



City of Gaithersburg
 www.gaithersburgmd.gov
 301-258-6350

Registration Dates
 City Resident – begins March 2
 Open Registration – begins March 4
 Arts Barn class registration is ongoing

spring 2015

A guide to recreational activities
 for all ages



Leisure Times

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Like us on [facebook](https://www.facebook.com/GaithersburgRecreation) at www.facebook.com/GaithersburgRecreation

Host your next meeting, event, party or social gathering at one of these fine facilities:

Activity Center at Bohrer Park

506 S. Frederick Ave.
301-258-6350 x160
Gail Velez
gvelez@gaitthersburgmd.gov

Planning a company meeting, training or luncheon? Graduation, birthday party or reception? Athletic event, team practice or game? The Activity Center at Bohrer Park is the place for you.

- Three meeting and party rooms can be rented individually or combined
- Two gymnasiums with multi-purpose floors
- WiFi access and audio-visual and presentation equipment
- Hourly rentals

Hours

Monday – Friday 6 a.m. – 10 p.m.
Saturday 8 a.m. – Midnight
Sunday 8 a.m. – 5 p.m.



Picnic Pavilions

506 S. Frederick Ave.
301-258-6350 x127
Sondra Unkenholz
sunkenholz@gaitthersburgmd.gov

The Picnic Pavilions are located at Bohrer Park at Summit Hall Farm. Other amenities at the Park include an Activity Center, Miniature Golf Course, Water Park and Skate Park.

Reservations for the 2015 season are currently being accepted. A security deposit is required to reserve a pavilion for a specific date and time.

Call or e-mail for registration form, fees, park policies and brochures, and ask about our special rates for Miniature Golf and Water Park admission on the day of your event.



Casey Community Center

810 S. Frederick Ave.
301-258-6366
Katie Gleeson
kgleeson@gaitthersburgmd.gov

The Center is perfect for birthday and family parties, wedding receptions, Bar and Bat Mitzvahs, and business meetings.

- Meeting and party rooms for 10-135 people
- Kitchen facilities
- WiFi access
- Hourly rentals

Prices for the largest room are:

	<u>Private Function</u>	<u>Business Function</u>
City Residents	\$90/hour	\$110/hour
Nonresidents	\$135/hour	\$165/hour

\$250 deposit required for all rentals

Reservations are taken on a first come, first served basis and may be made up to nine months in advance. All rentals serving alcohol will be charged a \$130 alcohol fee in addition to rental fees.



Arts Barn

311 Kent Square Rd.
301-258-6394
Shellie Williams
swilliams@gaitHERsburgmd.gov

The Arts Barn is a unique, culturally rich setting for corporate events, trainings and social gatherings.

- Recitals - two hours
\$150 Residents/\$175 Nonresidents
- Hourly rates for rentals
- Audio-visual and presentation equipment
- WiFi access
- 99 seat theater/auditorium



Gaithersburg Upcounty Senior Center

80A Bureau Dr.
301-258-6380
Grace Whipple
gwhipple@gaitHERsburgmd.gov

When not in use for programming on weekdays, the Gaithersburg Upcounty Senior Center is available for private use.

- Four rooms available for up to 250 people
- Entire Center can be rented
- WiFi access
- Alcoholic beverages allowed with permit (\$130), beer and wine only



Kentlands Mansion

320 Kent Square Rd.
301-258-6425
Kristy King
kking2@gaitHERsburgmd.gov

“Allow us to make your dream a reality!”

Kentlands Mansion, built in early 1900, provides the perfect setting for weddings, receptions and other special events. The Mansion features a graceful staircase in the foyer, mahogany paneled rooms, crystal chandeliers, hand carved moldings, and 22 foot ceilings.

The Georgian-styled Mansion sits on a beautifully manicured lawn with a captivating floral side garden. This enchanting view provides an unforgettable, intimate setting that perfectly complements your event.

Let the elegance and charm of Kentlands Mansion create an event to remember for a lifetime.

- Weddings, receptions, retirement parties, Bar & Bat Mitzvahs, business meetings and conferences
- Indoor and outdoor accommodations for up to 150 people
- Audio-visual and presentation equipment
- WiFi access

	<u>Resident</u>	<u>Nonresident</u>	<u>Block of Time</u>
Friday & Sunday	\$1,400	\$1,875	7 hours
Saturday	\$1,875	\$2,500	8 hours
Business Rates	\$225-450	\$250-525	8:30-4:30 M-F

Additional Fees: \$130 to serve alcohol
\$200 to hold a ceremony (indoors or outdoors)

BIRTHDAY PARTIES

Have a birthday coming up? Gaithersburg can help you celebrate with a variety of party packages. Enjoy indoor fun year 'round at our Youth Centers, or enjoy the great outdoors at the Skate and Miniature Golf Parks. Either way, it's sure to be a birthday worth remembering.

Contact the individual facilities or visit the City's website for information and registration forms.



Skate Park

510 S. Frederick Ave.
skatepark@gaitthersburgmd.gov
Call Rachel Tailby at 301-258-6350 x144

Available April – September
Choose from one of three options:

1. Park Rental

Rent the entire park for a private party!
Saturday or Sunday, 9:30 - 11:30 a.m. or 10 a.m. - 12 p.m.

- Admission for up to 30 participants
- 2 staff to assist with basic instruction
- In-line skates, skateboards, BMX bikes, scooters, or roller skates permitted

\$150 City Residents/\$225 Nonresidents

2. Party Pack

Bring a group for a great rate during open hours!
2-hour minimum

- Admission for up to 20 participants
- One staff to assist with basic instruction
- In-line skates or skateboards ONLY

\$60 City Residents/\$80 Nonresidents
Additional hours:
\$30/hour City Residents/\$40/hour Nonresidents

3. Combo Platter

Experience the best of both worlds with a split package!
One hour of exclusive and one hour after opening.
Saturday or Sunday, 11 a.m. - 1 p.m.

- Admission for up to 25 participants
- 2 staff to assist with basic instruction for the first hour
- In-line skates, skateboards, BMX bikes, scooters, or roller skates for the first hour; in-line skates and skateboards ONLY during the second hour

\$105 City Residents/\$155 Nonresidents

Arts Barn

311 Kent Square Road
artsbarn@gaitthersburgmd.gov
301-258-6394

Available All Year!
Hands-on, themed birthday parties for girls and boys. Have fun with art!

Miniature Golf

514 S. Frederick Ave.
minigolf@gaitthersburgmd.gov
Call Demetria Good at 301-258-6350 x133

Available May – October

- One round of golf
- Drinks and ice cream
- Basic decorations
- A special surprise for the guest of honor
- Option to purchase pizza for an additional fee

\$12 per child (minimum of 10 children)

Youth Center – Robertson Park

801 Rabbitt Rd.
YC-Robertson@gaitthersburgmd.gov
Call 301-258-6350

Available Throughout the School Year

- Billiards, Table Tennis, PlayStation 4, Xbox 360, Wii, sports equipment, foosball, rockwall
- Tables, chairs, refrigerator
- Maximum guests – 50

\$65 City Residents/\$80 Nonresidents

Youth Center – Olde Towne

301 Teachers Way
YC-oldetowne@gaitthersburgmd.gov
Call Maura Dinwiddie at 301-258-6350 x168

Available Year-Round

- Billiards, Table Tennis, PlayStation 3 and 4, Xbox, Wii, sports equipment, foosball
- Tables and chairs available
- Maximum guests – 50

\$65 City Residents/\$80 Nonresidents



WATER PARK

512 S. Fredrick Ave.
301-258-6445

Opens Saturday, May 23

HOURS OF OPERATION

May 23 – June 12

Weekends & Memorial Day	Noon – 6:30 p.m.
Weekdays, May 26 – 28	Closed
Water Safety Day Event, May 29	3:30 – 6:30 p.m.
Weekdays (June 1 – 5, 8 – 12)	3:30 – 6:30 p.m.

June 13 – August 30

Monday – Friday	11 a.m. – 7 p.m.
Saturday & Sunday	11 a.m. – 7:30 p.m.
Special Date, August 29	11 a.m. – 3:30 p.m.

August 31 – September 7

Weekdays, August 31 – September 4	Closed
Weekend, September 5 – 6	11 a.m. – 7 p.m.
Labor Day, September 7	11 a.m. – 5 p.m.

Admission Fees	Weekdays	Weekends/Holidays
	Res*/Nonres	Res*/Nonres
All Ages (3 and above)	\$5.75/8	\$5.75/12
Putt-n-Pool Pass	\$9.25/11.50	\$9.25/16

Twilight Discount of \$.50 off (per person) for admissions purchased after 5:30 p.m.

* Proof of residency is required at the front desk for City residents to receive the discount. City Residents – please have ID ready.

NOW HIRING

Applications are currently being accepted for aquatics staff, including lifeguards, pool attendants, swim instructors, pool operators, and cashiers. We train and certify. Applications are available online at www.gaithersburg-md.gov

WATER SAFETY DAY

FRIDAY, MAY 29
3:30PM - 6:30PM

GAITHERSBURG WATER PARK
512 S. Frederick Ave.
Gaithersburg, MD 20877

Stay safe at the pool this summer.

Learn about:

- How to prevent drowning
- Proper use of life jackets
- Water Rescue Skills
- Skin cancer prevention
- Swim lessons (evaluations offered)

Free Event
Food will be available for purchase.
FREE SWIMMING EVENT PRESENTATIONS EVERY HALF HOUR.

For more information, visit gaithersburgmd.gov/waterpark
montgomerycountymd.gov/ree or rockhillmd.gov/swimcenter

Hosted by

Gaithersburg
A COMMUNITY OF GREAT PEOPLE

Recreation

City of Rockville



MINIATURE GOLF

514 S. Fredrick Ave.
301-258-6350

Opens Saturday, May 2

It is the perfect time to visit the Miniature Golf Course at Bohrer Park. Our water features and beautifully landscaped course make for an ideal spot to enjoy the first days of spring or summer evenings or weekends.

Come Play a Round!

May 2 – June 12

Saturday	11 a.m. - 10 p.m.
Sunday	11 a.m. - 8 p.m.
Monday – Friday	Closed
Monday, May 25 (Holiday)	11 a.m. - 7 p.m.

June 13 – August 30

Sunday – Thursday	11 a.m. - 9 p.m.
Friday and Saturday	11 a.m. - 10 p.m.
Saturday, July 4 (Holiday)	11 a.m. - 7 p.m.

August 31 – October 11

Saturday	11 a.m. - 10 p.m.
Sunday	11 a.m. - 7 p.m.
Monday – Friday	Closed
Monday, September 7 (Holiday)	11 a.m. - 7 p.m.

We have rates that make it attractive to play more than one round. We also have package rates that make it lots of fun to get a group of friends or the entire family together for evening of putting around.

Admission Fees	Residents	Nonresidents
Per game	\$6	\$7
Unlimited Play	\$8	\$9
Seniors (55+)	\$5	\$6
Group rate (10 or more)	\$5 per person for one round, \$7 per person for unlimited play	

More Information: Demetria Good at 301-258-6350 x133 or minigolf@gaitthersburgmd.gov

SKATE PARK

510 S. Frederick Ave
301-258-6359

Opens Friday, March 27

The Skate Park has FREE ADMISSION! The park offers more than 12,000 square feet of new and old school ramps and structures for your skating pleasure. Open to skateboarders, in-line skaters, and BMX bikers (bikes permitted every day except Wednesdays & Saturdays). Take advantage of lessons, clinics, party rentals, competitions and other special events!

Participants are required to have a signed waiver on file (parent/guardian signature if under 18) before skating.

HOURS OF OPERATION: March 27 – Mid-September

Monday - Friday:	3 p.m. - Sunset
Saturday & Sunday:	Noon - Sunset

SPECIAL DAYS OF OPERATION: Noon - Sunset

April 3 - 10, July 3, May 25, June 12, September 7

*The Skate Park closes in the event of rain, snow or excessive heat.

PARTY RENTALS

Book the Skate Park for your special day!
Available April-September

PRIVATE SKATEBOARDING LESSONS (all ages)

1-lesson package	\$30 (R) / \$35 (N)
3-lesson package	\$80 (R) / \$85 (N)

For more information or to book lessons or rentals, please visit www.gaitthersburgmd.gov or email skatepark@gaitthersburgmd.gov

SPRING GROUP SKATEBOARDING LESONS

Following an assessment by our instructors, participants are assigned to a unit with skaters of the same skill-set. Beginner instruction is designed for skateboarders who can maneuver on open flat surfaces. Intermediate instruction is intended for skaters who have some experience in a skate park. Students are encouraged to progress at their own rate through a combination of group and one-on-one instruction. A waiver must be signed prior to the first lesson. Nonresidents pay an additional \$7 fee.

Age: 7 – 14 years

Length: 2 hours

Beginner/Intermediate – Mixed levels 1 & 2

41475	5/2	Sat	10:00am	Skate Park	1	\$20 (R) / \$27 (N)
41476	5/9	Sat	10:00am	Skate Park	1	\$20 (R) / \$27 (N)
41477	5/16	Sat	10:00am	Skate Park	1	\$20 (R) / \$27 (N)





GAIOTHERSBURG COMMUNITY MUSEUM & GIFT SHOP

*Local History
Full Steam Ahead!*

Tuesday – Saturday, 10 a.m. – 3 p.m.
9 South Summit Ave
301-258-6160
www.gaithersburgmd.gov

museum@gaitersburgmd.gov
 GaithersburgCommunityMuseum

Free Admission. Donations gratefully accepted.

COMMUNITY CASE

Do you have a collection you would like to share? The Museum is accepting applications for collections to be exhibited in our Community Case. For an application, call the Museum or visit our website or Facebook page.

VOLUNTEER OPPORTUNITIES are available. Please call or visit the Museum for more information.

STORYTIME STATION

Read aloud story time for children ages 3 - 6. Readings take place at the Museum on the fourth Tuesday of each month. Admission is \$3 per child, adults and infants in arms are free.

11:45 am
Length: 45 minutes

Tuesday, March, 24 – Theme: Wind
Tuesday, April 28 – Theme: Rain
Tuesday, May 26 – Theme: Trains



GAIOTHERSBURG-WASHINGTON GROVE VOLUNTEER FIRE DEPARTMENT MUSEUM

13 E. Diamond Ave., Gaithersburg, MD 20877
301-646-1222
www.gwgvfd.org

Open Saturdays, 10 a.m. – 2 p.m.
Free admission, donations gratefully accepted.



OBSERVATION NIGHT AT THE LATITUDE OBSERVATORY

(Weather Permitting)

100 DeSullum Ave.
301-258-6160

Saturday, May 23, 9-10:30 p.m.

Free

Saturn at Opposition - The best night of the year to view Saturn. Bring your own medium telescope or share those of local amateur astronomers

TUESDAY TOPICS

7 – 8:30 p.m. \$5/person
Community Museum
301- 258-6160

Tuesday, March 10

“From Corn to Commuters: How the Railroad changed the way of life and the future of Montgomery County” with Susan Soderberg, Historian & Author

Tuesday, April 14

“Turfgrass Management for Homeowners” with Stephan Dubik, Instructor at Montgomery College, Master Gardener

Tuesday, May 12

“Mark Twain in Washington DC” – Meet Samuel Clemens as he talks about his life and writing, with John Muller

DISCOVERY DAYS

Free Family Fun!

Sunday, March 8, 4 – 5 p.m.

Rocks and Minerals of Montgomery County
Guest Speaker: Jeff Nagy

Sunday, April 19, 11 a.m. – 2 p.m.

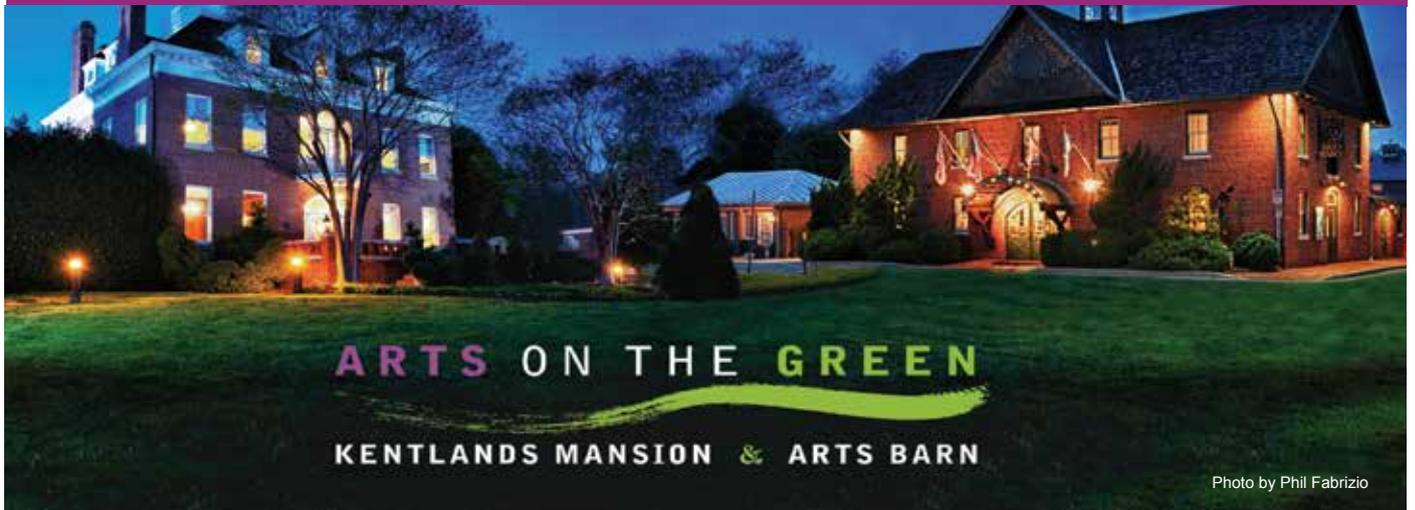
Train Day, BanTrak Model Train Exhibit

Saturday, May 9, 10 a.m. – 3 p.m.

National Train Day Celebration
Train Song Music and Model Trains

FUN & PLAY

SPRING SEASON AT A GLANCE



Arts on the Green is the City of Gaithersburg's premier center for the performing and visual arts.

JUST FOR FAMILIES

WILLY WONKA JR.

KAT-2ND Stage at Arts Barn

March 14 – 29

Saturday & Sunday

at 11 a.m. & 2 p.m.

Tickets: \$20 / \$12

(14 & under)

Appropriate for children ages 4 and older.

Roald Dahl's timeless story of the world-famous candy man and his quest to find an heir comes to life in this stage adaptation of *Charlie and the Chocolate Factory*, featuring songs from the classic film *Willy Wonka & the Chocolate Factory*. Lyrics and music by Leslie Bricusse and Anthony Newley. Adapted for the stage by Bricusse and Timothy Allen McDonald.



SONGS & STORIES

First and third Thursdays

11 – 11:45 a.m., Arts Barn

\$5 per child

Explore the arts through songs and stories with your pre-school child or grandchild. There is no fee for adults.

MAGIC & MAYHEM

Fridays, March 20 & May 1

8 p.m., Arts Barn

Tickets: \$18 / \$12 (14 and under)

David London returns to the Arts Barn stage with a comedy and magic show sure to amaze and delight the whole family. Recommended for ages 10+.



OPEN MIC @ The Mansion

Fridays, March 6, April 3, May 1

8 – 11 p.m.

\$10 Cover per person

Musicians, comedians, storytellers and poets are welcome to give unplugged performances. Grab a beer or glass of wine (I.D. required) and enjoy the fun, supportive vibe.

Broadway Sing-Along

Sunday, March 1

3 p.m., Kentlands Mansion

\$10 (all ages welcome)

Belt out your favorite Broadway hits under the direction of the Kentlands Community Chorus musician and song leader. Lyric sheets provided. Fun for all ages.

For Tickets & Information
call 301-258-6394



INCLEMENT WEATHER

In the event of inclement weather or emergencies, please check the City website for closings and cancellations.

THEATER

NEXT TO NORMAL by Brian Yorkey & Tom Kitt
Rockville Musical Theatre at Arts Barn

April 10 – 26. Tickets: \$22

Adult language and situations. Not appropriate for children under 17.

The most talked about show on Broadway, Next to Normal is the acclaimed, ground breaking musical “that pushes Broadway in new directions” (Rolling Stone). With a thrilling contemporary score, Next to Normal is an emotional powerhouse of a musical about a family trying to take care of themselves and each other.

BRIGHTON BEACH MEMOIRS by Neil Simon
Sandy Spring Theatre Group at Arts Barn
May 8 – 24. Tickets: \$20 / \$12 (14 & under)

Part one of Neil Simon's autobiographical trilogy: a portrait of the writer as a young teen in 1937 living with his family in a crowded, lower middle-class Brooklyn walk-up. This bittersweet memoir evocatively captures the life of a struggling Jewish household.

THE WEDDING SINGER

Music by Matthew Sklar, Lyrics by Chad Beguelin,
Book by Beguelin & Tim Herlihy
Damascus Theatre Company at Arts Barn
June 12 – 28. Tickets: \$22 / \$12 (14 & under)
Appropriate for ages 14 & up.

It's 1985 and rock-star wannabe Robbie Hart is New Jersey's favorite wedding singer. He's the life of the party, until his own fiancée leaves him at the altar. Shot through the heart, Robbie makes every wedding as disastrous as his own. Based on the film of the same name.

SPOTLIGHT SERIES: TALES OF WONDER

Montgomery Playhouse at Arts Barn

March 29, April 19 & June 14

Sundays at 7:30 p.m.

\$10 per performance; \$25 for all three staged readings

Montgomery Playhouse presents three separate staged reading:

March 29 – An Evening with Edgar Allen Poe

April 19 – The Cave Dwellers

June 14 – The Reluctant Dragon (Theater for Young Audiences)

See one, two or all three staged readings and meet with the director and cast afterwards to discuss the work.

DAYTIME THEATER

DOLLEY MADISON, PRESIDENTRESS

Sandy Spring Theatre Group at Arts Barn

Wednesday, May 20, 1 p.m.

\$20 / \$12 (14 & under) / 10% discount for groups of 10+

Dolley Madison, Presidentress is an original, one-woman play about the wife of James Madison, president of the United States from 1809-1817. Award-winning actress Mara Bayewitz brings to life a woman who experienced great highs and lows and persevered through her humor, intelligence and strength. This 90-minute play is an historical gem. Recommended for ages 12 and up.



ARTS BARN

March 14 – April 19

“Abstractions,” featuring Lawrence Charity, Nina Graybill and Linda Orenstein, Multimedia; Ceramics by Jennifer Hamilton and Sherine Emanuele

April 24 – May 17

“The Landscape,” featuring Joanne Bleichner, Rulei Bu and Todd Baxter Dawson, Oils; Jewelry by Resident Artist, Arts Entwine

May 22 – June 28

“Informal Expressions,” featuring Jae Shin, Michelle Izquierdo and Raya Salman, Multimedia; Wood Turnings by Neil Super

KENTLANDS MANSION

February 6 – March 27

Art League of Germantown, Multimedia

April 3 – May 22

Gaithersburg Fine Arts Association Annual Juried Exhibit, Multimedia

May 29 – July 17

Maryland Art League, Multimedia

ACTIVITY CENTER

January 23 – March 13

In Celebration: African American Art featuring the work of Sandra D. Davis, Cynthia Farrell Johnson and Elroy Williams

March 20 – May 8

“Evolution,” featuring the work of Amy Jackson, Roxana Rojas Luzon, Kate Nagle, Christine Medley, Bonnie Fields, Howard Clark, and John Anthony Arnold, Multimedia

May 15 – July 3

In Celebration: Asian Pacific Art featuring the work of Teresa Huang and the Harmonious Art Group



Howard Cohen

Arts on the Green continued on next page



MUSIC – SINGER SONGWRITER SERIES

JON LANGFORD Workshop and Concert

Saturday, March 7
 3 p.m. Workshop, 7:30 p.m. Concert
 Arts Barn
 Tickets: \$45 workshop and concert; \$25 concert only

Founding member of the Mekons, Waco Brothers and Pine Valley Cosmonauts, Jon Langford has become a leader in incorporating folk and country music into punk rock. Langford’s music is carefully crafted and deeply moving.

PETER MULVEY Workshop and Concert



Thursday, April 16
 3 p.m. Workshop,
 7:30 p.m. Concert
 Arts Barn
 Tickets: \$45 workshop and concert; \$25 concert only

Singer-songwriter extraordinaire Peter Mulvey sings his version of hard-edged Americana with exceptional clarity!

MUSIC – CLASSICAL

SHOSTAKOVICH PROJECT III: TRIOS & SONATAS

Saturday, March 14 at 8 p.m.
 Kentlands Mansion
 Tickets: \$25 / \$12 Youth (18 & under)

Trios and Sonatas of Shostakovich with films scored by the composer in the final Shostakovich Project concert. Conversation and featured wines. Jennifer Kim, Violin; Danielle Cho, Cello; Wenyin Chan, Piano; Alex Peh, curator.

12TH ANNUAL YOUNG ARTIST AWARD CONCERT

Saturday, March 28 at 7:30 p.m.
 Arts Barn
 Tickets: \$12

Enjoy the musical talents of the winners of the 2015 Young Artist Award competition presented by the City of Gaithersburg and the Kentlands Community Foundation. The musicians, ages 12 – 18, were selected from more than 60 who auditioned in the juried competition in the categories of piano, strings, brass, woodwinds and voice. Classical music is alive and well in the hands of these accomplished teens!

MUSIC – WORLD



ALIF LAILA – SENSATIONAL SITAR

Saturday, April 4 at 8 p.m.
 Arts Barn
 Tickets: \$25 / \$12 Youth (18 & under)

Sitarist Alif Laila conveys the mesmerizing traditions of Indian classical music with deep emotion and understanding.

TANGO FESTIVAL

Friday, May 29 at 7 p.m.
 Arts Barn & Kentlands Mansion
 Tickets: \$35 /\$60 for two

Totally Tango! The evening begins with a concert in the Arts Barn by Tango ensemble, QuinTango, who possess sizzling Latin musicality and captivating style. After the concert, come to the “Milonga” (Tango dance party) at Kentlands Mansion!

AMADOU KOUYATE – KORA & PERCUSSION

Saturday, June 6 at 8 p.m.
 Arts Barn
 Tickets: \$25 / \$12 Youth (18 & under)

Amadou Kouyate is the 150th generation of the Kouyate family of Manding Diali (oral historians/musicians of West Africa). Amadou performs on the 21-string Kora and Djembe and Koutiro drums. His repertoire ranges from traditional songs to contemporary original compositions incorporating blues and jazz riffs.



COMMUNITY EVENTS

301-258-6350



ST. PATRICK'S DAY PARADE

Saturday, March 14

10 a.m.

Rio Washingtonian Center



PAWS IN THE PARK DOG FESTIVAL

Sunday, April 26

Noon – 4 p.m.

Bohrer Park at Summit Hall



MEMORIAL DAY OBSERVANCE

Saturday, May 30

11 a.m.

Christman Park

See how easy it can be
to plan the wedding of your dreams.



*Spring
Bridal Showcase
at Kentlands
Mansion*
Sunday, March 22
Noon - 4 p.m.
\$5

Kentlands Mansion, 320 Kent Square Rd.
301-258-6425

INDOOR FLEA MARKET

Saturday, March 14

9 a.m.- 2 p.m.

Montgomery Co. Fairgrounds, Bldg. 6

Free Balloons!

BABY BAZAAR

Saturday, April 4

9 a.m.- 2 p.m.

Montgomery Co. Fairgrounds, Bldg. 6

Free Balloons!



**6th Annual
GAITHERSBURG BOOK FESTIVAL**

Saturday, May 16

10 a.m. – 6 p.m.

City Hall Grounds

gaithersburgbookfestival.org



CITY ELECTION 2015

www.gaithersburgmd.gov

301-258-6310

**City of Gaithersburg Election
for Mayor & Three City Council Members**

Register to Vote by October 19

Election Day is Tuesday, November 3, 2015

Polls Open 7 a.m. – 8 p.m.



GAITHERSBURG UPCOUNTY SENIOR CENTER

80A Bureau Dr.
301-258-6380

For Active Adults Age 55 and Better!

Open 8:30 a.m. - 4 p.m.
Monday through Friday

Discover the energy and vitality found at the Gaithersburg Senior Center! If you are an active older adult and would like to increase your fitness level, participate in trips, attend informative lectures, choose from a wide variety of classes, enjoy entertainment, and of course, meet new people – we have it! Not sure if this is for you? Come try us out for one day for free.

Yearly Membership Rates

Gaithersburg City Residents – \$40 per person/\$70 per couple

Nonresidents – \$120 per person/\$180 per couple

Or Try Us for a Month!

Gaithersburg City Residents – \$10 per person

Nonresidents – \$25 per person

Bus transportation available depending on your geographic location.

Drop-In Ballroom Dance Class

Tuesdays at 2:30 p.m., Gaithersburg Senior Center
\$5 Senior Center Members
\$7 City Residents
\$9 Nonresidents

Join anytime! People of all ages are encouraged to attend. This class is for beginners as well as intermediate dancers. Call 301-258-6380 with questions and to verify the class schedule.

WE HAVE SO MUCH TO OFFER:

Aerobics/Exercise classes for all Levels,
Weight Training, Flexible Strength, Stability Ball,
Ballroom Dance, Computer Classes, English Classes,
Book Discussions, Watercolor, Cross Stitch, Quilting,
Crochet, Embroidery, Safe Driving Classes,
Educational and Informative Lectures,
Bridge, Mah Jongg, Canasta, Billiards, Scrabble,
Carrrom, Ping Pong, Poker, Bingo,
Private Music Lessons and
SO MUCH MORE!

TRIPS

The Visionary Art Museum, Cherry Blossom Cruise, "Blood Quilt" at Arena Stage, Department of the Interior, Royal Ballet Rehearsal at the Kennedy Center, Arts Barn Shows, Galloping Gourmets to Delicious Restaurants, Museums in Baltimore and Washington, D.C. and many, many more. We offer 6 trips a month!

ACTIVITIES

Trips, Classes, Exercise, Birthday Celebrations, Musical Performances, Dances, Parties, Discussion Groups, Diversity Programs, Informative Lectures and Presentations, Breakfasts and much, much more.

HEALTHY 55+

Exercise classes, daily lunch through the Senior Nutrition Program, support groups for caregivers, case management services, health screenings and enrichment programs through local hospitals. Come check out our new fitness center!



ACTIVE AGING EXPO

Monday, May 4
at the Activity Center at Bohrer Park

Come check out the varied speakers,
wellness checks, free classes, entertainment,
free lunch and local area vendors.
Free massages, manicures and more!

*Explore the evening offerings
at the Senior Center in the Teen and Adult
class listings of the Leisure Times!*



NO SCHOOL?

JOIN THE CITY OF GAITHERSBURG!

Looking for something for your elementary school child to do when school is out? Look no further than the City of Gaithersburg.

On MCPS professional days and half days, the City of Gaithersburg offers a variety of activities and field trips for children in grades 1-5. Pre-registration and a fee are required.

SPRING HALF DAY HOOPLA

12:30 p.m. – 5 p.m.

Friday, February 27: Indoor Swimming
Departs from Summit Hall Elementary School

SPRING BREAK BLAST

8:30 a.m. – 4:30 p.m.

Friday, March 27: Circus & DJ
Activity Center at Bohrer Park

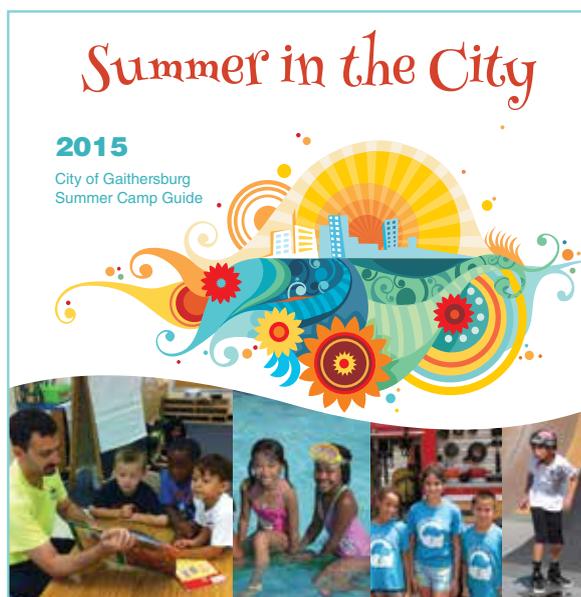
SPRING BREAK CAMP

A four-day camp packed with fun activities and field trips for children in grades 1-5. Trips may include Bounce U, Pizza Party and the movies! Camp runs from 8:30 a.m. to 4:30 p.m. daily at the Activity Center, Tuesday, April 7 through Friday, April 10. Registration begins first week in March.



GAITHERSBURG SUMMER CAMPS

Registration Now Open!
Hurry to grab your spot!



For detailed information about our 2015 Summer Camp Program, check out this year's "Summer in the City" brochure or visit our website at www.gaithersburgmd.gov/leisure/camps.

For questions about summer camps or to obtain a "Summer in the City" guide, please call 301-258-6350 or visit the Activity Center at Bohrer Park at Summit Hall Farm, 506 S. Frederick Ave.

Note trips are subject to change.

Questions? Call Sydney Stasch: 301-258-6350 x 126 or email [sstasch@gaithersburgmd.gov](mailto:ssstasch@gaithersburgmd.gov)

GAITHERSBURG YOUTH CLUB (GYC)

To Register for GYC Membership

Students in Grades 6-8 can obtain registration forms from the Youth Center at Robertson Park, the Youth Center in Olde Towne and the Activity Center at Bohrer Park. They may also be downloaded from the website. Students attending GMS, FOMS, LPMS and RVMS can obtain forms at their school.

GYC - One Year Membership Fee

\$15 Residents/ \$20 Nonresidents

Your membership is good for one year from the date you sign up.

Membership Cards

GYC members will receive a membership card. The student MUST show his/her card to ride the GYC Shuttle and participate at the Youth Centers. There's an additional \$5 charge to replace a lost card.

Youth Centers

GYC members who attend GMS and FOMS have access to the Olde Towne Youth Center and students at LPMS and RVMS have access to the Robertson Park Youth Center. These are Recreational Centers where members are required to sign in, but may leave at anytime during hours of operation.

GYC Club Friday

Club Friday events are held on select Fridays from 7-9 p.m. GYC members pay a \$5 admission fee. Activities may include a DJ, dancing, pizza, video games, and prizes or a local field trip.

GYC Trips on Half-Days and Holidays

Students have the opportunity to go on some great half-day and holiday trips. Pre-registration with registration fee is required and space is often limited for these special trips, so register early!

**You must be a GYC member to attend trips.*



HOLIDAY AND EARLY RELEASE DAY SCHEDULE

Please Note: Trips are subject to change.

March 27, No School

Circus
9 a.m. – 3 p.m.
Cost: \$15

April 3 & 6, Good Friday & Easter Monday

GYC Open: Noon – 6 p.m.
No Trips

April 7 – 10, Spring Break

GYC Open: Noon – 6 p.m.
April 7 Monster Golf
April 8 Bowling
April 9 National Museum of Health and Medicine
April 10 Six Flags America

**Trip times & fees vary*

May 25, Memorial Day

GYC Closed
No Trip

June 12, Early Release Day (Last Day of School)

GYC Open: Noon – 6 p.m.
End of School Party!
Cookout, music and moonbounce!

June 15, No School

GYC Open: Noon – 6 p.m.
No Trip

HIGH SCHOOL STUDENT UNION

Students in grade 9 – 12 can register to join the High School Student Union! Membership includes:

- Admission to the Olde Towne and Robertson Park Youth Centers during high school hours.
- Access to the Music Studio at Olde Towne Youth Center.
- Admission to after school high school recreation programs at the Activity Center at Bohrer Park
- Field trips
- Student Services Learning (SSL) opportunities
- Participation in fundraising events

Registration forms can be obtained at the Activity Center at Bohrer Park, Robertson Park and Olde Towne Youth Centers.

Student Union 1-Year Membership Fee:

\$5 Residents/\$10 Nonresidents

Questions? Contact Maura Dinwiddie at 301-258-6350 x168 or mdinwiddie@gaitersburgmd.gov.



ROBERTSON PARK

801 Rabbitt Road
301-258-6166
YC-Robertson@gaitthersburgmd.gov

Featuring a 30 Foot Indoor Climbing Rock Wall!

Hours of Operation:

Monday – Friday: 2:45 – 7 p.m.
Half-days: Noon – 6 p.m.
Most Holidays: Noon – 6 p.m.
High School:
Monday – Friday 4:30 – 7 p.m.

OLDE TOWNE

301 Teachers Way
301-258-6440
YC-OldeTowne@gaitthersburgmd.gov

Featuring a Professional Recording Studio!

Hours of Operation:

Monday – Friday: 2:45 – 7 p.m.
Half-days: Noon – 6 p.m.
Most Holidays: Noon – 6 p.m.
High School:
Monday – Friday 4:30 – 7 p.m.

GYC Shuttle

A City shuttle to the Youth Centers is provided after school for GYC members at the following schools:

Youth Center at Robertson Park - Ridgeview MS and Lakelands Park MS

Youth Center in Olde Towne - Forest Oak MS

* Students from Gaithersburg MS are welcome to walk to the GYC at Olde Towne after school.

PROGRAM HIGHLIGHTS:

- **Hour of Power** – *Kids can get homework help every day!* GYC staff will be available for anyone who needs help with assignments.
- **Community Service Program.** If any students need service learning hours, send them our way! The Youth Centers organize service projects for middle school students. GYC members have at least two opportunities to earn SSL hours and have fun each month!
- **Environmental Fun.** The GYCs are GREEN BUILDINGS! Great learning activities come hand-in-hand with their environmentally-friendly features.
- **GYC Studios.** Educational programming introducing students to our music recording equipment and band room at the Olde Towne GYC.

Questions?

Please contact Maura Dinwiddie, Community Facility Manager (Olde Towne) at 301-258-6350 or mdinwiddie@gaitthersburgmd.gov or Tim "Smitty" Smith, Youth and Senior Services Division Chief at 301-258-6350 or tsmith@gaitthersburgmd.gov.



OPPORTUNITIES AVAILABLE AT OUR YOUTH CENTERS:

- Sports/Games • Arts and Crafts
- Special Holiday Events and Activities
- Billiards • Latest Video Game Consoles
- Foosball • Table Tennis • Cooking Classes
- Fitness Activities • Girl-zz/Boy-zz Breaks
- Student Lounge (computer/study room)
- Community Service Projects



**"It's Great to Be
Green!"
April 20 – 24**

"Green" activities, environmental service projects and fun programs scheduled all week long to celebrate Green Week!



Gaithersburg Sports!

www.gaithersburgmd.gov/leisure/sports

YOUTH

Youth and Teen Sports are offered in the fall, winter and spring of each year. Here is a summary of the programs offered by season:

SPRING

- Start Smart Sports
 - Baseball, Lacrosse (Coed) Ages 4 & 5
- Youth T-Ball (Boys and Girls) Grades K – 2
- Youth Softball (Girls) Grades 3 – 7
- Youth JUGS Baseball (Coed) Grades 2 – 5
- Youth Volleyball (Boys and Girls) Grades 4 – 5
- Youth Soccer (Boys and Girls) Grades 1 – 6
- Youth Track & Field (Boys and Girls) Ages 7 – 14
- Teen Volleyball (Boys and Girls) Grades 6 – 8
- Strokes & Strides (Coed) Ages 7 – 14

SUMMER

- Ready, Set, Run (Coed) Ages 7 – 14
- Soccer Camps & Clinics (Coed) Ages 3 – 14
- Volleyball Clinics (Coed) Grades 4 – 12
- Tennis Clinics (Coed) Ages 7 – 11
- Sports Fest (Coed) Grades K – 8

FALL

Registration : July through first week in September

- Start Smart Sports Football & Soccer (Coed) Ages 4 & 5
- Youth Flag Football (Coed) Grades K – 5
- Youth Soccer (Boys and Girls) Grades 1 – 6
- Youth Volleyball (Boys and Girls) Grades 4 – 5
- Cross Country (Coed) Grades 1 – 6
- Teen Flag Football (Coed) Grades 6 – 8
- Teen Volleyball Clinic (Coed) Grades 6 – 8

WINTER

Registration: October through third week in November

- Start Smart Sports, Basketball (Coed) Ages 4 & 5
- Youth Basketball (Boys and Girls) Grades K – 6
- Teen Basketball (Boys and Girls) Grades 7 – 8
- Teen Volleyball (Boys and Girls) Grades 6 – 12



SPORTS CLASSES

PEE WEE TENNIS

Basic introduction. Through the use of eye/hand coordination drills and specially designed games, children learn the basic strokes and rules.

Age: 5 - 7 years

Length: 45 minutes

41667	4/16	Th	4:45pm	DF	6	\$60(R)/\$67(N)	Raaf
41668	4/15	W	4:45pm	MP	6	\$60(R)/\$67(N)	Harwood
41669	4/18	Sa	11:00am	MP	6	\$60(R)/\$67(N)	Raaf
41670	4/19	Su	12:00pm	MP	6	\$60(R)/\$67(N)	Harwood

TENNIS - YOUTH

The program teaches basic skills to those who have never had instruction or consistent practice.

Age: 8 - 12 years

Length: 1 hour

41671	4/16	Th	5:30pm	DP	6	\$65(R)/\$72(N)	Raaf
41672	4/18	Sa	9:00am	MP	6	\$65(R)/\$72(N)	Raaf
41673	4/15	W	5:30pm	MP	6	\$65(R)/\$72(N)	Harwood
41674	4/19	Su	12:45pm	MP	6	\$65(R)/\$72(N)	Harwood

TENNIS - TEEN AND ADULT

Beginners: Starting to play and have never had lessons. Learn fundamental strokes and scoring. **Advanced Beginners:** Have had some lessons, have more dependable strokes and are learning to judge where the ball is going. **Intermediate:** Can place shots with moderate success and sustain a slow paced rally. Focus on stroke dependability, depth, ball placement and strategy. Play simulation is emphasized by use of a tennis ball machine. Students are coached in singles and doubles techniques and strategy.

Age: Teen and Adult

Length: 1 hour

Beginner

41675	4/16	Th	6:30pm	DF	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41676	4/18	Sa	10:00am	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41677	4/15	W	6:30pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood
41678	4/19	Su	1:45pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood

Advanced Beginner

41679	4/16	Th	7:30pm	DF	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41680	4/18	Sa	12:00pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41681	4/15	W	7:30pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41684	4/19	Su	2:45pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood

Intermediate

41682	4/16	Th	8:30pm	DF	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41683	4/18	Sa	1:00pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Raaf
41685	4/15	W	8:30pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood
41686	4/19	Su	3:45pm	MP	6	\$72(R)/\$79(N)/\$36(S)	Harwood

ADULT

SPRING

- Softball (Coed, Men's)
- Volleyball (Women's, Coed)
- Tennis (Senior, League)
- Senior Bowling
- Pickleball

SUMMER

- Volleyball (Reverse, Women's, Outdoor Doubles)
- Senior Bowling
- Senior Tennis
- Pickleball

FALL

- Softball (Coed, Men's)
- Volleyball (Coed, Women's)
- Tennis (Senior, League, Tournament)
- Senior Bowling
- Pickleball

WINTER

- Volleyball (Men's, Women's)
- Senior Bowling
- Pickleball

SPRING ADULT SPORTS

SENIOR TENNIS

Six-week recreational tennis program for men and women 50 years of age and over.

Starts April 10

Fridays, 4:30 – 6:30 p.m. or 6:30 – 8:30 p.m.

Morris Park

\$20(R) / \$25(N)

For more information and a registration form call Pam Truxal at 301-258-6350 x 121 or email at ptruxal@gaithersburgmd.gov

ADULT TENNIS LEAGUES

The Recreation Department is providing an opportunity for men and women (18 and over) to play tennis on a weekly basis. Registrants are placed in divisions based upon USTA ratings (if you don't have a rating call Pam for placement in the appropriate division) and are scheduled for a series of matches.

Categories: USTA ratings

Novice - 1.5 - 2.5

Intermediate - 3.0 - 4.0

Open - 4.0 & over

Starts the week of April 20 (7 – 9 weeks)

Courts and at times agreed upon by the participants

\$18(R) / \$21(N)

SENIOR "PIN BUSTERS" (Year Round)

A year round social bowling group for men and women 50 years of age and over.

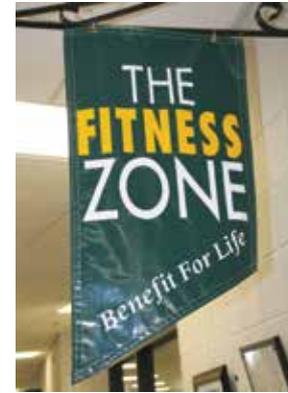
- Bowl America, 1101 Clopper Rd., Gaithersburg
- Mondays, 3 – 5 p.m.
- \$8.60 each time paid to Bowl America (includes: 3 games, shoe rental, soda, tea, water and light snacks).

ACTIVITY CENTER AT BOHRER PARK

506 S. Frederick Ave.

301-258-6350

www.gaithersburgmd.gov



FITNESS ZONE

Maintaining a healthy routine couldn't be easier with our strength training and cardiovascular equipment, mats and locker rooms. We offer reasonable rates and a variety of membership plans. The Fitness Zone is open to everyone 16 years of age or older. Teens 13 – 15 are welcome after completing a fitness orientation. Membership and daily admission include use of fitness center and open gyms. All participants must check in at reception counter.

FEES

Annual	Resident	Nonresident
Adult	\$180	\$280
*2-Person	\$295	\$440
Family	\$350	\$525
Senior (55+)	\$150	\$225
Youth (under 18)	\$150	\$225

* Must reside within the same household

25-Admission	Resident	Nonresident
Adult	\$100	\$130
Senior (55+)	\$75	\$110
Youth (under 18)	\$75	\$110

3-Month Membership	Resident	Nonresident
All	\$70	\$105

Daily Admission	Resident	Nonresident
Adult	\$5	\$6
Senior (55+)	\$4	\$5
Youth (under 18)	\$4	\$5

RECREATION SUPER PASS

A convenient, money-saving, all-inclusive membership plan that includes admission to:

- Water Park (seasonal)
- Gaithersburg Aquatic Center
- Miniature Golf Course (seasonal)
- Fitness Center
- Open Gyms

	Resident	Nonresident
Adult	\$305	\$500
*2-Person	\$455	\$685
Family	\$540	\$805
Senior	\$245	\$390
Youth (under 18)	\$290	\$450

* Must reside within the same household



GAITHERSBURG AQUATIC CENTER (GAC)

2 Teachers Way (next to Gaithersburg Middle School)
301-258-6345 (evenings and weekends)

Aquatics Administrative Office

Bohrer Park, Summit Hall Farm
512 S. Frederick Ave.
301-258-6445
www.gaithersburgmd.gov

Serving the Gaithersburg community since 1976.
The Center is operated by the City of Gaithersburg and
Montgomery County Public Schools.

FEATURES

*Six 25-yard lap lanes • Two diving boards
Shallow water "teach pool"
Outdoor patio • Full-size lockers*

Open evenings and weekends only

PUBLIC SWIM HOURS

Family Recreational Swim

Entire pool is open for recreational use, including one to three lap lanes, shallow end of main pool, teach pool, and one diving board.

Monday & Wednesday	6:30 – 8:30 p.m.
Tuesday & Thursday	No Family Recreational Swim
Friday	6:30 – 9 p.m.
Saturday	3 – 8 p.m.
Sunday	1 – 6 p.m.

One to three lap lanes available during all recreational swim periods.

Lap Swim Only

Teach pool and recreation areas unavailable for general use. Be prepared to "circle swim." Lanes marked according to speed of swimmer – please choose appropriately.

Monday – Friday	5:15 – 6:30 p.m.
Tuesday (1 to 3 lanes only)	6:30 – 8:30 p.m.
Thursday (1 to 3 lanes only)	6:30 – 8:30 p.m.
Sunday	11 a.m. – 1 p.m.

MEMBERSHIP AND FEES

Daily Admission – Most Economical for Infrequent Use

Youth (3 –17)	\$4
Adult (18+)	\$5

Pool Pass – Most Economical for Frequent Use

Save money and time at the admission counter. Family or individual passes available. Non-transferable and non-refundable.

	Individual Res/Nonres	2-Person Res/Nonres	Family Res/Nonres
Annual (GAC & WP)	\$250/400	\$300/500	\$350/600
Annual (GAC only)	\$200/200	\$250/250	\$300/300
Summer (WP only)	\$150/200	\$200/250	\$250/300
Monthly (GAC only)	\$50/50	\$75/75	\$100/100

WP = Outdoor Water Park (see page 5 for details)

Benefits of membership include:

- Unlimited Entrance to Facility (Water Park included in some plans)
- Early registration for programs
- Discounts on youth and adult swim lessons, water exercise, and lifeguard training.

Proof of residency is required at the admission counter for City residents to receive the discount.

HOLIDAY SCHEDULE 2015

The Gaithersburg Aquatic Center will be CLOSED on the following dates:

Easter	Sunday, April 5
Memorial Day	Monday, May 25
Independence Day	Saturday, July 4

There will be no swim lessons on:

Easter	Sunday, April 5
Staff Training	Saturday, May 16
	Sunday, May 17
Memorial Day	Monday, May 25

Please check our website at www.gaithersburgmd.gov for information on weather related closings.



INCLEMENT WEATHER POLICY

In the event of inclement weather or emergencies call, please call 301-258-6445 ext. 205 for a recorded message pertaining to class cancellations.



SWIM CLASSES

GAC FEES:	MEMBERS	\$50
	NONMEMBERS	\$55
WP FEES:	MEMBERS	\$50
	RESIDENTS	\$55
	NONRESIDENTS	\$60

All swim lessons meet six times for 30 minutes each.

WATER ADJUSTMENT - BUBBLERS

This class is for children 6 months to 3 years old and a parent. Objectives: to teach parents how to work with their child in the aquatic environment, to create a positive water experience for young children, and to promote interest in participating in future swim lessons. Participants must have an adult companion and wear swim diapers under waterproof pants if they are not potty trained.

Age: 6 months - 3 years
Length: 30 minutes

41499	4/25	Sa	9:40am	GAC*
41500	4/25	Sa	11:40am	GAC*
41501	4/26	Su	10:20am	GAC*
41796	6/20	Sa	11:20am	GAC
41797	6/20	Sa	12:00pm	GAC

* No classes Saturday, May 16, Sunday, May 17 and Monday, May 25

REFUND POLICY

Students withdrawn by Aquatic staff on the first day of lessons due to the wrong level will be issued a full refund or credit to be used at a later date without a written request. All other refund requests must be submitted in writing to the attention of the Aquatic Superintendent. Withdrawal/refund requests received before the start of the program will be refunded less a \$10 processing fee. Requests received on or after the start date will be prorated based on the date the request is received and a \$10 processing fee will be charged. The refund will be issued in the form of a check or charge, depending on the original payment method. Please allow 10 – 15 business days for processing. No refund or credit requests will be considered after the last scheduled date of the course – no exceptions.

PRE-BEGINNER LEVEL I - BOBBERS

This class is for beginning 3 and 4 year olds. Students must function well in a group setting without parents, since parents DO NOT accompany children. Objectives: To orient young children to the aquatic environment by providing them a positive, developmentally appropriate learning experience.

Age: 3 - 4 years

Length: 30 minutes

41507	4/13	MW	4:00pm	GAC
41506	4/13	MW	5:20pm	GAC
41511	4/14	Tu	4:40pm	GAC
41510	4/14	Tu	5:20pm	GAC
41509	4/16	Th	4:40pm	GAC
41508	4/16	Th	5:20pm	GAC
41504	4/25	Sa	9:40am	GAC*
41503	4/25	Sa	11:00am	GAC*
41514	4/25	Sa	12:20pm	GAC*
41513	4/26	Su	11:00am	GAC*
41512	4/26	Su	12:20pm	GAC*
41505	5/6	WM	4:00pm	GAC*
41809	6/15	MW	4:00pm	GAC
41808	6/16	TuTh	6:00pm	GAC
41806	6/21	Su	11:00am	GAC
41807	6/21	Su	12:20pm	GAC
41814	6/15	MW	7:15pm	WP
41815	6/16	TuTh	7:55pm	WP
41810	6/20	Sa	9:40am	WP
41811	6/20	Sa	10:20am	WP
41812	6/21	Su	9:40am	WP
41813	6/21	Su	10:20am	WP

PRE-BEGINNER LEVEL II - STROKERS

This class is for advanced 3 and 4 year olds. Students must function well in a group setting without parents, since parents DO NOT accompany children. On the first day of class, students must be able to: enter water independently, blow bubbles, fully submerge their head, open their eyes underwater and retrieve submerged objects, kick on their front and back with support, and exit water independently. Objectives: to build upon basic aquatic skills taught in Bobbers course by providing the same positive, developmentally appropriate learning experience at a slightly more advanced degree. In this level students will begin to perform locomotion skills independently.

Age: 3 - 4 years

Length: 30 minutes

41535	4/13	MW	4:00pm	GAC
41536	4/13	MW	5:20pm	GAC
41533	4/14	Tu	5:20pm	GAC
41534	4/16	Th	4:40pm	GAC
41530	4/25	Sa	9:00am	GAC*
41531	4/25	Sa	10:20am	GAC*
41527	4/25	Sa	11:40am	GAC*
41528	4/25	Sa	12:20pm	GAC*
41529	4/26	Su	10:20am	GAC*
41532	4/26	Su	11:40am	GAC*
41537	5/6	WM	5:20pm	GAC*
41830	6/15	MW	6:00pm	GAC
41829	6/21	Su	11:40am	GAC
41835	6/16	TuTh	7:15pm	WP
41831	6/20	Sa	9:00am	WP
41832	6/20	Sa	10:20am	WP
41833	6/21	Su	9:00am	WP
41834	6/21	Su	9:40am	WP

* No classes Saturday, May 16, Sunday, May 17 and Monday, May 25

CLASS LOCATION:

GAC	Gaithersburg Aquatic Center
WP	Water Park



YOUTH LEVEL I - GUPPIES

This is the beginning class for children ages 5 to 13 years old. Students must function well in a group setting without parents, since parents DO NOT accompany children. Objectives: to introduce beginning students to basic personal water safety and help them develop comfort in the aquatic environment by teaching them elementary swimming skills.

Age: 5 - 13 years

Length: 30 minutes

41553	4/13	MW	4:40pm	GAC
41554	4/13	MW	5:20pm	GAC
41549	4/14	Tu	4:40pm	GAC
41550	4/14	Tu	6:00pm	GAC
41551	4/16	Th	4:40pm	GAC
41552	4/16	Th	5:20pm	GAC
41539	4/25	Sa	9:00am	GAC*
41540	4/25	Sa	9:40am	GAC*
41541	4/25	Sa	10:20am	GAC*
41542	4/25	Sa	11:00am	GAC*
41543	4/25	Sa	11:40am	GAC*
41544	4/26	Su	9:40am	GAC*
41545	4/26	Su	10:20am	GAC*
41546	4/26	Su	11:00am	GAC*
41547	4/26	Su	11:40am	GAC*
41548	4/26	Su	12:20pm	GAC*
41555	5/ 6	WM	4:40pm	GAC*
41556	5/ 6	WM	5:20pm	GAC*
41850	6/15	MW	5:20pm	GAC
41847	6/16	TuTh	4:40pm	GAC
41848	6/16	TuTh	5:20pm	GAC
41849	6/16	TuTh	6:00pm	GAC
41843	6/20	Sa	11:20am	GAC
41844	6/20	Sa	12:40pm	GAC
41845	6/21	Su	11:00am	GAC
41846	6/21	Su	12:20pm	GAC
41857	6/15	MW	7:15pm	WP
41858	6/15	MW	7:55pm	WP
41859	6/16	TuTh	7:15pm	WP
41860	6/16	TuTh	7:55pm	WP
41851	6/20	Sa	9:00am	WP
41852	6/20	Sa	9:40am	WP
41853	6/20	Sa	10:20am	WP
41854	6/21	Su	9:00am	WP
41855	6/21	Su	9:40am	WP
41856	6/21	Su	10:20am	WP

YOUTH LEVEL II - MINNOWS

This class is for children ages 5 to 13 years old. On the first day of class, students must be able to: Bob 5 times, float on their front and back and recover independently, and perform a front glide for a distance twice their body length. Objectives: to improve success in completing elementary water skills and develop simultaneous/ alternating arm and leg actions, which will create a strong foundation for learning future strokes.

Age: 5 - 13 years

Length: 30 minutes

41576	4/13	MW	4:40pm	GAC
41573	4/14	Tu	4:40pm	GAC
41574	4/14	Tu	6:00pm	GAC
41575	4/16	Th	4:40pm	GAC
41566	4/25	Sa	9:00am	GAC*
41567	4/25	Sa	9:40am	GAC*
41568	4/25	Sa	10:20am	GAC*
41569	4/25	Sa	11:00am	GAC*
41570	4/26	Su	9:40am	GAC*
41571	4/26	Su	11:00am	GAC*
41572	4/26	Su	11:40am	GAC*
41577	5/ 6	MW	4:00pm	GAC*
41578	5/ 6	MW	5:20pm	GAC*
41888	6/15	MW	5:20pm	GAC
41889	6/15	MW	6:00pm	GAC
41886	6/16	TuTh	4:40pm	GAC
41887	6/16	TuTh	5:20pm	GAC
41882	6/20	Sa	11:20am	GAC
41883	6/20	Sa	12:00pm	GAC
41884	6/20	Sa	12:40pm	GAC
41885	6/21	Su	11:40am	GAC
41890	6/15	MW	7:15pm	WP
41891	6/16	TuTh	7:15pm	WP

YOUTH LEVEL III - SEAHORSES

This class is for children ages 5 to 13 years old who have successfully completed the Minnows class. On the first day of class, students must be able to: Bob 5 times, float on their front and back and recover independently, perform a front glide for a distance twice their body length, swim front crawl for 5 yards and swim on their backs for 5 yards. Objectives: to build on basic swimming skills by increasing knowledge of the technical aspects of swimming and teach students specific aspects of breath control. Students will learn skills necessary to increase their endurance in swimming front crawl and back crawl.

Age: 5 - 13 years

Length: 30 minutes

41594	4/13	MW	4:40pm	GAC
41595	4/13	MW	6:00pm	GAC
41593	4/16	Th	6:00pm	GAC
41587	4/25	Sa	9:00am	GAC*
41588	4/25	Sa	10:20am	GAC*
41589	4/25	Sa	11:00am	GAC*
41590	4/25	Sa	12:20pm	GAC*
41591	4/26	Su	9:40am	GAC*
41592	4/26	Su	10:20am	GAC*
41596	5/ 6	WM	4:00pm	GAC*
41597	5/ 6	WM	6:00pm	GAC*
41911	6/15	MW	4:40pm	GAC
41910	6/20	Sa	12:40pm	GAC
41915	6/15	MW	7:55pm	WP
41916	6/16	TuTh	7:55pm	WP
41912	6/20	Sa	9:00am	WP
41913	6/20	Sa	10:20am	WP
41914	6/21	Su	10:20am	WP

* No classes Saturday, May 16, Sunday, May 17 and Monday, May 25

YOUTH LEVEL IV - DOLPHINS

This class is for children ages 6 to 13 years old who have successfully completed the Seahorses class. On the first day of class, students must be able to: Swim the front crawl with rotary breathing for 15 yards, swim the back crawl for 15 yards and swim elementary backstroke for 15 yards. Objectives: to introduce the basics of breaststroke, continue strengthening endurance in swimming front crawl and back crawl and help students master the technical aspects of swimming.

Age: 5 - 13 years

Length: 30 minutes

41599	4/13	MW	4:00pm	GAC
41604	4/25	Sa	9:00am	GAC*
41603	4/25	Sa	11:00am	GAC*
41602	4/25	Sa	11:40am	GAC*
41601	4/25	Sa	12:20pm	GAC*
41600	4/26	Su	9:40am	GAC*
41598	5/ 6	WM	4:40pm	GAC*
41932	6/16	TuTh	4:40pm	GAC
41931	6/20	Sa	12:00pm	GAC
41935	6/15	MW	7:15pm	WP
41933	6/20	Sa	9:00am	WP
41934	6/21	Su	10:20am	WP

YOUTH LEVEL V - WHALES

This class is for children ages 6 to 13 years old who have successfully completed the Dolphins class. On the first day of class, students must be able to: Swim the front crawl, back crawl and elementary backstroke for 25 yards each, and swim breaststroke for 15 yards. Objectives: to improve breaststroke technique, introduce basic butterfly skills, refine the performance of previously learned strokes, and continue to build endurance to prepare students for the next swim lesson instructional level.

Age: 6 - 13 years

Length: 30 minutes

41606	4/25	Sa	9:40am	GAC*
41607	4/25	Sa	11:40am	GAC*
41608	4/26	Su	9:40am	GAC*
41605	5/ 6	WM	4:40pm	GAC*
41944	6/15	MW	4:40pm	GAC
41947	6/16	TuTh	7:15pm	WP
41945	6/20	Sa	9:40am	WP
41946	6/21	Su	9:00am	WP

YOUTH LEVEL VI - SHARKS

This class is for children ages 6 to 13 years old who have successfully completed the Whales class. On the first day of class, students must be able to: Swim the front crawl, back crawl, and elementary backstroke for 50 yards each and swim breaststroke for 25 yards. Objectives: to master each stroke in its entirety, as well as prepare students for a future in various aquatic activities, such as stroke and turn clinics, swim team or lifeguard training courses.

Age: 6 - 13 years

Length: 30 minutes

41609	4/25	Sa	12:20pm	GAC*
41955	6/20	Sa	11:20am	GAC

ADULT BEGINNER SWIM LESSONS

This course is geared toward the non-swimming teen and adult. Prerequisite skills: No prior swimming experience is necessary. Objectives: to develop comfort in the water and learn the basics of swimming. Skills taught include floating, breathing and the fundamentals of swimming strokes.

Age: Teen and Adult

Length: 30 minutes

41611	4/14	Tu	7:45pm	GAC
41612	4/16	Th	7:00pm	GAC
41610	4/25	Sa	10:20am	GAC*
41960	6/16	Tu	7:45pm	GAC
41961	6/18	Th	7:00pm	GAC
41959	6/20	Sa	12:00pm	GAC
41964	6/15	MW	7:55pm	WP
41962	6/20	Sa	9:40am	WP
41963	6/21	Su	9:40am	WP

ADULT INTERMEDIATE SWIM LESSONS

This course is geared toward teens and adults who can already swim and are looking to expand or perfect their knowledge of the different strokes. Prerequisite skills: Comfort in deep water. Objectives: To help adults reach their personal swimming goals.

Age: Teen and Adult

Length: 30 minutes

41614	4/14	Tu	7:00pm	GAC
41615	4/16	Th	7:45pm	GAC
41613	4/26	Su	10:20am	GAC*
41970	6/16	Tu	7:00pm	GAC
41971	6/18	Th	7:45pm	GAC
41969	6/20	Sa	12:40pm	GAC



COMPETITIVE STROKE AND TURN CLINIC

A 6-session program designed to prepare young and new swimmers for swim team training. Emphasis will be on developing all four competitive strokes, starts and turns. Registrants must be able to swim 2 lengths on their front without stopping, and one length of backstroke

Age: 6 - 13 years

Length: 1 hour

41616	4/13	M	4:00pm	GAC	6
41618	4/15	W	4:00pm	GAC	6

Fees:\$55 Members/\$62 Nonmembers

* No classes Saturday, May 16, Sunday, May 17 and Monday, May 25

WATER EXERCISE

DEEP WATER WORKOUT

A no-impact, but challenging workout, designed to burn fat, increase cardiovascular fitness, range of motion and muscle tone. This workout is perfect for anyone who prefers a NO-impact workout that is physically challenging yet gentle on the joints. Participants use water flotation belts and Styrofoam barbells. You do not have to be a strong swimmer; however a comfort level in deeper water is a must.

Age: 16 to Adult

Length: 45 minutes

41521 4/7 Tu 7:45pm GAC 7 \$44*

41522 4/9 Th 6:45pm GAC 7 \$44*

* Aquatic Members pay \$39

Members are patrons with a valid membership.

SHALLOW (CHEST DEEP) WATER WORKOUT

A low impact but high intensity water class where no swimming skills are needed. Exercises are performed in water that is chest deep and are designed to improve your fitness level from head to toe. Let the resistance of the water cushion your feet, knees and back while you improve your flexibility, strength, range of motion and muscle tone. These exercises are appropriate for all ages and are effective and easy to follow.

Age: 16 to Adult

Length: 45 minutes

41523 4/7 Tu 6:45pm GAC 7 \$44*

41524 4/9 Th 7:45pm GAC 7 \$44*

* Aquatic Members pay \$39

Members are patrons with a valid membership.



LIFEGUARD TRAINING



LIFEGUARD TRAINING

The American Red Cross Lifeguard Training course certifies you in Lifeguard Training, CPR/AED for the Professional Rescuer, and First Aid. Students must be 15 years old by the last day of the course (proof of age required) and pass a pre-screen test (300 yard continuous swim with rhythmic breathing using either front crawl or breast; 10 lbs brick retrieval within one minute, forty seconds) and tread water using legs only for two minutes on the first day in order to take class. Contact the Aquatic Office (301-258-6445 or aquatics@gaithersburgmd.gov) for more details. If you do not pass the pre-screen, you will be issued a full refund. Space is very limited. On certain days, class may be split between two locations. Transportation is the responsibility of the student. A detailed Course Schedule/Syllabus is provided on the first day of class. Students MUST attend all scheduled class sessions.

Age: 15 to Adult

41482 Thursday 4/2 6:30-8pm GAC

Saturday 4/4 9-4pm

Monday 4/6 9-4pm

Tuesday 4/7 9-4pm

Thursday 4/9 9-4pm

Friday 4/10 9-4pm

Final Skills Test by Appointment

FEES (including materials)

\$185 Members / \$195 Nonmembers

LIFEGUARD TRAINING & CPR/AED RE-CERTIFICATION

This course is a review course for those who need to renew their lifeguard training, CPR/AED and First Aid certification. The class is a very intense review. 100% attendance is mandatory. Participants must come to each class prepared with CURRENT lifeguard card, lifeguard book and CPR masks. (Books and masks are available for purchase at the first class.) Students registering for a re-certification class must present their American Red Cross certification card at the first class. Certifications must be current in order to participate in a re-certification class.

Age: 15 to Adult

Length: 4 hours

41484 Saturday 3/21 1-5pm ACBP

Sunday 3/22 9-5pm GAC

FEES (including materials)

\$115 Members / \$125 Nonmembers

CREATIVE TOT TIME

CASEY COMMUNITY CENTER
810 S. Frederick Ave.

SUMMER REGISTRATION

Creative Tot Time provides a warm, loving environment where children, three to five years of age, will enjoy music, story time, arts & crafts, and show & tell. The summer program meets twice a week and has 12 sessions. Fees are due in full at time of registration.

A copy of the child's birth certificate is required at time of registration.

Registration is ongoing.

Ages 3 & 4 as of December 31, 2014

1 Mon./Wed., June 22 – July 29	41212
2 Tue./Thu., June 23 – July 30	41214

Ages 4 & 5 as of December 31, 2014

3 Mon./Wed., June 22 – July 29	41213
4 Tue./Thu., June 23 – July 30	41215

\$160 Residents /\$195 Nonresidents

SCHOOL YEAR 2015 – 2016

Creative Tot Time provides a warm, loving environment where three and four year olds can enjoy music and story time, arts and crafts, show and tell, and fun field trips.

Registration is ongoing.

25% of class fee is due now. Beginning August 1, 50% will be due. There is a \$35 cancellation fee.

3-Year Old Classes:

(Children born between Sept. 1, 2011 – Sept. 1, 2012)

\$700 Residents/\$825 Nonresidents

41209	9/8	T/TH	9:00-11:30 am	Casey-B
41208	9/8	T/TH	9:00-11:30 am	Casey-D

4-Year Old Classes:

(Children born on or before Sept. 1, 2011)

\$975 Residents/\$1,150 Nonresidents

41210	9/9	M/W/F	9:00-11:30 am	Casey-B
41211	9/9	M/W/F	9:00-11:30 am	Casey-D

More information: Katie Gleeson at 301-258-6366
or kgleeson@gaitersburgmd.gov



PRESCHOOL & YOUTH CLASSES

Dance

NEW CREATIVE MOVEMENT FOR PARENT AND ME

In this adult-accompanied creative movement class, dance, music and story telling are used to develop body awareness, creative expression and musicality. Little dancers will explore the basic principles of dance through stimulating play that uses scarves, ribbon rings, hoops and musical instruments.

Age: 2 - 3 years

Length: 45 minutes

41757 4/16 Th 9:30am CCC 8 \$72(R)/\$79(N) Da Costa Lima

CREATIVE DANCE

Introduces children to the three elements of dance - energy, space and time - in a fun, image-oriented environment. Motor, spatial, cognitive and social skills are taught. Parents do not attend, however are invited to observe the last class.

Age: 3 - 5 years

Length: 45 minutes

41761	4/15	W	10:40am	CCC 8	\$72(R)/\$79(N)	Meetze
41763	4/18	Sa	10:15am	CCC 7	\$63(R)/\$70(N)	Nerud

(R) Resident / (N) Nonresident

CLASS LOCATION:

CCC Casey Community Center

CLASSES WILL NOT BE HELD:

May 23 – 25 for Memorial Day weekend.
For Spring Break, please check with your instructor.



INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.



SUMMER GYMNASTICS CLINICS

Children will learn skills on the bars and balance beam, in vaulting and tumbling. Skills are taught in a safe progressive order to build strength, flexibility and confidence. Participants should wear a t-shirt and shorts or a leotard and have bare legs and feet. Clinics are open to new and continuing students.

June 16 – June 25

\$89 (R) / \$99 (N)

Activity Center at Bohrer Park, 506 S. Frederick Ave.

5 – 7 years old by the first day of program
40625 Tu/We/Th 5:30 – 7 p.m.

8 – 15 years old by the first day of program
40626 Tu/We/Th 7 – 8:30 p.m.

Supervisor: Denise Mornini x119

Physical Activities

THUNDER TAEKWONDO WEE-DRAGON FOR PARENT AND ME

This program is for children ages 1 through 2 years of age. It is specifically designed to build a mutual interest in fitness alongside the parents. We will highlight the development of focus skills, motor skills and communication skills while engaging in basic martial art techniques.

Age: 1 - 2 years

Length: 45 minutes

41712 4/17 F 12:15pm CCC 6 \$73(R)/\$80(N) Criollo

THUNDER TAEKWONDO TINY DRAGONS

This program for 2 to 4 year old children is specifically designed to improve focus skill, motor skills and attention span in order to perform daily life tasks, as well as develop basic Taekwondo techniques.

Age: 2.5 years - 4 years

Length: 45 minutes

41710 4/13 M 10:00am CCC 6 \$73(R)/\$80(N) Criollo

Don't Miss The Boat!

Nothing cancels a good class quicker than waiting until the last minute to register.

If there aren't enough registrations by a certain date, the course may be cancelled.

REGISTER EARLY!

PRE-K GYMNASTICS

This fun filled class introduces your child to basic gymnastics skills. While they tumble, crawl and balance they also develop self-esteem, social skills and listening skills. In this class the children learn how to use a wide range of gymnastics equipment as well as small props such as hoops, bean bags and balls. Parents do not attend, however are invited to observe the last class.

Age: 3 - 5 years

Length: 45 minutes

41759 4/16 Th 10:30am CCC 8 \$72(R)/\$79(N) Da Costa Lima
41760 4/18 Sa 11:15am CCC 7 \$63(R)/\$70(N) Da Costa Lima

GYMNASTICS

Learn skills on the bars and balance beam, in vaulting and tumbling. Skills are taught in a safe, progressive order to build strength, flexibility and confidence. Participants should wear a t-shirt and shorts or a leotard, and have bare legs and feet. Parents do not attend, but are invited to observe the last class.

Length: 1 hour

5-7 years

41139 4/18 Sa 9:00am ACBP 6 \$58(R)/\$65(N) Mongelli
41140 4/18 Sa 11:00am ACBP 6 \$58(R)/\$65(N) Mongelli
41141 4/14 Tu 5:30pm ACBP 8 \$77(R)/\$84(N) Mongelli
41145 4/14 Tu 6:30pm ACBP 8 \$77(R)/\$84(N) Mongelli

8-15 years

41142 4/18 Sa 10:00am ACBP 6 \$58(R)/\$65(N) Mongelli
41143 4/14 Tu 5:30pm ACBP 8 \$77(R)/\$84(N) Mongelli
41144 4/14 Tu 6:30pm ACBP 8 \$77(R)/\$84(N) Mongelli

NEW BATON

Participate in a fun class where you learn the fundamentals of baton twirling. Baton twirling is a unique sport that emphasizes performance skills through dance and movement, increases hand-eye coordination, flexibility and strength, and is a great way to get fit while having fun. Classes are taught by a former twirling champion and coach of many years. Bring \$25 to the first class to purchase a baton.

Length: 1 hour

6-8 years

41151 4/13 M 5:30pm ACBP 7 \$69(R)/\$76(N) Samuels

9-12 years

41152 4/13 M 6:30pm ACBP 7 \$69(R)/\$76(N) Samuels

POM/CHEER PREP

Get ready for upcoming high school tryouts in this class that teaches the fundamental movements needed for any pom or cheerleading team: dance, flexibility, skills and more.

Length: 1 hour

8-11 years

41160 4/16 Th 5:00pm ACBP 8 \$79(R)/\$86(N) Friedeman

12-18 years

41159 4/16 Th 4:00pm ACBP 8 \$79(R)/\$86(N) Friedeman

(R) Resident / (N) Nonresident

CLASS LOCATION:

AB Arts Barn
ACBP Activity Center at Bohrer Park
CCC Casey Community Center
FH Kicks Karate, Flower Hill Way
QO Kicks Karate, Darnestown Road
SC Gaithersburg Upcounty Senior Center

KARATE - TANG SOO DO YOUTH

Give your child the gift of confidence! Program can help your child improve self-discipline, develop better concentration and even improve school grades. Fee includes uniform. This is an introductory rate. Continuation after the trial session is only offered by Kicks Karate at an increased fee. Please note: Classes are held at the Flower Hill Shopping Center, 18226 Flower Hill Way and in Quince Orchard at The Shops at Potomac Valley, 12105 Darnestown Rd.

4-6 yrs, 30 minutes

41724	4/14	TuTh	4:00pm	FH	10	\$85(R)/\$92(N)	Kicks
41725	4/13	MW	6:00pm	FH	10	\$85(R)/\$92(N)	Kicks
41726	4/13	MW	6:00pm	QO	10	\$85(R)/\$92(N)	Kicks
41727	4/14	TuTh	5:00pm	QO	10	\$85(R)/\$92(N)	Kicks
41728	4/13	MW	3:00pm	QO	10	\$85(R)/\$92(N)	Kicks
41733	5/26	TuTh	4:00pm	FH	10	\$85(R)/\$92(N)	Kicks
41734	5/25	MW	6:00pm	FH	10	\$85(R)/\$92(N)	Kicks
41735	5/25	MW	6:00pm	QO	10	\$85(R)/\$92(N)	Kicks
41736	5/26	TuTh	5:00pm	QO	10	\$85(R)/\$92(N)	Kicks
41737	5/25	MW	3:00pm	QO	10	\$85(R)/\$92(N)	Kicks

7-12 yrs, 50 minutes

41729	4/14	TuTh	6:00pm	FH	10	\$95(R)/\$102(N)	Kicks
41730	4/13	MW	4:00pm	FH	10	\$95(R)/\$102(N)	Kicks
41731	4/13	MW	4:00pm	QO	10	\$95(R)/\$102(N)	Kicks
41732	4/14	TuTh	6:00pm	QO	10	\$95(R)/\$102(N)	Kicks
41738	5/26	TuTh	6:00pm	FH	10	\$95(R)/\$102(N)	Kicks
41739	5/25	MW	4:00pm	FH	10	\$95(R)/\$102(N)	Kicks
41740	5/25	MW	4:00pm	QO	10	\$95(R)/\$102(N)	Kicks
41741	5/26	TuTh	6:00pm	QO	10	\$95(R)/\$102(N)	Kicks

ZUMBA KIDS

Zumba Kids is exercise in disguise! Kids love to crank up the music, shake, wiggle, and have a blast with their friends. This class keeps kids engaged, reduces stress, gets the heart pumping, and makes them smile. In every class we learn a new dance, play dance games, and learn steps from around the world. Please bring a water bottle.

Age: 6 - 11 years

Length: 1 hour

41768	4/18	Sa	9:00am	CCC	7	\$35(R)/\$42(N)	McManaman
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CLASSES WILL NOT BE HELD:
 May 23 – 25 for Memorial Day weekend.
 For Spring Break, please check with your instructor.

Personal Development

CREATIVE WRITING

Creative Writing is a fantastic way for children to put their imagination to work in the form of a written story. Using the elements of story telling with creative exercises each student will complete a story by the end of the session. Maybe the next Michael Chabon or Amy Tan will emerge. Bring your laptop or tablet.

Age: 13 - 17 years

Length: 1 hour

41787	4/13	M	6:00pm	SC	6	\$54(R)/\$61(N)	Karson
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STEM (Science/Tech/Engineering/Math)

NEW ROBOTICS:

INTRODUCTION TO LEGO ROBOTICS

Life is more FUN with robots! Learn by doing with a certified STEM educator from Get Into STEM. This STEM based class is designed to provide students with an exciting hands-on introduction to robotics using the LEGO® Mindstorms™ EV3 system. Participants (in groups of 2-3) will build and program an autonomous robot to complete a pre-designed task. Hardware and software needed for the class will be provided; participants can bring in a flash drive to save their programs for future use.

Class registration fees are non-refundable.

Length: 3 hours and 15 minutes

9-11 years

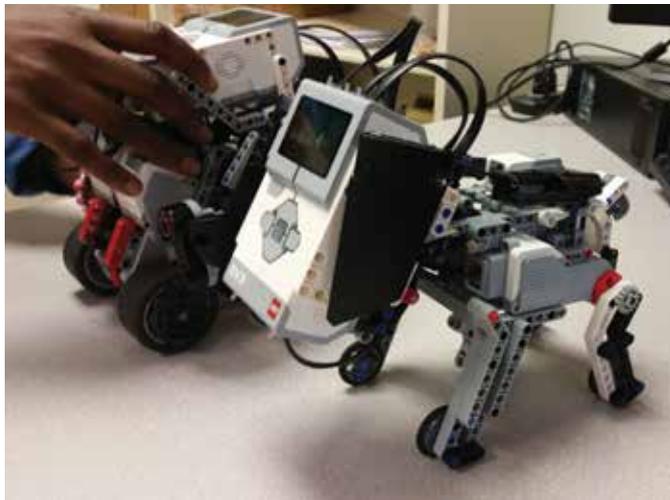
41779	4/15	WTh	4:30pm	AB	2	\$140(R)/\$147(N)	Adetoro
41781	5/6	WTh	4:30pm	SC	2	\$140(R)/\$147(N)	Adetoro

12-14 years

41780	4/22	WTh	4:30pm	SC	2	\$140(R)/\$147(N)	Adetoro
41782	5/13	WTh	4:30pm	SC	2	\$140(R)/\$147(N)	Adetoro

10-14 years - 7 hours

41783	4/18	Sa	10:00am	AB	1	\$140(R)/\$147(N)	Adetoro
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INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.



Dance

BALLET 1

Classes provide the opportunity to learn or further one's knowledge of the academic and classical ballet. An understanding of body movement, alignment, expression, grace and deportment are gained. Ballet training provides the foundation for tap, jazz and other theatrical dance forms.

Age: 6.5 years - 10 years

Length: 1 hour

41774 4/18 Sa 11:00am CCC 7 \$69(R)/\$76(N) Nerud



BALLET FOR TEENAGE BEGINNERS

Did your desire to dance just blossom? It's never too late to learn barre exercises, basic floor combinations and dance terminology. Ballet is the foundation for many theatrical dance forms.

Age: 13 - 19 years

Length: 1 hour

41755 4/16 Th 4:15pm CCC 8 \$79(R)/\$86(N) Meetze

**SUMMER
CONCENTRATED BALLET CAMP**

Pre-pointe and pointe students will have an intense 90 minute ballet class. Program includes an introduction to musical form and dance history. Prerequisite is a minimum of four years of ballet training.

11 – 18 years old by the first day of program

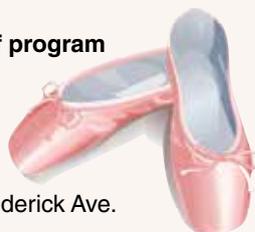
Mon., June 15 – Fri., June 19

5:30 – 8:30 p.m.

\$149 (R) / \$159 (N)

Activity: 40624

Casey Community Center, 810 S. Frederick Ave.
Supervisor: Denise Mornini x119



SUMMER DANCE CAMP

This innovative camp is designed to offer students an opportunity to sample ballet, tap, jazz, modern, and hip-hop. Students will learn some dance history and tales of various ballets. Camp is open to new and continuing students. Register early. There are a limited number of openings.

6 – 11 years old by the first day of program

Mon., June 15 – Fri., June 19

9 a.m. – Noon

\$139 (R) / \$149 (N)

Activity: 40623

Casey Community Center, 810 S. Frederick Ave.

Supervisor: Denise Mornini x119



CONTEMPORARY DANCE MOVES

This class is designed for dance students who want to perform dance routines to popular and Latin music. Learn elements of dance technique while getting a great workout. This energetic class inspires confidence and will give students the chance to create choreography of their own.

Age: 7 - 10 years

Length: 1 hour

41758 4/18 Sa 12:30pm CCC 7 \$69(R)/\$76(N) Da Costa Lima

HIPHOP - AGES 6-9

Explore the different street, club and pop culture styles of HipHop with age appropriate music and moves. This class focuses on isolations, body coordination and musicality. Elements of 'freestyle' dance will be included.

Age: 6 - 9 years

Length: 1 hour

41162 4/16 Th 6:00pm ACBP 8 \$79(R)/\$86(N) Friedeman

HIPHOP - AGES 10-18

Explore the different street, club and pop culture styles of HipHop, focusing on isolations, body coordination and musicality using today's HipHop, R&B and Old School styles. Students build technical skills and freestyle ability. They master HipHop choreography and basic break dance elements.

Age: 10 - 18 years

Length: 1 hour

41163 4/16 Th 7:00pm ACBP 8 \$79(R)/\$86(N) Friedeman

Note: Most youth dance classes are continuing from the winter. A selection of dance classes will be offered in the summer, and a full complement will be offered again in the fall.

CLASS LOCATION:

ACBP Activity Center at Bohrer Park

CCC Casey Community Center

LMS Lakelands Park Middle School

CLASSES WILL NOT BE HELD:

May 23 – 25 for Memorial Day weekend.

For Spring Break, please check with your instructor.

TEEN AN ADULT CLASSES

Dance

BALLET, TEEN & ADULT

Class consists of barre work, center floor and combinations. Designed for new students and those refreshing their abilities after a few years away.

Age: 16 to Adult

Length: 1 hour

41751 4/15 W 9:30am CCC 8 \$79(R)/\$86(N)/\$40(S) Meetze
41752 4/15 W 6:30pm CCC 8 \$79(R)/\$86(N)/\$40(S) Meetze

BALLROOM ESSENTIALS

Don't just survive the dance floor...become comfortable! A seasoned instructor takes you through the basic art of leading, following and music recognition (which steps go with which music). Last class will be a dance party to apply what you've learned. Welcome singles!

Age: 16 to Adult

Length: 1 hour

41192 4/14 Tu 7:30pm CCC 8 \$79(R)/\$86(N)/\$40(S) Wherry
41193 4/16 Th 6:30pm LMS 8 \$79(R)/\$86(N)/\$40(S) Wherry

NEW BELLY DANCE - BEGINNING

Learn to shimmy in style in this introduction to the beautiful art of belly dance. You'll practice foundation movements for the hips, torso, arms, and head, all while dancing to the latest music from the Middle East, North Africa, and the Mediterranean. Ananke breaks down each movement in easy to follow progressions. No experience required. Two left feet okay!

Age: 16 to Adult

Length: 1 hour

41980 4/15 W 7:30pm CCC 8 \$72(R)/\$79(N)/\$36(S) Ananke

BELLY (MID EASTERN) DANCING - INTERMEDIATE

The ancient art form that traditionally adorns celebrations in North Africa and the Middle East. Technique depends on fine muscle control of the torso, arms, and hips on the interpretation of intricate music. Students are required to have finger cymbals, which may be purchased at the first class for \$20 and to have some previous belly dance experience.

Age: 16 to Adult

Length: 1 hour

41721 4/15 W 6:30pm CCC 8 \$72(R)/\$79(N)/\$36(S) Ananke

BELLY DANCE FOR SELF- EXPRESSION

Honor and celebrate your feminine beauty exactly as you are! Dancers of all shapes and sizes learn how to combine traditional moves with Middle Eastern and pop music to joyfully entertain. Beginners welcome. Belly baring is optional.

Age: 16 to Adult

Length: 1 hour

41719 4/14 Tu 7:30pm LMS 8 \$72(R)/\$79(N)/\$36(S) Basane

**Appropriate dance footwear
must be worn for dance classes.
No rubber soles, flip flops, or slides please.**

(R) Resident / (N) Nonresident / (S) Senior



LATIN SOCIAL DANCE - INTRODUCTION

Learn the basics of Merengue, Cha Cha Cha and Salsa with simple turns and footwork. Successive classes build upon previous week's work. Neither experience nor partners are necessary. Instructor Eileen Torres has taught thousands to dance over a 35 year career. Welcome singles!

Age: 16 to Adult

Length: 55 minutes

41717 4/15 W 7:35pm CCC 8 \$79(R)/\$86(N)/\$40(S) Torres

SALSA - INTERMEDIATE

Achieve the look of a lifetime native dancer as you learn the footwork, turns, and patterns appropriate for the energy of each song. Successive classes build upon previous week's work. Instructor Eileen Torres has taught thousands to dance over a 35 year career. Welcome singles!

Age: 16 to Adult

Length: 55 minutes

41718 4/15 W 8:35pm CCC 8 \$79(R)/\$86(N)/\$40(S) Torres

COUNTRY WESTERN SAMPLER

Country 2-Step, Country Waltz, Country Cha Cha...and more. Put your boots on and join our new dance instructor, Amanda Stearns, on the dance floor. You don't need a twang to get the hang of Country Dancin'! Welcome singles!

Age: 16 to Adult

Length: 1 hour

41722 4/19 Su 2:00pm CCC 5 \$49(R)/\$56(N)/\$35(S) Stearns

WEST COAST SWING

The DC area is teeming with places to jump, jive and wail on the dance floor. Want to get that happy elastic connection moving with your partner to blues, pop, hip-hop, country, or rock and roll? Learn the fundamental patterns, the etiquette of dancing on a crowded floor, and when to cut loose and improvise. Welcome singles!

Age: 16 to Adult

Length: 1 hour

41723 4/19 Su 3:00pm CCC 5 \$49(R)/\$56(N)/\$35(S) Stearns

Fitness

BARREFIT

The old-school ballet barre gets a boost with a blend of dance technique, strength and stretch moves, and no-impact cardio. This ballet-inspired, full-body workout is easy to follow and designed to get you to move in a way that is flowing, strong and graceful. No previous ballet experience necessary. Fun and effective for all body types.

Age: 18 to Adult

Length: 1 hour

41772 4/16 Th 10:35am CCC 5 \$45(R)/\$52(N)/\$35(S) Lieder
 41773 5/21 Th 10:35am CCC 4 \$36(R)/\$43(N)/\$35(S) Lieder

BONE BUILDERS

Bone Builders is a free volunteer-led exercise program offered for ages 55+, in partnership with Montgomery County Department of Health and Human Services, Recreation, and the RSVP volunteer program. Participants lift ankle weights and hand weights to increase bone density in this evidence-based program. Bone Builders has a strict attendance policy: participants must consistently attend twice per week to maintain their places in class Other similar, affordable, easily transitional offerings are available at the Gaithersburg Upcounty SC and County Recreation Centers.

Age: 35 years and up

Length: 1 hour

41434 4/20 MW 10:00am ACBP 13 Free(R)/Free(N) Snay

BOOTCAMP FOR BOOMERS

No Frills Drills - Safely challenge your body to the limit with a high-energy mix of resistance training, floorwork, and cardio training without fancy choreography. Work all major muscle groups in a no-fuss, no-excuses format. Bring a large exercise ball.

Age: 16 to Adult

Length: 45 minutes

41158 4/16 Th 7:00pm ACBP 8 \$56(R)/\$63(N)/\$35(S) Smith



CORE STRENGTH

You think this is all sit-ups? Think again! This core workout develops, strengthens, and tones muscles attached to the hips, pelvis, lower back, and front and side abdominals. Bring a mat and towel. (The towel will be used as a tool during class.)

Age: 16 to Adult

Length: 30 minutes

41744 4/13 MW 6:25pm LMS 15 \$75(R)/\$82(N)/\$38(S) Brouillette
 41745 4/13 M 6:25pm LMS 7 \$35(R)/\$42(N)/\$35(S) Brouillette
 41746 4/15 W 6:25pm LMS 8 \$40(R)/\$47(N)/\$35(S) Brouillette

STEP ROCKS!

Athletic, high-octane combinations set to motivating, current music create a fun and effective full-body workout. Class consists of a warm up, upper body muscle toning using hand weights, cardiovascular work with specific training objectives, abdominals and a cool down/stretch sequence. Students are encouraged to bring their own steps, mats, and hand weights, though a limited number are available for loan by arrangement with Nancy at 301-990-1846.

Age: 16 to Adult

Length: 1 hour

41747 4/13 MW 7:00pm LMS 15 \$105(R)/\$112(N)/\$53(S) Brouillette
 41748 4/13 M 7:00pm LMS 7 \$49(R)/\$56(N)/\$35(S) Brouillette
 41749 4/15 W 7:00pm LMS 8 \$56(R)/\$63(N)/\$35(S) Brouillette



HIGH-INTENSITY INTERVAL TRAINING (H.I.T.)

Interval endurance training for the athletic adult. Warm up, then go into high-intensity bursts (run or power walk, interspersed with recovery periods using other muscle groups) followed by balance challenges, flexibility with long sticks (provided) or floor work.

Age: 18 to Adult

Length: 1 hour

41184	4/7	Tu	9:15am	ACBP 10	\$70(R)/\$77(N)/\$35(S)	Mornini
41185	4/9	Th	9:15am	ACBP 9	\$63(R)/\$70(N)/\$35(S)	Mornini
41186	4/7	TuTh	9:15am	ACBP 19	\$133(R)/\$140(N)/\$67(S)	Mornini

NEW

WARRIOR FITNESS & MMA BOOTCAMP

Designed for those seeking an intense fitness regimen, this program is a combination of fitness bootcamp with martial arts drills run by Olympic-accredited black belt coaches. Classes may be held indoors and/or outdoors in Bohrer Park. No senior discount for registration fee.

Age: 16 to Adult

Length: 1 hour

41775	4/18	Sa	9:00am	ACBP 4	\$40(R)/\$47(N)	Abraham
41776	5/30	Sa	9:00am	ACBP 4	\$40(R)/\$47(N)	Abraham

LOW IMPACT AEROBIC FITNESS & DANCE

Become healthier and more fit while having fun and improving your cardiovascular fitness. Includes warm-up, stretching, dancing and cool-down. No previous dance experience necessary. Bring a mat and handweights up to 2 lbs.

Age: 18 to Adult

Length: 1 hour

41769	4/14	Tu	9:30am	CCC 9	\$72(R)/\$79(N)/\$36(S)	Lieder
41770	4/16	Th	9:30am	CCC 9	\$72(R)/\$79(N)/\$36(S)	Lieder
41771	4/14	TuTh	9:30am	CCC 18	\$144(R)/\$151(N)/\$72(S)	Lieder

ZUMBA

Our goal is simple: Love your workout! Zumba features interval dance sessions that combine fast and slow rhythms to maximize fat burning. Learn the Tango, Salsa, Cumbia and Reggaeton. We'll add some Latin flavor and international zest into the mix while you experience an hour of body-energizing, stress-relieving fun. Join the Zumba Fitness Party!

Age: Teen and Adult

Length: 1 hour

41175	4/13	M	6:30pm	ACBP 7	\$35(R)/\$42(N)/\$35(S)	Ford
41178	4/15	W	6:45pm	ACBP 8	\$40(R)/\$47(N)/\$35(S)	Ford
41177	4/17	F	6:30pm	CCC 2	\$10(R)/\$12(N)/\$10(S)	Edghill
41176	4/18	Sa	9:00am	CCC 7	\$35(R)/\$42(N)/\$35(S)	Turner

ZUMBA FUSION 101

Zumba and Toning all in one hour. Zumba Fusion 101 is an excellent introduction to Zumba! It features interval dance and toning choreography that combines slower rhythms and more basic choreography to maximize fat burning while building muscle. Zumba Fusion is for those new to fitness.

Age: Teen and Adult

Length: 1 hour

41742	4/15	W	10:35am	CCC 8	\$40(R)/\$47(N)/\$35(S)	Ford
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CLASS LOCATION:

ACBP	Activity Center at Bohrer Park
CCC	Casey Community Center
LMS	Lakelands Park Middle School

ZUMBA IN THE PARK IS RETURNING!



Look for us
at the City Hall Concert Pavilion
Fridays, beginning May 1
7 – 8 pm

All ages welcome!

(R) Resident / (N) Nonresident / (S) Senior

CLASSES WILL NOT BE HELD:

May 23 – 25 for Memorial Day weekend.
For Spring Break, please check with your instructor.



INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

MELT METHOD HAND & FOOT TREATMENT FOR PAIN RELIEF WORKSHOP

Join MELT instructor Amy Liss and learn this simple self-treatment that helps to make your whole body feel better and provides relief from neck and low back pain, arthritis, bunions, plantar fasciitis, and carpal tunnel syndrome. Learn simple techniques that rehydrate the connective tissue in your hands and feet while you regain whole-body balance. Come see how three little balls can change your life! Bring a Yoga mat. MELT balls provided. MELT kit will be sold at the workshop.

Age: 16 to Adult
Length: 1 hour and 30 minutes
 41777 4/18 Sa 10:00am CCC 1 \$30(R)/\$37(N) Liss
 41778 5/13 W 7:00pm CCC 1 \$30(R)/\$37(N) Liss

PILATES - BEGINNING

Ever wanted to try Pilates, but weren't sure what it was all about? Get in on the ground floor with this introductory class.

Age: 16 to Adult
Length: 1 hour
 41154 4/16 Th 7:00pm ACBP 7 \$63(R)/\$70(N)/\$35(S)Beck

PILATES MAT CLASS

System of exercises designed to dynamically strengthen and lengthen the body. Balance, flexibility, joint stability, and improved posture are achieved and maintained. Relaxation techniques are incorporated to enhance mind/body awareness.

Age: 16 to Adult
Length: 1 hour
 41155 4/14 Tu 6:30pm ACBP 7 \$63(R)/\$70(N)/\$35(S) Beck
 41156 4/14 Tu 11:35am CCC 7 \$63(R)/\$70(N)/\$35(S) Beck
 41157 4/17 F 11:15am CCC 7 \$63(R)/\$70(N)/\$35(S) Lu-Weir

STRETCH

Increase flexibility and joint mobility in this alignment-oriented class. Work through stretches for the entire body as well as relaxation techniques to reduce stress.

Age: 16 to Adult
Length: 1 hour
 41713 4/14 Tu 10:35am CCC 7 \$63(R)/\$70(N)/\$35(S) Beck
 41714 4/17 F 10:15am CCC 7 \$63(R)/\$70(N)/\$35(S) Lu-Weir



TAI CHI

An ancient Chinese exercise form practiced by millions for both physical and spiritual development. It exercises the body, calms the mind and uplifts the spirit. Benefits the average person, athletes or those recovering from injuries or back problems. Wear loose clothing.

Age: Teen and Adult
Length: 1 hour
 Beginning
 41147 4/18 Sa 11:30am ACBP 6 \$54(R)/\$61(N)/\$35(S) Ostrove
 Continuing
 41146 4/18 Sa 10:30am ACBP 6 \$54(R)/\$61(N)/\$35(S) Shi
 41743 4/14 Tu 7:00pm LMS 8 \$72(R)/\$79(N)/\$36(S) Ostrove

TAI CHI PRACTICE CLASS I

Students who register for this class should have learned Tai Chi 24 Form and wish to further refine their knowledge of that Form. Qi Gong Ba Duan Jin Form, which focuses more on relaxing and stretching, is also practiced. An instructor is available to lead and assist.

Age: Teen and Adult
Length: 1 hour
 41149 4/18 Sa 11:30am ACBP 6 \$54(R)/\$61(N)/\$35(S) Shi

TAI CHI PRACTICE II

This class is for students who have learned the Tai Chi 24 Form and wish to learn additional Tai Chi Forms including the 42 Sword Competition Form and the Tai Chi 48 Form. Qi Gong Ba Duan Jin Form, which focuses more on relaxing and stretching, is also practiced.

Age: 16 to Adult
Length: 1 hour
 41150 4/18 Sa 10:30am ACBP 6 \$54(R)/\$61(N)/\$35(S) Xu

WORK SMART STRENGTH TRAINING

Work smarter not harder with a dynamic, whole-body workout. Engage your core muscles in new ways and attend to flexibility and subtle alignment for safety. You'll leave with a workout you can do at home or on the road.

Age: 16 to Adult
Length: 1 hour
 41168 4/21 Tu 10:00am ACBP 7 \$63(R)/\$70(N)/\$35(S) Thompson

YOGA CHALLENGE FOR REAL BODIES

Prepare the body and attend to alignment so that you practice safety and experience the satisfaction of doing challenging poses with perfect balance of strength and relaxation. A nice workout for those who are physically fit and already familiar with Yoga.

Age: 16 to Adult

Length: 1 hour and 15 minutes

41753 4/20 M 5:30pm SC 6 \$68(R)/\$75(N)/\$35(S) Thompson
 41754 4/23 Th 5:30pm SC 7 \$79(R)/\$86(N)/\$40(S) Thompson

YOGA-VINYASA

Follow the flow of breath through sequences of asanas or postures in this Vinyasa Flow class. You will synchronize movement with breath to awaken strength, energy and flexibility. Open to all levels of practice. Options and modifications will be presented for all participants to work at their own levels.

Age: 16 to Adult

Length: 1 hour

41750 4/18 Sa 9:00am SC 6 \$54(R)/\$61(N)/\$35(S) Potash

YOGA FOR BACK PAIN

Gentle movement sequences release tight back muscles and restricted joints. Learn how to effectively use your core to protect your back. Directions include new ways to adjust alignment and distribute movement more evenly through the body in order to prevent strain and future injuries.

Age: 16 to Adult

Length: 1 hour

41756 4/23 Th 6:45pm SC 7 \$63(R)/\$70(N)/\$35(S) Thompson

YOGA FOR REAL BODIES

A pleasurable approach to Yoga. Alignment and movement adjustments allow you to gain a working knowledge of how to release tension and ease into poses. Beginners are welcome. Monday and Thursday evenings are 75 minutes, Thursday mornings are 60 minutes.

Age: 16 to Adult

Length: 1 hour and 15 minutes

41171 4/20 M 7:45pm SC 6 \$68(R)/\$75(N)/\$35(S) Thompson
 41172 4/23 Th 9:00am ACBP 7 \$63(R)/\$70(N)/\$35(S) Thompson
 41173 4/23 Th 7:45pm SC 7 \$79(R)/\$86(N)/\$40(S) Thompson

CLASS LOCATION:

- ACBP Activity Center at Bohrer Park
- CCC Casey Community Center
- LMS Lakelands Park Middle School
- SC Gaithersburg Upcounty Senior Center

(R) Resident / (N) Nonresident /(S) Senior



INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.



YOGA: ADAPTIVE

Participants include individuals with herniated discs and back pain, chronic pain, MS and those post-surgery and injury. With warm-ups that guide participants to ease into poses, students gain a working knowledge of Yoga and learn how to carry these approaches into everyday activities such as walking, bending and lifting. Chair Poses: All of our explorations are done sitting in chairs. Floor Poses: We explore postures and movements while sitting or lying on the floor.

Age: 16 to Adult

Length: 1 hour

Chair Poses

41170 4/21 Tu 11:00am ACBP 7 \$63(R)/\$70(N)/\$35(S) Thompson

Floor Poses

41169 4/23 Th 11:00am ACBP 7 \$63(R)/\$70(N)/\$35(S) Thompson

YOGA: GENTLE EXPLORATIONS

Learn how to free chronic muscle tension and stiff joints via movement explorations and Yoga poses that feel easy and relaxed. We'll look at how to apply effective alignment to everyday activities to increase your overall comfort and energy levels. Beginners and students with chronic pain welcome.

Age: 16 to Adult

Length: 1 hour

41165 4/21 Tu 9:00am ACBP 7 \$63(R)/\$70(N)/\$35(S) Thompson

41166 4/20 M 6:45pm SC 6 \$54(R)/\$61(N)/\$35(S) Thompson

41167 4/23 Th 10:00am ACBP 7 \$63(R)/\$70(N)/\$35(S) Thompson

CLASSES WILL NOT BE HELD:

May 23 – 25 for Memorial Day weekend.

For Spring Break, please check with your instructor.



Personal Development

NEW MAH JONGG - BEGINNING

American Mah Jongg is such an exciting, stimulating and challenging game, it's easy to become almost addicted to it. Become familiar with the rules of play and strategies while making Mah Jongg buddies. No senior discount for registration fee.

Age: 16 to Adult
Length: 2 hours
 41720 4/25 Sa 9:00am SC 4 \$100(R)/\$107(N) Heffner

CREATIVE WRITING

This is your opportunity to explore the voice and writer within you. In a supportive environment, we will discuss story structure, unlock creativity and apply other techniques, so that your prose shines. If you are looking to be published or just love to write, this class will help you get there. Bring your laptop or tablet.

Age: 18 to Adult
Length: 1 hour
 41786 4/13 M 7:00pm SC 6 \$54(R)/\$61(N) Karson

(R) Resident / (N) Nonresident

CLASS LOCATION:

SC Gaithersburg Upcounty Senior Center

CLASSES WILL NOT BE HELD:

May 23 – 25 for Memorial Day weekend.
 For Spring Break, please check with your instructor.



INCLEMENT WEATHER

In the event of inclement weather or emergencies call 301-330-0050 x2430 for the recorded message pertaining to class cancellations.

MICRO BUSINESS START-UP

A micro business is one with fewer than five employees. Most small business books and classes are designed for businesses that have up to 100 employees. This class is streamlined to provide essential information you need to start-up, maintain and market effectively. Launch into the class using a template of tasks to run your business. The teacher/mentor has taught business classes, has a business, and has been involved in the start up of two other business.

Age: 16 to Adult
Length: 1 hour
 41785 4/16 Th 7:00pm SC 6 \$54(R)/\$61(N) Karson

SOCIAL MEDIA IMMERSION

Befuddled by social media? Don't know where to begin? This class teaches you how to blog, use Facebook, Twitter, Instagram, Pinterest, YouTube, and others. By the end of the session you will be proficient and able to use social media effectively for your purpose. This class benefits private users as well as business owners. Bring your own laptop or tablet.

Age: 16 to Adult
Length: 1 hour
 41784 4/16 Th 6:00pm SC 6 \$54(R)/\$61(N) Karson

Don't Miss The Boat!

Nothing cancels a good class quicker than waiting until the last minute to register.

If there aren't enough registrations by a certain date, the course may be cancelled.

REGISTER EARLY!

INSTRUCTORS NEEDED APPLY NOW!

Applications are accepted for part time instructors on an ongoing basis through the City website at www.gaithersburgmd.gov.

We are looking for a ballet instructor, fitness professionals, artists, musicians, or people with a "niche skill" they feel passionate about sharing.

Great new ideas are always entertained.

Contact Denise Mornini at 301-258-6350 x119 or dmornini@gaithersburgmd.gov for more information.



GPS FOR MARINERS

Use a GPS with confidence and utility. This hands-on course is for boaters (or anyone) wanting to better understand and operate a GPS/Chartplotter. Topics include: how GPS works, chartplotting, charts and computers, your GPS receiver, networking your GPS on-board, using GPS to navigate, GPS accuracy, DGPS and WAAS. Bring your handheld GPS to class. Loaners are available. Class includes an outdoor exercise using GPS.

Age: 16 to Adult

Length: 2 hours

41766 5/12 TuTh 7:00pm SC 4 \$35(R)/\$42(N) Staff

MARYLAND BOAT SAFETY

Keep your family safe on the water! Boat MD is a nationally recognized boating safety course adapted to address all USCG and Maryland DNR requirements for operating a powered recreational boat on Maryland waters. This 8-hour classroom course covers: Know Your Boat; Before You Get Underway; Operating Your Boat Safely; the Legal Requirements of Boating; Boating Emergencies - What to Do; and Enjoying Watersports. It is an especially good course for all members of a boating group or family to attend together. The course is taught by members of the US Coast Guard Auxiliary. Those successfully completing the course will be awarded the MD DNR Operators Certificate - required to operate a powered recreational vessel on Maryland waters (and most other states).

Age: 10 years and up

Length: 2 hours

41764 4/14 TuTh 7:00pm SC 4 \$35(R)/\$42(N) Staff

41765 5/26 TuTh 7:00pm SC 4 \$35(R)/\$42(N) Staff

NAVEGANDO MARYLAND

Un curso de inicio para cualquier navegante (incluyendo su familia) comprende: Conozca Su Barco, Antes de Navegar, Operar El Barco De Forma Segura, Requisitos Legales para la Navegación, Emergencias Durante la Navegación, Disfrute de los Deportes Acuáticos. Texto Incluido. Este curso provee la certificación 'MD Boating', requerida para operar una embarcación a motor en aguas de Maryland para cualquier persona nacida después del 1 de Julio de 1972.

Age: 16 to Adult

Length: 2 hours

Navegando Maryland

41794 4/27 MW 7:00pm SC 4 \$35(R)/\$42(N) Staff

Spring Swing

Friday, May 1, 2015

8:30 a.m.

Shotgun Start

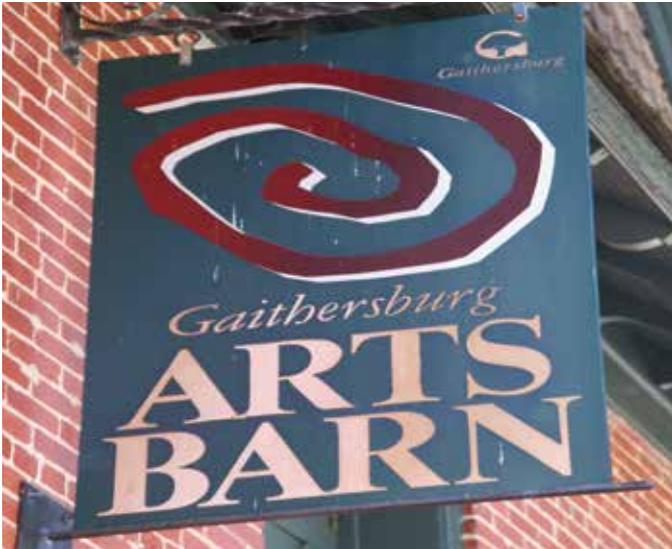
Redgate Golf Course
Rockville, Maryland



4 player scramble
Limited to the first 30 foursomes
\$85/player

For information call
Jim McGuire at 301-258-6350 x 122.

PERSONAL DEVELOPMENT



ARTS BARN

311 Kent Square Rd.
301-258-6394
www.gaithersburgmd.gov

*Arts Barn program registration is ongoing.
Class registration fees are non-refundable.*

PRESCHOOL

ARTFUL SATURDAYS

Experience the opportunity for families to explore art together. Children, along with a parent or guardian, will create a variety of art and craft projects, using an array of mediums. Discover colors and shapes while developing fine motor skills and expanding creativity. Each session explores a different theme and is taught by our Arts Barn resident artist, Jaree Donnelly of the Arts Entwine Studio. A supply fee of \$10 is due at the first class. No charge for Parent/Guardian

Age: 3 - 4 years
Length: 45 minutes
41687 4/16 Sa 3:00pm 5 \$49(R)/\$57(N) Donnelly

ART EXPLORERS

Learn how to create in the style of famous artists by using household items, recycled items and food. Explore different media: watercolor, pastel, tempera paint and colored pencils. Have fun mixing them to create your own unique artwork. Please wear clothes you can get messy or bring a smock. A supply fee of \$10 is due at the first class. **No class May 25.**

Age: 3 - 5 years
Length: 1 hour
41691 4/20 M 10:00am 6 \$78(R)/\$90(N) Parris

YOUTH

ART EXPLORERS

Learn how to create in the style of famous artists by using household items, recycled items and food. Explore different media; watercolor, pastel, tempera paint and colored pencils. Have fun mixing them to create your own unique artwork. Please wear clothes you can get messy or bring a smock. A supply fee of \$10 is due at the first class. **No class May 25.**

Age: 4 - 6 years
Length: 1 hour
41692 4/20 M 4:00pm 6 \$78(R)/\$90(N) Parris
41693 4/23 Th 4:00pm 7 \$91(R)/\$105(N) Parris

DISCOVERING ART

Discover the wonders of art by exploring a variety of mediums while learning and developing basic drawing skills. Over the course of several sessions, work in pencil, colored pencils, oil pastels, watercolor, gouache, and acrylics. Each session explores different projects and themes. A supply fee of \$10 is due at the first class.

Age: 7 - 12 years
Length: 1 hour and 15 minutes
41641 4/21 Tu 4:00pm 7 \$114(R)/\$132(N) Kay

NEW COMIC BOOK DRAWING

Explore the art of cartooning. Students will be encouraged to draw their own characters, while learning the language of comics, including creating panel arrangements, drawing and writing dialogue balloons, filling captions, and much more. Students will draw, ink and color their finished cartoon sketches. A secondary goal of developing stories and presenting them as a finished comic is included. A supply fee of \$15 is due at the first class.

Age: 8 - 14 years
Length: 1 hour and 30 minutes
41695 4/21 Tu 4:00pm 7 \$137(R)/\$158(N) Mason

NEW DRAWING HORSES AND OTHER ANIMALS

This class is for beginning and intermediate level students who love animals. Using a fun and structural approach to realistic drawing, students learn the basic principles of drawing animals. Instruction starts with line drawing then moves into 3D drawing through the use of shading. Drawing principles such as proportion, form and composition are stressed. Students work at their own pace. Drawings will be completed in pencil and charcoal. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 9 - 13 years
Length: 1 hour and 30 minutes
41694 4/22 W 4:00pm 7 \$137(R)/\$158(N) Vogel

NEW MYTHICAL BEASTS IN CLAY AND WATERCOLOR

A fun-filled class in which each student will create a mythical beast in clay sculpture. We will use stoneware clay, armatures and glaze and study their anatomy to draw and paint with watercolors. A supply fee of \$12 is due at the first class.

Age: 7 - 11 years
Length: 1 hour and 15 minutes
41696 4/23 Th 4:00pm 7 \$114(R)/\$132(N) Prinsloo

SATURDAY IN THE STUDIO

Get creative in the studio with Arts Entwine. Each week we will explore different art mediums and themes such as historic art periods, types of art, master artists, and more. Your young artist will be encouraged to use his or her imagination and creativity to develop unique artwork with guidance from our resident artist instructor. This class will build on skills throughout the year and is designed for young artists who truly LOVE art and want to spend time every week making something uniquely their own. Please wear clothes you don't mind getting messy. A supply fee of \$10 is due at the first class.

Age: 7 - 11 years

Length: 1 hour and 15 minutes

41661 4/18 Sa 1:00pm 5 \$82(R)/\$94(N) Donnelly

GO GREEN – THE ART OF UPCYCLING

Get creative in this fun filled class. Explore a variety of new and recycled materials to create unique projects based on the four seasons. Students will explore color, line and texture in three- and two- dimensional art. A supply fee of \$10 is due at the first class

Age: 7 - 11 years

Length: 1 hour and 15 minutes

41689 4/22 W 4:00pm 7 \$114(R)/\$132(N) Yuen

**HOMESCHOOLERS****DISCOVERING ART**

Discover the wonders of art by exploring a variety of mediums while learning and developing basic drawing skills. Over the course of several sessions, work in pencil, colored pencils, oil pastels, watercolor, gouache, and acrylics. Each session explores different projects and themes. A supply fee of \$10 is due at the first class.

Age: 7 - 12 years

Length: 1 hour and 15 minutes

41643 4/21 Tu 2:30pm 7 \$114(R)/\$132(N) Kay

(R) Resident / (N) Nonresident

SPRING BREAK CAMPS**ART AROUND THE WORLD**

Learn about Australian Aboriginal Art, African Masks, Russian Folk Art, Dragons in Japanese culture and Canadian Inuit spirit art. Create your own, original art using different media. There will be an exhibit for family and friends on the last day of camp. Campers will need to bring a lunch.

Age: 5 - 9 years

Length: 6 hours

41698 4/6 MTuWThF 9:00am 5 \$220(R)/\$270(N) Parris

JACK AND THE BEANSTALK

Join us for a Spring Break adventure with Jack & the Beanstalk, a story about a boy and how he saves the day with some magic beans! Young actors will learn how to create believable characters in believable places doing believable things. We will cast the show, run rehearsals and finish with a wonderful performance on stage for family and friends to enjoy the final day of the session. Campers will need to bring a lunch.

Age: 8 - 14 years

Length: 6 hours

41700 4/6 MTuWThF 9:00am 5 \$220(R)/\$270(N) Offutt

**SPRING INTO ART**

Spring is the theme for this fun week at camp. Each day we will experiment with different media as well as recycled material. Come explore different ways to create 2- and 3-dimensional art. Wear clothes that can get messy, or bring a smock. There will be an exhibit for family and friends the last day of camp. Campers will need to bring a lunch. Chandra-Sekar and Wolf-Hubbard, instructors.

Age: 7 - 11 years

Length: 6 hours

41699 4/6 MTuWThF 9:00am 5 \$220(R)/\$270(N)





Natalya Parris

TEENS

ART MENTORSHIP

For the teen who has a love for the fine arts, join our "open studio" mentorship class. Students will explore their creativity through personal projects. Jaree Donnelly, artist-in-residence in the Arts Entwine Studio at the Arts Barn, will guide students. Please bring a selection of your artwork (portfolio/sketchbook) to the first class. Students should bring their own specialized supplies. A \$10 materials fee is due at the first class for basic supplies.

Age: 12 - 18 years

Length: 1 hour and 30 minutes

41622 4/17 F 4:00pm 6 \$117(R)/\$135(N) Donnelly

TEENS AND ADULTS

FOLK ART-MIXED MEDIA

Learn how the knowledge of centuries' old traditions of folk art can influence the creation of modern contemporary artworks. Students will learn the basic elements that identify specific types of art, and will draw and paint with acrylic, creating a unique artwork from their own imagination. Natalya Parris, art instructor and internationally known artist, teaches with examples of her own artworks and original folk art objects from her private collection. Perfect for beginner, intermediate or advanced students. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 18 to Adult

Length: 2 hours

41788 4/16 Th 11:00am 8 \$208(R)/\$240(N) Parris

CLASSICAL REALISM PAINTING IN OIL

Perfect for the beginner or more experienced painters. Carol Vogel, an award winning artist, presents skills and techniques necessary to paint or take your painting to a higher level. Color, composition, value, use of brushes and color mixing, painting techniques and painting process are presented. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: 2 hours and 30 minutes

41634 4/15 W 10:00am 8 \$260(R)/\$300(N) Vogel

CLASSICAL REALISM PAINTING IN PASTEL

Perfect for beginner, intermediate or advanced students. Carol Vogel, an award winning artist, presents skills and techniques necessary to paint in pastel. Color, composition, value, color mixing, pastel techniques and painting process are presented. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: 2 hours and 30 minutes

41635 4/17 F 10:00am 8 \$260(R)/\$300(N) Vogel

CREATIVE EXPRESSIONS IN OIL

A class for both new and developing artists wanting to study painting. Explore the potential of oil painting, with individual attention provided to each student to improve skills and techniques. Accomplished painter, Howard Cohen shares fundamentals and theory. Please bring supplies to first class. A supply list is available at the Arts Barn. **No class May 23.**

Age: 14 to Adult

Length: 2 hours and 30 minutes

41637 4/18 Sa 1:30pm 7 \$228(R)/\$263(N) Cohen

41638 4/14 Tu 10:00am 8 \$260(R)/\$300(N) Cohen

DRAWING

This is a drawing class with a twist. Explore the world of color in drawing by using colored pencils and also explore the wonderful world of pen & ink. Students will dive into various methods of working with these drawing mediums by harnessing the full potential of pencils and pens with still-life renderings, and establishing value and atmospheric depth through strategic placement of warm and cool colors. Acclaimed artist and instructor, Vian Borchert, guides students through the process of creating effective drawings. Studies of old masters and modern works will be covered. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: W 2 hours, Th 1 hour and 30 minutes

41644 4/15 W 10:00am 8 \$208(R)/\$240(N) Borchert

41645 4/16 Th 7:30pm 8 \$156(R)/\$180(N) Borchert

(R) Resident / (N) Nonresident



INCLEMENT WEATHER

In the event of inclement weather or emergencies, please check the City website for closings and cancellations.

NEW FIGURE DRAWING

Beginning through intermediate-level students will learn to draw figures through observation of live models. Students will learn to train their eye to see angles, shapes and distances, working from general forms to specific details, with a focus on proportion, anatomy and patterns of light and shadow. Short and long poses will provide opportunities for dynamic gesture sketches as well as more developed studies. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: 1 hour and 30 minutes

41697 4/14 Tu 7:30pm 8 \$156(R)/\$180(N) Prinsloo

NEW MIXED MEDIA PAINTING

Create beautiful paintings with acrylic and watercolor paint. Vian Borchert, an internationally acclaimed artist and art educator, will guide students of all levels. Painting and brush techniques will be demonstrated and highlights of art history will be discussed. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: 1 hour and 30 minutes

41701 4/15 W 7:30pm 8 \$156(R)/\$180(N) Borchert

PAINTING WITH ACRYLICS

Create beautiful paintings with the easy and enjoyable acrylic medium. Vian Borchert, an internationally acclaimed artist and art educator, will guide students of all levels. Painting and brush techniques will be demonstrated. Highlights of art history will be discussed. Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: 2 hours

41702 4/16 Th 10:00am 8 \$208(R)/\$240(N) Borchert

WATERCOLOR EXPERIENCE

Learn about the beauty of watercolor painting by understanding techniques such as color washes, composition, texture, and the use of paper and paints. Enjoy step-by-step guided classes with emphasis on group collaboration. Advice on framing and matting and purchasing art supplies will be shared. Taught by the lead teacher of the Washington Metropolitan Artist Society.

Please bring supplies to first class. A supply list is available at the Arts Barn.

Age: 14 to Adult

Length: 2 hours

41664 4/14 Tu 10:00am 8 \$208(R)/\$240(N) Sadeghi

41881 4/17 F 10:00am 8 \$208(R)/\$240(N) Sadeghi

**WORKSHOPS****GLASS FUSING FOR ADULTS**

Learn the basics of melting glass together. Students will experiment with inclusions between glass as well as melting glass over forms. Project may be picked up following Saturday. Students will be standing for the majority of the class. Please wear closed toe shoes. A supply fee of \$20 is due at the workshop.

Age: 16 to Adult

Length: 2 hours

41654 4/18 Sa 1:30pm 1 \$36(R)/\$40(N) Glander

NEW RIGHT ANGLE WEAVE BRACELET

Do you love the jewelry on the PBS show Downton Abbey? Spend a fun afternoon making a lovely and timeless bracelet using glass beads, crystals and pearls. Anyone can wear this classic style. This is a great beginner class to learn the Right Angle Weave bracelet design. A supply fee of \$15 is due at the workshop.

Age: 14 to Adult

Length: 2 hours

41705 5/30 Sa 1:00pm 1 \$26(R)/\$30(N) Cohen



CLASS REGISTRATION BEGINS

City Residents: March 2

All resident internet, mail-in, fax and walk-in registrations will be processed in the order in which they are received beginning March 2. All resident registrations received prior to that time will be processed on March 5.

Nonresidents: March 4

All nonresident (persons residing outside Gaithersburg corporate City limits) internet, mail-in, fax and walk-in registrations will be processed in the order in which they are received beginning March 4. All nonresident registrations received prior to that time will be processed on March 5.

Who is a resident? All persons who reside within Gaithersburg's corporate City limits are residents. Montgomery Village is not within the City. Nonresidents are invited to register at a higher fee.

NOTIFICATION

If the class you registered for is full, you will be notified. Please put your name on the wait list. We may be able to form another class. Otherwise, you may assume you have been accepted and attend the first class. Many classes quickly fill to capacity. In other cases, classes are cancelled several days before the starting date if they appear to be under-enrolled. Therefore, please register during the registration period to allow for efficient organization of the classes.

ENROLLMENT

All students enrolling in preschool and youth classes should be the age indicated by the start of the class. Department of Parks, Recreation and Culture reserves the right to remove any participant from a class who is not of proper age, maturity, skill level or who inhibits the progress of the class or its members in any way. In this case, refunds will be issued for remaining classes. Signature of parent or guardian is required for participants under 18 years old.

SENIOR CITIZENS

City of Gaithersburg residents who are 55 or older are invited to take classes at the indicated Senior Resident (S) rate listed under select classes. The senior discount cannot be prorated.

PAYMENT METHODS

- Cash or check payable to "City of Gaithersburg"
- Visa, Discover, Mastercard or American Express

REFUNDS

Withdrawal/refund requests received before start of program will be refunded less a \$10 processing fee. Requests received on or after start date will be prorated based on the date written notice is received and a \$10 processing fee will be applied. Full refunds will be made when classes are cancelled due to insufficient registration.

Note: There is a no-exchange and no-refund policy for Arts Barn ticket sales, Arts Barn camps and classes, and Robotics classes.

CANCELLATIONS

In the event of inclement weather conditions or emergencies, call 301-330-0050 x2430 for the recorded message pertaining to class cancellations. Classes held in schools will be cancelled on days schools are closed for holidays and emergencies. For Aquatic class cancellations call the Aquatic Administrative Offices at 301-258-6445 x205 or check the website at www.gaithersburgmd.gov.

MISSION STATEMENT

Provide quality parks, well-planned, sustainable facilities, and diverse cultural, artistic and recreational opportunities for all ages and interests to promote the health and well being of residents and visitors.

CLASS LOCATIONS

ARTS BARN

311 Kent Square Rd.
301-258-6394
www.gaithersburgmd.gov

AQUATICS

Gaithersburg Aquatic Center (GAC)
2 Teachers Way
301-258-6345 (evenings and weekends)

Water Park at Bohrer Park (WP) (seasonal)

Aquatics Administrative Offices
512 S. Frederick Ave.
301-258-6445

COMMUNITY CENTERS

Activity Center at Bohrer Park (ACBP)
506 S. Frederick Ave.
301-258-6350

Casey Community Center (CCC)

810 S. Frederick Ave.
301-258-6366

Gaithersburg Upcounty Senior Center (SC)

80A Bureau Dr.
301-258-6380

KENTLANDS MANSION

320 Kent Square Rd.
301-258-6425

PARKS

Diamond Farms Park (DF)

857 Quince Orchard Blvd.

Morris Park (MP)

421 Summit Hall Rd.

Lakelands Park (LP)

1368 Main St.

Skate Park

510 S. Frederick Ave.
301-258-6359

SCHOOLS

Lakelands Park Middle School (LMS)

1200 Main St.

OTHER

Kicks Karate

18226 Flower Hill Way (FH)
12105 Darnestown Rd. (QO)
(Quince Orchard in the Shops at Potomac Valley)

AMERICANS WITH DISABILITIES ACT

The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6350 to indicate what accommodations are needed.

This registration form may be used to register for all classes listed in the Leisure Times. Multiple registrations may be included on one form for members of the same family. Unsigned forms will be returned and not processed.



MAIN CONTACT

Check here if new address/phone since last time registered.

Last Name _____ First Name _____ M F

Address _____ Apt. # _____

City/State/Zip _____

Home Phone _____ Work Phone _____ City Resident Nonresident

Cell Phone _____ E-mail _____

PARTICIPANTS

Name (Last, First)	Sex M/F	Birthdate M/D/Y	Age	Activity/ Class Name	Activity #	Start Date	Day	Time	Res. Fee	Non Res. Fee	Total
<i>Example: Shannon Connor</i>	<i>F</i>	<i>02/14/02</i>	<i>13</i>	<i>Basketball</i>	<i>12345</i>	<i>04/08</i>	<i>Thu.</i>	<i>5 p.m.</i>	<i>\$00.00</i>	<i>\$00.00</i>	<i>\$00.00</i>
TOTAL \$											

The City of Gaithersburg is committed to making reasonable accommodations as required by the Americans with Disabilities Act. Requests must be made two weeks prior to the start of the program. Please call 301-258-6350 to indicate what accommodations are needed.

I hereby grant permission for me/my child to attend the activity sponsored by the City of Gaithersburg. I understand that I am responsible for me/my child's insurance in case of injury. Furthermore, I understand that although safety precautions will be observed, the City of Gaithersburg, employees and agents will not be responsible for any personal property lost by me/my child or for any injury sustained in the program. I also consent to the City's use of any photographs and/or video tapes made of the program.

Print Participant or Parent/Guardian Name

Signature of Participant or Parent/Guardian

PAYMENT: Amount Paid \$ _____ Cash <input type="checkbox"/> Check # _____ Visa/MC/DISC/AMEX# _____ Print Name _____ Exp.Date ___/___ Signature (name on card) _____	OFFICE USE ONLY: Rec'd: _____ Initials _____ W M F Resident: Y N Pr: _____ Date _____
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WAYS TO REGISTER

1. INTERNET: <https://online.activenetwork.com/gaithersburg>
 Use the **RecXpress System** to register online the first day of registration. RecXpress may not be used to register once classes have started.
PREPARE AHEAD FOR ONLINE REGISTRATION
 Go to www.gaithersburgmd.gov/recxpress to create an account. Click on Create New and complete the information. Your login ID will be sent to your email address within 1-2 business days.
ALREADY A MEMBER BUT FORGOT YOUR LOGIN AND PASSWORD?
 Go to www.gaithersburgmd.gov/recxpress and click on Login tab, click the Forgot My Password/Login ID and enter your email address and the information will be forwarded to you.
NOTE: The numbers of participants registered and spaces open that are listed online DO NOT always reflect accurate counts. This is due to some classes being co-sponsored with other agencies.

2. FAX: 301-948-8364
 Fax completed registration form with Visa, Discover, Mastercard or American Express information. Available 24 hrs. a day!
3. MAIL: Mail completed registration form and appropriate fee (include check or credit card information) to:
 City of Gaithersburg
 506 S. Frederick Ave.
 Gaithersburg, MD 20877
 ATTN: Class Registration
4. WALK-IN: Register in person at the Parks, Recreation & Culture office at the Activity Center at Bohrer Park, 506 S. Frederick Ave.
 Monday-Friday 6 a.m. – 9 p.m.
 Saturday 8 a.m. – 9 p.m.
 Sunday 8 a.m. – 4 p.m.
 Payment by cash, check or credit card is accepted for walk-in registrations.

REGISTRATION FORM

ECRWSS
POSTAL CUSTOMER

**PRESORTED
STANDARD
U.S. POSTAGE PAID**
Suburban, MD
Permit No. 55



Get out and get active!

The value of play is invaluable! For children, play can be crucial to social, emotional, and cognitive development. It can assist children in overcoming fears, building confidence, instilling characteristics of sharing, conflict resolution, negotiation and teamwork. For adults, physical activity is essential to a healthy lifestyle, not to mention a great way to revitalize your social circles. In combination with mindful eating, 30 minutes of physical activity a day (60 for those growing kids) can help prevent a range of chronic diseases and ensure a longer, healthier life.

Need someplace to stretch your legs and get moving? On average, Gaithersburg residents live within a 1/4 mile of a City park. Grab a friend, a family member, and/or a pet! – and discover yours. Use this guide to find the sports program or exercise class that's right for you. Check out the Arts Barn instructional and theatrical offerings. Grow your mind at the Community Museum's Tuesday Topics lecture series. Strengthen your inner being with a yoga class. And if you're already antsy for this summer's Water Park season, get geared up at the Gaithersburg Aquatic Center.

With so many great parks, programs and activities in Gaithersburg, anyone and everyone can find a reason to get out and get moving this spring!

Michele R. Potter
Director of Parks, Recreation & Culture

Mayor: Jud Ashman

Council Members:
Cathy Drzyzgula
Neil Harris
Henry F. Marraffa, Jr.
Michael A. Sesma
Ryan Spiegel

City Manager: Tony Tomasello

301-258-6350
www.gaithersburgmd.gov

The LEISURE TIMES is a publication of the City of Gaithersburg, Department of Parks, Recreation and Culture. It is produced four times a year, with distribution in February, May, July and November.

For additional City news and information, subscribe to inGaithersburg, our online weekly e-mail newsletter. You can also find the City of Gaithersburg on Facebook, Twitter and YouTube.

For emergency communications register for Alert Gaithersburg. This service sends simultaneous emergency messages, including incident advisories, traffic and weather alerts, to your e-mail, cell phone or PDA. The service is free; however, text messaging fees from your carrier may apply. Register at www.gaithersburgmd.gov/alerts

Gaithersburg TV (GTV) keeps you informed with scrolling headline news, a calendar of events and informational programming. City residents can find it on Comcast and RCN channel 13, on Verizon FiOS channel 25, and online via streaming video.