



City of Gaithersburg Press Release

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For Immediate Release

September Welcomes New Family Programs & Classes at Casey Community Center

Gaithersburg, MD – (September 5, 2019) Fall in love with what's happening at Casey Community Center this September. With a host of recreation and cooking classes, a Tasty Books program, Creative Tot Time, and more, there's something for everyone. Casey Community Center is located in a uniquely restored dairy barn at 810 S. Frederick Avenue, just north of Shady Grove Road. For more information and to register for the programs below, visit www.gaithersburgmd.gov or call 301-258-6366.

This month offers an array of fitness, dance, and special interest classes for preschoolers, youth, teens & adults. Creative Dance, Parent and Me Gymnastics, and Pre-K Gymnastics introduce young children to basic skills while enhancing self-esteem and socialization. Youth of all skill levels who are passionate about dance can learn or further their knowledge of academic or classical ballet and Hip Hop. Teens and adults can join in Ballet, Belly Dance Design, Bellyrobics, Soul Line Dance, Zumba Fusion 101, Cardio Dance and Tone, Dance Fitness, Pilates, Stretch and Balance, Beginning Tai Chi, or Hatha Yoga.

Foodies will love Let's Cook@Casey, a series of classes and demonstrations for adults who enjoy cooking (and eating!). The September lineup includes Indian Instant Pot Cooking on Wednesday, September 11. The interactive demonstration features classic Indian dishes led by Chef Shelia Crye. Chocolate lovers will want to join Chef Carolyn Crow for the Ultimate Brownie Sundae Bar, a hands on cooking class on Friday, September 27. Both classes are at 7 p.m.

Tasty Books invites young booklovers to enter the tasty world of food-themed books. *Dragons Love Tacos* will come to life on Saturday, September 28, at 10:30 a.m. as the book is read aloud and explored through crafting and make-your-own snacks.

Creative Tot Time at Casey Community Center provides preschool aged children a warm environment for socializing and learning through story time, games, and art. The sessions run from 9 to 11:30 a.m. from September through May, with separate tracks for three year olds and four year olds. Space is limited, so register early.

For class and program fees, details and registration information, visit www.gaithersburgmd.gov/recxpress.

About Casey Community Center

Built in 1938 by Eugene B. Casey, the property initially functioned as a dairy farm. In 1949, it was rented to the National Institutes of Health for animal trials of the Salk Polio vaccine. It was known as “NIH Farm” from 1949 to 1960. The property was donated to the City of Gaithersburg in 1971, opening as Casey Community Center in 1977. It has been renovated several times since, and today [Casey Community Center](#) is home to the City’s Creative Tot Time Preschool program, family programming, and a series of cooking classes. It also hosts more than 200 recreation classes for all ages throughout the year. The facility is available to rent for meetings, weddings, birthday parties and other social activities. For information visit www.gaithersburgmd.gov, call 301-258-6366, or follow on [Facebook](#).