

Food Assistance Resources Gaithersburg, MD

Manna Food Center

9311 Gaither Rd.

Bus Routes: Ride-On 55, 9 min. ride,
and 25 min. walk from GES

Contact: 301-424-1130

www.mannafood.org
referral@mannafood.org

Pick Up Days and Times:

- Monday - Friday 12 to 3 p.m.
- 2nd Saturday of the month, 11:30 to 1:30 p.m.

Requirements: Appointment required, ID required, income requirements.

To Receive Food: Call Manna before 3 p.m. the day before picking up or call 311. You may also be referred by a social services organization.

Details: Manna provides about 60 lbs. of basic healthy food including meat and vegetables once a month. They offer packages for diabetics, seniors and vegetarians. Other pick up locations available.

Gaithersburg HELP, Inc.

301 Muddy Branch Rd.

Bus Routes: Ride-On 57, 35 min. ride

Contact: 301-216-2510

www.gaithersburghelp.org

Pick Up Days and Times:

Monday - Friday, opens around
4:30 or 5 p.m. for 2 hours.

Requirements: Appointment required, Proof of living in Gaithersburg.

To Receive Food: Call and leave a message with your name and phone number.

Details: Gaithersburg HELP serves Gaithersburg, Montgomery Village, Washington Grove and nearby areas. They provide 3-5 days of free food up to 18 times in a 12-month period. They may help with emergency medicine, transportation to medical appointments, eviction and **infant needs** including formula, baby food, diapers. Delivery available in special situations.

Montgomery County Muslim Foundation

811 Russell Ave # G

Bus Routes: Ride-On 57, 22 min. ride

Contact: 301-825-3657

www.mcmfmd.org
mcmfmd@gmail.com

Pick Up Days and Times: The second Saturday of every month from 12 to 2 p.m.

Requirements: Proof of living in Montgomery County.

To Receive Food: Call up to three days before the pick-up date and ask for the package. There is flexibility in distribution times.

Details: The Muslim Foundation gives a large box of non-perishable food and fresh groceries once a month, free to anyone in need in Montgomery County.

St. Martin of Tours Catholic Church

201 S. Frederick Ave. (corner with Summit Ave.)

Bus Routes: 55, 59

Contact: 301-990-3203

www.stmartinsweb.com

social-concerns@stmartinsweb.com

Pick Up Days and Times:

Every Monday from 10 a.m. to 12 p.m.

Requirements: None

To Receive Food: Arrive between 5:45-10 a.m. to get in line and get a ticket.

Details: St. Martin's Pantry gives free food every Monday throughout the year including holidays except when severe snow storms occur on Sunday or early Monday.

There's Hope Christian Church

23 West Diamond Ave. (near Barrons Lumber)

Bus Routes: 55, 59, or 15 min. walk from GES

Contact: 301-869-9650

www.thereishopechurch.com

Robin Reeves,

tasteofheaven10@yahoo.com

Pick Up Days and Times: Tuesdays, Wednesdays, and Thursdays from 10 to 2 p.m.

Requirements: ID

To Receive Food: Call between 10 a.m. to 6 p.m. the day before you plan to pick up.

Details: There is Hope Christian Church gives free non-perishables, meat, cereal and other foods. Distribution days can change, so call in before picking up. They also hold a free produce market:

Community Mobile Market: Every 4th Wednesday of the month from 12 p.m. until produce is gone. There is a free vegetable market.

Montgomery College FREE Mobile Markets

51 Manakee St. Rockville, MD 20850. North Garage

Bus Routes: 55, 25min. ride

Contact: Carmen Poston: 240-567-5253,

carmen.poston@montgomerycollege.edu

Benita Rashaw: 240-567-4389,

benita.rashaw@montgomerycollege.edu

Days and Times: For Spring 2019: 2/20, 3/27, 4/17, 5/15 from 10 a.m. to 12 p.m.

<http://cms.montgomerycollege.edu/EDU/Department2.aspx?id=102261>

Requirements: None. Free to everyone

To Receive Food: Check the schedule on-line or call; days and times may change. Bring bags.

Details: Montgomery College works with Capital Area Food Bank to give fresh fruits, vegetables and other foods to the community on a first come first served basis. The Germantown and the Silver Spring/Takoma Campus also have free markets on other days.

Nourish Now

1111 Taft St. Rockville, MD 20850

Bus Routes: Ride-On 59, 45 min. ride.

Contact: 301-330-0222

www.nourishnow.org

Pick Up Days and Times:

Monday-Thursday 11 a.m. to 3 p.m.

Friday: 11 a.m. to 2:30 p.m.

Requirements: Photo ID

To Receive Food: Call 3 business days ahead to choose your appointment or have a social services agency refer you. Bring a cart or reusable bags. No same day appointments.

Details: Nourish Now works with restaurants, caterers, bakeries, grocery stores and other food providers that donate unused cooked and fresh foods to be given free to people in need. All food items distributed meet safety rules.

SHARE Network

Contact: 301-864-3115

<https://www.catholiccharitiesdc.org/share/>

Pick Up Days and Times: 3rd Friday or Saturday of every month. **Hours:** vary by location.

SHARE at First AME Church of Gaithersburg

17620 Washington Grove Lane

Bus Route: 57, 10min. ride from GES

Contact: Jackie Cross: 240-505-3259,
240-632-9760, dfconley@aol.com

<http://firstamegaithersburg.org/food-programs>

SHARE at Emory Grove United Methodist

8200 Emory Grove Rd.

Bus Route: 57, 12min. ride from GES

Contact: Bernice Brown: 301-972-3395,
sweetleo817@msn.com

Ms. Ray Hopkins: 301-840-2172,
rayhopkins7@msn.com

SHARE at Goshen United Methodist

19615 Goshen Rd.

Bus Routes: 58, 57+64, 59. 30-45 min. ride from GES

Contact: Doris Byrd-Watts: 301-829-9432,
goshen_umc@comcast.net

Requirements: \$22.00 per package. No ID.

To Receive Food: Call to reserve your SHARE and pay by \$22.00 the Monday of the pick-up week.

Details:

- SHARE helps anyone save money on nutritious, healthy food.
- Three locations in Gaithersburg, many other locations.
- You pay \$22.00 and get \$45.00 in fresh food.
- Everyone gets the same package of fresh, high-quality food
- Call or visit website for schedule and menus.
- Special value packages are available for holidays.
- Food Stamps/EBT cards accepted as payment.

Food Programs for Students at Schools

Free and Reduced Meals (FARMS)

Families may apply for their student children to receive free or reduced-price meals during the school year. <https://www.myschoolapps.com/> Paper forms also available; ask your school office for a copy.

Summer Food Service Program (SFSP)

Many sites, including Gaithersburg Elementary school, participate in the SFSP, which provides free nutritious lunch meals to children 18 and under when school is not in session in the summer. Call 1-866-348-6479, visit: www.fns.usda.gov/summerfoodrocks or ask at the school office to find a site near you. (Information on sites will available after May of each year).

Maryland Meals for Achievement

Several schools including Gaithersburg Elementary participate in this program where all attending students receive free breakfast including juice, milk and an entrée in their classroom every school day.

Smart Sacks/Weekend Bag Programs

Several elementary schools in Gaithersburg participate in this program where children in need receive a bag full of kid-friendly food on Fridays so they don't go hungry during the weekend. Ask your school teacher, counselor or other school employee to find out more.

Farmers Markets:

Two farmers markets in Gaithersburg sell fresh locally grown produce as well as nutritious prepared foods at low cost. Both accept SNAP, WIC, FVC, and FMNP checks.

Fulks Corner Farmers Market

Corner of Fulks corner Avenue & MD Rt. 355

Bus Routes: 55, 59, 7 minute walk from Gaithersburg Elementary School
(9 min. walk, 0.5 mile from school)

Contact: 301-258-6350

Market is open on Thursdays from 12 to 6 p.m., from May to November.

Main Street Farmers & Artists Market

301 Main Street, Kentlands

Bus Routes: 56 +56, 47 min. ride from Gaithersburg Elementary school

Market is open on Saturdays from 9 a.m. to 2 p.m. all year.

OTHER RESOURCES

The **City of Gaithersburg** and its partners offer many programs and services to make sure that those facing food insecurity have access to healthy foods throughout the year. Please call; they will be happy to assist you in locating the resources you need. 301-258-6395 www.gaithersburgmd.gov. Below are some organizations in Gaithersburg that may be of help to you.

Ed Bohrer Parent Resource Center (PRC)

35 N. Summit Ave, Located at Gaithersburg Elementary School

Bus Routes: 55, 57, 59

Contact: 301 947-4449, 240 778-9879

Hours: Monday – Friday 9 a.m. to 4 p.m.

Requirements: None. Free service to community.

Details: Services in Spanish and English to Gaithersburg residents including referrals to Manna, Gaithersburg HELP and Nourish Now; referrals to other services such as clothing and furniture, English classes, legal, health, dental, mental health, and more.

Spanish Catholic Center of Catholic Charities

201 East Diamond Ave. #3

Bus Routes: 55, 59

Contact: 301-590-2586

<https://www.catholiccharitiesdc.org>

Hours: Monday-Friday 8:30 a.m. to 5 p.m.

Requirements: None. Free service to community.

Details: Services in Spanish and English include referrals to emergency food assistance, furniture, clothing, legal and immigration services, referral for dental and medical clinics, English classes, case management and family support, health insurance and more.

Linkages to Learning (LTL)

at Gaithersburg Elementary School

Bus Routes: 55, 57, 59

Contact: 240-740-4914

www.fs-inc.org

madeleyne.castaneda@fs-inc.org

Several other schools in Gaithersburg have a Linkages to Learning program including Gaithersburg Middle, Rosemont, South Lake, Summit Hall, and Washington Grove.

Requirements: Referral by school principal, school counselor or teacher. Services to LTL clients only.

Details: LTL helps families and students by connecting them to services and resources that will help them in school, at home and in the community. Services include health, mental health, social services, academic support, and recreation programs and referrals to food assistance organizations.

Neighborhood Opportunity Network

610 E. Diamond Avenue

Bus Routes: 57, 10 min. ride or

20 min. walk from GES

Contact: 301-840-4080

Hours: Monday-Thursday 9 a.m. to 12 p.m.

Friday 9 to 11:30 a.m.

Requirements: None. Free to the community

Details: Community Connectors are available to give free help with the application process and referrals to emergency services and other resources including utilities, rent, food, food stamps, health care, legal matters, foreclosure prevention, financial literacy, employment, etc.

Olde Towne Youth Center (OTYC)**Student Supper Program**

301 Teachers Way (near Gaithersburg Middle)

Bus Route: 55, 57, 59, 61

Contact: 301-258-6440

Hours: Monday to Friday 2:45 to 7 p.m.

Requirements: Enrollment in middle or high school. Membership \$10-\$25 per year.

Details: Every school day, OTYC provides free, nutritious cold suppers to middle school age children, in addition to many afterschool educational opportunities and recreational programs including a music studio.

Benjamin Gaither Center

80A Bureau Dr.

Bus Route: 56, 57, 61, 71

Contact: 301-258-6380

<https://www.gaithersburgmd.gov/about-us/city-facilities/benjamin-gaither-center>

Hours: Lunch is served for seniors Monday to Friday from 12 to 1 p.m. Visit site for menu.

Requirements: For Seniors age 55+ and their spouses. Call the day before, before 2 p.m. to order. Cancel before 8:15 a.m. the day of.

Details: For seniors 60+, donate if you can. For those under 60 the cost is \$6.50 per meal.

For questions or comments on this list, please contact

Diana Tato-Niktash, Food Security Plan Program Manager

At the Montgomery County Department of Health and Human Services

at diana.tato-niktash@montgomerycountymd.gov or 240-777-3404

To receive non-emergency
Government Programs and Services,



information about Montgomery County
call: