual (GAC only)	\$200/200	\$250/250	\$300/300
Summer (WP only)	\$150/200	\$200/250	\$250/300
Monthly (GAC only)	\$50/50	\$75/75	\$100/100

WP = Outdoor Water Park

### Benefits of membership include:

- Unlimited Entrance to Facility (Water Park included in some plans)
- Early registration for programs
- Discounts on youth and adult swim lessons, water exercise, and lifeguard training.

*Proof of residency is required at the admission counter for City residents to receive the discount.*

## HOLIDAY SCHEDULE 2015-2016

The Gaithersburg Aquatic Center will be CLOSED on the following dates:

Labor Day	Monday, September 7
Thanksgiving	Thursday, November 26
Christmas Eve	Thursday, December 24
Christmas	Friday, December 25
New Year's Eve	Thursday, December 31
New Year's Day	Friday, January 1
Easter	Sunday, March 27
Independence Day	Monday, July 4

There will be no classes on:

Yom Kippur	Wednesday, September 23
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Please check our website at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov) for information on weather related closings.

## SWIM CLASSES

FEES:	MEMBERS	\$50
	NONMEMBERS	\$55

**All swim lessons meet six times  
for a half-hour each.**

### WATER ADJUSTMENT - BUBBLERS

This class is for children 6 months to 3 years old and a parent. Course objective: To teach parents how to work with their child in the aquatic environment, to create a positive water experience for young children, and to promote interest in participating in future swim lessons. Participants must have an adult companion and wear swim diapers under waterproof pants if they are not potty trained.

**Age: 6 months - 3 years**

**Length: 30 minutes**

42776	9/19	Sa	10:20am	Gaithersburg Aquatic Center
42777	9/19	Sa	11:40am	Gaithersburg Aquatic Center
42778	9/20	Su	10:20am	Gaithersburg Aquatic Center
42774	11/7	Sa	10:20am	Gaithersburg Aquatic Center
42779	11/8	Su	10:20am	Gaithersburg Aquatic Center

### PRE-BEGINNER LEVEL I - BOBBERS

This class is for beginning 3 and 4 year olds. Students must function well in a group setting without parents, since parents DO NOT accompany children. Course objective: To orient young children to the aquatic environment by providing them a positive, developmentally appropriate learning experience.

**Age: 3 - 4 years**

**Length: 30 minutes**

42743	9/19	Sa	10:20am	Gaithersburg Aquatic Center
42745	9/20	Su	10:20am	Gaithersburg Aquatic Center
42741	11/7	Sa	10:20am	Gaithersburg Aquatic Center
42751	11/8	Su	10:20am	Gaithersburg Aquatic Center

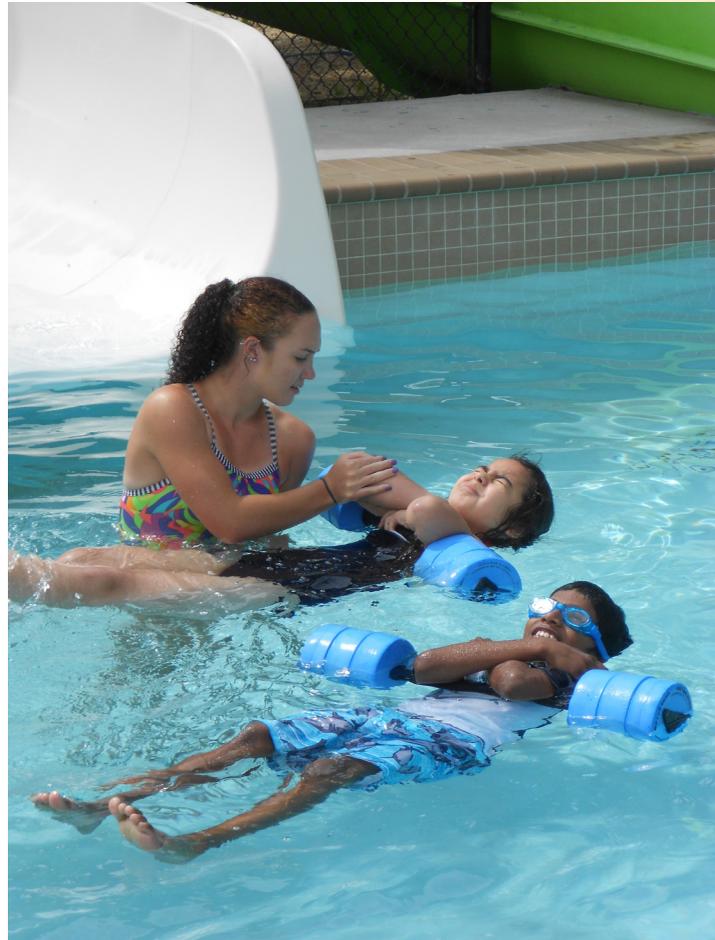
### PRE-BEGINNER LEVEL II - STROKERS

This class is for advanced 3 and 4 year olds. Students must function well in a group setting without parents, since parents DO NOT accompany children. On the first day of class, students must be able to: Enter water independently, blow bubbles, fully submerge their head, open their eyes underwater and retrieve submerged objects, kick on their front and back with support, and exit water independently. Course objectives: To build upon basic aquatic skills taught in Bobbers course by providing the same positive, developmentally appropriate learning experience at a slightly more advanced degree. In this level students will begin to perform locomotion skills independently.

**Age: 3 - 4 years**

**Length: 30 minutes**

42765	9/19	Sa	11:40am	Gaithersburg Aquatic Center
42767	9/20	Sa	11:40am	Gaithersburg Aquatic Center
42771	11/8	Sa	11:40am	Gaithersburg Aquatic Center



### REFUND POLICY

Students withdrawn by Aquatic staff on the first day of lessons due to the wrong level will be issued a full refund or credit to be used at a later date without a written request. All other refund requests must be submitted in writing to the attention of the Aquatics Superintendent. Withdrawal/refund requests received before the start of the program will be refunded less a \$10 processing fee. Requests received on or after the start date will be prorated based on the date the request is received and a \$10 processing fee will be charged. The refund will be issued in the form of a check or charge, depending on the original payment method. Please allow 10 – 15 business days for processing. No refund or credit requests will be considered after the last scheduled date of the course – no exceptions.

Activity	Start	Days	Time	Location
42356	9/10	Tu/Th	4:45pm	Gaithersburg Aquatic Center



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-258-6445 x205 for the recorded message pertaining to class cancellations or visit [gaithersburgmd.gov](http://gaithersburgmd.gov).



### YOUTH LEVEL I - GUPPIES

This is the beginning class for children ages 5 to 13 years old. Students must function well in a group setting without parents, since parents DO NOT accompany children. Course objective: To introduce beginning students to basic personal water safety and help them develop comfort in the aquatic environment by teaching them elementary swimming skills.

**Age: 5 - 13 years**

**Length: 30 minutes**

42785	9/17	Th	5:20pm	Gaithersburg Aquatic Center
42790	9/19	Sa	9:40am	Gaithersburg Aquatic Center
42791	9/19	Sa	10:20am	Gaithersburg Aquatic Center
42792	9/19	Sa	11:00am	Gaithersburg Aquatic Center
42798	9/19	Sa	11:40am	Gaithersburg Aquatic Center
42793	9/19	Sa	12:20pm	Gaithersburg Aquatic Center
42794	9/20	Su	9:40am	Gaithersburg Aquatic Center
42795	9/20	Su	10:20am	Gaithersburg Aquatic Center
42796	9/20	Su	11:00am	Gaithersburg Aquatic Center
42797	9/20	Su	11:40am	Gaithersburg Aquatic Center
42813	9/22	Tu	4:40pm	Gaithersburg Aquatic Center
42815	9/22	Tu	6:00pm	Gaithersburg Aquatic Center
42782	10/29	Th	4:40pm	Gaithersburg Aquatic Center
42804	10/29	Th	6:00pm	Gaithersburg Aquatic Center
42803	11/ 3	Tu	5:20pm	Gaithersburg Aquatic Center
42787	11/ 7	Sa	9:40am	Gaithersburg Aquatic Center
42788	11/ 7	Sa	10:20am	Gaithersburg Aquatic Center
42805	11/ 8	Su	9:40am	Gaithersburg Aquatic Center
42806	11/ 8	Su	10:20am	Gaithersburg Aquatic Center
42807	11/ 8	Su	11:00am	Gaithersburg Aquatic Center
42808	11/ 8	Su	11:40am	Gaithersburg Aquatic Center

### YOUTH LEVEL II - MINNOWS

This class is for children ages 5 to 13 years old. On the first day of class, students must be able to: Bob 5 times, float on their front and back and recover independently, and perform a front glide for a distance twice their body length. Objectives: To improve success in completing elementary water skills and develop simultaneous/alternating arm and leg actions, which will create a strong foundation for learning future strokes.

**Age: 5 - 13 years**

**Length: 30 minutes**

42831	9/17	Th	5:20pm	Gaithersburg Aquatic Center
42822	9/19	Sa	9:40am	Gaithersburg Aquatic Center
42823	9/19	Sa	11:00am	Gaithersburg Aquatic Center
42825	9/19	Sa	12:20pm	Gaithersburg Aquatic Center
42826	9/20	Su	9:40am	Gaithersburg Aquatic Center
42827	9/20	Su	11:00am	Gaithersburg Aquatic Center
42830	9/22	Tu	4:40pm	Gaithersburg Aquatic Center
42839	9/22	Tu	6:00pm	Gaithersburg Aquatic Center
42838	10/29	Th	4:40pm	Gaithersburg Aquatic Center
42840	10/29	Th	6:00pm	Gaithersburg Aquatic Center
42832	11/ 3	Tu	5:20pm	Gaithersburg Aquatic Center
42820	11/ 7	Sa	9:40am	Gaithersburg Aquatic Center
42833	11/ 8	Su	9:40am	Gaithersburg Aquatic Center
42834	11/ 8	Su	11:00am	Gaithersburg Aquatic Center



Activity	Start	Days	Time	Location
42356	9/10	Tu/Th	4:45pm	Gaithersburg Aquatic Center



#### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-258-6445 x205 for the recorded message pertaining to class cancellations or visit [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov).

### NOW HIRING

Applications are currently being accepted for aquatics staff, including lifeguards, swim instructors, pool operators, and cashiers. We train and certify. Applications are available online at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov).

## YOUTH LEVEL III - SEAHORSES

This class is for children ages 5 to 13 years old who have successfully completed the Minnows class. On the first day of class, students must be able to: Bob 5 times, float on their front and back and recover independently, perform a front glide for a distance twice their body length, swim front crawl for 5 yards and swim on their backs for 5 yards. Objectives: To build on basic swimming skills by increasing knowledge of the technical aspects of swimming and teach students specific aspects of breath control. Students will learn skills necessary to increase their endurance in swimming front crawl and back crawl.

**Age: 5 - 13 years**

**Length: 30 minutes**

42854	9/17	Th	4:40pm	Gaithersburg Aquatic Center
42855	9/17	Th	6:00pm	Gaithersburg Aquatic Center
42849	9/19	Sa	9:40am	Gaithersburg Aquatic Center
42850	9/19	Sa	11:00am	Gaithersburg Aquatic Center
42851	9/19	Sa	12:20pm	Gaithersburg Aquatic Center
42852	9/20	Su	9:40am	Gaithersburg Aquatic Center
42847	9/20	Su	12:20pm	Gaithersburg Aquatic Center
42842	9/22	Tu	5:20pm	Gaithersburg Aquatic Center
42858	10/29	Th	5:20pm	Gaithersburg Aquatic Center
42853	11/ 3	Tu	4:40pm	Gaithersburg Aquatic Center
42846	11/ 3	Tu	6:00pm	Gaithersburg Aquatic Center
42848	11/ 7	Sa	9:40am	Gaithersburg Aquatic Center
42856	11/ 8	Su	9:40am	Gaithersburg Aquatic Center
42844	11/ 8	Su	12:20pm	Gaithersburg Aquatic Center



## YOUTH LEVEL IV - DOLPHINS

This class is for children ages 6 to 13 years old who have successfully completed the Seahorses class. On the first day of class, students must be able to: Swim the front crawl with rotary breathing for 15 yards, swim the back crawl for 15 yards and swim elementary backstroke for 15 yards. Objectives: To introduce the basics of breaststroke, continue strengthening endurance in swimming front crawl and back crawl and help students master the technical aspects of swimming.

**Age: 5 - 13 years**

**Length: 30 minutes**

42861	9/19	Sa	9:40am	Gaithersburg Aquatic Center
42862	9/19	Sa	11:40am	Gaithersburg Aquatic Center
42863	9/20	Su	10:20am	Gaithersburg Aquatic Center
42864	11/ 7	Sa	9:40am	Gaithersburg Aquatic Center
42866	11/ 8	Su	10:20am	Gaithersburg Aquatic Center

## YOUTH LEVEL V - WHALES

This class is for children ages 6 to 13 years old who have successfully completed the Dolphins class. On the first day of class, students must be able to: Swim the front crawl, back crawl and elementary backstroke for 25 yards each, and swim breaststroke for 15 yards. Objectives: To improve breaststroke technique, introduce basic butterfly skills, refine the performance of previously learned strokes, and continue to build endurance to prepare students for the next swim lesson instructional level.

**Age: 6 - 13 years**

**Length: 30 minutes**

42868	9/19	Sa	11:00am	Gaithersburg Aquatic Center
42869	9/19	Sa	12:20pm	Gaithersburg Aquatic Center
42870	9/20	Su	9:40am	Gaithersburg Aquatic Center
42872	11/ 8	Su	9:40am	Gaithersburg Aquatic Center

## YOUTH LEVEL VI - SHARKS

This class is for children ages 6 to 13 years old who have successfully completed the Whales class. On the first day of class, students must be able to: Swim the front crawl, back crawl, and elementary backstroke for 50 yards each and swim breaststroke for 25 yards. Objectives: To master each stroke in its entirety, as well as prepare students for a future in various aquatic activities, such as stroke and turn clinics, swim team or lifeguard training courses.

**Age: 6 - 13 years**

**Length: 30 minutes**

42874	9/19	Sa	10:20am	Gaithersburg Aquatic Center
42873	11/ 7	Sa	10:20am	Gaithersburg Aquatic Center



## COMPETITIVE STROKE AND TURN CLINIC

A 12-session program designed to prepare young and new swimmers for swim team training. Emphasis will be on developing all four competitive strokes, starts, and turns. Registrants must be able to swim 2 lengths on their front without stopping, and one length of backstroke.

**Age: 6 - 13 years**

**Length: 1 hour**

42736	9/22	Tu	4:10pm	Gaithersburg Aquatic Center	12
42877	9/17	Th	4:10pm	Gaithersburg Aquatic Center	12

Fees: \$110 Members / \$125 Nonmembers



### ADULT BEGINNER SWIM LESSONS

This course is geared toward the non-swimming teen and adult. Prerequisite skills: No prior swimming experience is necessary. Objectives: To develop comfort in the water and learn the basics of swimming. Skills taught include floating, breathing and the fundamentals of swimming strokes.

**Age: Teen and Adult**

**Length: 30 minutes**

42719	9/17	Th	7:00pm	Gaithersburg Aquatic Center
42722	9/22	Tu	7:45pm	Gaithersburg Aquatic Center
42726	10/29	Th	7:00pm	Gaithersburg Aquatic Center
42723	11/3	Tu	7:45pm	Gaithersburg Aquatic Center

### ADULT INTERMEDIATE SWIM LESSONS

This course is geared toward teens and adults who can already swim and are looking to expand or perfect their knowledge of the different strokes. Prerequisite skills: Comfort in deep water. Objectives: To help adults reach their personal swimming goals.

**Age: Teen and Adult**

**Length: 30 minutes**

42728	9/17	Th	7:45pm	Gaithersburg Aquatic Center
42734	11/3	Tu	7:00pm	Gaithersburg Aquatic Center



## WATER EXERCISE

### DEEP WATER WORKOUT

A no-impact, but challenging workout, designed to burn fat, increase cardiovascular fitness, range of motion and muscle tone. This workout is perfect for anyone who prefers a no-impact workout that is physically challenging yet gentle on the joints. Participants use noodles (provided) and water flotation belts (which should be purchased by participant). You do not have to be a strong swimmer; however a comfort level in deeper water is a must.

**Age: 16 to Adult**

**Length: 45 minutes**

42708	9/17	Th	6:45pm	Gaithersburg Aquatic Center	12
42707	9/22	Tu	7:45pm	Gaithersburg Aquatic Center	12

### SHALLOW (CHEST DEEP) WATER WORKOUT

A low impact but high intensity water class where no swimming skills are needed. Exercises are performed in water that is chest deep and are designed to improve your fitness level from head to toe. Let the resistance of the water cushion your feet, knees and back while you improve your flexibility, strength, range of motion and muscle tone. These exercises are appropriate for all ages and are effective and easy to follow.

**Age: 16 to Adult**

**Length: 45 minutes**

42709	9/17	Th	7:45pm	Gaithersburg Aquatic Center	12
42710	9/22	Tu	6:45pm	Gaithersburg Aquatic Center	12

Fees: \$68 Members / \$74 Nonmembers

Activity	Start	Days	Time	Location
42356	9/10	Tu/Th	4:45pm	Gaithersburg Aquatic Center



### INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-258-6445 x205 for the recorded message pertaining to class cancellations or visit [gaithersburgmd.gov](http://gaithersburgmd.gov).



## LIFEGUARD TRAINING

The American Red Cross Lifeguard Training course certifies you in Lifeguard Training, CPR/AED for the Professional Rescuer, and First Aid. Students must be 15 years old by the last day of the course (proof of age required) and pass a pre-screen test (300 yard continuous swim with rhythmic breathing using either front crawl or breast; 10 lbs brick retrieval within one minute, forty seconds) and tread water using legs only for two minutes on the first day in order to take class. Contact The Aquatic Office (301-258-6445 or [aquatics@gaithersburgmd.gov](mailto:aquatics@gaithersburgmd.gov)) for more details. If you do not pass the pre-screen, you will be issued a full refund. Space is very limited. On certain days, class may be split between two locations. Transportation is the responsibility of the student. A detailed Course Schedule/Syllabus is provided on the first day of class. Students MUST attend all scheduled class sessions.

### Age: 15 to Adult

42713	Wednesday	10/7	6-9pm	Gaithersburg Aquatic Center
	Wednesday	10/14	6-9pm	
	Saturday	10/17	9-5pm	
	Wednesday	10/21	6-9pm	
	Saturday	10/24	9-5pm	
	Wednesday	10/28	6-9pm	
	Saturday	10/31	9-5pm	
	Sunday	11/1	8-11am	

42714	Wednesday	12/23	6-9pm	Gaithersburg Aquatic Center
	Saturday	12/26	9-5pm	
	Sunday	12/27	9-5pm	
	Monday	12/28	9-5pm	
	Tuesday	12/29	9-5pm	
	Wednesday	12/30	9-5pm	

FEES (includes materials)  
\$195 Members/ \$185 Nonmembers

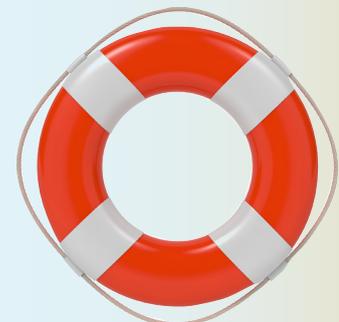
## LIFEGUARD TRAINING & CPR/AED RE-CERTIFICATION

This course is a review course for those who need to renew their lifeguard training, CPR/AED and First Aid certification. The class is a very intense review. 100% attendance is mandatory. Participants must come to each class prepared with CURRENT lifeguard card, lifeguard book and CPR masks. (Books and masks are available for purchase at the first class.) Students registering for a re-certification class must present their American Red Cross certification card at the first class. Certifications must be current in order to participate in a re-certification class.

### Age: 15 to Adult

42711	Friday	11/27	9-5pm	Gaithersburg Aquatic Center
	Saturday	11/28	1-5pm	Activity Center Bohrer Park
42712	Saturday	1/2	9-5pm	Gaithersburg Aquatic Center
	Sunday	1/3	1-5pm	Activity Center Bohrer Park

FEES (materials available for purchase)  
\$115 Members/ \$125 Nonmembers



## CLASS REGISTRATION BEGINS

### City Residents: August 3

All resident internet, mail-in, fax and walk-in registrations will be processed in the order in which they are received beginning August 3. All resident registrations received prior to that time will be processed on August 6.

### Nonresidents: August 5

All nonresident (persons residing outside Gaithersburg corporate City limits) internet, mail-in, fax and walk-in registrations will be processed in the order in which they are received beginning August 5. All nonresident registrations received prior to that time will be processed on August 6.

**Who is a resident?** All persons who reside within Gaithersburg's corporate City limits are residents. Montgomery Village is not within the City. Nonresidents are invited to register at a higher fee.

### NOTIFICATION

If the class you registered for is full, you will be notified. Please put your name on the wait list. We may be able to form another class. Otherwise, you may assume you have been accepted and attend the first class. Many classes quickly fill to capacity. In other cases, classes are cancelled several days before the starting date if they appear to be under-enrolled. Therefore, please register during the registration period to allow for efficient organization of the classes.

### ENROLLMENT

All students enrolling in preschool and youth classes should be the age indicated by the start of the class. Department of Parks, Recreation and Culture reserves the right to remove any participant from a class who is not of proper age, maturity, skill level or who inhibits the progress of the class or its members in any way. In this case, refunds will be issued for remaining classes. Signature of parent or guardian is required for participants under 18 years old.

### SENIOR CITIZENS

City of Gaithersburg residents who are 55 or older are invited to take classes at the indicated Senior Resident (S) rate listed under select classes. The senior discount cannot be prorated.

### PAYMENT METHODS

- Cash or check payable to "City of Gaithersburg"
- Visa, Discover, Mastercard or American Express

### REFUNDS

Withdrawal/refund requests received before start of program will be refunded less a \$10 processing fee. Requests received on or after start date will be prorated based on the date written notice is received and a \$10 processing fee will be applied. Full refunds will be made when classes are cancelled due to insufficient registration.

**Note: There is a no-exchange and no-refund policy for Arts Barn ticket sales and Arts Barn camps and classes.**

### CANCELLATIONS

In the event of inclement weather conditions or emergencies, call 301-330-0050 x2430 for the recorded message pertaining to class cancellations. Classes held in schools will be cancelled on days schools are closed for holidays and emergencies. For Aquatic class cancellations call the Water Park at 301-258-6445 x205 or check the website at [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov).

### MISSION STATEMENT

Provide quality parks, well-planned, sustainable facilities, and diverse cultural, artistic and recreational opportunities for all ages and interests to promote the health and well being of residents and visitors.

## CLASS LOCATIONS

### ARTS BARN

311 Kent Square Rd.  
301-258-6394

### AQUATICS

**Gaithersburg Aquatic Center (GAC)**  
2 Teachers Way  
301-258-6345 (evenings and weekends)

### Water Park at Bohrer Park (WP) (seasonal)

Administrative Office  
512 S. Frederick Ave.  
301-258-6445

### COMMUNITY CENTERS

**Activity Center at Bohrer Park (ACBP)**  
506 S. Frederick Ave.  
301-258-6350

### Casey Community Center (CCC)

810 S. Frederick Ave.  
301-258-6366

### Benjamin Gaither Center (BGC)

80A Bureau Dr.  
301-258-6380

### KENTLANDS MANSION

320 Kent Square Rd.  
301-258-6425

### PARKS

**Diamond Farms Park (DF)**  
857 Quince Orchard Blvd.

### Morris Park (MP)

421 Summit Hall Rd.

### Lakelands Park (LP)

1368 Main St.

### Skate Park

510 S. Frederick Ave.  
301-258-6359

### SCHOOLS

**Lakelands Park Middle School (LMS)**  
1200 Main St.

### OTHER

#### Kicks Karate

18226 Flower Hill Way (FH)  
12105 Darnestown Rd. (QO)  
(Quince Orchard in the Shops at Potomac Valley)

#### Montgomery Village Golf Club (MVGC)

19550 Montgomery Village Ave.

**AMERICANS WITH DISABILITIES ACT.** The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6350.

This registration form may be used to register for all classes listed in the Leisure Times. Multiple registrations may be included on one form for members of the same family. Unsigned forms will be returned and not processed.



**MAIN CONTACT**

Check here if new address/phone since last time registered.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M  F

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ City Resident  Nonresident

Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**PARTICIPANTS**

Name (Last, First)	Sex M/F	Birthdate M/D/Y	Age	Activity/ Class Name	Activity #	Start Date	Day	Time	Res. Fee	Non Res. Fee	Total
<i>Example: Smith, Tom</i>	<i>F</i>	<i>02/14/01</i>	<i>13</i>	<i>Basketball</i>	<i>12345</i>	<i>04/08</i>	<i>Thu.</i>	<i>5 p.m.</i>	<i>\$00.00</i>	<i>\$00.00</i>	<i>\$00.00</i>
<b>TOTAL \$</b>											

The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6350 to indicate what accommodations are needed.

I hereby grant permission for me/my child to attend the activity sponsored by the City of Gaithersburg. I understand that I am responsible for me/my child's insurance in case of injury. Furthermore, I understand that although safety precautions will be observed, the City of Gaithersburg, employees and agents will not be responsible for any personal property lost by me/my child or for any injury sustained in the program. I also consent to the City's use of any photographs and/or video tapes made of the program.

\_\_\_\_\_  
Print Participant or Parent/Guardian Name

\_\_\_\_\_  
Signature of Participant or Parent/Guardian

<p><b>PAYMENT</b></p> <p>Amount Paid \$ _____ Cash <input type="checkbox"/> Check # _____</p> <p>Visa/MC/DISC/AMEX# _____ Exp.Date ____/____</p> <p>Signature (name on card) _____</p> <p>Print Name _____</p>	<p><b>OFFICE USE ONLY:</b></p> <p>Rec'd: _____ Initials _____</p> <p>W M F Resident: Y N</p> <p>Pr: _____</p> <p>Date _____</p>
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**WAYS TO REGISTER**

**1. INTERNET: [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress)**

Use the **RecXpress System** to register online the first day of registration. RecXpress may not be used to register once classes have started.

**PREPARE AHEAD FOR ONLINE REGISTRATION**

Go to [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress) to create an account. Click on Create New and complete the information. Your login ID will be sent to your email address within 1-2 business days.

**ALREADY A MEMBER BUT FORGOT YOUR LOGIN AND PASSWORD?**

Go to [www.gaithersburgmd.gov/recxpress](http://www.gaithersburgmd.gov/recxpress) and click on Login tab, click the Forgot My Password/Login ID and enter your email address and the information will be forwarded to you.

**NOTE:** The numbers of participants registered and spaces open that are listed online DO NOT always reflect accurate counts. This is due to some classes being co-sponsored with other agencies.

**2. FAX: 301-948-8364**

Fax completed registration form with Visa, Discover, Mastercard or American Express information. Available 24 hrs. a day!

**3. MAIL:** Mail completed registration form and appropriate fee (include check or credit card information) to:

City of Gaithersburg  
506 S. Frederick Ave.  
Gaithersburg, MD 20877  
ATTN: Class Registration

**4. WALK-IN:** Register in person at the Parks, Recreation & Culture office at the Activity Center at Bohrer Park, 506 S. Frederick Ave.

Monday-Friday 6 a.m. – 9 p.m.  
Saturday 8 a.m. – 9 p.m.  
Sunday 8 a.m. – 4 p.m.

Payment by cash, check or credit card is accepted for walk-in registrations.

REGISTRATION FORM



## Something for everyone this fall

The arrival of fall brings a new season of recreational activities! The turning leaves and cooler weather are great reasons to rediscover your local City parks. Volunteer or train to run or walk in the Kentlands/Lakelands 5K, which supports local charities like the Dolores C. Swoyer Camp Scholarship Fund. Plan to celebrate Oktoberfest with friends and family on October 11, play a round of miniature golf through mid-October, and hold onto summer fun by splashing around at the indoor Gaithersburg Aquatic Center.

Turn over a new leaf for yourself by taking one of the enriching cultural and recreational classes offered throughout the City. Or maybe participate in a City sports league. As a Healthy Eating Active Living (HEAL) city, Gaithersburg is proud to provide yearlong opportunities for a healthy lifestyle. Indoors or out, there's something for everyone!

Michele Potter, Director  
Department of Parks, Recreation and Culture

*We continually add new classes.  
Explore our website [www.gaithersburgmd.gov](http://www.gaithersburgmd.gov) under  
the Leisure tab/Classes and Programs to discover new offerings.*

The LEISURE TIMES is a publication of the City of Gaithersburg, Department of Parks, Recreation and Culture. It is produced four times a year, with distribution in February, May, July and November.

For additional City news and information, subscribe to inGaithersburg, our online weekly e-mail newsletter. You can also find the City of Gaithersburg on Facebook, Twitter and YouTube.

For emergency communications register for Alert Gaithersburg. This service sends simultaneous emergency messages, including incident advisories, traffic and weather alerts, to your e-mail, cell phone or PDA. The service is free; however, text messaging fees from your carrier may apply.

Gaithersburg TV (GTV) keeps you informed with scrolling headline news, a calendar of events and informational programming. City residents can find it on Comcast and RCN channel 13, on Verizon FiOS channel 25, and online via streaming video.

Mayor: Jud Ashman

Council Members:  
Cathy Drzyzgula  
Neil Harris  
Henry F. Marraffa, Jr.  
Michael A. Sesma  
Ryan Spiegel

City Manager: Tony Tomasello

301-258-6350  
[www.gaithersburgmd.gov](http://www.gaithersburgmd.gov)

 Gaithersburg

CITY ELECTION 2015

For Mayor  
and Three City Council Members

**TUESDAY, NOVEMBER 3**

Polls Open 7 am to 8 pm

## KEY DATES

**October 19** Deadline to register to vote with  
Montgomery County Board of Elections  
[www.montgomerycountymd.gov](http://www.montgomerycountymd.gov)  
240-777-VOTE

**October 25** Early voting, City Hall, 9 am – 2 pm

**October 27** Early voting, City Hall, 3 pm – 8 pm

**October 28** Last day to request an absentee ballot by mail

**October 31** Early voting at City Hall, Noon – 5 pm